



Wallace Fields Junior School Newsletter



Thursday 30th April 2026

Key Dates Next Week

- Monday 4th May 2026
 - Bank Holiday Monday

- **Deadline for buying tickets for the PTA Colour Run Even on Sunday 18th May**
- **Tuesday 5th May 2026** – Year 6 Passport Collection for French Trip 8.45am
- **Wednesday 6th May 2026** - Dance Festival Tickets Booking Opens at Epsom Playhouse
- **Tuesday 5th May 2026 to Friday 8th May 2026** – Year 5 Marchants Hill Trip
- **Friday 8th May 2026** - PTA Wine Tasting Event at WFIS 19:30

Click here¹ for School Calendar and to Subscribe to Calendar. Click Here² for School Term Dates and INSET days

Click Here³ for Upcoming Events

HEAD'S UPDATE

Teachers Checking Provision

Our Governors recently asked if I could share a little more with parents about what happens behind the school gates at Wallace Fields Juniors. With that in mind, I would like to offer some insight into what has been going on this week and give a clearer picture of the thoughtful work that underpins our daily practice and ultimate successes.

This week has been devoted to teachers carefully analysing assessments and reviewing the provision in place for their classes. This is not simply about looking at data, but understanding each child as an individual: what they are doing well, where they may need additional support, and how we can best help them to move forward in their learning.

Alongside this, staff have been tracking the support and interventions in place to ensure they are making a real difference. These focused discussions involve class teachers, the Senior Management Team including me, and are centred on reviewing impact, identifying next steps and ensuring every child receives the right support at the right time.

A key part of this work is our use of a programme called EduKey, which helps us to strengthen our provision for children with Special Educational Needs and Disabilities (SEND). It enables us to monitor support carefully, evaluate its effectiveness and continually improve inclusion so that all children at Wallace Fields Junior School can access learning and thrive.

I would also like to take this opportunity to thank our teachers for their hard work, professionalism and integrity. Their commitment to high-quality planning, careful assessment and the thoughtful implementation of support is exceptional. Our aim is to be

¹<https://wallacefields-jun.surrey.sch.uk/calendar>

²<https://wallacefields-jun.surrey.sch.uk/news/2025-03-18-inset-days-confirmed-for-next-academic-school-year>

³<https://wallacefields-jun.surrey.sch.uk/events>

relentless in our drive to improve and to ensure that we are consistently making a positive impact on every child's learning and development. Much of this important work happens quietly and out of sight, but it sits at the very heart of our school.

Stepping Beyond The Classroom

Residential trips are a truly special part of a child's learning journey at Wallace Fields Juniors and we value them enormously. They offer something that cannot be fully replicated in the classroom: the chance for children to step slightly beyond their comfort zone, discover what they are capable of, and grow in confidence day by day. In a society where resilience can sometimes feel in short supply, these experiences play a vital role in helping our pupils develop independence, perseverance and self-belief in a natural and joyful way.

On residential, children have fun, try new outdoor activities, and experience real achievement. They forge new friendships, strengthen existing ones, and bond as a year group through shared adventures. Away from familiar routines, they learn to problem-solve, work as a team, and take responsibility for themselves and one another, all while exploring the world around them with curiosity and excitement.

These trips are an important step in becoming secondary ready and, more importantly, world ready. Although we do not want to let go, giving children this space allows them to grow, mature and improve as individuals. They return with happy memories, renewed confidence, and a stronger sense of who they are and what they can achieve. My thanks to all the staff that helped make the Year 4 trip to Ufton Court a huge success.

THIS WEEK

Stars of Week



The latest Stars of the Week were announced in the assembly last week - they create a superb role model for their fellow peers through their efforts and commitment by following the school values. Nominated each week in our Celebration Assembly every Friday. All of the Stars of the Week receive a certificate and five house points for showing one or more of

the school BELIEVE values - **Brilliance, Enthusiasm, Learning, Inspiration, Equality, Vision** and **Every pupil matters**. Well done to this week's winners.

This Weeks Blog



Wallace Fields Junior School Blog

Weekly highlights by George R and Eesa H - 23rd April 2026

It has been a busy week for the entire school as we progress through the second week of the sensational Summer term. On Monday, the school had an assembly with the amazing Mrs Elliot about our differences - though with a twist. We used sweets as a visual representation for the school. On Tuesday, preparations were made for the Summer Celebration evening as we were all "**Havin' a Good Time**". Wednesday saw the lower and upper school celebrating Earth Day which is all about environmental protection.

