

Year 10 CURRICULUM MAP 2023-2024

Key:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reading opportunities Assessment Numeracy	TOPIC	ТОРІС	TOPIC	ТОРІС	ТОРІС	TOPIC
English	AQA Paper 1 Reading Exam Skills- non-fiction- Prisons Language Paper 1 The purpose of this unit is to analyse a variety of fictional extracts and investigate the key feature of narrative and descriptive pieces of writing. This includes, analysing and evaluating writer's structural and linguistic choices and the impact they have on the reader. Introduction to paper 1- go through questions 1-4 on PPT Reading skills: describe; explain; analyse; evaluate using a range of fictional extracts Understanding Structure The purpose of this is to build student knowledge, progress and confidence in their extended writing tasks. Numeracy- trying special cases, looking at examples; generalising — looking for patterns and relationships conjecturing — predicting relationships and results;	Functional Skills Exam practice. Functional Skills level 1 Exam AQA Paper 1 Writing Exam Skills- Xmas Carol Reading skills: describe; explain; analyse; evaluate in A Xmas Carol extracts Recap on beginnings and endings Introduction to descriptive writing/ creative writing/ use of the senses/sentence starters. Spag Students will develop their essay skills on their studied text, while exploring content, meaning, message and craft. The main purpose of this unit is to build on student's ability to comment on the writer choice of methods and comment on these methods using relevant texts to support them. Numeracy- Graphs Timelines; Flow charts Graphic organisers; Pie charts to organise social historical context and structure of the novel.	AQA Paper 2 Section B Exam Skills Introduction to paper 2 Writing in different forms- Speech writing/Article/ Newspaper writing/ letter/essay Writing to persuade/explain/ argue Questions relating to paper 1 are created to improve student's skills and understanding. Students will annotate the above extracts, labelling language and structural features. Text will be evaluated critically through the use of questioning and exam style questions. At the end of each text, students will create a piece of writing, with the main focus being the form/layout of the text. Numeracy-Use mathematical questioning to help expand answers - How could you sort these? How many ways can you find to? What happens when we?	AQA Paper 2 Section B Exam Skills- Gothic/ dystopian- Recap on Victorian language A workshop to be given, where students are reminded of language and vocabulary that they may have touched upon during KS3. Revise reading skills: describe; explain; analyse; evaluate using a range of non-fiction extracts Mock paper 1 section B P1 Q1, Q2, Q5 P2 Q1, Q2, Q4 The purpose of this unit is to build on the skills that students have secured throughout KS3 and apply their language analysis skills to learning the key features. Students will compare texts in relation to the messages or intentions. Numeracy- Thinking logically; Predicting & checking; Breaking down problems into smaller parts; using data in own writing for a purpose	AQA Paper 1 and 2 Exam Skills revision / R and J To consolidate all the key exam skills learnt so far for both Papers 1 and 2 Getting to know the mark schemes for the papers Language Paper 2 – Fact and Opinion, Inference and Summary Writing. The purpose of this unit is for students to select key information from two texts related to exam questions, analyse these two texts for language techniques and how the writers use them. Assessment-to analyse Romeo's speech Numeracy- Graphs Timelines; Flow charts Graphic organisers; Pie charts to organise social historical context and structure of the play.	AQA Paper 1 Section A using AQA Exam Skills- mock style practice. Mock exam To retrieve key information from a text to answer exam-style questions. To learn how to write a summary To analyse the writer's bias in an editorial piece. This until will teach learners to articulate their sophisticate ideas and choose language and persuasive devices that is appropriate to a formal setting. Numeracy- specialising – trying special cases, looking at examples; generalising – looking for patterns and relationships conjecturing – predicting relationships and results; convincing – finding and communicating reasons why something is true.



