

Wallace Fields Junior School Newsletter

9th May 2025

NEXT WEEK KEY DATES

- Monday 12th May 2025 Thursday 15th May 2025 Year 6 National Tests (SATs) Week
- Monday 12th May 2025 Year 3 Music Performance assembly Auditions in Music Lesson.
- Tuesday 13th May 2025 Deadline to Sign up for School Dinner Taster Session on Monday 19th May 2025 at 2.45pm
- Friday 16th May 2025 Year 6 Fun Day. Other Year Groups Ice Cream Van may be at Main Gate at Pick Up.

Click Here¹ for Upcoming Events

Click here² for School Calendar and to Subscribe to Calendar. Click Here³ for School Term Dates and INSET days

Head's Update

Year 5's Amazing Trip to Marchants Hill

A very exciting week for the Year 5s this week as they headed off to Marchants hill. They had a fabulous time and reports back during the week were of great teamwork and excellent behaviour with a lot of fun being had by all. My thanks go to the staff team that went along including Miss Sarjeant (team leader), Mr Hurd, Ms White, Miss Day, Mrs Thompson and Mrs Bruen. Thanks to parents for the swift drop off on Tuesday and the prompt collection on Friday. The weather has been ideal and I am sure they will return with a plethora of stories and fond memories they will keep forever. Well done Year 5.

Taster Session for School Dinners - Book Now

This taster session at 2.45pm - 3.30pm on Monday 19th May 2025 is intended for the parents of children in Year 3, 4 and 5. There will be a range of different foods representing the new menu and a chance to sample and take away the dishes. Staff from Twelve15 (the catering company) will be available to answer any questions you may have about the new choices and the food being tasted. The **deadline for booking is Tuesday 13th May 2025** as the kitchen need to order in enough food for everyone so please sign up by clicking here⁴.

³<u>https://wallacefields-jun.surrey.sch.uk/news/2025-03-18-inset-days-confirmed-for-next-academic-school-year</u> ⁴<u>https://forms.gle/yyCW3Ymvq885e3769</u>

¹<u>https://wallacefields-jun.surrey.sch.uk/events</u>

²https://wallacefields-jun.surrey.sch.uk/calendar

Special Needs Team Working Full Pace

Just a reminder that our Special Needs Team, SENDCo and teachers are working flat out to ensure they are completing the referral forms, responses and collating evidence to ensure successful support for all those children who have SEN. Our phonics and classroom support is working well and we have an excellent team of experienced and well trained teaching support staff meeting our internal phonic targets. The summer term is always a busy one and it is test week next week for Year 6, so please be patient and try to only send additional emails if it is absolutely crucial or adds additional information. Please rest assured that we are working on all cases and due process is taking its course. Your support and understanding are very much appreciated.

Our volunteers are an excellent support and make a genuine impact on school provision so if you would like to volunteer and become one of the team, please give the office a call and let us know. Even an hour a week would make a huge difference and you would be allocated to work in any year group (though not your own child's class). It might be hearing children read, photocopying, collating resources or helping the class teacher with complex science or art lessons.

Wallace Fields Junior's Art on Display at Ewell East Station

A fabulous new display of children's artwork from primary schools in Epsom and Ewell is now on permanent display at Ewell East station in large picture frames . This is part of the ongoing Art@thestation project by the Arts Society of Epsom which gives children the opportunity to show their art to a wider world and for passengers to see when waiting for a train. Here at Wallace Fields Junior School, we ran an internal art competition for all years called 'Jazz' reminiscent of Henri Matisse with vibrant coloured cut-outs as the key media. If you happen to use the station keep an eye out for the children's work on display. My thanks to Mrs Curran, our art lead, for coordinating the competition and building links with the Arts Society of Epsom. Congratulations to those winners whose pieces are now on display - they will be contacted directly to let them know their work is now on permanent display.

Be Alert for Signs of Chicken Pox

We have 5 confirmed and a few suspected cases of Chicken Pox in Year 3 so please be alert to any symptoms.

Chickenpox is a common infection that spreads easily and mostly affects children. It usually gets better on its own after 1 to 2 weeks without needing to see a GP, but can be serious in some people.