Highlights:

We interviewed members of our school community to find out what their most memorable part of the week was.

Year 3:

On Tuesday 21st April 2026 Year 3 girls participated in the year 3 & 4 football tournament against seven other schools. This is what Sophie B(Y3) said,

"It was a very interesting match and our team played really well! I enjoyed scoring lots of goals during the match."

This was at Priest Hill's playing grounds. They successfully came second in the whole tournament!

Year 4:

Year 4 enjoyed this term's PE topic which is tennis and are excited about the Ufton Court trip.

Wilfred R(Y4) said, " I enjoyed our P.E tennis lesson this week and I'm really excited about our trip to Ufton Court next week because we stay the night and we get a Viking banquet and we get to sit in a Viking longship."

Rayaan B(Y4) said: " I enjoyed P.E because we learnt new skills such as fish, chips and mushy peas."(which is a skill when you bounce the ball on one side of the racket, then flip the racket to the other side and bounce the ball and then you bounce the ball on the frame of it) .

Year 5:

All of year 5 are looking forward to the residential trip which is coming up in early May. Edward Y(Y5) said: " Our teachers told us how exciting PGL was." The Year 5 are all going on the trip and so it will be a fun packed week and lots of fabulous activities will bond the year group and give us some real independence whilst having fun.

Year 6:

For Year 6 this week was practice SATS week. All of us worked really hard during the week and were pleased with our results. It gives the Year 6 a chance to understand the kind of conditions the tests are taken in and what the tests look like. Year 6 uses the previous year's SATs as mocks so that is why we were not looking at those papers until now.

Joshua K(Y6) said; "I got a remarkable score on my comprehension test."

Edward P(Y6) said; "I got an excellent score on my arithmetic test and am very proud of it."

School Council:

On 22nd April 2026, a school council meeting took place and the children who were elected by their class represent the ideas that are put forward by us. It gives the children a strong voice across the school.

We asked Kieran, who is on the school council team, what he enjoys about it: "I find the school council meetings interesting as we always discuss interesting topics to give the school a brighter future."

Staff Spotlight: Mrs De Ville, office staff

My main job is managing and editing the school newsletter and website, communicating with parents and first aid for the children that need it if it is during break time. I like the fact that there is always something to do. I originally came to this school as a volunteer and my children were here then a job came up and there are always lots of jobs to be done and it's very interesting.



Volunteer Spotlight: Mrs Boodt

We asked Mrs Boodt about why she became a volunteer at Wallace Fields Junior School.

I decided to become a volunteer to give back to the school and to understand more about what happens in the classrooms and to use my experience as a netball coach to help the school. I enjoy meeting lots of different children and getting to help the children there. I also enjoy listening to the children read lots of different books and some variety. My message to anyone thinking about joining as a volunteer would be that it's lots of fun getting to know the children. It's worthwhile and you can spend just a small amount of time or a lot of time depending on how much time you have.



Please contact the school office if you feel you could give something back to the school or would enjoy working with the school. The office told us that lots of checks are done and there is training but it is very rewarding after all that is complete.

Science Quiz Team Makes the National Finals!

We are thrilled to report that our amazing Year 5 and 6 science quiz team have secured a place in the **NATIONAL finals!** A huge well done to: Edward, Olivia, Alice and Dylan. They performed exceptionally well, answering questions far beyond the Key Stage 2 science curriculum. In the semi finals, they competed against over 30 other schools, finishing **an impressive 4th place overall** after amassing an astonishing 1695 points! The entire school are extremely proud of the children and they will now take a well-earned break before commencing battle in June at the finals. We wish them all the very best and will keep you posted on their progress.



Year 4 Ufton Court

The Year 4s arrived back tonight after an amazing trip to Ufton Court. Hopefully they had an amazing time and learned a lot about the Vikings as well as develop their independence many of the children having been away from family members overnight for the first time. My thanks to all those helpers and volunteers who made this trip possible and my congratulations to all the Year 4 who went along for being so fabulous and really getting the most from their time away.

We will publish photographs from the trip next week.

Year 4 Music Assembly

Well done to all the Year 4 musicians who took part in the music assembly this week. The parents who were able to come along, staff and children were impressed by a talented year group of musicians. Children sang well and it was lovely to see so many instrumentalists - two thirds of the performers played instruments, which included saxophone, clarinet, ukulele, piano, keyboard, cello and drums. What super commitment to music our Year 4 children are demonstrating. Mrs Johnson.

