



Personal Development

2023 - 24

Rationale

Due to individuals' previous experiences and background, personal development can sometimes be a challenge. Therefore, at Victory Park Academy we ensure our pupils experience additional support beyond what a mainstream setting can provide. Through building relationships, providing emotional support, encouraging self-reflection, providing opportunities for growth, and promoting positive behaviours, we aim to help our pupils overcome their challenges and reach their full potential.

Provision

Curriculum: Personal development is an intrinsic part of the curriculum and is planned and delivered through the core curriculum; PHSE lessons; tutor time; assemblies and the enrichment program. Across the academy students are encouraged to take part in activities that build on our core values such as resilience, managing emotions, communication skills and relationships. These activities are timetabled and run on a weekly basis.

School Counsellor: The Academy has a counsellor that supports students 2 days a week throughout the academy. The counsellor, mentors' students and supports them on areas such as managing their emotions, dealing with conflict, managing transitions to other provisions and general school anxieties. They have supported students through direct work in other schools to support a successful transition onto the next stage of their education.

Careers: Exploring careers and planning, helps pupils translate personal skills and qualities into occupational terms. We have developed a robust transition plan for all Year 11's which includes an 8-week scheme of work. The purpose of the transition plan is to; reduce anxieties for pupils around transition, prepare pupils for college, have successful post-school outcomes of all pupils, to monitor progress, programme evaluation and reduce the proportion of pupils not in education or training.

Assessing the Impact of our Personal Development Curriculum

Teacher Level

- Evidenced through regular **formative assessment opportunities** throughout each lesson.
- Each pupil has a front sheet in all subject's book/folder teachers use this information to inform future planning.
- Pupil **engagement and behaviour** in lessons.
- **Quality of discussions** in lessons.

Key:

Not started

In progress

Completed

Senior Management Level

- Regular Learning Walks and Work Scrutinies ; including conversations with pupils to talk through their learning/books.
- Feedback from staff during debrief meetings.
- Termly pupil voice/focus groups to assess the impact of PD and ensure pupil views are incorporated into curriculum planning
- Termly Pupil survey feedback

Whole school/community level

- Termly staff voice/focus group (including a broad range of staff across the school) to consider the whole school impact of PD.
- Termly parent survey to gather information on the impact of PD at home/community and to gain parental views on topics to include in our curriculum.
- Feedback and suggestions from school governors.
- Participation in charity events and community/volunteering opportunities.

Personal Development during the School Day

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1/2 Assemblies	Behaviour, expectations and rewards Spiritual, moral, social and cultural development Maths challenge assembly Spelling challenge assembly World Mental Health Day	Behaviour, expectations and rewards Healthy living British Values Armistice/Remembrance Day Advent begins Christmas story	Behaviour, expectations and rewards Equality and diversity Dr. Martin Luther King Jr Day Holocaust Memorial Day Internet Day safety Shrove Tuesday	Behaviour, expectations and rewards Careers guidance Maths challenge assembly Spelling challenge assembly Guess the job Resilience	Behaviour, expectations and rewards Citizenship Times table challenge Being safe online Art challenge assembly Communication and relationships	Behaviour, expectations and rewards Preparation for next stage Secondary school introduction Changes Managing emotions End of year celebration
KS3/4 Assemblies	Behaviour, expectations and rewards Jeans for Genes European Day of Languages World Space Week World Mental Health Day	Armistice/Remembrance Day Anti-Bullying Week World Children's Day Advent begins Human Rights Day Christmas around the world	Dr. Martin Luther King Jr Day Holocaust Memorial Day Candlemas Safer Internet Day (6 February) Shrove Tuesday (13 February)	St David's Day (1 March) Ramadan begins at sunset (10 March) St Patrick's Day (17 March) National Child Exploitation Awareness Day (18 March) Holi (25 March) Eid ul-Fitr (10 April)	Earth Day World Asthma Day International Day Against Homophobia, Transphobia, and Biphobia Gypsy, Roma and Traveller History Month International Day Against Homophobia, Transphobia, and Biphobia	Behaviour/Rewards Peer-on-Peer-bullying-and-harassment Positive Role Models Consent and Boundaries What are Coercive and Controlling Relationships? Radicalization Staying Safe over the Summer
Enrichment	Combat, Horse Riding, Chase Football, Oxygen, Nuclear	Combat, Horse Riding, Chase Football, Oxygen, Nuclear	Combat, Horse Riding, Chase Football, Oxygen, Nuclear	Combat, Horse Riding, Chase Football, Oxygen, Nuclear	Combat, Horse Riding, Chase Football, Oxygen, Nuclear	Combat, Horse Riding, Chase Football, Oxygen, Nuclear

