

Food Technology Yearly Overview 2019-2020

Food Technology	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7&8	Health and Safety and Food preparation	Eating a healthy, balanced diet	Understanding where food comes from	Plan and cook meals based on a theme	Cooking Competition	Plant based diet
Year 9	Health and Safety and Food preparation	Eating a healthy, balanced diet	Understanding where food comes from	Plan and cook meals based on a theme	Cooking Competition	Plant based diet
Year 10	Unit 1- Preparing to cook	Unit 2- Understanding food	Unit 2- Understanding food	Unit 3- Exploring balanced diets/External exam preparation for unit 3	Unit 3- Exploring balanced diets /External exam	Unit 4- Plan and produce dishes in response to a brief
Year 11	Unit 1- Preparing to cook	Unit 2- Understanding food	Unit 3- Exploring balanced diets/External exam preparation for unit 3	Unit 3- Exploring balanced diets /External exam	Unit 4- Plan and produce dishes in response to a brief	