To see a video of a drummer at the Year 4 Music Assembly click here⁴.

Year 6 - DJs in the Playground

It was yet again another beautiful sunny lunchtime for the second of our special lunchtime concerts showcasing pupils' own Bandlab compositions. Today four randomly selected Year 6 'DJs' - Tarran, Livi, Kian and Emma, introduced and played tracks composed by some of our Year 6 musicians. The audience particularly enjoyed the creativity of some of the rap lyrics.

6H: Adam, Toby, Albert, Rose, Emily and Sophia
6G: Ella & Violet, Ollie, Blake, Jordan, William, Peggy, Olivia.

To see a video from the Year 6 event click here⁵.

⁴<https://wallacefields-jun.surrey.sch.uk/news/2026-04-30-year-4-music-assembly>



New 'Read to Me' Dog Starting on 12th May 2026

After 7 wonderful years of weekly wellbeing and reading sessions with our children, Rufus the Tibetan Terrier, has retired!

Wallace Fields Junior School is delighted to inform you that we have a new 'Read to Me' Dog. Mr Darcy is a very fluffy, white standard poodle. Mr Darcy is a fully trained Pets as **Therapy Dog** and is ready and waiting to start work. Mr Darcy can help to give pupils opportunities to

⁵<https://wallacefields-jun.surrey.sch.uk/news/2026-04-30-new-to-wallace-fields-lunchtime-music-in-the-playground>

increase their confidence in reading aloud and can also enable a sense of well-being. Mr Darcy starts in school on 12th May 2026 with selected children.

IMPORTANT INFORMATION

LAST AND FINAL CALL FOR COLOUR RUN TICKETS!

The WFJS PTA Colour Run!

- It's such a fun day so here's a reminder how much fun it is.
- A fab family day with a colourful fun run
- A bubble disco!
- A water huge fight!
- We also have NSS sports coming this year with all their inflatables!
- So it's all set to be a great day!



PTA Colour Run is fast approaching on Sunday 17th May 2026



Tickets will go off sale on MONDAY 4TH MAY and we will not be able to accommodate any requests for tickets after this date.

Races will be set off every 10 minutes - if you would like to run with specific friends please make contact with them to discuss which time to book before booking - we cannot move runners after purchase.

Race times will be between 2:30pm - 4:30pm.

During the race itself, all INFANT SCHOOL children must be accompanied by an adult or carer who will also need their own ticket to race.

We will need lots of help to throw the paint and serve the drinks - **Please sign up for a volunteer slot** - it is much appreciated! **We CANNOT run these big events without your help!**

For tickets, please remember to use your infant school login to buy tickets as this is a joint event._

<https://www.pta-events.co.uk/wfispta/index.cfm?event=event&eventId=112759>

Please contact Kelly Tebbs with any questions on 07813 663002

♥ PTA

**COLOUR
FUN
RUN**

**RACE PACK
INCLUDES
T-SHIRT,
HEADBAND,
SUNGLASSES &
COLOUR PACK**

**SUNDAY 17TH MAY
WALLACE FIELDS
JUNIOR SCHOOL
GATES OPEN AT 2PM**

**RACE TICKET &
RACE PACK £10.00**

**BUBBLE DISCO • DJ
BAR • PIZZAS & HOT DOGS
WATER GUNS • PAINT PACKS**

PTA-EVENTS.CO.UK/WFIS

Keeping Our Children safe - Nut Free School Reminder

The wellbeing and safety of our children is always our highest priority. As part of this, we carefully monitor food brought into school to protect pupils with allergies. We would like to remind parents and carers that we are a nut-free school, and **no snacks or foods containing nuts should be brought into school at any time**, including in packed lunches and after school club snacks.

We have children in school who suffer from life-threatening allergies, and even small traces of nuts can pose a serious risk to their health. We therefore kindly ask for your continued cooperation in checking ingredients carefully and avoiding all nut products.

Please also take time to talk to your children about the importance of never sharing food or snacks with others, as this is another vital step in keeping everyone safe.

Thank you for your understanding and support in helping us create a safe and inclusive environment for all our children.

No Electronic Air Tags or Trackers on Trips Reminder

Just a reminder that we do not allow electronic air tags or trackers on any residential trip or day trips as this is a safeguarding risk. With lots of day and residential trips happening this summer we felt it was timely to remind parents.