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Additional PD Sessions	<p>Strengthening Minds</p> <p>Police Visit</p> <p>Lauren Cox – Open Road - Drugs and Alcohol – Every Tuesday at 11am.</p> <p>Connexion – Tracey Scott @ All Day Friday- ongoing</p> <p>City Senco Hub</p> <p>Impero Training</p> <p>Youth Health Champions</p> <p>Farm Visit</p> <p>School nurse</p>	<p>Police Visit</p> <p>Prince Charming</p> <p>Careers Fair at Victory Park</p> <p>VIOLA visit</p> <p>Parents Afternoon</p> <p>Connexion – Tracey Scott @ All Day Friday- ongoing</p> <p>School nurse</p> <p>Open Road -Hidden Harm/ County Lines/exploitation/ Triggers and coping mechanisms–Tuesday at 11am.</p>	<p>West Ham tour</p> <p>West Ham training sessions</p> <p>Go Karting</p> <p>Prison Warden visit</p> <p>Police Visit</p> <p>Theatre</p> <p>Connexion – Tracey Scott @ All Day Friday- ongoing</p> <p>School nurse</p>	<p>Billy Bellingham talk</p> <p>Strengthening Minds</p> <p>Yr11 Parents Afternoon BBQ</p> <p>Careers Fair at Civic Centre</p> <p>Farm visit</p> <p>Connexion – Tracey Scott @ All Day Friday- ongoing</p> <p>Police Visit</p> <p>School nurse</p>	<p>Connexion – Tracey Scott @ All Day Friday- ongoing</p> <p>Police Visit</p> <p>School nurse</p> <p>Open Road- Hallucinogens/ Peer Pressure and assertiveness/Exploring attitudes- TBC</p>	<p>Parents afternoon BBQ</p> <p>Connexion – Tracey Scott @ All Day Friday- ongoing</p> <p>Police Visit</p> <p>School nurse</p> <p>Open Road-Stimulants/ Cannabis TBC</p>
Tutor time	<p>Updating and reviewing Pupil Profile/ Pupil Passport Activities</p> <p>Numeracy/ literacy focus</p> <p>Newsround</p>	<p>Updating and reviewing Pupil Profile/ Pupil Passport Activities</p> <p>Numeracy/ literacy focus</p> <p>Newsround</p>	<p>Updating and reviewing Pupil Profile/ Pupil Passport Activities</p> <p>Numeracy/ literacy focus</p> <p>Newsround</p> <p>Beliefs and Values Unit</p>	<p>Updating and reviewing Pupil Profile/ Pupil Passport Activities</p> <p>Numeracy/ literacy focus</p> <p>Newsround</p> <p>Beliefs and Values Unit</p>	<p>Updating and reviewing Pupil Profile/ Pupil Passport Activities</p> <p>Numeracy/ literacy focus</p> <p>Newsround</p> <p>Beliefs and Values Unit</p>	<p>Updating and reviewing Pupil Profile/ Pupil Passport Activities</p> <p>Numeracy/ literacy focus</p> <p>Newsround</p> <p>Beliefs and Values Unit</p>
Staff PD	<p>Educare Courses- Child Protection Refresher 4th September</p> <p>Child Protection in education 19th October</p>	<p>Educare Courses- School Attendance and Children Missing Education 10th November/ Preventing Bullying 17th November/Autism awareness 8th December</p>	<p>Educare Courses- Online Safety 4th January 2024 / Epilepsy awareness 25th January 2024</p>	<p>Educare Courses- The SEND Code of Practice 8th March 2024/ ADHD 22nd March 2024</p>	<p>Educare Courses- Adverse Childhood Experiences (ACEs) 18th April 2024/Understanding Anxiety 2nd May 2024</p>	<p>Educare Courses- The Prevent Duty 6th June 2024/Cyber security 4th July 2024</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>External CPD</u> Impero Training (IT) – Callum Cooper – Thursday 28 th September					