	convincing – finding and communicating reasons why something is true. Write an interview in correct format.	The key focus includes, themes, characterisation, and context, pupils will be assessed on this	How many different can be found? What is the same/different? Can you group these in some way? Is there a pattern? How can this pattern help you find an answer? What do think comes next? Why? Is there a way to record what you've found that might help us see more patterns? What would happen if?			
	variety of text forms (nove plays and short stories). Throughout the year, stude	lla, ents will develop a greater un	ng unseen fiction and non- fic	aft and perspectives, implicit a	-	y. Students will continue to appreciate a parison of texts and reader response.
Maths	Place value Apply the four operations Check calculations using approximation Scale drawing Interpreting maps and scale drawings Use of bearings Angles HCF and LCM Product of Primes prime factor decomposition find HCF and LCM of two numbers Interpret place value and apply mathematical operators to solve simple problems in context.	Fractions: Addition Find a fraction of an amount Multiplication and division Rounding Interpret, analyse and compare the distributions of data sets Construct tables, charts and diagrams Use frequency tables to collect data Construct pictograms Construct bar charts Construct simple pie charts	Straight line graphs Work with co-ordinates in all four quadrants Plot graphs of equations that correspond to straight line graphs in the co-ordinate plane Identify and interpret gradients and intercepts of linear functions graphically Interpret the equation of a line in the form y = mx + c Interpret real-life graphs Area and Perimeter Calculate the area of compound shapes Calculate the area of a rectangle	Ratio Use ratio notation, including reduction to simplest form. Apply ratio to real contexts and problems Express the division of a quantity into two parts as a ratio Divide a given quantity into two parts in a given ratio Polygons Derive and apply the properties and definitions of special types of quadrilaterals Deduce and use the interior angle sum in any polygon Deduce and use the exterior angle sum in any polygon	Scatter diagrams Draw and interpret line of best fit Plot and interpret distance time graphs Plot and interpret graphs from real data Probability Use two-way tables/sample spaces Record, describe and analyse the frequency of outcomes Transformations Rotations Reflections Translations Enlargements	2D representation of 3D shapes Interpret plans and elevations of 3D shapes Construct plans and elevations of 3D shapes Complete ELC Solving equations Know and use metric conversion factors for length, area, volume and capacity.



Termly Theme: Healthy	Termly Theme: E-safety	Termly Theme:	ternally assessed assessment Termly theme: Stress	Termly Theme: Alcohol	Termly Theme: Smoking / Vaping
lifestyle Diet, exercise,	The aim of this unit is to	Understanding Body	Awareness	Awareness	Awareness
lifestyle balance and	provide learners with the	Image	The aim of this unit is to	The aim of this unit is to provide	The aim of this unit is to provide
healthy choices, and	knowledge to be able to	The aim of this unit is to	provide learners with the	learners with the knowledge to	learners with the knowledge and
first aid	use devices and the	provide learners with	knowledge to be able to	know about recommended safe	understanding of the reasons wh
The aim of this unit is to	internet correctly and	knowledge to know -what	understand what is meant	limits of alcohol and also the unit	people smoke and/or vape and a
provide learners with	safely.	is meant by body image.	by stress and also some of	strength of different alcoholic	able to define addiction
the skills and knowledge	Understand the risks	Learners should be able	the symptoms of stress	drinks	Understand why people smoke/v
to be able to know about	when using the internet	to state what body image	Understand what is	Know about unit strengths and	Know about the different types o
the importance of a	Understand how to work	is and list some of the	meant by 'stress'.	safe limits of alcohol	smoking and vaping products
balanced diet and how	safely online,	factors that have an	Understand the possible	Understand the possible causes	Understand the effects and risks
this contributes to a	safeguarding self and	influence on body image.	causes of stress	of alcohol misuse and its effects	smoking and vaping.
healthy lifestyle	others.	Understand factors	Understand the effects of	Understand the effects that	Understand laws about smoking a
Understand the	Know about digital	affecting body image	stress on an individual.	alcohol misuse can have on	vaping
importance of a	footprints and data	Understand how feelings	Understand how stress	others.	Students will fill in tables to show
balanced diet for a	security	and emotions expressed	can be managed	Understand the effects of	information.
healthy lifestyle.	Know about appropriate	in the media and social	Students will fill in tables	withdrawing from alcohol	
Know about the	online behaviour and the	media might influence	to show this information.	Know some of the agencies	
importance of exercise	law	body image		offering help and information	
and how it contributes		Students will fill in		about alcohol misuse	
to a healthy lifestyle		different tables to show			
Know how to improve		this information.			
own lifestyle.					
Students will fill in					
different tables to show					
this information.					
Basketball	<u>Badminton</u>	Short Tennis	Cricket	Football	Athletics
Introductions to	Introductions to	Introductions to short	Introductions to cricket	Introductions to football	Introductions to athletics
basketball	<mark>badminton</mark>	tennis en la companya de la companya	Numeracy- scoring of	Numeracy- scoring of points;	Numeracy-Distance in each sport
Numeracy- scoring of	Numeracy- scoring of	Numeracy- scoring of	points; timings of game;	timings of game; added time;	Measuring; Time Keeping; Scoring
points; timings of game;	points; timings of game;	points; timings of game;	distance between	points in the league; reading	Javelin (Distance improved)
time penalties; distance	time penalties; how	time penalties; how many	wickets; width either side	Defending	Shot put (Distance improved)
from hoop.	many sets/match	sets/match	of wickets	Attacking	Discus (distance improved)
Dribbles	Serves	Serves	Bowling	Passing	100m (timed 1st and last)
lay-ups	Smash	overhead smash	Batting	Shooting	
jump shots	overhead clear	volleys	Catching	All techniques	
defensive work	drop shot	forehands	Throwing	<mark>Match</mark>	
offensive	target hitting	backhands	Fielding positions		
team work	doubles	Match singles/doubles	Games of cricket		
Match	Match singles/doubles				



