

PSHE - Yearly Overview – 2023/2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS2	THINK POSITIVE/ RULES Judaism – who and where. Beliefs. Places. festivals. Holy book. Symbols and meanings.	ONE WORLD/ INCLUSION Hinduism- who and where. Beliefs. Places. festivals. Holy book. Symbols and meanings.	DIGITAL WELLBEING Buddhism- who and where. Beliefs. Places. festivals. Holy book. Symbols and meanings.	SAFETY FIRST CHRISTIANITY – EASTER STORY. LAST SUPPER. PRAYER. MAXIMILIAN KOLBE. THE CROSS AND RESURRECTION. NEW LIFE.	DIVERSE BRITAIN/TOLERANCE Islam – who and where. Beliefs. Places. festivals. Holy book. Symbols and meanings.	VERY IMPORTANT PEOPLE/INCLUSION AND TRANSITION Sikhism – who and where. Beliefs. Places. festivals. Holy book. Symbols and meanings.
LEAP	Personal identity and self esteem	Recognising and dealing with bullying	Beliefs & values	Understanding relationships	Isolation and loneliness	Consolidate knowledge from previous units studied
KS3	Personal identity and self esteem	Recognising and dealing with bullying	Beliefs & values	Understanding relationships	Isolation and loneliness	Consolidate knowledge from previous units studied
Year 10	Healthy lifestyles	E-safety	Understanding body image	Stress awareness	Alcohol awareness	Smoking / vaping awareness

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11	Consent	Mental health & wellbeing	Sex & relationships	Drugs & Substance misuse	Completing outstanding units	