

Social and Day Care Groups and Activities – Blackpool and Fylde

The Grange Community Centre	Grange Park Bathurst Avenue, Blackpool, FY3 7RW	01253 478301 mike.coole@groundwork.org.uk	Weekly Timetable • Chair based exercise • Bingo • Board and card games • Arts and crafts groups • Exercise classes • Walking groups • Local trips • TV and film club
Aysgarth Community Centre	Aysgarth Court, Blackpool, FY4 5LX	sparks@bch.co.uk	
St Johns Church Blackpool	Church Street, Blackpool	Every Thursday, 10am-12noon hello@blackpool.church Website: www.blackpool.church/support	A warm hub café where people can meet new friends, chat with our team, enjoy hot drinks and receive prayer.
Boat House Youth	Grange Park Youth Centre, Horsebridge Road, FY3 7EA Bloomfield Youth Centre, 205 Lytham Road, FY1 6ET	Telephone: 01253 804 904 Email: hello@thebhy.co.uk Website: www.thebhy.co.uk	We have four programme areas each facilitating a variety of physical, creative and educational activities including centre based youth work, offsite visits and residential experiences. We also have a specialist programme for children with additional needs and disabilities. Our entire offer is fully funded and therefore free at the point of access. Activities Pool tables. Table Tennis. Games Consoles. Sports. Arts & Crafts. Games. Duke of Edinburgh's Award. Camping. Canal Boating. Special Educational Needs & Disabilities We have a bespoke programme area for children with additional needs to ensure we are fully-inclusive. Meals Hot food is provided at our 'After School Chill' sessions. 3pm - 4:30pm (Tues, Wed, Thurs) at both sites.
Claremont Park Community Centre,	Claremont Park, Claremont Road, Blackpool, FY1 2QJ	Telephone: 07586 956282	Come along for a brew and a chat on Monday between 10am to 12noon. Free refreshments available. The Cost of Living Advisors will be on hand for any support needed on Monday from 1pm to 3pm.

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			The Big Food Truck visits every Monday, 1.30pm to 2.30pm. Registration required.
Ibbison Court Community Centre,	Ibbison Court, Blackpool, FY1 4AU	Activities Coordinator 01253 477898	
The Barn	All Hallows Church, 88a All Hallows Road, Blackpool, FY2 0AY	Thursday 10.30am to 1.30pm Telephone: 01253 274172 Email: secbah@googlemail.com	The Barn is a separate building to All Hallows Church. The Barn is at the side of the Church. We are a warm, welcoming place where you can come along and buy a hot meal, drinks and snacks at a low cost. Most people that come along are older, local residents many of who have developed new friendships. You can come along and sit and chat. Our volunteers have knowledge of other local services and can signpost if you need help. We are open to the community. Everyone is welcome.
Layton Community House	5 Grenfell Avenue, Layton , Blackpool , Lancashire , FY3 7BP	Monday to Friday 9.30am to 4pm. Telephone: 01253 391811	Layton Community House is situated in the heart of Layton. We are a Warm House here to help our local residents during the cost of living crisis. The house provides many different free groups for adults. We also have: Monday 1st Thursday of every month 2pm to 4pm - Ladies Trefoil group Tuesday 1st Tuesday of every month 7pm to 9pm - Blackpool Philosophy Cafe Friday 9.30am to 12noon - collection of Baby and Infant Essentials (conditions apply) and Hygiene Packs for Adults containing for example, deodorant, shampoo, shower gel, toothpaste/brushes.