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<u>Hair and</u>	Unit: HB5: Finding out	Unit: HB9: <u>Carrying out a</u>	Unit: HB8: Looking after	Unit: HB12:	Unit: A1: Being organised	Unit: HB6: Responding to a hair and
Beauty	about the hair and	<u>treatment</u>	<u>customers</u>	Demonstrating hair	Learners will develop key	beauty theme
	beauty industry	Learners will have the	Learners will have the	styling	techniques to help organise their	Learners will develop the skills and
	Learners will have the	opportunity to develop	opportunity to develop	Learners will have the	work and priorities and manage	techniques needed to produce a mood
	opportunity to develop	and practise, under	and practise skills in	opportunity to develop	their time effectively	board and an image that
	skills and explore the	supervision, practical	providing customer	and practise skills in hair		communicate their hair and beauty
	services and treatments	skills used	service while	management and styling.	In this unit students will:	ideas in response to a brief.
	offered	in hair and beauty in a	working in a salon		Organisational skills	
	in the hair and beauty	salon environment.	environment.	In this unit students will:	Time management	In this unit students will: Sourcing
	industry.	In this unit students will:		Developing and	Use of ICT management	products and materials to use to come
	In this unit students will	Consulting appropriately	In this unit students will:	communicating ideas	Tools	up with ideas
	be:	with customers	Communicating	for hair styles		Experimenting with products,
	Finding out and	Carrying out preparation	appropriately with	Communicating	Assessment evidence includes:	materials and
	researching	techniques	customers	appropriately with	A planner for a two-week	techniques, e.g. practising to drawing
	different roles and	Carrying out hair and	Being proactive and	customers	period.	the image and presentation
	career opportunities in	beauty task	flexible, responding to	Working with others,	Supporting documentation	Developing and
	the hair and beauty	Being professional	customers in a	customers and	that demonstrates the	communicating ideas for final image
	industry	Practising safe and	salon environment	hairdressers,	techniques used.	linked to mood board
	Identifying skills required	hygienic working	Providing customer	in a simulated salon		Producing final mood board and image
	in hair and beauty roles	practices	service in a salon	situation to prepare for		Communicating ideas
	Developing and	Assessment evidence	environment	and		
	communicating ideas	include:	Being professional	provide hair treatments		Assessment evidence includes:
	about findings through a	Record of customer	Practising hygienic	Reviewing own work and		Mood board in line with given brief
	presentation	consultation	working	identifying how to		Image presented which replicates
	Producing information	Logbook of preparation	Practices	improve		mood board design and brief
	about skills and career	stages for tasks		· .		Record of skills and techniques used to
	routes in the hair and	Leaflet listing hair and	Assessment evidence	Assessment evidence		create the mood board and image
	beauty industry	beauty tasks	include:	includes:		ideas
	Working with others to	Feedback record from	Guidelines for customer	Leaflet on different		
	identify roles within a	client	care	shampoo, conditioners		
	team in the hair and	Recording/video of task	Lists of communication	and pH impact		
	beauty industry	being carried out	techniques to use in	Poster showing variety of		
	Assessment evidence		different scenarios	hair styles		
	include:		Role-play recordings of	Mood boards		
	Small team		communication scenarios	Handout on preparation		
	presentations		Handout on presenting a	techniques		
	with individual		professional image	Record of techniques and		
	contribution		Leaflet/poster on safe	client care being		
	identified		and hygienic working	demonstrated		
	Poster showing variety		practices	Logbook of styles and		
	of		Record of carrying out	procedures carried out		
	venues for salons		customer service	Leaflet/poster on safe		
	Organisation charts for		activities	working practices		
	salons			Role play of client		
	Lists of skills and			consultation		
	treatments			Constitution		
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Occupational Studies	advertised in a handout or poster Advert created for senior role in either hair or beauty, describing skills and experience required Job description for the job advertised Tools and Equipment Be able to demonstrate good practice in preparing and maintaining the work area Be able to assist the preparation of a surface for painting Be able to demonstrate good practice in preparing and maintaining the work area Be able to assist the preparation of a surface for painting Be able to assist the preparing and maintaining the work area Be able to use and maintain tools and equipment appropriately Be able to assist the preparation of a surface for painting Be able to paint an area Be able to clean work area and equipment Why — To give the pupils an introduction into	Preparing Work Area Be able to use and maintain tools and equipment appropriately Be able to assist the preparation of a surface for painting Be able to paint an area Be able to clean work area and equipment Know the personal protective equipment (PPE) used in basic bricklaying processes Be able to apply safe working practices to produce half-brick walling Be able to work responsibly with others Be able to seek and respond to guidance when working as part of a team Why — So the pupils can continue to build on skills	Know the personal protective equipment (PPE) used in basic bricklaying processes Be able to apply safe working practices to produce half-brick walling Be able to work responsibly with others Be able to seek and respond to guidance when working as part of a team Why – Pupils will now have a good understanding of how to stay safe in the workshop so will begin to use more challenging equipment. Reading – How to use materials and equipment correctly. Reading learning objectives and writing in workbooks. Assessment – On going in	Carpentry Know about hand tools used in carpentry Be able to use face and edge marks Be able to plane timber Be able to use a chisel Why – Pupils will have developed lots of skills and a strong understanding of working with tools and as part of a team. Reading – How to use materials and equipment correctly. Reading learning objectives and writing in workbooks. Assessment – On going in workbooks and dated when achieved assessment criteria. Numeracy – To be able to measure and cut angles such as 45 degree for a	Propagate Plants Be able to grow and care for plants grown from seed Know how to control weeds Why – This is the best time of year for pupils to work on the horticulture because of weather and sowing times. Reading – How to use materials and equipment correctly. Reading learning objectives and writing in workbooks. Assessment – On going in workbooks and dated when achieved assessment criteria. Numeracy – To understand time to plant and feed plants at the correct time.	Complete Outstanding Units Completing any outstanding theory or practical work required to achieve certification To help the pupils complete the units so they can gain qualification.
	for painting Be able to paint an area Be able to clean work area and equipment Why – To give the pupils	Be able to seek and respond to guidance when working as part of a team Why – So the pupils can	materials and equipment correctly. Reading learning objectives and writing in workbooks	workbooks and dated when achieved assessment criteria. Numeracy – To be able to measure and cut angles		



