

# Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



No added sugar  
Shuggington



**Thursday**

**Friday**

Meat free  
**Monday**



**Tuesday**

**Wednesday**

**Option 1  
(All years)**

Ricotta & Mozzarella  
Filled Ravioli in  
Tomato Sauce 🍷

Beef Burger in a Bun  
with Oven Chips

Roast Chicken  
with Roast Potatoes  
& Gravy

Sweet & Sour Pork  
with Noodles

Fish Fingers  
with Potato Tots

**Vegetarian  
(All Years)**

Meat-Free 🍷  
Glamorgan Sausage  
with Potato Wedges

Southern Style Meat-  
Free Burger in a Bun  
with Oven Chips 🍷

Quorn Fillet  
with Roast Potatoes  
& Gravy 🍷

Mac 'n' Cheese with  
Wholemeal Garlic  
Bread 🍷

Veggie Burrito  
🍷

**Yr 6 Option  
(With Salad)**

Ham or Cheese  
Wrap

Jacket Potato  
With Cheese

Cheese or Egg  
Mayo Wrap

Jacket Potato  
With Baked  
Beans

Tuna Sweetcorn  
or Cheese Wrap

**Vegetables**

Green Beans  
Carrots

Garden Peas  
Sweetcorn

Cauliflower  
Carrots

Sweetcorn  
Broccoli

Baked Beans  
Garden Peas

**Dessert**

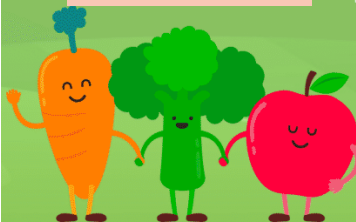
Banana Pancakes 🍌

Mixed Berry Mousse

Fruit Yoghurt

Cheese & Biscuits  
with Apple Slices 🍌

Chocolate & Beetroot  
Brownie with Whipped  
Creme Fraiche



Reduced sugar  
and salt recipes



Free for everyone  
in Reception,  
Year 1 and 2

Unlimited freshly  
baked bread and  
vegetables, crudités or  
salad bar every day

Look out for these symbols  
on our healthy choices

🍷 Vegetarian 🐟 Oily Fish  
🌾 Wholegrain 🍓 Fruity



We only use fish  
from sustainable  
sources