Personal Development Mapping Across Curriculum

Primary	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 PHSE Lessons	Healthy lifestyles (physical wellbeing) LO I know about what keeping healthy means; different ways to keep healthy LO I know about foods that support good health and the risks of eating too much sugar LO I know about how physical activity helps us to stay healthy; and ways to be physically active everyday LO I know about why sleep is important and different ways to rest and relax LO I know simple hygiene routines that can stop germs from spreading LO I understand that medicines (including	Keeping safe LO I know about rules and age restrictions that keep us safe LO To recognise risk in simple everyday situations and what action to take to minimise harm LO I know about how to keep safe at home (including electrical appliances) and fire safety (e.g. not playing with matches and lighters) LO I understand that household products (including medicines) can be harmful if not used correctly LO I know ways to keep safe in familiar and unfamiliar environments	Families and close positive relationships LO I know about the roles different people (e.g. acquaintances, friends and relatives) play in our lives LO I can identify the people who love and care for them and what they do to help them feel cared for LO I know about different types of families including those that may be different to their own LO I can identify common features of family life LO I know that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried LO I know about how people make friends and what makes a good friendship	Safe relationships LO I can recognise that some things are private and the importance of respecting privacy; those parts of their body covered by underwear are private LO I know that sometimes people may behave differently online, including by pretending to be someone they are not LO I know how to respond safely to adults they don't know LO I know about how to respond if physical contact makes them feel uncomfortable or unsafe LO I know about knowing there are situations when they should ask for permission and also when their permission should be sought LO I know about the importance of not	Shared responsibilities LO I know about what rules are, why they are needed, and why different rules are needed for different situations LO I know how people and other living things have different needs; about the responsibilities of caring for them LO I know about things they can do to help look after their environment LO I know about the different groups they belong to LO I know about the different roles and responsibilities people have in their community LO I can recognise the ways they are the same as, and different to, other people	Economic wellbeing: Money LO I know what money is; forms that money comes in; that money comes from different sources LO I know that people make different choices about how to save and spend money LO I know about the difference between needs and wants; that sometimes people may not always be able to have the things they want LO I know that money needs to be looked after; different ways of doing this LO I know that everyone has different strengths LO I know that jobs help people to earn money to pay for things

Primary	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy	(e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely LO I know about the people whose job it is to help keep us safe		keeping adults' secrets (only happy surprises that others will find out about eventually)		
KS2 PHSE Lessons	THINK POSITIVE/ RULES JUDAISM – WHO AND WHERE. BELIEFS. PLACES. FESTIVALS. HOLY BOOK. SYMBOLS AND MEANINGS	ONE WORLD/ INCLUSION HINDUISM – WHO AND WHERE. BELIEFS. PLACES. FESTIVALS. HOLY BOOK. SYMBOLS AND MEANINGS	DIGITAL WELLBEING BUDDHISM – WHO AND WHERE. BELIEFS. PLACES. FESTIVALS. HOLY BOOK. SYMBOLS AND MEANINGS	SAFETY FIRST CHRISTIANITY – EASTER STORY. LAST SUPPER. PRAYER. MAXIMILIAN KOLBE. THE CROSS AND RESURRECTION. NEW LIFE.	DIVERSE BRITAIN/TOLERANCE ISLAM – WHO AND WHERE. BELIEFS. PLACES. FESTIVALS. HOLY BOOK. SYMBOLS AND MEANINGS.	VERY IMPORTANT PEOPLE/INCLUSION AND TRANSITION Sikhism – WHO AND WHERE. BELIEFS. PLACES. FESTIVALS. HOLY BOOK. SYMBOLS AND MEANINGS

Primary Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
English	KS1/KS2 We learnt about a story for a different culture (Handa's Surprise)	KS1/KS2 Pupils learnt about Remembrance Day and visited cenotaph	KS1/KS2 Pupils examined classic tales and looked at how different characters are treated	KS1/KS2 Pupils researched a range of careers and developed questions to ask visitors	KS1/KS2 researched what citizenship is and made class display on roles and responsibilities	KS1/KS2 Transition activities to ensure successful return to new year group
Maths	KS1/KS2 Learning about different currencies and time zones	KS1/KS2 Weighing and measuring healthy foods	KS1/KS2 Symmetry and odd and even numbers	KS1/KS2 Salary's and job distribution	Exploring data and generating graphs and tables.	Working towards year group specific assessments (SATS 11+ Multiplication tests)
Strengthening Minds	Personal development	Positive behaviour and emotional wellbeing	Positive Communication	Raising Self esteem	School Engagement	Personal development
PD Booklets	Play a board game Leaf rubbings Make some biscuits	Join an extra curricula club Take an autumn walk Record different sounds	Fly a kite Post a letter Retell a story	Create a class collage Make a puppet Roll down a hill	Build a den Cook outdoors Become a nature detective	Climb a tree Make a sculpture Do a blind fold taste test