Art	Numeracy – How to use a tape measure and spirit level correctly. Identity – Introduction to GCSE Art During the first Year of GCSE Art Year 10 students will learn to work independently, come up with their own ideas and build on the skills learnt in Key Stage 3. Students will be responding to the theme 'Identity'. Practising creating work using the 8 basic technical terms – line, form, shape, tone, value, pattern, texture, colour (2 /3 weeks). Students will learn how to explore a theme and how to present this. Students will be introduced to artists like Jean Michel Basquiat, Andy Warhol and Grayson perry. Reading – reading texts associated with identity and using subject keywords from sheet.	when achieved assessment criteria. Numeracy – How to use a tape measure and spirit level correctly. Identity – Independent learning Students will be producing their own outcomes in response to the theme 'Identity' drawing on the artists they have looked at in Autumn 1 for inspiration. Students will learn to use a variety of different mediums depending on their creative route. Possible outcomes include Paintings, Sculptures, Printing, Photography, Drawings and Mixed media pieces. Students are encouraged to experiment and refine their skills in preparation for year 11. Reading – reading texts associated with identity and using subject keywords from sheet. Assessment – Continual assessment of work produced by pupils. Numeracy – basic	Identity – Independent learning Students will be producing their own outcomes in response to the theme 'Identity' drawing on the artists they have looked at in Autumn 1 for inspiration. Students will learn to use a variety of different mediums depending on their creative route. Possible outcomes include Paintings, Sculptures, Printing, Photography, Drawings and Mixed media pieces. Students are encouraged to experiment and refine their skills in preparation for year 11. Reading – reading texts associated with identity and using subject keywords from sheet. Assessment – Continual assessment of work produced by pupils. Numeracy – basic	Identity – Independent learning Students will be producing their own outcomes in response to the theme 'Identity' drawing on the artists they have looked at in Autumn 1 for inspiration. Students will learn to use a variety of different mediums depending on their creative route. Possible outcomes include Paintings, Sculptures, Printing, Photography, Drawings and Mixed media pieces. Students are encouraged to experiment and refine their skills in preparation for year 11. Reading – reading texts associated with identity and using subject keywords from sheet. Assessment – Continual assessment of work produced by pupils. Numeracy – basic	Identity – Building a portfolio and looking towards Year 11. Students will ensure their Year 10 portfolio is a well-rounded and diverse body of work including experimentation of materials, observational drawings, personalised outcomes, a range of Artists looked at and presented in a professional way. All work students produce in Year 10 and Autumn 1 & 2 in Year 11 amounts to 60% of their GCSE Art grade. Reading – reading texts associated with identity and using subject keywords from sheet. Assessment – Continual assessment of work produced by pupils. Numeracy – basic measuring and working out proportions.	Identity – Building a portfolio and looking towards Year 11. Students will ensure their Year 10 portfolio is a well-rounded and diverse body of work including experimentation of materials, observational drawings, personalised outcomes, a range of Artists looked at and presented in a professional way. All work students produce in Year 10 and Autumn 1 & 2 in Year 11 amounts to 60% of their GCSE Art grade. Reading – reading texts associated with identity and using subject keywords from sheet. Assessment – Continual assessment of work produced by pupils. Numeracy – basic measuring and working out proportions.
	and using subject keywords from sheet. Assessment – Continual assessment of work produced by pupils. Numeracy – basic measuring and working out proportions.	produced by pupils. Numeracy – basic measuring and working out proportions.	produced by pupils. Numeracy – basic measuring and working out proportions.	produced by pupils. Numeracy – basic measuring and working out proportions.		
Food Tech	Unit 1	Unit 1	Unit 1	Unit 2	Unit 2	Unit 1,2 completion
	Preparing to Cook:	Preparing to Cook	Preparing to Cook	Understanding Food	<u>Understanding Food</u>	



