

What Sort of Learner Are You?

Tick the boxes that describe you. Then find out what sort of learner you are.

I learn better when I can discuss my ideas.	
I often fiddle with something I have found lying around.	
When learning a new skill, I like to get on with trying it.	
When the adverts are on TV, I go and do something else.	
I enjoy listening to stories.	
I am good at trying out new skills.	
I learn best when teachers get us to do something.	
I usually get into trouble for talking in class.	
If I am on a long journey, I read a book.	
I gesticulate with my hands when I'm talking.	
I would choose to go outside and play.	
I like to look out of the classroom window.	
I would like a job where I fix things.	
I remember things during lessons when there are pictures or diagrams to look at.	
I often whistle, hum or sing to myself.	
When learning a new skill, I remember things better if someone explains it to me.	
When the adverts are on TV, I watch them.	
I enjoy reading stories.	
I am good at remembering people's names.	
I learn best when the teacher draws diagrams.	
I usually get into trouble for doodling on my books or paper.	
If I am on a long journey, I like it when we stop to stretch our legs.	
I sometimes use unusual words when I'm talking.	

I would choose to watch TV.	
I can often hear things going on outside the classroom.	
I would like a job where I can talk, sing or play an instrument.	
I can concentrate more in lessons where we move around.	
I often doodle while I'm thinking.	
When learning a new skill, I need to see someone show it to me first.	
When the adverts are on TV, I sign along to them.	
I enjoy drama and acting out stories out.	
I am good at remembering people's faces.	
I learn best when the teacher explains things to us.	
I usually get into trouble for fidgeting and rocking on my chair.	
If I am on a long journey, I like to listen to music or chatter.	
I doodle when I'm talking on the phone, or thinking about something.	
I would choose to listen to music.	
I lose concentration if I have to sit still for too long.	
I would like a job where I am drawing or designing something.	

Count up how many Visual, Auditory and Kinaesthetic answers you have ticked. Put the number in the box below.

Visual:

Auditory:

Kinaesthetic:

Whichever answer you have ticked the most, that is your strongest learning style.

Visual: You learn best by looking at things. You understand things best when you look at pictures or diagrams of what you have to learn and you like to explain your thinking by drawing. You might find it useful to remember the shapes of words when you are spelling and use colour when writing or drawing to help you remember things.

Auditory: You learn best by listening to things. You remember things that people tell you and it helps if you say or sing things to yourself to learn them. You might find it helpful to sound your words out when you are reading and say your spellings out loud before writing them down. You could also try recording yourself speaking to help you learn things or write sentences. You could even try making up songs for your times tables!

Kinaesthetic: You learn best by trying things out. You like having things to count and feel as you learn and you remember things best when you are moving about. It might help you to trace sounds or words in the air as they are being spoken to help you learn your spellings and use counters or beads to help you with maths.

What Sort of Learner Are You? Answers

I learn better when I can discuss my ideas.	auditory
I often fiddle with something I have found lying around.	kinaesthetic
When learning a new skill, I like to get on with trying it.	kinaesthetic
When the adverts are on TV, I go and do something else.	kinaesthetic
I enjoy listening to stories.	auditory
I am good at trying out new skills.	kinaesthetic
I learn best when teachers get us to do something.	kinaesthetic
I usually get into trouble for talking in class.	auditory
If I am on a long journey, I read a book.	visual
I gesticulate with my hands when I'm talking.	kinaesthetic
I would choose to go outside and play.	kinaesthetic
I like to look out of the classroom window.	visual
I would like a job where I fix things.	kinaesthetic
I remember things during lessons when there are pictures or diagrams to look at.	visual
I often whistle, hum or sing to myself.	auditory
When learning a new skill, I remember things better if someone explains it to me.	auditory
When the adverts are on TV, I watch them.	visual
I enjoy reading stories.	visual
I am good at remembering people's names.	auditory
I learn best when the teacher draws diagrams.	visual
I usually get into trouble for doodling on my books or paper.	visual
If I am on a long journey, I like it when we stop to stretch our legs.	kinaesthetic
I sometimes use unusual words when I'm talking.	auditory
I would choose to watch TV.	visual

I can often hear things going on outside the classroom.	auditory
I would like a job where I can talk, sing or play an instrument.	auditory
I can concentrate more in lessons where we move around.	kinaesthetic
I often doodle while I'm thinking.	visual
When learning a new skill, I need to see someone show it to me first.	visual
When the adverts are on TV, I sign along to them.	auditory
I enjoy drama and acting out stories out.	kinaesthetic
I am good at remembering people's faces.	visual
I learn best when the teacher explains things to us.	auditory
I usually get into trouble for fidgeting and rocking on my chair.	kinaesthetic
If I am on a long journey, I like to listen to music or chatter.	auditory
I doodle when I'm talking on the phone, or thinking about something.	visual
I would choose to listen to music.	auditory
I lose concentration if I have to sit still for too long.	kinaesthetic
I would like a job where I am drawing or designing something.	visual