

Tri-borough SEND Newsletter

Bromley Healthcare provides Special Educational Needs and Disabilities (SEND) support to people living in Bromley, Bexley and Greenwich, in partnership with other key professionals and networks.



Welcome to the latest edition of the Tri-borough SEND Newsletter! We aim to publish these to you every 6 to 8 weeks.

This edition of the newsletter informs you about Deaf awareness week, Mental Health awareness week, Tourettes Awareness Day, Learning Disability Week, Deafblind Awareness Week and more. We have also added a list of useful resource links.



Deaf Awareness Week 5th-11th May 2025

The purpose of Deaf Awareness week is to increase public awareness of Deaf issues, people, and culture. The week focuses on promoting the positive aspects of deafness, encouraging social inclusion, and raising awareness of the organizations locally, nationally and globally that support those who are deaf.

[Deaf Awareness Week | National Deaf Children's Society](#)

Become more deaf aware:

- [Free deaf awareness resources](#)
- [Deaf-friendly communication tips](#)
- [Deaf awareness activities for children and young people](#)
- [Make meetings deaf-friendly](#)
- [Deaf Awareness Week](#)
- [Sign with Fingers](#)



Mental Health Awareness Week 12th-18th May

Each year a different mental health theme is focused on to increase people's awareness and understanding of having good mental health.

This year, Mental Health Awareness Week will take place from 12 to 18 May 2025. The theme for 2025 is 'Community'.

Being part of a safe, positive community is vital for our mental health and wellbeing. We thrive when we have strong connections with other people and supportive communities that remind us, we are not alone. Communities can provide a sense of belonging, safety, support in hard times, and give us a sense purpose.

We want to use Mental Health Awareness Week to celebrate the power and importance of community.

[Visit the Mental Health Foundation website](#)



Child Safety Week - 2-8 June

The Child Accident Prevention Trust (CAPT) Child Safety Week runs from Monday 2 to Sunday 8 June, with the theme Safety is for sharing.

Free Child Safety Week resources are available on the website you'll find:

[Child Safety Parents' Pack | Child Accident Prevention Trust](#)

Child Safety Parents' Pack contains bite-sized facts and safety tips on the main accident risks to children. Allowing you to make simple changes that can fit into busy routines.

[Child Safety Week display pack | Child Accident Prevention Trust](#)

If you only do one thing this Child Safety Week, create a display in your setting. Simply download our brand-new display pack for colourful posters to bring your display to life.

[Child Safety Week information pack | Get involved](#)

Child Safety Week Information Pack to learn more about Child Safety Week, why it is important and how you can get involved.



Tourettes Awareness Day 7th June

The day aims to raise awareness about Tourette Syndrome and bring together those living with the condition. Tourette Syndrome is a neurological condition that is more common in boys than girls and affects approximately one school-aged child in a hundred.

[Tourettes Action](#)



Learning Disability Week 16th-22nd June 2025

Learning Disability Week takes place annually during the third week of June.

The theme this year is "Do you see me?" which is all about people with a learning disability being seen, heard and valued.

[Learning Disability Week | Mencap](#)

[Learning Disability Week 2025 | Mencap | Easy Read](#)



Deafblind Awareness Week 22nd - 28th June 2025

We strive to help more and more people understand deafblindness and how it affects people.

We aim to inspire those living with deafblindness and to raise awareness of dual sensory loss. Deafblind Awareness Week is always at the end of June to commemorate Helen Kellar's birthday, 27th June. Helen Keller's work made a huge difference to the field of sight and hearing loss. Without her efforts, the world today may be very different for deafblind people.

Deafblindness is a combined sight and hearing impairment which affects over 450,000 people in the UK. It doesn't always mean no sight or hearing, although for some people this is the case.

Deafblindness affects everyone differently, some people need to make small changes to the way they go about everyday life and some people will rely on others for communication and getting about.

[Our campaigns | Deafblind UK](#)

Useful resources



Royal National Institute for Deaf People (RNID)

We're here for the 18 million people in the UK who are deaf, have hearing loss or tinnitus.

With our communities, we'll change society to make it more inclusive for everyone, help people hear better now and fund world-class research.

[RNID - National hearing loss charity](#)



British Deaf Association (BDA)

The British Deaf Association (BDA) is a national Deaf-led organisation that works directly with Deaf people that use British Sign Language (BSL). Our work concentrates on campaigning for equal rights on a national level and working at a local level empowering Deaf people to achieve access to their local public services.

[British Deaf Association – The BDA stands for Deaf Equality, Access and Freedom of Choice.](#)



Livewellgreenwich

Help for Young People Age 11–16. How are you feeling? If something is on your mind or you need support to find ways to feel better, you're not alone.

[Help for Young People Age 11–16 - Live Well Greenwich](#)



Bromley Y

Bromley Y is a long-established local charity offering free mental health and emotional wellbeing advice and support to children and young people.

[Bromley Y Home Page](#)



Bexley Voice

Bexley Voice is a voluntary organisation of parents and carers of children and young people (age 0-25) with special educational needs and disabilities (SEND) living in the London Borough of Bexley. We provide an opportunity for parents and carers to express their views and input into the planning and delivering of SEND services. We signpost, support and empower families to obtain the best possible care and services.

[WELLBEING CHILDREN & YOUNG PEOPLE - BEXLEY VOICE](#)



Mind

Young people's mental health support. Whatever our age, everyone can experience mental health struggles. It's important to reach out if you feel overwhelmed.

Support is available to you, both inside & outside of school. Here you can find more details of who can help you and how to get in touch.