Safe and hygienic working practices to prepare self for cooking Safe and hygienic working practices to prepare the cooking environment Potential risks and hazards in the cooking environment Practical's involving the demonstration of: Safe and hygienic working practice How to follow recipes Cooking skills Safe use of equipment

Weighing, measuring, estimating, reading measurements, converting measurements, assessing energy and calories in food, reading food labels, understanding best before and use by dates.

Safe and hygienic

equipment

cleaning and storage of

The use of different cooking equipment and utensils How to prepare equipment and utensils for cooking The safe cleaning and storage of equipment and utensils Practical's involving the demonstration of: Safe and hygienic working practice How to follow recipes Cooking skills Safe use of equipment Safe and hygienic cleaning and storage of

Weighing, measuring, estimating, reading measurements, converting measurements, assessing energy and calories in food, reading food labels, understanding best before and use by dates.

equipment

The purpose of a recipe The stages of recipes The purpose of different ingredients in a recipe Cooking skills (description) Practical's involving the demonstration of: Safe and hygienic working practice How to follow recipes Cooking skills Safe use of equipment Safe and hygienic cleaning and storage of equipment

Weighing, measuring, estimating, reading measurements, converting measurements, assessing energy and calories in food, reading food labels, understanding best before and use by dates.

The main food groups Sources of food from each main food group The effect of seasons on food availability Practical's involving the demonstration of: Informing choice of recipes for given dishes Apply choice of ingredients to make given dishes

Evaluate completed dishes

Weighing, measuring, estimating, reading measurements, converting measurements, assessing energy and calories in food, reading food labels, understanding best before and use by dates.

How social factors affect food How environmental factors

affect food choices How cost factors affect food choices

How sensory factors affect food choices.

Practical's involving the demonstration of:

Informing choice of recipes for given dishes

Apply choice of ingredients to make given dishes **Evaluate completed dishes**

Weighing, measuring, estimating, reading measurements, converting measurements, assessing energy and calories in food, reading food labels, understanding best before and use by dates.

Recap all points from unit 1 and 2-Complete unfinished coursework tasks BTEC level 2 award (not every pupil will complete this a decision will be mad e on an individual basis) Plan and make a two course meal Demonstrate food safety and hygiene Apply presentation skills Ways to economise when cooking at home Ways information about cooking

meals at home from scratch can be

passed on to others

Weighing, measuring, estimating, reading measurements, converting measurements, assessing energy and calories in food, reading food labels, understanding best before and use by

Science

Reading opportunities include: research: articles; websites; informational booklets; PowerPoints, activities, worksheets, Science Study Guide for each module. Numeracy Opportunities: Labelling, diagrams, recording results (tables/graphs), Measurements, time, variables, graphs (line, scatter, histogram, bar etc) and presenting Data

Unit: ASc6: Carrying out a scientific experiment Learners will develop the skills needed to plan for and carry out a scientific experiment and to present the results.

In this unit. students will:

Carrying out an experiment

understand the stages involved in a scientific

investigation record data accurately and appropriately understand the different methods of presenting data develop experimental skills be able to analyse graphs. Completing a plan considering safety issues Identifying and selecting apparatus to measure quantities

Unit: Asc12: Investigating a crime scene

Learners will find out about the procedures used in collecting and analysing crime scene evidence. They will use skills to search for, select and produce information.

In this unit, students will learn about:

Procedures to collect and analyse crime scene evidence Analysing crime scene evidence and drawing conclusions

Learning how to carry out procedures to analyse crime scene evidence

Producing information on procedures and own conclusions

Assessment evidence will include:

Unit: A2: Being organised

Learners will develop key techniques to help organise their work and priorities and manage their time effectively.

In this unit, students will learn about:

Techniques to improve organisation

Organisational skills Time management Use of ICT management tools

Assessment evidence will include:

Unit: ASc9: Practical ways to protect the environment

Learners will demonstrate skills in planning, communication and working with others when developing practical ways to reduce the negative environmental impact of human activity.

In this unit, students will learn about: Key environmental issues, concerns and scientific impacts of human activity

