

Wallace Fields Junior School Bulletin

3rd March 2023



KEY DATES NEXT WEEK

- **Wednesday 8th March 2023** - Usual netball team training
- **Thursday 9th March 2023**
 - **Football training** - A team only (due to netball fixture)
 - **Netball fixture *Away*** at Banstead Community School 16.00. Details on SPOND.
- **Friday 10th March 2023** - **Home** football B and C teams with Cuddington Croft.

For the latest dates click here¹ for calendar on website.

¹<https://www.wallacefields-jun.surrey.sch.uk/school-calendar>

HEAD'S UPDATE



Book Week Visits: It has been a full on Book Week and I had the privilege of visiting all the classes to talk about the books I love and the books I am inspired to read, favourite authors and books from my past. Many other staff have also visited classes including SENDCo, support staff and volunteers. The 'Cosy Read' went well and the dressing up day has been a huge success. Thanks for all your creative efforts and to the staff who joined in with the fun. Please do follow us on Twitter to get an inside look into the amazing activities, lessons and events that happen in school. Our Twitter posts are the children learning and enjoying school (not adverts etc) and it is an ideal way of seeing what the children do in school and it updated nearly every day.

Fabulous Attendance: Today we had 100% attendance so every single child got to enjoy World Book Day. I must admit that attendance is very good here at Wallace Fields Juniors and the children are keen and enthusiastic to come to school. I cannot authorise term time holiday or family events in term time as they are not exceptional circumstances. The children's learning is dependent on good attendance and so your efforts to get them in are vital for making effective progress. We do share their levels of attendance with their secondary schools.

IMPORTANT AND NEXT WEEK

PTA Comedy Night - Friday 24th March 2023

Tickets are now on sale and selling fast for hilarious new fundraising event just for us grown ups! Come to see the Official Comedy Club in our very own school! 3 great acts, cash/card bar, snacks and lots of laughter.

<https://www.pta-events.co.uk/wfjspta/index.cfm?event=event&eventId=59450#.Y9uH3eyTLfY>



World Maths Day

Due to our school diary, **we will be celebrating Maths Day at Wallace Fields Junior School on 27th March**. This will involve lots of fun maths-inspired games and competitions, with the whole school involved. Mathletics will have some **live competitions and games on 8th March 2023 for all children at Wallace Fields Junior School to take part in at home**. All you need to do is log in on the day (using your Mathletics login) and you can play against other mathematicians across the globe and show off your fantastic maths!

Nail Hygiene

Nail hygiene has come to light as some children are not cutting and cleaning their nails properly and this is a hygiene and safety issue – possibly causing tummy upset and some children have been scratched (unintentionally) by sharp nails at play time. We have mentioned it in assembly to remind the children the problems with poor nail care. Please help your child's hygiene routine of washing, hair washing and brushing teeth to include a regular focus on clean, cut and healthy nails for the week ahead. Thank you.

Football or Netball Match Supporters

Last weekend was the FA silent support weekend. This means that no one other than coaches gave any verbal support and instructions. ALL spectators respected this and only supported with positive applause. Across the country there has been more and more negative comments from supporters to players and referees and this has to be stamped out so we fully support this initiative and please ask that you do the same.

For those attending school football or netball team matches we are more than happy for verbal support and encouragement to the players but can we please ask that no one 'coaches' or gives

instructions from the side-lines. Please leave this to the coaches to ensure the players are getting one set of instructions and don't become confused.

Thanks as always for your support and good luck to those playing.

THIS WEEK

Book Week



Another fantastic Book Week! From Shelfies to Selfies and Cosy Reading to exciting performances. This has been a Book Week to remember.

The theme was travelling to other parts of the worlds through books. We have learnt lots about cultures that may be different to our own and perhaps have inspired some travels in the future. Year

3 travelled to China via books, Year 4 Sri Lanka, Year 5 Brazil and Year 6 Himalayas/Tibet. All the children also enjoyed cosy reading in the hall with pillows and blankets.

Thanks to the Mrs Salmon, Mrs Oxer, Mr Studley, Mr Lee, Mrs Day, Mrs Elliot and Mrs Boddy who came into classes to read their favourite books. Children had fun guessing the Teacher from a "shelfie" of books. Mrs Crabb will be circulating the answers next week. Thanks to caterers Twelve 15 for having a book themed lunch on Friday 3rd March 2023 and a puzzle competition.