The main symptom of chickenpox is an itchy, spotty rash. It can be anywhere on the body. Before or after the rash appears, you might also have:

- a high temperature
- aches and pains, and generally feel unwell

• loss of appetite

You can spread chickenpox to other people from 2 days before your spots appear until they have all formed scabs, which is usually 5 days after your spots appeared.

Please click here⁵ for more advice and images of the spots from NHS.

THIS WEEK

Stars of the Week



This week's Stars of the Week were announced in assembly - they create an excellent role model for their fellow peers through their efforts and commitment by following the school values.

Nominated each week in our Celebration Assembly every Friday and this week was a double edition. All of the Stars of the Week receive a certificate and five house points for showing one or more of the school BELIEVE values - Brilliance, Enthusiasm, Learning, Inspiration, Equality, Vision and Every pupil matters. Well done to this week's winners.

Year 5 Residential Trip

Year 5 have had the most amazing and exciting week away at PGL this week. We have spent the week doing a packed timetable of activities including giant paddle boarding, climbing, Aeroball and the zip wire! The children's behaviour was phenomenal and we received lots of positive comments from the PGL staff throughout the week. They represented the school brilliantly and we spent the week very proud of having such a fantastic group of children with us! We have all been really impressed with their resilience and determination throughout the entire week with all the activities, being away from home for three nights and working together as a team. I want to say thank you so much to Mr Hurd, Ms White, Mrs Bruen, Miss Day and Mrs Thompson, who made the trip possible and gave up their own time this week to help us with taking the Year 5s away for a fantastic trip. We hope you

⁵https://www.nhs.uk/conditions/chickenpox/

enjoyed the photos we sent during the week and we will share more in next week's newsletter. We have had lots of children saying they're rating this trip 11/10 so we look forward to them sharing all the exciting stories from our trip away!

Miss Sarjeant



People Who Help Us: Community Talk with Police Constable Butters

This week, Year 4 had the exciting opportunity to hear from a very special visitor —**PC Butters**, a local police officer, who came to talk to the children as part of our topic on "**People Who Help Us.**"

PC Butters gave an informative and engaging talk that helped our pupils understand the important role of the police and other people in our community who help keep us safe. The children explored how many people around them contribute to safety and wellbeing teachers, firefighters, doctors, nurses, parents, shopkeepers, lifeguards, postal workers, transport staff, security guards, club leaders, and even you when you look out for someone in trouble.

The session covered practical information too, including:

- How to call for help: 101 for non-emergencies, and 999 in emergencies.
- Being aware in public: noticing what's going on around you helps you stay safe and even help others.
- **Police uniforms and equipment:** Children were fascinated to learn about the tools officers carry—handcuffs, pepper spray, a baton, protective vests, cameras, radios, and more—all used to help manage dangerous situations safely.
- The importance of using phones responsibly, as police can access phones when needed as part of investigations.
- **Forensic science:** PC Buttons explained how **DNA and fingerprints** can be collected from crime scenes and personal items like phones to solve crimes.

PC Butters also spoke to the children about the **age of criminal responsibility in the UK**, **which is 10 years old**. This sparked important conversations about making safe, respectful choices and understanding that all children, including those with additional needs, are expected to follow the law. Examples of crimes children may be involved in were discussed sensitively, including **shoplifting, carrying illegal items**, and **anti-social behaviour**.

The session ended with a powerful reminder: the police are here to help, not to scare. They work to keep our communities safe and peaceful—even during large, challenging events like protests or public emergencies.

It was an insightful visit that helped our pupils feel more informed, empowered, and aware of their responsibility to act kindly and safely in the world around them.

A big thank you to **PC Butters** for helping our children feel supported and inspired to be responsible citizens of the future!



Next Week and Important Information

Children's Stalls at Celebration Evening Fair

As part of this year's Celebration Evening Fair, each child is invited to come up with a fun and creative business idea to run a stall! Children will work with their friends during class time to develop a short presentation, which they will then pitch to their teacher. **Each class will hold a blind vote on 23rd May 2025 to choose one winning group to represent them, resulting in 10 winning teams across the school.** In addition, our Senior Leadership Team will select two extra groups from the remaining entries as runners-up.