Practical actions to protect the environment



	Recording and presenting results Assessment evidence will include: Plan of how to conduct experiment. Tutor observation statements, Report to include results and conclusions. unit assessment Booklet		Notes/blog on the types of and analyse crime scene ev Presentation of a profile ba scene unit assessment Book	idence. sed on a simulated crime klet	A planner for a two-week period. Supporting documentation that demonstrates the techniques used unit assessment Booklet	Working with others to protect the environment Assessment evidence will include: Photo journal, video clips or blog of the practical actions taken. Learners' planning logs supported by tutor observations of learner contributions in a team. Report to summarise practical actions taken and the science behind them. unit assessment Booklet
Princes Trust				<mark>: PowerPoints, activities, wor</mark> togram, bar etc) and presenti		
	Presentation Skills The aim of this unit is to support the learner to develop their understanding of the benefits and different purposes presentations have, as well as develop the skills needed to give a presentation. The unit requires the learner to prepare, deliver and review their own presentation. workbooklet	Career Planning The aim of this unit is to give the learner an understanding of the job search, application and interview process in order to equip them with the skills necessary to progress onto a sustainable job/training opportunity that is suited to their interests. It is an opportunity for learners to think about careers they may wish to pursue, and reflect upon the training, education and experience required in that profession. With the high demand for jobs, learners need to be aware of where to search for suitable jobs and how to best present themselves both, using their CVs or applications, and in person when they get to the interview.	Teamwork Skills The aim of this unit is to help the learner develop team working skills, by understanding the values, roles and procedures of teams and being able to work with others towards achieving shared objectives. The team activity should be collaborative and purposeful and give each learner the opportunity to meet all the criteria. This unit lends itself particularly well to being integrated with other aspects of the learner's wider programme. workbooklet	Diet This unit enables learners to explore and understand the benefits of a balanced diet as part of a healthy lifestyle. It also encourages learners to develop independent living skills that they can take into the future. workbooklet	Time Management In this session, young people will explore the importance of managing and using their time in a positive, constructive way. They'll consider the value of free time in terms of their wellbeing, but also the different, practical ways of putting it towards activities and interests which can help them gain valuable skills and experiences. Understand how to structure time and use it well Plan and use time in a variety of differing roles and situations Have an increased sense of the value of time and its importance in personal and professional life Understand how to plan time to accomplish constructive activities and help other in their community workbooklet	Money Management The aim of this unit is to support learners to understand some of the basic principles around personal money management. Throughout this unit, learners will be given the opportunity to gain knowledge on how to budget and how to plan their own personal spending, while looking at wage slips and bank statements. learners will find out about the key money matters when in employment. They will explore the different ways they can be paid for work, national minimum wage, national living wage and what deductions are made from their earnings. workbooklet



	lude: research; articles; webs Measurements, time, variab	les, graphs (line, scatter, hist			
Volunteering Section	SKILLS	Physical	SKILLS	Expedition section:	Expedition section:
To inspire young people	The Skills section is about	The aim of the Physical	Students will continue to	To inspire young people to	To inspire young people to develop
to make a meaningful	discovering what pupils	section is to inspire young	build on their skills. The	develop initiative and a spirit of	initiative and a spirit of adventure and
