

Personal Development 2023-2024

Personal Development Themes					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
- Spiritual, moral, social and cultural development	- Healthy living - British Values	- Equality and diversity	- Careers guidance	- Citizenship	- Preparation for next stage

Subject Duke of Edinburgh	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	<p><u>Volunteering: Ramblers Riding School</u> To learn about caring for farm animals and building outhouses. To consider how different cultures have different perspectives on animal care.</p>	<p><u>Volunteering: St Vincent Food and Homeless Shelter</u> To understand the benefits of volunteering to the volunteer, to others and to the wider community To assess the needs of the community and what causes they care most about, to help them decide what type of volunteering they want to do for their DofE programme To learn how to how to plan for their volunteering activity as part of their DofE programme</p>	<p><u>Pupils to discuss this statement from D of E website about its equality and diversity statement:</u> ‘This commitment is woven into our mission and vision and is the tenant of how we operate as an organization. We are at our strongest when we embrace the full spectrum of humanity, regardless of what we look like, where we come from, our ability or who we love’.</p>	<p><u>Physical Skill: Oxygen; Combat; Football and Indierock</u> To understand the benefits of the Physical section and to help them choose which physical activity they will do for their DofE programme. To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity as a career path</p>	<p><u>Skills: Golf /Music</u> To learn a new skill from preparation and planning completed. Golf can have a positive impact upon physical and psychosocial health. However, it is not widely promoted to and for disabled people. To explores the benefits, barriers, and facilitators to golf participation.</p>	<p><u>Expedition Skills</u> To have a basic understanding of Navigation and the skills to navigate effectively To have a basic understanding of cooking and campcraft and the skills to cook and camp effectively To have an understanding of how weather affects expedition plans</p>
Year 11	<p><u>Volunteering: Ramblers Riding School</u></p>	<p><u>Volunteering: St Vincent Food and Homeless Shelter</u> To understand the benefits of</p>	<p><u>Pupils to discuss this statement from D of E website about its equality and diversity statement:</u></p>	<p><u>Physical Skill: Oxygen; Combat; Football and Indierock</u> To understand the benefits of the Physical</p>	<p><u>Skills: Golf /Music</u> To learn a new skill from preparation and planning completed.</p>	

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	<p>To learn about caring for farm animals and building outhouses. To consider how different cultures have different perspectives on animal care.</p>	<p>volunteering to the volunteer, to others and to the wider community To assess the needs of the community and what causes they care most about, to help them decide what type of volunteering they want to do for their DofE programme To learn how to how to plan for their volunteering activity as part of their DofE programme</p>	<p>‘This commitment is woven into our mission and vision and is the tenant of how we operate as an organization. We are at our strongest when we embrace the full spectrum of humanity, regardless of what we look like, where we come from, our ability or who we love’.</p>	<p>section and to help them choose which physical activity they will do for their DofE programme. To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity as a career path</p>	<p>Golf can have a positive impact upon physical and psychosocial health. However, it is not widely promoted to and for disabled people. To explores the benefits, barriers, and facilitators to golf participation.</p>	