

[WEEKLY MENU]



Week 3

Weeks Commencing: Mon 13th Sept - Mon 4th Oct - Mon 1st Nov - Mon 22nd Nov - Mon 13th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Penne Beef Bolognese	Caribbean Chicken Curry	Roast Beef, Yorkshire Pudding & Roast Gravy	Sweet & Sour Chicken	Baked Battered Fish with Tomato Ketchup
Vegetarian Dish of the Day	Roasted Tomato Basil Pasta	Caribbean Vegetable & Quorn Curry	Lentil & Spinach Strudel with Tomato Sauce	Hoi Sin Stir-Fry Vegetables	Cheesy Pasta Bake
Vegetable Choice	Penne Pasta Carrot Peas	Rice & Peas Green Beans & Carrots	Baby Roast Potatoes Savoy Cabbage & Cauliflower	Steamed Rice Sweetcorn & Broccoli	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Chocolate & Beetroot Brownie & Chocolate Sauce Fresh Fruit Salad	Cherry Tray Bake & Whipped Cream Fresh Fruit Salad	Apple Fruits of the Forest Pie & Custard Fresh Fruit Salad	Orange & Cranberry Sponge with Vanilla Sauce Fresh Fruit Salad	Banana Mousse with Chocolate Chip Cookie
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit

Allergens:

CE = Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya

SU = Sulphur

Connect Schools

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