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			2pm to 4pm - Adult Social Care Mental Health Team drop in - (Referral only - please ask or contact Blackpool Gateway for details). Please pop in and find out what we do. There is something for everyone.
New Life Community Centre	New Life Community Centre, Queen Victoria Road, Blackpool, FY1 5LF	David Preston Telephone: 07469 872686 Email: dave@newlifecommunity.co.uk Website: www.newlifecommunity.co.uk Address	At New Life Community Centre, we are committed to creating a brighter future through inclusive programs that support families, youth, and vulnerable adults in Revue, Blackpool. We also hold a weekly Christian prayer service which anyone can join. Volunteer Join us in creating a brighter future—sign up to volunteer. Take the next step and make a difference today. Volunteer
Nibbles Cafe	Anchorsholme Library Luton Road, Blackpool, FY5 3RS Centre for Independent Living 259 Whitegate Drive, Blackpool, FY3 9JL Stocks Road, Blackpool, FY6 7QS	Monday to Friday 9.30am to 3pm (last food order 2pm) Telephone: 01253 478125 Monday to Friday 9.30am to 3pm (last food order 2pm) Telephone: 01253 476879 Monday to Friday 9.30am to 3pm (last food order 2pm) Telephone: 01253 478137	Come along to a warm place, get a hot drink and something to eat. The training and accreditation opportunities on offer at all Nibbles community cafes include: • Basic food hygiene certificate • First aid training • Customer care • Introduction to kitchen skills • Work experience programme There is no time scale to these courses, each learner will have their own individual learning profile so individual achievements can be recognised and recorded and areas of support can be focused on. Training at Nibbles community cafés can lead to employment opportunities, further study as well as offering valuable independent living skills in cooking and food management.
Spencer Court	Spencer Court Community Centre, Spencer Court, Blackpool, FY1 3TW	Position: Activities Coordinator Telephone: 01253 477898 Email: sparks@bch.co.uk	

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St Stephens on the Cliffs	The Parish Hall St Stephens Church, St Stephens Avenue, Blackpool, FY2 9RB Address Notes The entrance is the door at the back of the large hall on St Stephen's Avenue. The venue is fully accessible.	Telephone: 07889 686347 Email: vicar@ststephenblackpool.co.uk	Welcoming Place - Warm space on Fridays for activities and a hot drink
Tarnside Community Centre	Tarnside, Blackpool, Lancashire, FY4 4RD	Telephone: 01253 477898 Email: sparks@bch.co.uk	Welcoming Place - Step into Spring, Activities for ages 18+ Tarnside Community Centre is one of a number of Blackpool Council run Community Centres across Blackpool which feature a range of activities and facilities for local residents.
The Hub South Shore	120 Highfield Road, Blackpool, FY4 2JF	Telephone: 01253 405490 Website: www.thehubsouthshore.co.uk/entreactivities	Monday Lunch Club, 12.15pm to 2pm. A 3 course lunch with company. Places are limited, please get in touch to find out if there is availability for you to come along.
Street Life	The Base, 48 Buchanan Street, Blackpool, Lancashire, FY1 3LQ	Support to vulnerable young people aged 16-25 open 5 days a week for drop in 12.30pm to 3.30pm Telephone: 01253 294477 Email: info@wearestreetlife.org Website: wearestreetlife.org	Streetlife is a local charity that provides shelter and support to vulnerable young people aged 16 to 25 in Blackpool. Anyone aged 16 to 25 years can access the Drop In, have a chat or meet with a member of our duty team. A free hot lunch is served daily. We regularly have colleagues from other agencies for example, DWP, Job Centre Plus and Health professionals to offer to support to young people.

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			We try to make the drop in an interesting place. We offer activities for example, Cook and Eat, Streetlife Training, Youth Action Group, Arts Projects, Baking, Fitness, Activities and Wellbeing sessions. Opening Hours Drop in to our cost of living warm up hubs Monday to Friday from 12.30pm to 3.30pm where you can keep warm, have a hot meal/drink, join in activities, seek advice and so much more.
Langdale Community Volunteers	Established across the town. Working with our partners, the volunteers contribute within parks, woodlands, libraries, cemeteries, schools and residential areas.	Telephone: BCIL 01253 476362 Bispham 01253 477056 Email: newlangdale@blackpool.gov.uk	Our community based volunteering activities (The Langdale community volunteers) are established across the town. Working with our partners, the volunteers contribute within parks, woodlands, libraries, cemeteries, schools and residential areas. The volunteers work with and alongside others, developing new skills, and will have the opportunity to develop new friendships, improve health and wellbeing as well as all the benefits that a positive contribution within our communities brings. Being a volunteer enables a person to participate on a project and enjoy creative forms of training and personal development. Our community cafes that are based at Anchorsholme Library and Carleton Crematorium offer opportunities for people to contribute and further develop catering skills. Working in partnership with other council providers the service aims to provide the best possible training as well as the best possible service to those accessing these fantastic cafes.

