

# **REDUCING PARENTAL CONFLICT - THE BROMLEY PACKAGE**

CHILD'S OUTCOMES



### **RPC Champions Network**

Professionals from different departments:

- bring ideas and seek support on RPC
- · share best practices with their colleagues
- case studies and capturing data

**RPC** information booklets for families and professionals

**RPC Champions Network** 

**RPC** newsletter

> **RPC** parents

webinars

RPC core &

enhanced pack

of resources

#### **RPC** newsletter

- · general information about RPC agenda and tools in **Bromley**
- new development
- raising awareness

#### **RPC** parents webinars

- 3 sessions for parents who are experiencing PC
- pre- and post- feedback *auestionnaires*

#### **RPC** training for professionals

We have 2 levels of training:

- E-learning module on **Reducing Parental** Conflict awareness. available for all staff
- Face to face, half-day workshop for all professionals working directly with parents & children

10 Relationship Thought Prompt cards

The cards focus on communication to help

parents deal with conflict. The set comes

with a short guide on how to use the cards

**RPC** training for professionals

**RPC** 

information

booklets for

professionals

families &

10 Relationship

**Bromley Parenting Hub website** 

# **Thought Prompt** cards

# **Bromley Parenting Hub** www.bromleyparentinghub.info

Information for all parents in the borough, whether together, separated or considering separation, who want to find ways to improve their relationship and get on better.

## RPC core pack available for all professionals contains:

- RPC -The Bromley package leaflet
- 10 Relationship Thought Prompt Cards and guide
- RPC information booklet for families and professionals
- PC and DA screening tool

#### RPC enhanced pack available for all RPC Champions contains:

- RPC Bromley toolkit guide
- Child's viewpoint quiz
- 2 parents quizzes
- Set of 9 activities
- RPC core pack



and a poster





Reducing Parental Conflict Bromley package is designed around the three-step healthy relationships model: STOP. THINK. CHANGE. to focuses on:



child's wellbeing



the impact on unhealthy relationships on child's outcomes



identifying the steps to take to improve relationships



Bromley Parenting Hub



RPC Bromley Toolkit Guide



RPC booklet for Families



RPC booklet for Professionals



Video on how harmful parental conflict can negatively impact children



The guide for Relationship Thought Prompt cards



Bromley
Relationship
Thought
Prompt cards



FREE Parenting Courses



