

Food Technology - Yearly Overview – 2023/2024

Subject:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7, 8 & 9	Health and Safety in Food preparation-Safe and hygienic working practices to prepare self and the cooking environment.	Great British bake off- Design features and quality control.	Healthy Eating- Eatwell plate and essential nutrients.	Where does food come from? Food Seasonality and the origin of food	Plan and prepare dishes in response to a brief	Competitions
Year 10	Unit 1 Preparing to Cook	Unit 1 Preparing to Cook	Unit 2 Understanding Food	Unit 2 Understanding Food	Unit 3 Exploring balanced diets	Unit 1,2 and 3 completion
Year 11	Unit 3 Exploring balanced diets- Revisiting unit 3 due to time lost because of covid-19.	Unit 3 Exploring balanced diets- Revisiting unit 3 due to time lost because of covid-19.	Unit 4 Plan and produce dishes in response to a brief	High Speed Training Level 2 Food Safety Certificate	Additional Units/Enrichment/Work experience	Additional Units/Enrichment/Work experience