## Diverting and distracting FAMIL



Unhelpful



Helpful



## Top Tips

Young children easily switch their attention to something else that interests them

By offering a different object or activity, we can often avoid difficult situations without mentioning any unwanted behaviour

If you are going out it can be helpful to take some small toys or everyday objects for children to play with

If we think about the feelings driving children's behaviour, we can respond to the feeling without mentioning the behaviour

Diversion - hazard ahead!