contribution within their	are really good at. Maybe	people	Skills section is about	adventure and discovery	discovery
communities, influence	they want to get better	to achieve greater	discovering what pupils	by planning, training for and	by planning, training for and
change, and shape the	at something they	physical fitness and a	are really good at. Maybe	completing an adventurous self-	completing an adventurous self-
world they want to live	already do, like playing a	healthy lifestyle	they want to get better at	sufficient journey as	sufficient journey as
in.	musical instrument, or	through participation and	something they already	part of a team. Participants	part of a team. Participants choose
Volunteering can	learn something for the	improvement in physical	do, like playing a musical	choose where and how they	where and how they want to do their
transform society. This	very first time, like how	activity.	instrument, or learn	want to do their expedition.	expedition.
section seeks to connect	to design a website?	Participants must choose	something for the very	Team Goal Expeditions must	Team Goal Expeditions must have a
young people with	The Physical section is a	an activity and with your	first time, like how to	have a clearly defined team goal	clearly defined team goal – this could
opportunities to make a	chance for you to focus	help, set an appropriate	design a website?	 this could be researching an 	be researching an
meaningful impact on	on your health and	challenge. They must do		area of interest, contributing to a	area of interest, contributing to a
issues they care about	fitness and have fun	their physical		community action project, or	community action project, or
and have a positive	along the way. As long as	activity regularly, for at		developing soft	developing soft
social impact.	you pick something that	least an hour a week, for		skills	skills
Through volunteering,	requires a sustained level	the planned		Environment The environment	Environment The environment chose
participants can:	of energy and physical	time.		chosen must become	must become progressively more
Increase community	activity, the possibilities			progressively more challenging	challenging through the
cohesion through a	are endless. Improve			through the	award levels – environments could
cause or social action.	your football, rock			award levels – environments	include rural, urban or restricted
Support the well-being	climbing or dance skills			could include rural, urban or	spaces.
of members of their	or try a completely new			restricted spaces.	Accommodation: Accommodation
community and	sport or activity. Join a			Accommodation:	should be by camping or other simple
themselves.	team or do it on your			Accommodation should be by	self-catering
Feel empowered to lead	own. You don't have to			camping or other simple self-	accommodation e.g., bunkhouses.
change.	be super fit or world class			catering	Mode of travel Participants must
Build empathy and make	– with the DofE, it's			accommodation e.g.,	choose an appropriate mode of trave
a positive impact on	about setting your own			bunkhouses.	for the environment they'll
others.	challenges, giving 100%			Mode of travel Participants must	be journeying through. Journeying
Further understand their	and being the very best			choose an appropriate mode of	must be by participants' own physica
own goals by evaluating	you can be.			travel for the environment	effort,
their progress and				they'll	although mobility aids may be used
building confidence and				be journeying through.	where appropriate to the needs of the
self-esteem.				Journeying must be by	participant.
Increase their				participants' own physical effort,	Food Participants must plan an
employability chances				although mobility aids may be	appropriate expedition menu,
and skills for life by				used where appropriate to the	including cooking and
developing teamwork				needs of the	eating a substantial hot meal each d
and leadership abilities.				participant.	(optional on the final day).
Build confidence by				Food Participants must plan an	Participants must behave responsible
being around people				appropriate expedition menu,	with respect for their team members
				including cooking and eating a	Leaders, landowners, the