[Young people's mental health support | South East London Mind](#)

YOUNGMINDS

Young Minds

CAMHS stands for Child and Adolescent Mental Health Services.

CAMHS is the name for the NHS services that assess and treat young people with emotional, behavioural or mental health difficulties. You might also see CYPMHS used which stands for Children and Young People's Mental Health Services.






[Guide to CAMHS | Mental Health Services | YoungMinds](#)









The Brain Charity

If you're affected by Tourette syndrome, The Brain Charity can support you.

We are the only charity in the UK to be here for every one of the more than 600 different neurological conditions in existence.

 Anna Freud	<p>Individually, many are rare, but combined, they affect 1 in 6 people.</p> <p>We provide <u>practical help</u> on all aspects of living with Tourette syndrome, <u>emotional support</u> such as counselling, phone befriending and group therapy and <u>social activities</u> to people with Tourette syndrome from all over the UK from our centre in Liverpool.</p> <p>Tourette syndrome - Support for neurological conditions The Brain Charity</p> <p>Anna Freud</p> <p>Supporting children and young people with Tourette syndrome</p> <p>Information for parents and carers to support children and young people with Tourette syndrome.</p> <p>Supporting children and young people with Tourette syndrome Anna Freud</p>
	<p>Internet Matters</p> <p>Supporting neurodivergent children who play games online</p> <p>Guidance for parents and carers</p> <p>Explore a range of resources for both parents and neurodivergent young people to help them build safe and healthy habits in online games.</p> <p>Roblox parents' guide for neurodivergent children Internet Matters</p>
 	<p>Reducing the Need for Restraint & Restrictive Intervention</p> <p>The BBC have recently been investigating the restraint of an autistic child in a school setting.</p> <p>Restraint of autistic child in BBC programme is clear safeguarding concern, say CBF - Learning Disability Today</p> <p>The following guidance is for health services, social care services and special education settings.</p> <p>It sets out how to support children and young people with learning disabilities, autistic spectrum conditions and mental health difficulties who are at risk of restrictive intervention.</p> <p>Reducing the need for restraint and restrictive intervention - GOV.UK</p>
	<p>What is a Hospital Passport?</p> <p>It is important to get help with your health when you need it.</p> <p>Find out about hospital passports, the learning disability register, reasonable adjustments and how to ask for help.</p> <p>Health Guides: Hospital Passports, Summary Care Records And Flu Jabs Mencap</p>

	<p>Bromley MENCAP - Bromley Mencap - Supporting Disabled People</p> <p>Bexley MENCAP - Bexley Mencap</p> <p>Greenwich MENCAP - Greenwich Mencap – The voice of learning disability in the Royal Borough of Greenwich, London.</p>
	<p>Autism Central – Workshops</p> <p>Our Autism Central Hubs offer guidance to families, carers and personal assistants of autistic people. All of our sessions are run by Peer Educators. These are parents or carers of autistic people, who are happy to share their knowledge and experience with you. They offer group and one-to-one sessions to help you and other parents and carers find the information and services available in your area. Hubs may also run events such as workshops, drop-in sessions, coffee mornings or virtual meet-ups.</p> <p>London delivered by Contact and Ambitious about Autism Autism Central</p>
	<p>Learning Disability Disco Night Greenwich</p> <p>A night of fun and games, karaoke, disco, and board games for adults with learning disabilities, hosted by Camouflage Cafe. Carers come free. Hot food is available for purchase. Come along and shake a leg!</p> <p>Dates: Thursday 1 May 2025, Thursday 8 May 2025, Thursday 15 May 2025</p> <p>Time: 5pm to 9pm</p> <p>How to book: Just turn up on that day</p> <p>Price: £4</p> <p>Learning Disability Disco Night</p>
	<p>Bromley</p> 

  	<h2>Tri-borough Local Offers</h2> <p>The Local Offer is a document that gives information about the support services available in your local area. This specifically for children, young people and their families with Special Educational Needs and / or Disabilities (SEND).</p> <p>Bromley</p> <p>Special Educational Needs and Disability (SEND) Local Offer – London Borough of Bromley</p> <p>Bexley</p> <p>Bexley Local Offer</p> <p>Royal Borough of Greenwich</p> <p>Children's centres Royal Borough of Greenwich</p>
	<h2>Get to Know Your Local Children and Family Centres</h2> <p>Bromley</p> <p>Children and Family Centres (bromley.gov.uk)</p> <p>Bexley</p> <p>About the Children's Centres London Borough of Bexley</p> <p>Royal Borough of Greenwich</p> <p>Children's centres Royal Borough of Greenwich</p>

Should you require any further support or information, please contact the Health Visiting Tri-borough SEND Specialists at:

bromh.tri-boroughsendchampions@nhs.net

Greenwich, Bromley and Bexley websites:



[Special Educational Needs and Disabilities :: Greenwich 0 to 4](#)

[Events and Activities :: Greenwich 0 to 4](#)

[SEND Newsletter :: Greenwich 0 to 4](#)



[0-4 years :: Bromley 0 to 19 Public Health Service](#)

[Newsletters and useful links :: Bromley 0 to 19 Public Health Service](#)



[0-4 years :: Bexley 0 to 19](#)

[SEND Support :: Bexley 0 to 19](#)

Follow us on social media:



Bexley 0 to 19

Bromley 0 to 19

Greenwich 0 to 4



@bexley_0to19

@bromley_0to19

@greenwich_0to4

We want to hear your feedback on our services. Visit careopinion.org.uk/youropinion.