KS3 / LEAP	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PHSE Lessons	<p>Personal identity and self esteem</p> <p>Lesson 1 - Welcome to Personal Development, including identifying elements that shape personal identity</p> <p>Lesson 2 - Factors that contribute to a positive sense of self</p> <p>Week 3 – self-esteem and confidence</p> <p>Week 4 - The relationship between personal identity and self-esteem</p> <p>Week 5 - Building confidence and self-esteem</p> <p>Week 6 – Assertiveness</p> <p>Week 7 – Different gender identities</p>	<p>Recognising and dealing with bullying</p> <p>Lesson 1 – What is bullying?</p> <p>Lesson 2 – forms of bullying</p> <p>Lesson 3 – effects of bullying on the victim</p> <p>Lesson 4 – Intervention strategies that may help the victim</p> <p>Lesson 5 – strategies that may help the bully.</p> <p>Lesson 6 – sources of help and support available</p>	<p>Beliefs & values</p> <p>Lesson 1 – Introduction to what is meant by beliefs with examples of some beliefs of other people/groups</p> <p>Lesson 2 - what is meant by values</p> <p>Lesson 3 – Look at our own values & British values</p> <p>Lesson 4 – Look at the values held by other people/groups</p> <p>Lesson 5 - how values and beliefs have an influence on attitude and behaviour</p> <p>Lesson 6 - how accepting others’ beliefs and values can contribute to a diverse society</p>	<p>Understanding relationships</p> <p>Lesson 1 - meaning of the term 'relationship' and the importance of relationships</p> <p>Lesson 2 - different types of relationships and the term “consent” in a relationship</p> <p>Lesson 3 - characteristics of personal and social relationships and what is meant by a healthy relationship</p> <p>Lesson 4 - the importance of knowing and respecting boundaries within a relationship</p> <p>Lesson 5 - skills needed to develop and maintain relationships and the importance of trust and honesty within a relationship</p> <p>Lesson 6 - possible causes of conflict within a relationship and how these might be overcome</p>	<p>Isolation and loneliness</p> <p>Lesson 1- What is loneliness and isolation</p> <p>Lesson 2 - different ways in which people experience loneliness and isolation</p> <p>Lesson 3 – the different causes of loneliness and isolation</p> <p>Lesson 4 - the potential consequences of loneliness and isolation</p> <p>Lesson 5 - ways to reduce feelings of loneliness and isolation</p> <p>Lesson 6 - support services for those experiencing loneliness and isolation</p>	<p>Consolidate knowledge from previous units studied & next steps</p> <p>Weekly sessions to address topics/issues when they arise & mark PSHE awareness days. Pupils catch up on any outstanding assessment criteria not met during the year.</p>

KS3 and LEAP Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
English	<p>Private Peaceful/ Creative writing</p> <p>Moral- accused of crime did not commit</p> <p>Social- reference to prisons/laws/youth offending</p>	<p>Private Peaceful/ Xmas Carol short SOW</p> <p>Healthy Living- balanced diet- use when they are starving on the frontlines. Importance of water</p> <p>British Values- what is being British?</p>	<p>Intro to Shakespeare/ Macbeth</p> <p>Equality- people treated differently in the play</p> <p>Diversity- different cultures on our island.</p>	<p>Non –Fiction OMAM</p> <p>/ Short poetry SOW</p> <p>Careers- different jobs available in travel industry</p>	<p>Creative Writing- Escape from Krasnir/ dystopian</p> <p>‘Child Soldiers’ article</p>	<p>Novel- Oliver Twist</p> <p>What do I want to do as a job?</p>
Maths	<p>Explore how maths is used in architecture and designing buildings.</p> <p>Practise using a ruler to draw 3D shapes etc.</p>	<p>Healthy Living – Comparing calories of actual products. Look at the packaging to compare nutritional values.</p>	<p>Investigate disability</p> <p>Research different aspects of disabilities and present information in different ways.</p>	<p>Research what jobs require maths.</p> <p>Research jobs that indirectly require the use of Maths.</p>	<p>Investigate how maths can be used in the banking industry such as interest rates.</p> <p>Compare different interest rates etc.</p>	<p>Discuss what qualifications you can do in ks4.</p> <p>Look at some past exam papers / questions.</p>

