

## Subject Yearly Overview 2021-2022

Subject: RSE	TOPIC	COMPONENT	<i>Notes: Why are you delivering this topic at this time of year?</i>
<b>Autumn 1</b>	Online and Social Media	To explore and research different social media platforms, To discuss the impact of social media on individuals, To explore online risks through sharing content on social media, To begin to understand the impact of viewing harmful content online, To understand the impact and the laws of sharing indecent material online to the public, To discuss the similarities and differences between the online world and the physical world, To recognise the impact of unhealthy or obsessive attitudes towards social media or gaming	Following SOW
<b>Autumn 2</b>	Basic First Aid	To research the importance of first aid, To identify the key items in a first aid kit and discuss their functions, To discuss and develop understanding around basic treatment for common injuries, To practice using key items in a first aid kit, To learn about life saving skills including CPR To discuss the purpose of defibrillators and when one might be needed, To discuss how to respond to various first aid scenarios.	Following SOW
<b>Spring 1</b>	Being Safe	To develop understanding of what abuse means, To be aware of the laws related to abuse, To develop understanding around the concept of grooming, To be aware of the laws related to grooming, To develop understanding around the history and cultural impact of FGM, To be aware of the laws related to FGM, To share opinions on abuse, grooming and FGM.	Following SOW
<b>Spring 2</b>	Drugs, Alcohol & Tobacco	To define, identify and classify different substances. To discuss facts about legal and illegal drugs. To explore how legal and illegal drugs can impact mental health. To discuss the physical and psychological consequences of alcohol consumption, To develop awareness of addiction of alcohol, tobacco or drugs. To research facts about the harms of smoking tobacco such as cancer. To discuss the benefits of quitting smoking and how to access support	Following SOW
<b>Summer 1</b>	Sex Education/Puberty	To describe and be able to identify the changes that occur to our bodies as we grow up and change from adults to children. To know about masturbation and the importance of privacy. To be aware of different types of relationships.  To describe physical, emotional and social changes that occur during puberty. To critically think about the impact of physical changes of puberty for boys and girls. To critically think about how puberty can impact decisions and behaviours.  Consolidation lesson on prior learning	Following SOW
<b>Summer 2</b>	Managing Relationships & Mental Well-Being	To develop awareness of appropriate and inappropriate social etiquette in public. To discuss ways to demonstrate respect for others. To learn about mental health and depression. To explore the stigma surrounding mental health problems including the use of appropriate language. To learn about self harm and its causes, and consider how someone can respond. To learn that anyone can be affected by mental health problems, and that most people can and do recover.  To reflect on my achievements this year at Victory Park	Following SOW