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Project Search	Blackpool Council and Partners 2 Talbot Road Blackpool, Lancashire, FY1 3AH England Blackpool Council and Partners Bickerstaffe Square Blackpool, Lancashire, FY1 3AH England Talbot Road	<u>Head Office:</u> DFN Project Search Fivefields, 8-10 Grosvenor Gardens, London SW1W 0DH Tel. 02034323402 Email. info@dfnprojectsearch.org 2025 © Copyright DFN Project SEARCH Registered Charity No. 1183834	The Project SEARCH Transition-to-Work Program is a unique, business-led, one academic year employment preparation program that takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration, and hands-on training through worksite rotations. The program culminates in individualized job search and placement. <u>Employment in an integrated setting</u> <u>Year-Round non-seasonal employment</u> <u>16 Hours per week or more</u> <u>Prevailing wage in an integrated setting</u>
Sense	UK wide	<u>Day services - Sense</u> • <u>Volunteer</u> ○ <u>as a Virtual Buddy</u> ○ <u>in a Sense Shop</u> ○ <u>on a Sense Holiday</u> <u>Virtual Buddy Volunteer at Sense : Volunteer Centre Blackpool, Wyre & Fylde</u>	At our centres all over the UK, we offer a huge range of daytime activities for adults with complex disabilities. Our day services offer the chance to learn, grow in confidence and try all sorts of interesting and fun things. You might want to learn a new life skill, like cooking or using public transport. Or you might try your hand at pottery, or take a trip in one of our wheelchair-accessible vehicles to a local theatre. Whatever you want to try, it's always your choice. We tailor our support to you. Opportunities with Sense At Sense, the term “day services” covers a huge range of opportunities. Depending on where you live and your interests, you might want to try: ▪ Swimming and hydrotherapy. ▪ Cookery and baking.

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			▪ Fun fitness classes like dance, yoga, Tai Chi or Zumba. ▪ Training in key life skills, like using public transport, libraries or shops. ▪ Messy sensory sessions. ▪ Making arts and crafts, including digital art, pottery, woodwork and more. ▪ Activities in the community, like horse riding, trampolining or climbing. ▪ Music sessions. ▪ Growing things and gardening. ▪ Relaxing in a multi-sensory room, experiencing different colours, sounds and textures. ▪ Learning how to use IT and technology. ▪ Taking day trips to the cinema, theatre, zoo or natural beauty spots.
Autism Initiatives	Link to contact for support and to join group: Contact Us — Autism Alliance UK	Autism Initiatives For Adults Call: 01253 922516 Email: info@autisminitiatives.org	How We Support We are committed to listening to the voices of the autistic community, embracing developments in research, and adjusting to changes in thinking. Across our services, our culture is to recognise diversity in the people we support and how they see the world. Are you looking for support that works for you? Teams at Autism Initiatives are trained to support people in the most beneficial way for the individual. We understand differences in thinking and are dedicated to supporting social and emotional mental health. Our specialist staff aim to understand the person as a whole, developing positive relationships with greater depth. Our service designs are flexible, informed by our understanding of how physical and interpersonal environments affect each autistic person differently. We believe in refining our support and services to match individuals and their aims.

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One Fylde Enterprise	Libra House Cropper Close Whitehills Business Park Blackpool FY4 5PU	Telephone: 01253 795648 Email: info@onefylde.org	Joining one of our groups is a great way to improve your confidence and social skills. You can also meet new people and make new friends, explore the local area, and get more active. One Fylde Enterprise offers a variety of sessions which are available for adults with a learning disability and/or autism. Our sessions are meaningful and purposeful and a way to develop and learn new skills as well as reducing isolation and improving mental health and wellbeing. Our gardening group lends opportunity to gain qualifications and work with Myerscough College. From Gardening to Showtime all our sessions are fun, interactive and person-centred and will be individually tailored to all needs and abilities. Come and Join Us Some of what we offer ○ Gardening ○ Recycling ○ Radio ○ Digital Arts ○ Woodwork ○ Craft Enterprise ○ Rambling ○ Bowling ○ Showtime
Independent living	Warren Manor, Warren Drive, Thornton- Cleveleys, FY5 3TG Highfield Road, Blackpool, FY4 3JU	•  scottgibbons@warrenmanor.net •  Warren Manor & Warren Hub 01253 868 276 •  Highfield Road 01253 476 460 Contact our autism carers today on 01253 868 276 for Warren Manor and Warren Hub and 01253 476 460 for Highfield Road	At Independent Living, we provide specialist care and education for young adults with learning difficulties. The range of activities at our Warren Hub centre are specially designed to provide the right balance of physical activity and intellectual stimulation. At Warren Hub, you can choose from our many activities all tailored to suit your taste. We want the people who use our service to be inspired and live a life without limits. Whether you want to learn arts or crafts, go cycling or listen to live music, we have it all going on. As with all our centres, we have newspapers supplied daily,