KS3 and LEAP Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
Food Tech	<p>Explore how a range of beliefs influence food choice and habit</p> <p>Look at the benefits of organic food.</p> <p>Discuss dietary beliefs, such as kosher and vegetarianism</p>	<p>Healthy eating theme- We will be looking at the eat well plate, food labelling and portion size.</p> <p>British Values- Themed recipes from around the world.</p>	<p>Explore ways to cook healthy meals on a budget. Discuss food traditions and celebrations around the world.</p>	<p>Discuss and compare job roles and responsibilities in relation to culinary arts.</p>	<p>Work together with another curriculum area to plan and prepare a charity cake bake event/ summer BBQ.</p>	<p>Preparation for next academic year- discuss qualifications and expectations. Preparation for mainstream or other alternative provisions.</p>
Science	<p>Students will learn about the process of genetic modification and debate this topic using morally motivated arguments.</p>	<p>Students will learn about the process of selective breeding and debate this topic using morally motivated arguments</p>	<p>Students will study famous/important figures in science who are females and those from BAME backgrounds.</p> <p>https://www.google.co.uk/amp/s/www.bbc.co.uk/news/amp/uk-51399835</p>	<p>Students will research a science career path</p>	<p>Students will research next step science qualifications in the UK.</p>	<p>Visit to local KeyMed science facility.</p>

KS3 and LEAP Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
Art	Look at artwork from other cultures and explore the different ways things can be depicted. Research 'war art' and contrast pro and anti-war posters, then create your own.	Look at how artists have depicted British values in various art forms. Create a piece of artwork that promotes a British value.	Look at work produced by artists with disabilities. Draw using your feet. Look at work produced with diverse unusual materials such as litter.	Talk about careers and jobs in Art and Design. Look at the diverse range of jobs there are. Research jobs that involve working with developing computer games.	Investigate how art depicts and comments on current events from different viewpoints. Create a poster about a climate change.	Show work that you will be doing for GCSE art and explain what is involved. Explain about using different materials and show examples of work.
Prince's Trust	Pupils will be looking at a broad range of careers and how this can differ in different cultures.	Looking at customer services and how this is defined within British culture.	Pupils will be learning about Money management and how equality and diversity could affect this.	Pupils will be looking at healthy lifestyles and possible careers in this sector	Pupils will be looking at healthy lifestyles and how staying fit contributes to citizenship	Making choices for next year's options.
Occupational Studies	How the body works – different world approaches to medicine- acupuncture	Health and fitness – today's society obsession with looking good	Assist in sports coaching – equality act and racism in football	Indoor team games – research professions to do with indoor games	Display travel and tourism information and asylum/ migration	Planning for and taking part in a visit – assess legal paperwork required

KS3 and LEAP Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
Strengthening Minds	Personal Development	Positive behaviour and emotional wellbeing	Positive Communication	Raising Self esteem	School Engagement	Personal development

