

Duke of Edinburgh - Yearly Overview – 2023/2024

Yearly Overview 2023-2024

Subject: DofE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10 & 11	<p><u>Volunteering: Ramblers Riding School</u> To learn about caring for farm animals and building outhouses. To understand the benefits of the Skills section and to help them choose what skill they will do for their DofE programme To design a programme of recording and self-evaluation of skills gained</p>	<p><u>Volunteering: St Vincent Food and Homeless Shelter</u> To understand the benefits of volunteering to the volunteer, to others and to the wider community To assess the needs of the community and what causes they care most about, to help them decide what type of volunteering they want to do for their DofE programme To learn how to how to plan for their volunteering activity as part of their DofE programme</p>	<p><u>To complete all aspects of the units for both of these : Ramblers Riding School St Vincent Food and Homeless Shelter</u></p>	<p><u>Physical Skill: Oxygen; Combat; Football and Indierock</u> To understand the benefits of the Physical section and to help them choose which physical activity they will do for their DofE programme. To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity To be able to ascertain if chosen activity is a genuine physical activity that will improve the participant's fitness</p>	<p><u>Skills: Golf/Music</u> To learn a new skill from preparation and planning completed. To become aware and use hand, eye coordination</p>	<p><u>Expedition Skills</u> To have a basic understanding of Navigation and the skills to navigate effectively To have a basic understanding of cooking and campcraft and the skills to cook and camp effectively To have an understanding of how weather affects expedition plans</p>