



Name of Policy:

PSHE Policy

Reviewed Edition	February 2019
Next Review	February 2022
Person responsible for updating policy	PSHE Lead

Version number	Date	Author
1.1	10/10/19	EG
1.2	02/03/20	SC
1.3	19/11/21	CDV

Contents

What are the overall aims and objectives for PSHE/Citizenship in the curriculum?	3
Aims	3
Objectives/Pupil learning outcomes	3
Pupil Consultation.....	4
How is PSHE/Citizenship organised in the school?	4
What is the content of the school’s PSHE programme?	5
How are parents to be involved?	5
Parental Involvement	5
Are visiting external contributors involved in the programme?.....	5
External Contributors	5
What teaching and learning methods are used in PSHE?.....	5
Methods of approach	5
How will the programme be monitored, evaluated and assessed?	6
Monitoring and evaluation	6
Links with other policies	6
What training and support is available for staff?	6
Training and support for staff.....	6

What are the overall aims and objectives for PSHE/Citizenship in the curriculum?

Aims

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals within the community.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

All PSHE is underpinned by our school values of BELIEVE. We have a catch phrase of learn more, dream more, do more become more. This was written by the children and voted on to represent our school and the values we hold collectively.

Objectives/Pupil learning outcomes

The PSHE/CITIZENSHIP programme will support the development of the skills, attitudes, values and patterns of behaviour, which enable pupils to:

- Know how to resolve situations
- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals
- Know how to keep their mind healthy
- Understand their role in society
- Understand consequences
- Set targets and manage expectations
- Understand their self as an individual
- Know their rights
- Understand key vocabulary like consent

Pupil Consultation

Pupils are consulted on their own personal, social and citizenship development, either in individual classes or through the school council. They explore what sort of person they would like to be by the time they leave this school and what qualities, skills, attitudes and values are important to them as people. In addition to this, we run a Social Emotional Aspects of Learning (SEAL) scheme- a mood box in every class- that is an avenue for the children to let the teacher know first thing every morning if there are any issues or problems that the child wishes to talk to an adult about before the school day commences. It is operated on a traffic light system: Red card=Serious, Amber=Worried about something and Green= Everything ok. It is checked every morning by the TA/Teacher.

Pupils also complete a termly, 'Pathway' form which allows them to reflect on what would help them to progress within the school, what they are enjoying and whether they feel they need to communicate any concerns about their learning to an adult. This helps them to identify how they feel and if the school needs to support them further or in a way that has not yet been identified.

How is PSHE/Citizenship organised in the school?

PSHE/Citizenship is timetabled weekly in each class. It is also taught through cross-curricular opportunities, for example Sex and Relationship Education within Science.

We also have a circle time session once a week where children can decide the topic or it is lead by the class teacher.

In addition to this, the school provides enrichment activities to support the curriculum such as Healthy Eating Day, visits from dentists, etc., talks from the Water Board, theatre-style productions on Anti-Bullying and internet safety and talks from the NSPCC on child abuse for the upper school cohort.

Our residential experiences make an important contribution to the pupils' personal, social, emotional and citizenship development. Furthermore, assemblies support the delivery of PSHE and Citizenship through planned themes such as respect, achievement and caring and sharing. Children are also recognised on a monthly basis for their efforts in adopting these values.

If any children are identified as needing further support, for example with dealing with their emotions, speaking and listening and social skills, we run small, regular intervention groups to help the child talk through any issues in a calm and confidential setting. These are run by specifically trained adults within the school.

With the introduction of SMSC, the school will also recognise any issues within the classroom that are affecting children's behaviour and confidence within school. This will be addressed through role-play and activities within lessons or assemblies to try and use discussion and empathy to move past any issues.

Current affairs are also used in class assemblies to provide children with the chance to discuss what they have heard in the news. Often this is more used in the Upper School and children are encouraged to put forward opinions and develop their ideas based on other children's views. This can influence PSHE lessons like the General Election allowed for a Mock Election in Year Six.

What is the content of the school's PSHE programme?

Here at Wallace Fields Junior School, we teach a broad range of topics that come under the banner of PSHE. These include: caring for our environment; identifying risk in given situations; stranger danger and stereotyping; respect for others; British law and how we also make rules; sun safety and people in our community. Sex and relationship Education (SRE) and the use of alcohol and drugs are predominantly covered in our other policies on these topics.

How are parents to be involved?

Parental Involvement

The school believes that it is important to have the support of parents and the wider community for the PSHE/Citizenship programme. Parents are given the opportunity to find out about and discuss the school's programme through:

- Parent awareness sessions e.g. SRE resource preview and discussions and e-safety meetings
- An SRE focus group which met in 2018 but will meet again
- Parents' evenings
- Involvement in policy development
- Informed about curriculum changes and development
- Information leaflets/displays around school

Are visiting external contributors involved in the programme?

External Contributors

External Contributors from the community, e.g. health promotion specialists, school/family planning nurses, community police and fire officers, make a valuable contribution to the PSHE/Citizenship programme. Their input is carefully planned, discussed and monitored by the class teacher so as to fit into and complement the programme.

Teachers are always present during these sessions and remain responsible for the delivery of the PSHE/Citizenship programme.

What teaching and learning methods are used in PSHE?

Methods of approach

A variety of teaching and learning strategies are used to deliver PSHE/Citizenship which take into account pupils' age, development, understanding and needs. Pupils work in a safe, secure climate in order to explore their own and others' attitudes, values and skills.

Effective PSHE/Citizenship lessons involve a high level of interaction where each pupil has planned opportunities for learning through:

- The development of a trusting relationship between the teacher and the pupils enabling the consideration of sensitive issues to take place

- Collaborative work
- Opportunities for reflection
- Challenge within a safe environment
- Respect for each genuinely made contribution
- Negotiation
- Accommodating new information and skills
- Building on current experience and using first-hand learning to achieve positive ends

How will the programme be monitored, evaluated and assessed?

Monitoring and evaluation

The PSHE co-ordinator will monitor delivery of the programme through observation and discussion with teaching staff to ensure consistent and coherent curriculum provision.

Evaluation of the programme's effectiveness will be conducted on the basis of:

- Pupil and teacher evaluation of the content and learning processes
- Staff meetings to review and share experience

Links with other policies

We recognise the clear link between PSHE and the following policies and staff are aware of the need to refer to these policies when appropriate:

- Sex and Relationships Education
- Drug and Alcohol Education
- Teaching and Learning
- Equal Opportunities
- Child Protection
- SMSC policy

What training and support is available for staff?

Training and support for staff

All staff benefit from PSHE/Citizenship training in order to enhance their PSHE delivery skills. Opportunities are provided for staff to identify individual training needs on a yearly basis and relevant support is provided.

In addition to this, support for teaching and understanding PSHE issues is incorporated in our staff INSET programme, drawing on staff expertise and/or a range of external agencies. All staff are offered the opportunity to take part in the National PSHE Accreditation.