KS4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10 PHSE Lessons	<p>Healthy Lifestyle</p> <p>Lesson 1 – Introduction to a healthy and balanced diet. Identify the essential food groups in a balanced diet</p> <p>Lesson 2 - the importance of physical activity for a healthy lifestyle and how lack of exercise can affect the human body</p> <p>Week 3 – different types of exercise/sport/activity</p> <p>Week 4 - positive and negative points of own lifestyle in relation to: Physical and Mental health.</p> <p>Week 5 - sources of information and/or support about creating a well-balanced healthy lifestyle</p> <p>Week 6 - Create a plan that could improve own lifestyle and health choices</p> <p>Week 7 – Complete plan that could improve own lifestyle and health choices</p>	<p>E-safety</p> <p>Lesson 1 – risks of using the internet and the risks for data security. How to minimise risk when using the internet</p> <p>Lesson 2 – cyberbullying, and the different types of cyberbullying, when and how to report online safety issues</p> <p>Lesson 3 –</p> <p>Lesson 4 – digital footprint and ways to protect your digital footprint</p> <p>Lesson 5 – digital citizenship and acceptable online behaviour</p> <p>Lesson 6 – law in relation to online behaviour and the law relevant to downloading of software and other digital content.</p>	<p>Understanding body image</p> <p>Lesson 1 – State what is meant by 'body image'</p> <p>Lesson 2 - what factors that have an influence on body image</p> <p>Lesson 3 – ways to promote positive body image</p> <p>Lesson 4 – how media and social media can influence body image</p> <p>Lesson 5 - examples of positive portrayals of body image in the media, including social media</p> <p>Lesson 6 - examples of negative portrayals of body image in the media, including social media.</p>	<p>Stress awareness</p> <p>Lesson 1 - what is meant by 'stress' and possible symptoms of stress</p> <p>Lesson 2 - types of stress and how people may respond to a stressful situation Lesson 3 - possible causes of stress and examples of situations that may cause you stress</p> <p>Lesson 4 - effects of stress on an individual. Looking at a time that you felt stressed and identify how stress changed your behaviour.</p> <p>Lesson 5 - strategies for reducing and managing stress</p> <p>Lesson 6 - support available to individuals experiencing stress</p>	<p>Alcohol awareness</p> <p>Lesson 1- recommended safe limits of alcohol, looking at the unit strength of four different alcoholic drinks</p> <p>Lesson 2 - reasons why people may misuse alcohol</p> <p>Lesson 3 – psychological effects of alcohol misuse</p> <p>Lesson 4 - the impact of alcohol misuse on an individual's health</p> <p>Lesson 5 – the effect that alcohol misuse may have on each of the following:</p> <ul style="list-style-type: none"> ▪ family and friends ▪ society. <p>Lesson 6 - s effects of withdrawing from alcohol and sources of help and information in relation to alcohol abuse</p>	<p>Smoking / vaping awareness</p> <p>Lesson 1- Addiction and why people smoke/vape (social and personal factors)</p> <p>Lesson 2 - different types of smoking products and substances and chemicals found in tobacco/vaping products</p> <p>Lesson 3 – physical and psychological effect that smoking has on the body</p> <p>Lesson 4 - side effects of vaping on the body and support services,</p> <p>Lesson 5 - law regarding the age limit for the sales of:</p> <ul style="list-style-type: none"> ▪ Tobacco related products ▪ Vaping products <p>Lesson 6 - the law in relation to the health warnings on tobacco and vaping related products</p>

KS4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11 PHSE Lessons	Consent Lesson 1 – Introduction to what is meant by consent Lesson 2 - when consent is needed Week 3 – when consent can't be freely given Week 4 - legislation that relates to consent Week 5 - the consequences of not obtaining consent Week 6 - sources of support and know where to find information about consent	Mental health & wellbeing Lesson 1 – what is meant by mental health and wellbeing Lesson 2 – signs of good and poor mental health and wellbeing Lesson 3 – factors that may influence an individual's mental health and wellbeing Lesson 4 – 3 self-care techniques to promote mental wellbeing Lesson 5 – why communication and positive relationships are important for mental health and wellbeing. Lesson 6 – 5 ways to wellbeing may be used to improve mental health and wellbeing: a) Connect b) Keep Learning c) Be Active d) Take Notice e) Give to other	Sex & relationships Lesson 1 – sexual orientation and the different sexual orientations. Lesson 2 - legislation relating to sexual offences and what is meant by 'consent'. Lesson 3 – Methods of contraception Lesson 4 – advantages and disadvantages of some different methods of contraception and sources of support Lesson 5 - what is meant by the term STI, HIV and AIDS. Lesson 6 - how to maintain good sexual health	Drugs & Substance misuse Lesson 1 - legal and illegal drugs and other substances Lesson 2 - why people might misuse legal drugs and substances Lesson 3 - why people might use illegal drugs and substances Lesson 4 - impact of drugs and substance misuse on the individual Lesson 5 - impact of drugs and substance misuse on friends, family & society. Lesson 6 - ow to access help/support relating to substance misuse	Consolidate knowledge from previous units studied & next steps Weekly sessions to address topics/issues when they arise & mark PSHE awareness days . Pupils catch up on any outstanding assessment criteria not met during the year or carryout personal career focused activities in preparation for their next steps	Pupils have left for study leave and preparing for their GCSE's