With the growth of technology and subsequent 'surveillance parenting', there has been a growth in popularity of air tags. These are location devices primarily used for finding keys and luggage, now being used to track children, many without their knowledge. We have banned these from trips and visits following the triggering of anti-stalking software on iPhones on trips, the lack of consent to track and the safeguarding issues that arise in revealing the exact locations of children who may have court orders, are looked after (fostered/in care) and those children that need to be protected from this tracking. The details are too many to go into so put simply, they will be removed from bags and rucksacks (using an app) before any trips or visits outside of school, so please remove them on the trip days. Any air tags or trackers found on children on a trip day will be confiscated and the parent can collect it from the office directly (if the classes have not departed). If they are found on a trip they will be confiscated and the parent can collect from the main office on the return of the group.

This ban on trackers and Air Tags has been written into our mobile phone policy and includes a ban on smartwatches (that can take photographs) and other tracking devices (e.g. 'Tile'). Thank you for your understanding with these issues. If there is a serious incident on any trip or visit, the staff act in loco parentis and will contact parents immediately.

Sun Safety Awareness for All Children

As the temperature starts to increase and children have more sun exposure, we are focusing on how to keep children safe in the sun. Please can you also help us to ensure that children are supported at home.

- Assembly in school focused on how children can stay safe in the sun and the measures we can all take to protect our health and wellbeing.
- Pupils were reminded to wear sun hats, apply sun cream at home before school, and bring a named water bottle to school every day.

Increased measures to keep children safe include:

- A water whistle at 12:50 where children refill bottles, and lunchtime play will stop at 13:00 so pupils can cool down in the shade when temperatures remain high.
- When temperatures reach 25°C, sprinklers will be available on the field to help children stay cool.
- All classrooms are equipped with air conditioning units to maintain a comfortable learning environment.

- Children are reminded to drink water throughout the day.

Congratulations House Point Winners

Last week's winners for the week were: **Blue House!** Well done to them for being victorious this week.

The house in the lead for the half term so far is : **Red House.** Can they hold onto this lead?

Yellow House, who won the Spring Term 2 house points. As their reward, Yellow House children will enjoy a mufti day on **Thursday 21st May 2026.**

Our Handwriting Focus

We have been placing a strong focus on handwriting across the school. Clear, fluent handwriting supports children's confidence, presentation and overall writing development. In lessons, children participate in daily handwriting sessions and teachers are carefully modelling and reinforcing good handwriting habits. This includes ensuring pupils have clear desk space and use appropriate equipment, such as correctly sized pencils or correct pens, and to look after these responsibly.

We are also teaching children the appropriate 'ready to write' position. This means sitting upright with feet flat on the floor, chairs tucked in, the paper placed at a slight angle and the writing hand holding the pencil correctly. Developing this posture helps children write more comfortably and with greater control.

By being consistent with these simple routines, we aim to help all pupils develop legible handwriting that they can be proud of. We appreciate your support in encouraging good handwriting habits at home too

Year 3 Wisley Trip Final Reminders and Volunteers

Final reminders will be sent next week. Thanks to all those who have volunteered to come on the trip, Miss Day will be in touch before the weekend.

Year 5 - Dance Festival Tickets Available from 6th May 2026

Dance Festival Tickets will be **available to purchase from the theatre box office and online from 6th May 2026** at www.epsomplayhouse.co.uk⁶. Please note: They sell out very, very quickly so please don't delay in booking your tickets to avoid disappointment.

Pick Up After Year 5 Residential Trip to PGL Marchants Hill

After the Year 5 PGL trip, we do not allow the children to walk home and they **must be collected by an adult on Friday** when we return to school. We are due back around 3.00pm, however Miss Sarjeant will inform the office of our ETA when we leave Marchants Hill, and this time will be forwarded to the parents. If someone else is collecting your child after the trip, please inform the office and this message will be passed on to the adults when we return. More information about pick up will come next Friday before we return.

⁶<https://www.epsomplayhouse.co.uk>

Year 5 & 6 - Selected Swimming Continues

Swimming lessons are going well. Swimming continues on Monday mornings at Epsom College. Lessons will happen on the following remaining dates: **11th and 18th May 2026**.

Only Year 5 taking part during National Test Week (SATS) - 11th May. Mr Findlay and Mrs De Ville have kindly agreed to accompany the swimmers.

Remember swimming things (including costumes, towel etc) in a waterproof swimming bag and water bottle and snack.

Please remind your child they can **wear PE kit to school** on these **Mondays**. We hope this will speed up changing and allow more swimming time in the pool.

