



[Preparation for Adulthood] COMPOSITE KNOWLEDGE COVERAGE  
**Valley College**

Intent: Promoting best practice in ensuring Preparation for Adulthood pathways are a focus across the curriculum.

		Cycle A (2023-24)	Cycle B (2024-25)	Cycle C (2025-26)
Autumn	1	<ul style="list-style-type: none"> <li>• <b>Good Health and Well-Being</b> <i>To understand general health and managing health needs.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Developing Independent Living Skills</b> <i>To understand how to manage money.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Good Health and Well-Being</b> <i>To understand physical and sensory processing.</i></li> </ul>
	2	<ul style="list-style-type: none"> <li>• <b>Friendships, Relationships and Community</b> <i>To understand social interactions.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Life/Employment Skills</b> <i>To develop learning skills.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Friendships, Relationships and Community</b> <i>To be aware of keeping safe online.</i></li> </ul>
Spring	1	<ul style="list-style-type: none"> <li>• <b>Developing Independent Living Skills</b> <i>To understand self-care.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Good Health and Well-Being</b> <i>To understand mental health and well-being</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Developing Independent Living Skills</b> <i>To explore living arrangements.</i></li> </ul>
	2	<ul style="list-style-type: none"> <li>• <b>Life/Employment Skills</b> <i>To gain confidence managing transitions.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Friendships, Relationships and Community</b> <i>To understand how to access services.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Life/Employment Skills</b> <i>To develop learning skills.</i></li> </ul>
Summer	1	<ul style="list-style-type: none"> <li>• <b>Good Health and Well-Being</b> <i>To understand the importance of diet.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Developing Independent Living Skills</b> <i>In the home.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Good Health and Well-Being</b> <i>To understand substances.</i></li> </ul>
	2	<ul style="list-style-type: none"> <li>• <b>Friendships, Relationships and Community</b> <i>To be aware of the legal and criminal justice system.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Life/Employment Skills</b> <i>To gain confidence managing transitions.</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Friendships, Relationships and Community</b> <i>To understand how to keep safe in the community.</i></li> </ul>