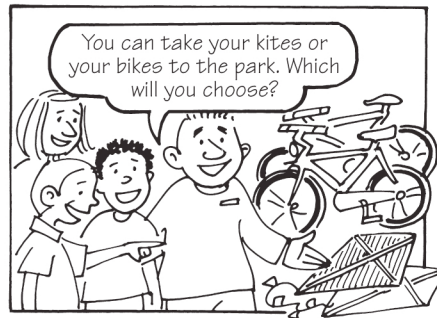


Giving children choices



Top Tips

We all want to feel that we are in charge of our own lives—though it's not always easy!



It is helpful for children to learn, gradually, how to make choices for themselves. We can offer them a limited choice many times during the day



The choices we offer children need to be ones we're happy to provide—and can describe to them clearly

Giving children choices makes them responsible