Year 6 Bikeability Groups Confirmed

Thank you to all those who have signed up to take part in the cycle proficiency scheme. Small groups will be going out every morning for the 4 or 5 day course to fit around our busy Year 6 schedule during one of the following weeks commencing: **18th May 2026, 2nd June 2026 or 22nd June 2026**. **An email has been sent to parents today, Thursday 30th April 2026, confirming which dates your child will need to bring in their bicycle etc.** The groupings are set by class teachers and are not based on friendships but on what works around teaching. We asked parents last week if there were any dates when your child had an appointment so would be unable to take part in Bikeability. Thank you to those who let us know. The groups have now been finalised.

All children should come into school in their school uniform and bring their comfortable cycling clothes, helmet and trainers with them to change into for the course. Training will go ahead whatever the weather so please remember raincoats.

Please ensure their bicycle and helmet are suitable and road worthy. Please check that the bicycle helmet straps are adjusted to provide a snug fit, this YouTube clip below shows how to fit a helmet. Please check that the bicycle tyres are pumped up, the brakes work and the chain is not rusty. For more guidance please click here⁷.

For the safety of all the children in school it is important that your child must walk their bikes from the school gate to the cycle sheds.

Bicycles should be padlocked at all times when not in use, please attach a named key fob to the padlock key. We advise that they should be taken home each evening, however, all bicycles are left at school at the owners risk, we cannot accept responsibility for loss or damage whilst they are on the school premises.

Please spare some time to take your child out on the local roads beforehand. To be able to progress on to the road, your child will need to be able to control the bike whilst looking behind, to check for approaching drivers. They will also need to be able to remove one hand

⁷<https://www.gov.uk/guidance/the-highway-code/annex-1-you-and-your-bicycle>

from the handlebars to signal. If they are a bit shaky on either of these, please could you practise it with them.

French Residential Meeting Reminder - Tuesday 5th May 8.45am

Tuesday 5th May 8:45 - The Garden Room

- Passport Collection
- GHIC - Physical Card or Electronic Print out
- If Non EU Passport - Proof of UK residence permit - Biometric Residence Permit (BRP)
- 20 Euros in a named purse

We understand that some families may be going on holiday and require their passports during the May half term. Please can you email the office to inform us of this and send photo of your child's passport to the office. Please can you bring your child's passport and GHIC in on the first day back after half term.

PTA

Rose Wine Tasting Experience

WFIS PTA and WFJS PTA PRESENT

Rosé Wine Tasting



8 MAY, 7.30PM

We are excited to announce a summer rosé wine tasting experience. Taste a curated selection of rosé wines from around the world. Book your ticket now at pta-events.com/wfispta or scan the QR code.



The PTA Needs a New Treasurer - Could it be YOU?

Our lovely Treasurer will be stepping down at the end of the academic year as her children are moving on to secondary school.

This is a great opportunity for you to join our fab new team and help organise fun events and activities to bring our school community together while raising much-needed funds to enrich our children's learning in school.

Please email us at wfjspta@gmail.com⁸ if you are interested or to find out more about what's involved.



REMINDER AND USEFUL INFORMATION

Are Your Emergency Contact Details Up To Date?

Please email office@wallacefields-jun.surrey.sch.uk⁹ if your child's emergency contact details have changed recently. It is important that we have up to date contact details in case of an emergency.

National Thank a Teacher Day is Back on 17th June 2026!

The UK-wide celebration of all teaching and support staff is back. National Thank a Teacher Day will be celebrated on **Wednesday 17th June 2026**, and this year there is more to get involved with than ever.

As always, we will be celebrating every single person who makes school life special, from classroom assistants and librarians to dinner helpers and everyone who keeps things running. They all deserve that special thank you.

Send a Free Limited Edition Card

⁸<mailto:wfjspta@gmail.com>

⁹<mailto:Office@wallacefields-jun.surrey.sch.uk>

Want to make someone's day? Send a **free limited edition e-card** to a special teacher, support staff member or even a whole school team before National Thank a Teacher Day. Just visit the Thank a Teacher website¹⁰ to send yours. It is free, only takes a moment and can mean so much.

Competitions and Prizes for Children

In the lead up to **National Thank a Teacher Day**, there are two exciting competitions open to children, with brilliant prizes up for grabs.

Writing Competition

Children are invited to write a short story or poem of up to 600 words about a teacher or member of school staff who has made a difference to them. Entries will be judged by author and Teaching Awards Trust President **Sir Michael Morpurgo**, and the winner will receive a **£50 gift voucher** as well as having their entry read aloud by Sir Michael himself.