KS4 Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
Year 10 English	AQA Paper 1 Reading Exam Skills Fiction- Exam skills reading and writing Moral/ cultural- Capital Punishment debate/speech	AQA Paper 1 Written Exam Skills A Xmas Carol. How have British values changed since the Victorian era? How has diet changed since the Victorian era?	AQA Paper 2 Section B Exam Skills /Link to equality and diversity- Ruth Ellis/ Derek B/ Capital punishment	AQA Paper 2 Section B Exam Skills /Gothic Short Stories/ dystopian/ creative writing Careers- publishing- authors- short stories etc How to make money from creative writing.	AQA Paper 1 and 2 Exam Skills revision /R and J Shakespeare. Writing a CV for job and personal statements for college and apprenticeships	AQA Paper 2 Section A Exam Skills – mock practice. Link to Citizenship- social inequality: Gangs; Bullying; Responsibility
Year 11 English	AQA Paper 1 Recap Reading Exam Skills - Non-Fiction-Jack the Ripper Moral- how did the environment help Jack the Ripper?	AQA Paper 1 Recap Written Exam Skills creative writing Impact of food wastage	AQA Paper 2 Section A and B Exam Skills AQA past papers Link text to equality and diversity	AQA past papers College applications- clearing procedures in colleges.	AQA past papers College applications- clearing procedures in colleges.	
Year 10 Maths	Exchange rates: Converting between different currencies from around the world. Using and applying Maths involves being able to solve problems and being able to do this individually, as part of a team or pair when a task requires it, is fundamental. Students are encouraged to communicate mathematically when discussing, explaining and presenting ideas, through	British coins and giving change. Calculating with money.	Tessellation of quadrilaterals and triangles -Islamic tiling patterns and Rangoli patterns. Awareness of possible causes of bias in data collection (e.g. race, age, gender).	Pupils will learn how mathematics is relevant in industry and future careers. All careers require a level of mathematical competency- Level 1 Functional Skills is required for entry to Apprenticeship scheme. GCSE for further study at College.	Food miles and data interpretation. Mathematics is the universal language of the world and at VPA, we aim to develop a realization that many topics we learn today have travelled across the world and are used internationally	Discussion of available qualifications and courses. Entry Level Certificates and Functional Studies (Level 1)

KS4 Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
	which they are able to develop their Mathematical reasoning skills.					
Year 11 Maths	Car Survey Investigation to test the hypothesis: Are Essex people more likely to buy Ford cars than any other make? Discussion of the use and abuse of statistics in the media. Interest rates, pay day loans and the banking industry promoting moral debate and a sense of personal financial responsibility.	Use of metric (Km, litres) and imperial (miles, pounds, inches) units, converting between the two systems	Taking part in Mathletics annual online competition against other pupils across the globe. uk.mathletics.com.		Mathematics from other cultures, e.g. roman numerals, deciphering Egyptian hieroglyphics, Ancient Greece and the birth of geometry	Revision for GCSE and written examination papers.
Year 10 and 11 Food Tech	Explore how culture influences cooking skills and the variation around	Unit 2 will be delivered. Unit 2 is about nutritional value of food, healthy eating and adapting	Explain nutrient requirements for different groups of people e.g., babies and toddlers, pre-	Visit to Southend College to look around at the facilities. 121	Final assessment- Cook a three-course meal according to a brief. The brief will contain	Preparing for job and personal statements for college and apprenticeships

KS4 Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
	the world; links to 3.4 Describe cooking skills. Cook a vegetarian dish and discuss ways of adapting the dish to suit different dietary requirements, such as kosher and vegan.	recipes to make them healthier. British Values- Themed recipes from around the world.	schoolers, children, teenagers, older people, active people, those with lactose intolerance, those with nut allergy, those with coronary heart disease.	appointments with the career's advisor. Pupils will start work experience.	elements of citizenship e.g., use organic veg.	
Duke of Edinburgh	Community Voluntary work	Visit to help at local food bank Exercising politeness, empathy and respect for others less fortunate	Community Voluntary work	Career planning unit	Citizen science in the environment	Prepare for expedition
Year 10 Science	Students will research experiments and how they will help social and cultural developments.	Students will look at how values as impacted animal testing.	Students will research the role of forensic science in British law. How forensic science can provide equality for people living in Britain.	Students will research a variety of career paths within forensic science.	Pupils will learn about the collaboration in scientific research to increase scientific knowledge	Students will research what is required of them in their science qualification at GCSE. And complete a personal progression plan.
Year 11 Science	Students will learn about the process of genetic modification and debate this topic using morally motivated arguments.	Students will learn about the effects of poor life choices on organs in the human body. E.g., poor diet and smoking.	Students will examine the barriers to working class, bame community and females entering the science profession. Students will try to create a poster looking to make	Students will research next step science qualifications available to them.	Students will research next step science qualifications people in the UK.	