Taking part in the pitch is completely optional—children are very welcome to simply enjoy the creative process of coming up with a business idea and can choose not to present if they prefer. Parents and guardians can support by discussing ideas with their children and helping them think about what support or resources they might need. Children have been given clear guidelines about what is and isn't allowed—please note that no shop-bought items or food are permitted due to allergy concerns. We're excited to see all the imagination and teamwork this project inspires! This project encourages creativity, teamwork, and entrepreneurial thinking in a fun and supportive environment.

There is a maximum of three children per stall.

The winners will be informed of how and who to pay their £10 stall entry fee when the winners are announced.



EAL Parents/Carers Please Complete Questionnaire

Is English not your first language? We would really appreciate your feedback to ensure we are giving your children all the support they need and our communication is working for you. Please click here⁶ to complete the Google Form or if you would prefer a hard copy then please email Office1@wallacefields-jun.surrey.sch.uk.

Top Translator Competition - Thursday 22nd May 2025

We will be holding our Top Translator Competition on Thursday, 22nd May 2025. Winners from last year will not be participating, but will form part of our judges' table!

If your child has volunteered and has been selected this year, it would be fantastic if they can review on Linguascope, details as follows:

List of competitors: 10 PER YEAR GROUP

- Year 3: Linguascope Elementary: Bonjour, Écoutez-moi, Ça va?, Nombres 1-12, Age, Semaine, Couleurs, Mois, Nombres 1-31, Dates.
- Year 4 Linguascope Beginners: Moi et ma famille: Mes animaux, Les members de la famille, Description du visage (containing hair & eye colour, etc.), Les Traits de personalite (intelligent, sportif, etc.)

⁶https://forms.gle/vJt8VxeKhvkau4Jc9

- Year 5: LInguascope Beginners: En ville, Les magasins/Moi et ma famille: Les vêtements 1 and 2, Le corps, Le visage, Everyday Life: Les matieres (le français, l'anglais, la géographie, etc.)
- Year 6: Linguascope Beginners: Les bases: les dizaines, L'Alimentation (food & drink): les fruits, les legumes, les snacks, Les bases: les dizaines (tens) Hobbies, Linguascope Elementary: Nombres 1-31.

Bonne chance à tout le monde!

Mme Cornell

Year 3	Year 4	Year 5	Year 6
3T	4C	55	6G
Barnaby	Layla	Eliana	Neil
Pippa	Sarah	Louis	Naomi
Lily	Atlas	Averi	Avi
Dylan	William	Violet	Andy
Isabella	Laurence	George R	Dylan
		Elias	
		Monty	
		Lochlan	
3D	4K	SH	6C
Brooke	Georgia	Dilan	Ela
Kay	Alice Watson	Albert	Lalana
Theo	Morgan		Zach
Charlie	Eva		Clarissa
Leo	Benji		Heidi

Support Wallace Fields Junior School Gardening Club - Please Donate Tools, Seeds, Bulbs and Plants

If you have any garden equipment sitting idle in the shed or in the garden then give it new life and purpose by donating those items to the school. We have a very active Gardening Club and a vast amount of grounds to keep beautiful and make more wonderful. Please donate any spare gardening tools, watering cans and plants. The children plants many fruit and vegetables and these are sold at the summer fair or distributed by the Gardening Club members depending on yield.

The school has an eco garden, a woodland area and a vast amount of planting beds and areas of foliage. Your contributions to the school will enable many more children to get involved and all have the equipment to take part at the same time. Spades, forks, trowels, cutters, secateurs, rakes and hoes are all welcome. Do not let them gather dust any longer - put them to use and donate them to the school. The children will be so thrilled to have their own individual tools for weeding and planting.

Need Guidance and Advice for Pre-Teens and Teens? Sign up for the Parenting Workshop on 21st May 9.30am-11.30am

The wonderful Lesley Lane from Home Start is coming into Wallace Fields Junior School on **Wednesday 21st May 2025**, 9.30am - 11.30am to run a pre-teens and teens parenting workshop. As you prepare your children for transition to secondary school, this can be a time for you to transition your parenting style to help manage that unpredictable and sometimes bumpy road ahead. This would be a helpful course to give parents some necessary tools to navigate this tricky time.