Drawing Competition: What Do Teachers Get Up To On Their Summer Holidays?

Children are invited to get creative and draw what they imagine their teacher gets up to on their summer holidays. Entries can be hand-drawn or digital, and the winner receives a **£50 gift voucher** plus a fantastic bundle of art supplies.

For full details on how to enter both competitions, visit the competitions page¹¹ on the Thank a Teacher website.

Free Activity Pack for Children

Looking for something fun to do at home in the run up to the big day? Download our **free activity pack**, packed with wordsearches, crosswords, colouring activities and more. There are tasks suitable for children of all ages, and it is a great way to get thinking about and appreciating the people who make their school days special.

Join the Celebration Online

With celebrations happening across the UK, get involved on social media using the hashtag **#ThankaTeacherDay**. Follow Thank a Teacher on social media for the latest on competitions, giveaways and celebrity shout outs in the run up to the day.

¹⁰<https://thankateacher.co.uk/thank-a-teacher/thank-a-teacher-form/>

¹¹<https://thankateacher.co.uk/for-parents-carers-pupils/>

SAFEGUARDING and WELLBEING

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthralts young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK... and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds. If alarm bells ring, it could be time for a more in-depth talk, or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area of some designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azmi is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Wallace Fields Junior School SEND Parent Support Group



A Guide to Help Parents and Carers Navigate the Challenge of Managing Children's Everyday Online Habits

The Children's Commissioner, Dame Rachel de Souza, has published a guide to help parents and carers navigate the challenge of managing children's everyday online habits.

The guide covers setting boundaries around phone use, talking about harmful content, and building ongoing communication that goes beyond a one-off conversation. The voice of young people runs through it as it was written with direct input from children and young people. The guide is designed to make difficult conversations easier and more regular.

Four versions are available to download: the main parent and carer guide, an activity pack for children, and print-ready single-page versions of both.

The downloads can be found here:



SEND Wellbeing and Movement Event for Surrey Young People



Let's Move Together

AS ACTIVE SURREY & family voice surrey

SEND Movement & Wellbeing event
Sunday 26 April 2026
12pm – 3pm
Guildford Spectrum Leisure Centre

Creating Connection

We're excited to welcome **Paralympian Lizzi Jordan MBE**, who will be joining us to inspire children and young people with stories of resilience, possibility and the joy of movement.

This **free**, family-focused event is exclusively for Surrey children and young people with **Special Educational Needs and Disabilities (SEND)** and their families.

Explore a range of inclusive activities, including:

- Sports & movement sessions
- Games and Scalextric
- Crafts & creative zones
- Quiet breakout spaces
- Small animals for calm engagement

A space to feel included | A space to play, explore and connect |
A space to discover what movement can mean for your family

While **booking isn't required**, register for your free tickets in advance to receive an event pack by email before the day, including everything you need to know and details on how to claim your free goody bag. Simply **scan the QR code**.



Free Parent Support Workshop - Preteens / Teens 18th June 2026

We are pleased to share that we will be hosting another Parenting Workshop in school to support parents of pre-teens and teenagers. The session will be led by Lesley Lane, Senior Family Co-ordinator from Home-Start, who brings a wealth of experience and practical advice for families.

The workshop will take place on **18th June 2026 from 9:30 to 11:30**. It is free to attend and offers a valuable opportunity to gain guidance, share experiences and build confidence in supporting children through these important years.

We encourage parents to put the date in their diary. Further details, including a Google sign-up form, will be sent out nearer the time. We look forward to welcoming you.

Click here¹² for More Information About Safeguarding at Wallace Fields Junior School

CLUBS

NS STARS

FOR CHILDREN WHO WANT TO STAY ACTIVE AND LOVE FUN AND ENERGY IN THEIR DAYS THIS PROGRAMME ALLOWS THEM TO EXPLORE A RANGE OF SPORTS, INDULGE IN FREE PLAY, GET STUCK INTO CRAFT, DESIGN AND DRAMA AND FIRE UP THEIR IMAGINATIONS.