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		Find out more about our learning support for young people on 01253 868 276	computers and iPads available for use and a whole range of board games to choose from. The tailored care and support for clients with autism at Independent Living is second to none. We know that everyone is different and that the complex needs of people with autism must be understood and cared for using a personalised approach. To find out more about our care, contact our skilled team today. We have a range of dedicated facilities for visitors with autism to ensure there is a space to feel safe, secure and comfortable. Our autism carers have a wealth of experience and know how to use our facilities to provide the very best care for everyone.
Disability sports The Fun Pod	St Albans Road Lytham St Annes FY81XD	St Annes YMCA Sundays, 2pm – 4pm 07518 048571 https://www.localgymsandfitness.com/GB/Lytham-St-Annes/281695835262958/St-Annes-YMCA-Official Children & Adults With A Disability - YMCA Y:Active	Want to be part of the Paralympic Legacy? The Funpod Foxes sessions are open to children (8+) and adults with disabilities. The sessions include adapted team sports, badminton, football, rounders and boccia.
Job search sites for disabled adults looking for work		job Jobs in Blackpool - Apply Today VerJobs Disabilities Service Jobs in Blackpool September 2025 Opportunities FindEveryJob UK - Physically disabled adults jobs Latest Job Diversity Jobs Group Your Diversity and Inclusions Job Boards	Job search sites for disabled adults

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One Fylde	Libra House Cropper Close Whitehills Business Park Blackpool FY4 5PU	One Fylde Person-Centred Support, Accommodation & Activities Telephone: 01253 795648 Email: info@onefylde.org	At One Fylde we provide person-centred support, accommodation, and exciting activities for adults and young people with learning disabilities and autism in Blackpool, Fylde and Wyre.
Voyage Care	Head Office Wall Island, Birmingham Road, Lichfield, WS14 0QP	Supported living - Lancashire - Voyage Care	Our supported living services in Lancashire are designed to maximise your potential and enable you to live as independently as possible. We support people with learning disabilities, autism, brain injuries and other complex health needs to live a more independent lifestyle. We encourage you to take part in the activities that you enjoy – from social and leisure activities to educational and work opportunities. Our specialist team will work with you to develop a care plan you're happy with. You will be in control of your future whilst we support you with a range of activities, from looking after your home, personal care or getting out into the community.
Oxfam Shop Volunteer job search		Charity shop volunteering – Volunteer in your local Oxfam shop Oxfam GB Oxfam GB	You can volunteer in one of our over 500 shops, superstores or hubs across the UK from the age of 14. Volunteering at Oxfam is the perfect way to make friends and gain new skills, whether you're looking to improve your CV, take on a new challenge or just have fun!

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Highfield Day Service	Highfield Day Service, Highfield Road, Blackpool, FY4 3JU	Tel: 01253 476460 Email: sjgiliving@outlook.com Website: www.independentlivingnw.co.uk/our-locations/highfield/	Highfield provides Service Users with a programme of activities and experiences during the day designed to help retain and improve daily living skills and to maintain the skills necessary for social engagement as specified in each individual's care plan. We provide all aspects of personal care to suit the needs and requirements of each person. We also provide much needed respite for Carers.
Y.A.R.S Young Adult Respite Services		YARS Day Centre - Young Adult Respite Service Tom - 07403 199 954 Michael - 07540 400 721 Email: info@yars.org.uk Find us on Facebook, Instagram, Youtube and Google	CREATING POSITIVE CHANGE THROUGH INTERACTION AND ACTIVITIES IN THE LIVES OF YOUNG DISABLED ADULTS. Our vision is to create a safe environment where disabled young adults can attend, meet friends, engage in fun and exciting activities, gain qualifications and crucial life skills. This is achieved by working with our experienced staff team and their wide range of skills, experience and understanding of disabilities. YARS DAY CENTRE works in partnership with referral agencies and parent/carers to discuss and access young adults needs, devising a detailed action plan for each individual, regularly measuring outcomes and reviewing progress, in line with our mission statement. The foundation of YARS DAY CENTRE will be built on 4 pillars, we believe these, combined with our mission statement will be crucial in supporting disabled adults in YARS DAY CENTRE. These include: • Health • Lifestyle • Social