



28<sup>th</sup> August 2020

Dear Parents,

Further to my earlier update, I write once again to offer some information on the steps that will need to be taken if a pupil or an adult within your household has symptoms or tests positive for COVID-19. All staff and families are strongly encouraged to engage in the test and trace system if you develop symptoms. Book a test [here](#).

The main symptoms remain the same and these are:

- A high temperature – this means you feel hot to touch on your chest or back
- A new continuous cough – this means coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours
- A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything or things smell or taste different to normal.

Other symptoms can include:

- Fatigue
- Sore Throat
- Muscle Pain
- Headache
- Shortness of breath or chest tightness

If a pupil shows symptoms, the following steps should be taken:

- Pupil to stay off school for 7 days and a test arranged
- Members of the household should self-isolate for 14 days
- Other pupils from the class / year group bubble will not need to self-isolate in the first instance

If a pupil tests positive, the following steps should be taken:

- Everyone in the class / year group bubble will need to self-isolate for 14 days
- If pupils from the class / year group bubble are well, other household members do not need to self-isolate
- Pupils from the class / year group bubble will need to stay at home for 14 days even if they have received a negative COVID-19 test

If an adult or another young person from a household displays symptoms or tests positive, the Valley pupil from this household will need to self-isolate for 14 days.

In the event of a positive test linked to Valley Primary School, Senior Leaders will work with colleagues in Public Health to decide on the appropriate course of action.

Parents who have recently returned from abroad are kindly reminded to check the latest list of countries that feature on the quarantine list. If, as a family, you are having to undertake a 14-day quarantine, please do contact the school to inform us of the date your child(ren) will return to school.

Naturally, up to the October half-term in the first instance, Valley Primary School will not be issuing fixed-penalty notices for absences during term time but it is important to maintain regular communication in order for the school to understand the circumstances relating to each absence. The normal documentation used to certify absences will still be requested where appropriate.

Finally, if you have any questions about the September re-start, the telephone lines will be open between 12 and 3pm on Tuesday 1<sup>st</sup> September so please do get in touch if you have any further questions.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'S Jackson', with a long horizontal flourish extending to the right.

Mr. S Jackson  
Head Teacher