Please click here ⁷to sign up so we have an idea of numbers. Thank you.

Sign Up for NS Sport Holiday Club May Half Term

Are you looking for a fun and exciting holiday club over May half term? NS Sport are running holiday clubs at Wallace Fields Junior School. For more information go to www.nssport2.co.uk⁸



⁷<u>https://forms.gle/kmDEA72ResLxMiHz6</u> 8https://www.peep.pt2.eo.uk

⁸<u>https://www.nssport2.co.uk</u>

PTA



Children will be celebrating Fathers / Special Persons Day. Children will be given a special gift to bring home.



Please make a payment of £3 per child here: pta-events.co.uk/wfjspta



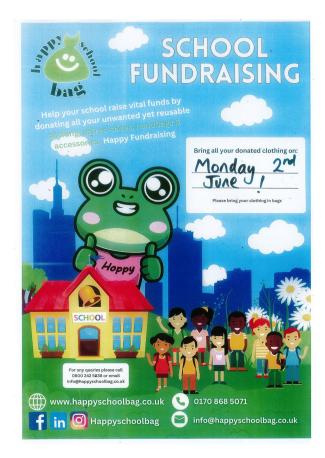


Next Happy Bag Collection - Monday 2nd June 2025

Please make a note in your diary of **2nd June 2025** for the next Happy Bag Collection of second hand clothing and paired shoes (not 6th June 2025 as previously stated on website). This is a great way to clear your clutter and help raise funds for the school.

Please keep any uniform and logoed items for the next second hand uniform sale.

Please leave bags at the front gate before drop off on 2nd June 2025 to ensure you don't miss the pick up.



YEAR 3

Year 3 Music Performance Assembly Dates Reminder

Year 3 Music Performance Assembly is to be held on Tuesday 20th May 2025 2.45pm. Auditions in lesson on Monday 12th May 2025. Parents of children selected to perform will be invited to attend.

YEAR 4

Year 4 Multiplication Table Check

The Multiplication Table Check (MTC) is taking place **after the half term between 2nd - 13th June 2025**. The handout has been given out in autumn and spring terms explaining the multiplication table check; it is below again for reference. **Please encourage your children to use the 'Soundcheck' area on Times Tables Rock Stars (TTRS).** Completing sessions in this area will prepare your child for the check in June, with a very similar setup to the real test. We do lots of practice in school and the children have made outstanding progress with their tables over the year. The Year 4 team have worked incredibly hard to prepare the children for the check and will continue to focus on times tables next half term ahead of June. Thank you for all your continued support in getting the times tables embedded to help increase fluency and confidence in maths. Miss K. Sarjeant. (Maths lead).



Do you have a child in year 4 at primary school?

If so, your child will be participating in the multiplication tables check (MTC) in June.

The purpose of the check is to determine whether your child can fluently recall their times tables up to 12, which is essential for future success in mathematics. It will also help your child's school to identify if your child may need additional support.

What is the multiplication tables check?

It is an on-screen check consisting of 25 times table questions. Your child will be able to answer 3 practice questions before taking the actual check. They will then have 6 seconds to answer each question. On average, the check should take no longer than 5 minutes to complete.

What if my child cannot access the check?

There are several access arrangements available for the check, which can be used to support pupils with specific needs. Your child's teacher will ensure that the access arrangements are appropriate for your child before they take the check in June.

The check has been designed to be inclusive and accessible to as many children as possible, including those with special educational needs or disability (SEND) or English as an additional language (EAL). However, there may be some circumstances in which it will not be appropriate for a pupil to take the check, even when using suitable access arrangements.

If you have any concerns about your child accessing the check, you should discuss this with your child's school.

Do I need to do anything to prepare my child for the check?

No, you do not need to do anything additional to prepare your child for the check. As part of usual practice, teachers may ask you to practise times tables with your child.

Schools will have unlimited access to a 'try it out' area from April. They can use this to make sure pupils have the necessary support to access the check. This includes opportunities for pupils to familiarise themselves with the check application and try out any access arrangements that may be required.

How will the results be used?