	they may be unfamiliar with. Volunteering is about giving time to do something meaningful, motivated by making a difference rather than making money. Participants should look for impactful opportunities around them – this can be in person or online. Meaningful volunteering is different for everyone				substantial hot meal each day (optional on the final day). Participants must behave responsibly with respect for their team members, Leaders, landowners, the public and animals, and must understand and adhere to the Countryside, Scottish Outdoor Access, Highway and Water Sports Codes (as appropriate).	public and animals, and must understand and adhere to the Countryside, Scottish Outdoor Access, Highway and Water Sports Codes (as appropriate).
Child	•	ide: research; articles; websit	ces; informational booklets; P	owerPoints, activities, worksh	eets, KS3 Science Study Guide for each	c <mark>h module.</mark>
<u>Development</u>		_abelling, diagrams, recording	g and reading results (tables/g	graphs), Measurements, time,	variables, and presenting Data	
	Assessment Method:				if pupils meet required skills outcome	
			•		rners, to enable learners to practise a	
-	Unit: CBA207: Child	Unit: CBA 209: Children's	Unit: CBA153: Team	Unit: CBA208: Developing	Unit: CBA219: Making and using	Unit: CBA214; The role of play in child
	Development	social and emotional	work skills in practice	language and	story sacks	development
	This unit will enable the	development	This unit will enable the	communication	This unit will enable the learner	This unit will enable the learner to
	learner to understand	This unit will enable the	learner to understand the	This unit will enable the	to make and use story sacks to	understand how play impacts on child
	child development.	learner to understand	different roles and	learner to understand	support a child's development	development.
	Understand the	children's social and	responsibilities within a	how to develop language	Understand the purpose and	Understand the role of play in child
	development of children	emotional development.	team and how to	and communication skills	content of story sacks.	development.
	from 0-1 year.	Understand key elements	contribute to a team	in children.	Know how to produce a story	Understand the purpose of play
	Understand the	of children's social and	activity.	Recognise the key	sack	activities for children
	development of children	emotional development.	Understand the different	elements of language	Be able to use a story sack	Understand the importance of
	from 1-3 years.	Understand children's	roles and responsibilities	development and	effectively.	planning for play activities
	Be aware of a range of	social and emotional	within a team.	communication in	Know how to use a prompt card.	Know how stereotyping can affect
	childcare provision.	needs.	Be able to contribute to	children	Be able to evaluate the use of a	children's participation in activities.
	Understand the need to	Know how children	the setting of team and	Understand the	story sack	
	create a safe	acquire their behaviour	own goals.	importance of language		
	environment for	patterns	Be aware of others' rights	skills development in		
	children.	Understand how to	to communicate within a	children		
		encourage children to	team	Understand the role of		
		feel positive about	Recognise the	the child care worker in		
		4la a a a l a a		I Dromoting language chilic	1	1
		themselves.	importance of co-	promoting language skills.		
		themselves.	operation within a team.	Recognise the importance		
		themselves.	operation within a team. Be able to review team	Recognise the importance of children's needs in		
		themselves.	operation within a team.	Recognise the importance of children's needs in respect of language.		
		themselves.	operation within a team. Be able to review team	Recognise the importance of children's needs in		

