

Before working out a problem with the family, you might like to have a go at thinking through a problem using the practice sheet to guide you.

Choose something manageable to begin with – not the most difficult thing you've ever had to confront!

Practice sheet

Problem solving



What exactly is the problem?

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Whose problem is it?

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What has already been tried?

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What is the goal - what would solve the problem?

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Ways to reach the goal:

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What to try:

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