Schools will have access to all their pupils' results, to allow them to identify pupils who need additional support.

Will I receive feedback on my child's check?

Yes. Your child's teacher will share your child's score with you. There is no pass mark for the check.

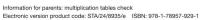
Further information

For further details you can also visit

Your child's teacher will be able to answer any questions about the MTC.

Further information about the personal data we collect, process and store for the MTC is available in the department's 1.

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This document is available for download at www.gov.uk/government/publications

1. www.aov.uk/aovernment/organisations/department-for-education/about/personal-information-charter

YEAR 5

Year 5 Dance Festival Auditions Results In

Thank you for encouraging your Year 5 children to come along to the dance auditions last week. The competition was extremely tough with 21 talented children contending for 12 spaces and 4 reserve spaces.

The parents of the children who auditioned have all been contacted confirming whether your child has been selected, put on the reserve list or not been successful.

It your child has been selected please complete the Google form to confirm your place as soon as possible. Rehearsals will start on Friday

If you would like come along and watch the show; tickets will be available to purchase from the theatre box office and online at www.epsomplayhouse.co.uk⁹ from **NOW**. **They sell out very, very quickly so please don't delay as many less-organised parents have been disappointed in the past.**

⁹http://www.epsomplayhouse.co.uk/

YEAR 6

The Year 6 National Tests (SATs) Next Week

National Tests (SATS) will start **Monday 12th May 2025**. The children are well prepared and have been working hard this term to get themselves ready for the tests. We are very proud of the children and their efforts in the recent weeks.

It is important that the children come prepared on Monday 12th May, **with a fully equipped pencil case. This should include 2 x pencils, 2 x pens, pencil sharpener, ruler and a rubber.** This will save time and help prevent any worries, by ensuring they have everything they need. All stationery items can be purchased at our school stationery shop on Tuesday and Thursday mornings at morning break. Please supply your child with a small amount of cash if you would like them to purchase any items.

The children will have lots of support, readers made available (where permitted) and we can answer any questions they may have in our revision sessions beforehand. After break, we will also be providing biscuits and juice.

Date	Exam	
Mon 12 th May	Grammar, Spelling & Punctuation (paper 1)	
	Grammar, Spelling & Punctuation (paper 2)	
Tues 13 th May	English Reading	
Wed 14 th May	Wed 14 th May Maths Paper 1 (Arithmetic)	
	Maths Paper 2 (Reasoning)	
Thur 15 th May	Maths Paper 3 (Reasoning)	

Top Tips for a Calm Week

Please make sure your child arrives **on time** on Monday 12th May 2025. If you have a problem, or your child is unwell, please call the office after 8.40am. **Do not email that your child is unwell**. SATs are a Government requirement and all children **are expected to take the tests**. In exceptional cases, some children have taken the test for that day and returned home, if they still feel unwell. A normal low level of anxiety is common. Please reassure them of this.

Please ensure your children have lots of sleep and rest and that they do not work too hard or 'cram' revision in, in the days running up the SATS. If they have forgotten anything and are worrying about this, or lack confidence in an area, they can use look at BBC Bitesize, which has some useful videos and tips.

https://www.bbc.co.uk/bitesize/articles/zrybvk7#zs82p9q

Year 6 SATs Week Friday Fun Day 16th May 2025

FRIDAY FUN DAY Just as a reminder, a fun post-SATs treat is planned for the children on **Friday 16th May 2025** during the school day, which we are all looking forward to. **Fun games** **and activities** have been organised by Mr Sellars for Year 6 only on the field and the PTA have kindly arranged for the **ice cream van** to turn up for all the children. We cannot wait!

Update on Year 6 National Standard Level 2 Cycling Course

Thank you for all the parents who signed up their Year 6 child for the **Bikeability Training** Scheme.

- 6G will be taking part for an hour every morning during the week commencing 19th May 2025
- 6H will be taking part for an hour every morning during the week commencing 2nd June 2025

If for any reason, such as a medical appointment or secondary school introduction day, your child will be **absent during the morning of these weeks** please do inform the School Office as soon as possible and we can investigate if it is possible to change groups.