THEME: GLADIATOR ARENA

CATEGORY	ACTIVITY	DATE
CLOSED	(BANK HOLIDAY)	23 MAY 2026
LAUREL CROWNS/GLADIATOR SHIELDS	GLADIATOR GAMES	24 MAY 2026
POWER BALL	ARENA QUEST	25 MAY 2026
GLADIATOR DUELS	STRATEGY GAMES	26 MAY 2026
ROMAN DODGEBALL	SPARTAN BATTLES	28 MAY 2026

NS STRIKERS

A FOOTBALL FOCUSED PROGRAMME THAT LOOKS TO CAPTURE THE IMAGINATION FOR THE GAME AND INSPIRE CHILDREN TO DEVELOP THEIR SKILLS FURTHER. WE TAKE THEM TO WHICHEVER LEVEL THEY WANT TO REACH. THERE WILL BE "WORLD CUP" COMPETITIONS AND LOTS TO INSPIRE THEM.

THEME: FOOTBALL WARRIORS

CATEGORY	ACTIVITY	DATE
CLOSED	(BANK HOLIDAY)	23 MAY 2026
DODGE THE DEFENCE	KEEPING POSSESSION	24 MAY 2026
PENALTY SHOOTOUT	DRIBBLING BATTLES	25 MAY 2026
SPEED CIRCUITS	HIT THE TARGETS	26 MAY 2026
SET PIECES	NUMBERS GAME	28 MAY 2026

READY TO BOOK

SCAN THE QR CODE OR VISIT [NSSPORTZ.CO.UK](https://nssportz.co.uk)

LOG IN/REGISTER
GO TO BOOKINGS
SELECT ACTIVITIES
CHECKOUT & PAY

PRICE & DAY OPTIONS

STANDARD DAY £10 09:45-16:15
EXTENDED AM £10 08:00-16:15
EXTENDED PM £10 09:45-18:00

BEST VALUE
EXTENDED DAY £26 08:00-18:00

WAYS TO PAY

DEBIT & CREDIT CARDS
CHILD CARE VOUCHERS
WE ACCEPT A RANGE OF VOUCHER SCHEMES. SEE PAGE IN OUR WEBSITE FOR DETAILS. PLEASE RELEASE FUNDS AT THE TIME OF BOOKING.
TAX FREE CHILD CARE (HMRC)
PLEASE PROVIDE YOUR CHILD'S UNIQUE REFERENCE CODE WHEN MAKING PAYMENT AND RELEASE FUNDS FROM YOUR BANK ACCOUNT.

A TYPICAL DAY AT NSSPORT

STARS	STRIKERS
EXTENDED AM 08:00	EXTENDED AM 08:00
STANDARD DROP OFF 09:45	STANDARD DROP OFF 09:45
SPORTY SESSION 10:15	MATCH PLAY 10:15
SNACK BREAK 11:15	SNACK BREAK 11:15
HOT CUP & BREAD 11:30	SKILLS PRACTICE 11:30
LUNCH 12:15	LUNCH 12:15
ADVENTURE PLAY 12:45-13:15	LINCHTIME PLAY 12:45-13:15
BOUNCE ONLY THEME 14:00	WATCHPREP 14:00
CHILDREN'S CHOICE 15:00	TOURNAMENTS 15:00
AWARDS 15:45	AWARDS 15:45
PICK UP 16:15-18:00	PICK UP 16:15-18:00

SAFE & SUPPORTED

WHEN YOU REGISTER AN ACCOUNT WITH US, WE ASK FOR A FEW DETAILS ABOUT YOUR CHILD. FROM THEIR VERY FIRST VISIT, YOUR CHILD IS MADE TO FEEL WELCOME AND PART OF OUR SETTING. OUR HIGH STAFF-TO-CHILD RATIOS ENSURE THAT EVERY CHILD'S NEEDS ARE A TOP PRIORITY. TO HELP THE CHILDREN SETTLE IN WE CAN ALSO PROVIDE A BUDDY TO SUPPORT THEM DURING THEIR FIRST DAYS AT CAMP. NO TWO DAYS ARE THE SAME: OUR PROGRAMME BLENDS SPORTS, CREATIVE ACTIVITIES, AND TEAM GAMES TO SUPPORT CHILDREN'S PHYSICAL, EMOTIONAL, AND SOCIAL DEVELOPMENT WHILE KEEPING THEM ENGAGED AND CHILLING ALL DAY LONG.

WHAT TO BRING

WEATHERPROOF APPROPRIATE CLOTHING.
CLOSED-TOE SHOES ARE REQUIRED.
FOR CHILDREN AGED 4/5: PLEASE PACK A CHANGE OF CLOTHES.
PACKED LUNCH (NO NUTS PLEASE).
REFILLABLE WATER BOTTLE (NO SWEET DRINKS!).
EXTRA HEALTHY SNACKS.
FOR STRIKERS SHIN GUARDS AND ASTROS OR TRAINERS ARE REQUIRED.