KS4 Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
			science more accessible/inclusive.			
Year 10 Art	<p>Explain how art can be used to improve society.</p> <p>Research how artist use sustainable resources to create art, then create your own.</p>	<p>Look at how artists have portrayed people undertaking leisure pursuits.</p> <p>Research artists that have depicted the human form. Experiment with different materials to create an interesting piece of work.</p>	<p>Look at work produced by artists with disabilities. Work in pairs and direct each other to draw something.</p> <p>Look at work produced with diverse unusual materials such as fabrics and material.</p>	<p>Talk about careers and jobs in Art and Design. Look at the diverse range of jobs there are.</p> <p>Research jobs that involve working in retail.</p>	<p>Investigate how art depicts and comments on current events from different viewpoints.</p> <p>Research how art can be used to shape peoples' emotions.</p>	<p>Show work that will be expected to complete for the externally set exam.</p>
Year 11 Art	<p>Look at artwork from other cultures and explore the different ways things can be depicted.</p> <p>Research how colour is used in different cultures to represent different aspects of life. Create your own artwork based on just colour.</p>	<p>Look at how artists have depicted British values in various art forms.</p> <p>Create a piece of artwork that promotes a British value.</p>	<p>Look at work produced by artists with disabilities. Look at work produced with diverse unusual materials. Look at artists who use recycled materials.</p>	<p>Talk about careers and jobs in Art and Design. Look at the diverse range of jobs there are.</p> <p>Research jobs that involve working in the entertainment industry such as designing film sets etc.</p>	<p>Investigate how art depicts and comments on current events from different viewpoints.</p> <p>Research how art can be used to shape peoples' political views.</p>	<p>Help identify courses in college that involve art.</p>

KS4 Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
Year 10 Prince's Trust	Pupils will be looking at a broad range of careers and how this can differ in different cultures.	Looking at customer services and how this is defined within British culture.	Pupils will be learning about Money management and how equality and diversity could affect this.	Pupils will be looking at healthy lifestyles and possible careers in this sector	Pupils will be looking at healthy lifestyles and how staying fit contributes to citizenship	Making choices for next year's options.
Year 11 Prince's Trust	Looking at interpersonal skills and how different skills are valued in different cultures.	Pupils will be looking at healthy lifestyles and how sport plays a big part in British values.	Pupils will be looking at healthy lifestyles and sport engages with equality and diversity	Looking at working as part of a team and its advantages and how this can influence the career you may choose	Looking at working as part of a team and its advantages and its role within citizenship	Deciding on next steps in career or education.
Year 10 Occupational Studies	Working on a decorating project as a team, students will understand how working as part of a team with a common goal is effective and more productive.	Healthy living Working with new tools and materials students will be looking at PPE and what is needed for different tasks to ensure their safety British values Reflecting on British values during coronavirus pandemic.	Students will examine any possible barriers for people working in the construction industry in the UK and create posters for what they have discovered.	Students will look at the new skills they have gained so far and research possible career options these.	Students will have designed and developed an outside space for all the pupils and staff to enjoy.	Students will look at how this qualification can help them gain apprenticeships jobs or FE.
Year 11 Occupational Studies	Working on a decorating project as a team, students will understand how working as part of a team with a common goal is effective and more productive.	Healthy living Working with new tools and materials students will be looking at PPE and what is needed for different tasks to ensure their safety British values Reflecting on British	Students will examine any possible barriers for people working in the construction industry in the UK and create posters for what they have discovered.	Students will look at the new skills they have gained so far and research possible career options these.	Students will have designed and developed an outside space for all the pupils and staff to enjoy.	

KS4 Personal Development Themes across the Curriculum

	Autumn 1 Spiritual, moral, social and cultural development	Autumn 2 Healthy living British Values	Spring 1 Equality and diversity	Spring 2 Careers guidance	Summer 1 Citizenship	Summer 2 Preparation for next stage
		values during coronavirus pandemic.				
Year 10 and 11 Child Development	Students will learn about how culture and religion affect the development of a child	Pupils will learn about how British values help develop a child's social and emotional development	Pupils will learn about the equality act 2010 and the importance of equality by comparing inequalities of the past to their lives today	Students will learn about career opportunities within speech and language.	Pupils will learn about how to deliver stories encouraging citizenship from a young age	Students will complete work for their qualification and prepare for the next stage in their qualification