Please ensure their bicycle and helmet are suitable and road worthy. Please check that the bicycle helmet straps are adjusted to provide a snug fit, this YouTube clip below shows how to fit a helmet. Please check that the bicycle tyres are pumped up, the brakes work and the chain is not rusty. For more guidance please click here¹⁰.

Please encourage your child to go out and practice on their bicycles over the next few weeks. To be able to progress on to the road, your child will need to be able to control the bike whilst looking behind, to check for approaching drivers. They will also need to be able to remove one hand from the handlebars to signal. If they are a bit shaky on either of these, please could you practise it with them. Please note that it is illegal for someone aged under 14 years to ride an electrically-assisted pedal cycle on the public highway, so they cannot be used.

For more information and frequently asked questions about the Surrey Cycle Training scheme please click here¹¹.



https://youtu.be/QEeOqe8XPDU

¹⁰<u>https://www.gov.uk/guidance/the-highway-code/annex-1-you-and-your-bicycle</u> ¹¹<u>https://www.surreycc.gov.uk/roads-and-transport/road-safety/cycle-training</u>

Year 6 Residential Trip to France – Passport and GHIC reminders

Passports - All children will be required to use their own passport for the French Trip.

If you need to apply for a passport, please do so in plenty of time. Please note current UK passports must be at the time of travel:

- Less than 10 years old
- Valid for at least 3 months after the day we leave France. All parents will be invited to a passport collection point in the hall on **June 4th at 8.45am**. You will be required to provide your child's passport/ residents permit (if applicable), EHIC and pocket money.

If your child holds a non-EU/UK passport please confirm this on your consent form.

School age children do not require a Schengen Visa if travelling as part of a school trip. However, we will continue to check for any rule changes in 2025 and keep you informed. If you hold a UK Residents Visa, please ensure you send this in with your child's passport.

EHIC/GHIC -All children will require either a valid in-date European Health Insurance Card (EHIC) or a Global Health Insurance Card (GHIC). If your child's EHIC is out of date then you should apply for a GHIC. You may apply for a GHIC up to 6 months before your EHIC expires. Applying for a GHIC is free of charge on the ¹²NHS website¹³.¹⁴ Beware of unofficial websites that charge you a fee to apply. **Please ensure you apply for this at least three months prior to the trip.**

 ¹²https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/
 ¹³https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/
 ¹⁴https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/

SAFEGUARDING and WELLBEING



Click here¹⁵ for More Information About Safeguarding at Wallace Fields Junior School

CLUBS

Wraparound Care

Click here ¹⁶to book your place at Junior Adventure Group.

 ¹⁵<u>https://wallacefields-jun.surrev.sch.uk/our-school/safeguarding</u>
 ¹⁶<u>https://www.junioradventuresgroup.co.uk/make-a-booking/</u>



🗘 Secure Your Wraparound Care This Summer! 🖏

We're excited to welcome children back to our Ofsted-registered wraparound clubs, where learning through play is at the heart of everything we do.

As the summer term begins, we're soaking up the sunshine and turning up the fun with even more activities from our **Adventure Programme**! From playful challenges to outdoor explorations, children enjoy a wide variety of experiences across all seven Adventure categories. At this time of year, two categories stand out as clear favourites among the children. They are...

Super Sports High-energy games and new sports help children build confidence, coordination, and a love for being active-while having a blast with friends.

Power Teams Team games and friendly competition boost teamwork, communication, and resilience, with children cheering each other on every step of the way.

Every session offers something new and enriching-whether your child loves to move, create, solve challenges, or make new friends. Book now: Secure your spot

${\ensuremath{\Psi}}$ Why Families Love JAG Wraparound Clubs

✓ A Smoother Day for You Peace of mind while you work—your child is safe, happy, and engaged.

✓ Flexibility When You Need It Early starts or late finishes? We've got you covered.

✓ Savings That Support Your Family Use Tax-Free Childcare, grants, vouchers, or Universal Credit-plus a 5% sibling discount.

✓ A Routine That Feels Like Home Familiar faces and a friendly environment help children feel at ease.

✓ Friendship & Confidence
From snack-time chats to games, children connect and grow.