CHILD CARE FROM JUST £3.60 P/H
YEARS 1-6
08:00-18:00

NEXT STEP HOLIDAY ACTIVITIES

26-29 MAY 2026 08:00-18:00 FOR CHILDREN IN YEARS 1-6

SPORTS, ARTS, CRAFTS, FUN, ADVENTURE. SAFE, NURTURING, UNFORGETTABLE. JOIN OUR HOLIDAY PROGRAMME TODAY!

NSSPORT.CO.UK

TEAM INFORMATION

WALLACE FIELDS JUNIOR
DOCKING ROAD
EWELL
KT11 2BK

IMPORTANT INFORMATION

NOTE: WE ARE CLOSED ON BANK HOLIDAY MONDAY 25 MAY
THEME: GLADIATOR ARENA FOR CHILDREN IN YEARS 1-6

CONTACT INFORMATION

WEB: [NSSPORTZ.CO.UK](https://nssportz.co.uk)
EMAIL: [BOOKINGS@NSSPORTZ.CO.UK](mailto:bookings@nssportz.co.uk)
INSTAGRAM: @NSSPORT_SURREY
TWITTER: @NEXTSTEPSPORT
FACEBOOK: NEXTSTEPSPORT

CUSTOMER REVIEWS

"NSSPORT IS AMAZING PURING THE INCLUDING THE COACHES BE STRICT AND THEY GENUINELY CARE ABOUT EVERY CHILD!"
"NSSPORT IS THE BEST AND SO MUCH FUN!"

¹²<https://wallacefields-jun.surrey.sch.uk/our-school/safeguarding>

ACHIEVEMENTS

Jonah in European Karate Championship in Istanbul

Congratulations to **Jonah Y (3T)**, who recently had an amazing experience competing at the European Karate Championships in Istanbul. Jonah showed great resilience in a challenging competition and was awarded a bronze medal in the 8–9 years boys' kata category. Well done, Jonah – a fantastic achievement.



**PLAYERS
WANTED**

ALEXANDRA UNITED FC

We're looking for enthusiastic football players to come along to our player recruitment session for

GIRLS' TEAMS OF ALL AGES

for the 2026/27 season Saturday & Sunday leagues



Sunday 17th May

10am-11am | U8s-U11s

11am-12pm | U12s-U15s

Court Recreation Ground
Pound Lane, Epsom
KT19 8SF

For more info email
girlsfootball@alexutd.com

Home ground
Alexandra Rec
Bridge Road
Epsom
KT17 4AN



JOIN OUR FRIENDLY CLUB FOR NEXT YEAR'S SEASON

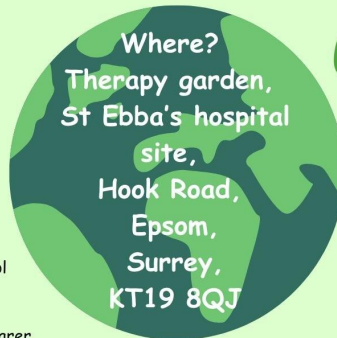
NatureWell Activity Group



Who?

Year 6 students who attend school in Epsom & Ewell & Mole Valley and would like to feel more confident about their move to secondary school in September 2026.

Young people will need to be accompanied by their parent or carer. The sessions will be facilitated by staff from the school based needs team at Mindworks.



Where?

Therapy garden,
St Ebba's hospital
site,
Hook Road,
Epsom,
Surrey,
KT19 8QJ

What3Words:
///loaded.wheels.finest
Google maps Plus Code:
9P2G+459 Epsom

When?

Wednesday 22 July 2026 1.30pm to 2.45pm
Wednesday 29 July 2026 1.30pm to 2.45pm
Wednesday 5 August 2026 1.30pm to 2.45pm
Wednesday 12 August 2026 1.30pm to 2.45pm
Wednesday 19 August 2026 1.30pm to 2.45pm



Ideally you would attend all 5 sessions, but we know that you might be going on holiday or have other things planned so please join us for as many sessions as you can!

Why are we doing this?

To try some new activities outdoors
To meet other young people moving to secondary school
To do something together with your parent/carer
To build confidence and to have fun

What do I need to do?

Come along and be prepared to join in the activities.
Wear/bring weather appropriate clothing - eg raincoat, sunhat, jumper

What we will do?

Spend time in our natural surroundings and be creative

If you are interested to find out more please email your contact details to: sbnepsom@sabp.nhs.uk by 6 July 2026.