✓ More Fun, More Adventures With seven themed categories, there's always something new to explore!

Book now: Secure your spot
Parent Support
FAQs

Payment Options

Join the fun with JAG this summer!

COMMUNITY

VE Day Epsom Celebrations



Saturday 10th May 2025 10.30am to 12.00pm

Epsom and Ewell suffered heavily from bombing in World War 2 and from 1940 to 1944, 890 alerts were sounded, 384 people were injured by enemy action and 33 killed. There were more than 200 incidents with 12,234 houses slightly damaged, 413 devastated and 192 completely destroyed, while thousands of incendiary and anti-personnel bombs were dropped with 440 high explosive, 64 oil and 30 flying bombs falling on the Borough.

E6.50 per person . Contact: David Brooks, Bourne Hall Museum, Spring Street, Ewell, Surrey K117 JUF Tel 020 8394 1734. Email dbrooks@epsomewell.gov.uk





COUTTINE Hall Museum Kids Club bringing history alive

Bourne Museum Flall

The Home Front In Epsom and Ewell Saturday 10th May 1pm to 2.30 pm

Be prepared with gas mask training and air raid drill, learn what happened after a bomb fell. Could you deliver messages in an air raid during the blackout? Discover how to put out one of the fire bombs dropped on Epsom in their tens of thousands during the war. Try to play cigarette cards just like wartime children, and discover where to find bits of bomb after a raid. Cost £6.50 per child. Contact: David Brooks, Bourne Hall Museum Spring Street, Ewell, Surrey, KT17 1UF.

Tel 020 8394 1734. Email dbrooks@epsom-ewell.gov.uk





Free Online Parenting Courses

Surrey Council has funded two FREE online parenting programmes for all parents and carers living in Surrey, see leaflets below for more information.



Online Course





For parents and other adult carers living together or apart



Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**



families strengthening communities

Stronger Relationships

A six-week online course with weekly facilitated group discussion



The SFSC Stronger Relationships Course has a focus on reducing parental conflict. It is evidence-based and provides a mixture of self-study and group work discussion. The course is suitable for co-parents and other main adult carers of children aged 0 to 18. Two courses are available for co-parents living together and those living apart. Course materials also reflect blended step-families and extended families.

SFSC Stronger Relationships online course provides parents with the key concepts and techniques to reduce the effects on children of harmful conflict which is 'frequent, intense and poorly resolved' including:

- What harmful conflict is and how it affects children's wellbeing and development
- Tools to reflect upon personal values, vulnerabilities and strengths and identify areas of conflict with their co-parent
- Techniques to enhance adult relationships for coparents and carers living together and improve communication for those living apart
- Skills to manage stress and anger and resolve conflict
- Information for co-parents living apart to work towards a parenting plan
- Techniques to enhance the parent child relationship for parents whose children do not live with them permanently

The course consists of six online modules and a weekly facilitated group discussion. The individualised online essions are released one at a time on a weekly basis so over six weeks) and take around 40 minutes to complete. Parents/carers can complete each session in one sitting or as and when they have time to do so. They can revisit sessions at any noint

The course activities include video content, scenarios drag and drop activities, quizzes and other interactivity.

Participants also attend a one-hour weekly online group discussion at a time selected by them (they will have a range of options and this will include sessions in the evening) facilitated by one of the SFSC team and attended by up to six others who are at the same stage of the course. This is an opportunity for parents to:

- Review and check on their learning
- ask any questions; and
- hear from other parents

At the end of the course, participants who have completed all six sessions will be provided with a certificate and signposted to further help.

The course is NOT suitable for co-parents where there has been or there is an ongoing risk of domestic violence, the use of coercive power and control and one parent is afraid of the other. If in doubt about a parent's suitability, please contact the team with your enquiry.



What is the cost?

This course is free for any parent living, working or studying in a local authority who has purchased an annual licence. Contact us if you are not sure if your area holds a licence.

If your authority does not have an annual licence, individual places can be purchased for £200.

How will parents sign up?

If you are working with a co-parent or carer who you think might benefit from the course, please support them to register for the course here: <u>Stronger</u> <u>Relationships courses – Strengthening Families</u>, <u>Strengthening Communities</u> or via the QR code below. Parents can also self-refer.

Parents will be reminded via email and text message about completing sessions and joining online group discussions.



For further information contact the SFSC team at sfscparent@racefound.org.uk

Online Course

strengthening families strengthening communities

Want to get some new ideas to help you be the best parent you can be? Enhance your relationship with your children? Learning at a time that suits you?



6 group discussions

Healthy relationships.

managing behaviour.

Enhancing children's

Emotions and empathy.

Being part of a community.

What to expect for the

age of your child.

self-esteem.

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Understanding and

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What to expect...

- Information on strategies and child development.
- Hear from other parents.
- Worksheets and handouts.
- Videos, quizzes and fun activities.
- Do sessions at a time that works for you.
- Expert help from a real person each week.
- Choose a course that suits your child's age.



 Speak to a course expert and get answers to any questions you might have.

Certificate on

- Talk about how the strategies are going at home and how to adjust them for you.
- 3. Address other difficulties relating to parenting.
- 4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**



Introduction to SFSC Parenting Course



A six-week online course with weekly facilitated group discussion

The Introduction to SFSC online course has a focus on reducing parental conflict. It is evidencebased and provides a mixture of self-study and group work discussion. The course is suitable for all parents and carers of children aged 0 to 18. Three courses are available for parents of children from birth to five years old, six to eleven years old, and 12 to 18 year olds.

SFSC online course provides parents with

- A safe space to reflect on values, culture, and parenting style
- Techniques to build stronger parent-child relationships
- Positive approaches to managing behaviour
- Tools for managing stress and maintaining emotional well-being
- Age-specific strategies for parenting children aged 0–6, 7–11 and 11–18
- Ideas for creating routines, consistency and structure at home
- Support to build long-term connections with other parents and local services



What is the cost?

This course is free for any parent living, working or studying in a local authority who has purchased an annual licence. Contact us if you are not sure if your area holds a licence.

If your authority does not have an annual licence, individual places can be purchased for £200.

The course consists of six online modules and a weekly facilitated group discussion. The individualised online sessions are released one at a time on a weekly basis (so over six weeks) and take around one hour to complete. Parents/carers can complete each session in one sitting or as and when they have time to do so. They can revisit sessions at any point.

The course activities include, video content, scenarios, drag and drop activities, quizzes and other interactivity. Parents also receive a digital parent manual.

Participants also attend a weekly one-hour online group discussion at a time selected by them (they will have a range of options and this will include sessions in the evening)facilitated by one of the SFSC team and attended by up to six others who are at the same stage of the course. This is an opportunity for parents to:

- Review and check on their learning
- ask any questions; and
- hear from other parents

At the end of the course, participants who have completed all six sessions will be provided with a certificate and signposted to further help.

How will parents sign up?

If you are working with a co-parent or carer who you think might benefit from the course, please support them to register for the course here: <u>Stronger</u> <u>Relationships courses – Strengthening Families</u>, <u>Strengthening Communities</u> or via the QR code below. Parents can also self-refer.

Parents will be reminded via email and text message about completing sessions and joining online group discussions.



For further information contact the SFSC team at sfscparent@racefound.org.uk

Fun Family Day and Go Behind Scenes in the Royal Surrey Hospital

Royal Surrey Community Open Day 2025: you're invited!



When: 28 June 11am-3pm

Where: Royal Surrey County Hospital, Guildford

Come to our FREE event, see our world-class healthcare facilities, talk to our inspiring staff and find out about the future of Royal Surrey.

Thanks to the generous support of Royal Surrey Charity, which is celebrating 30 years of supporting our hospitals, this event is not ticketed - BUT if you'd like to go on one of our tours you can pre-book using the links below.

Who is the event for?

The open day is for anyone interested in health, care, or finding out more about Royal Surrey NHS Foundation Trust, including:

- · everyone who uses our health services that's probably you!
- families looking for fun for the kids (free face painting, competitions, prizes and loads of interactive activities)
- · anyone interested in NHS careers and working with us at Royal Surrey
- · staff/representatives from other healthcare providers and community groups

1 - Click here17

¹⁷https://www.royalsurrey.nhs.uk/openday/