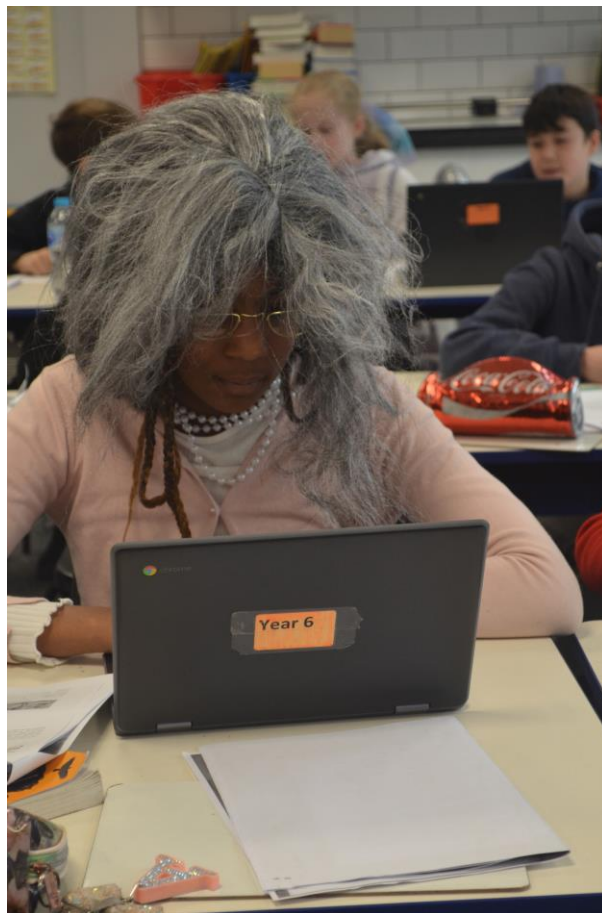
Thank you to the PTA for running a second hand book stall which raised an amazing £225!

Many of children dressed up on Friday to celebrate their favourite book characters - thank you to all the parents who helped pull together such fabulous outfits.

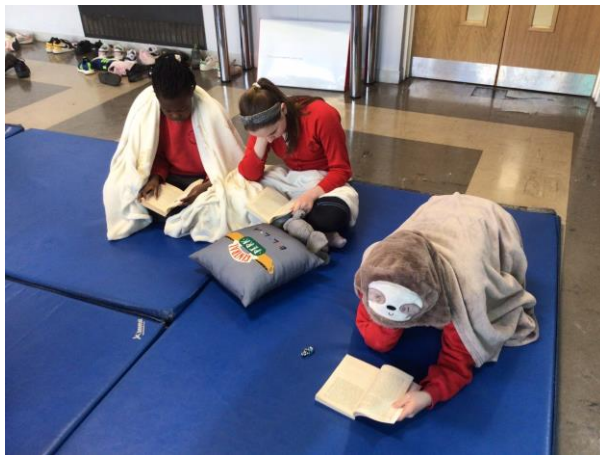
Please below some photos from Book Week (one stack per year group) most have already appeared on Twitter plus a few more.

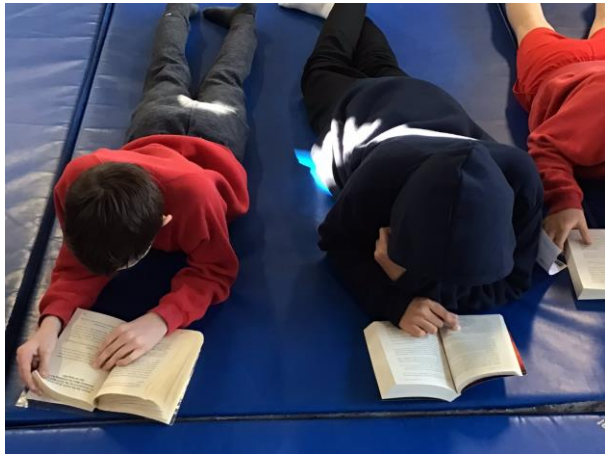








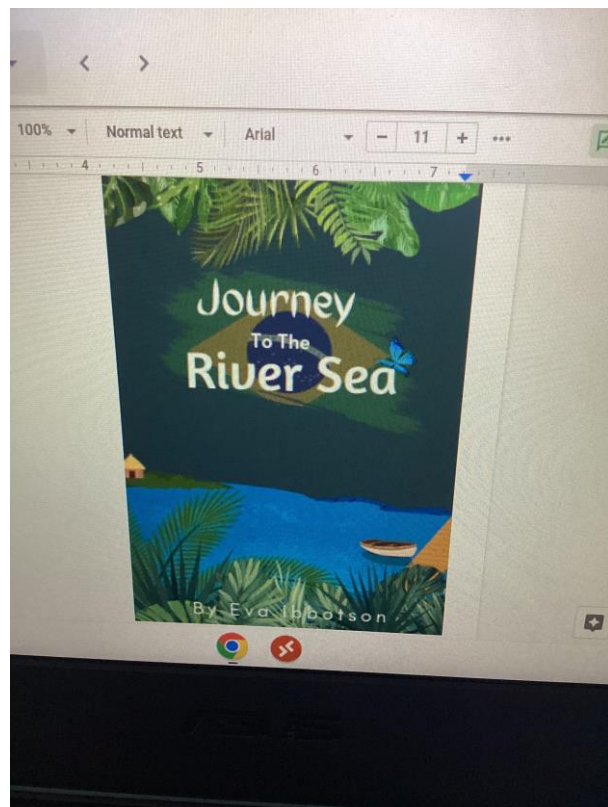
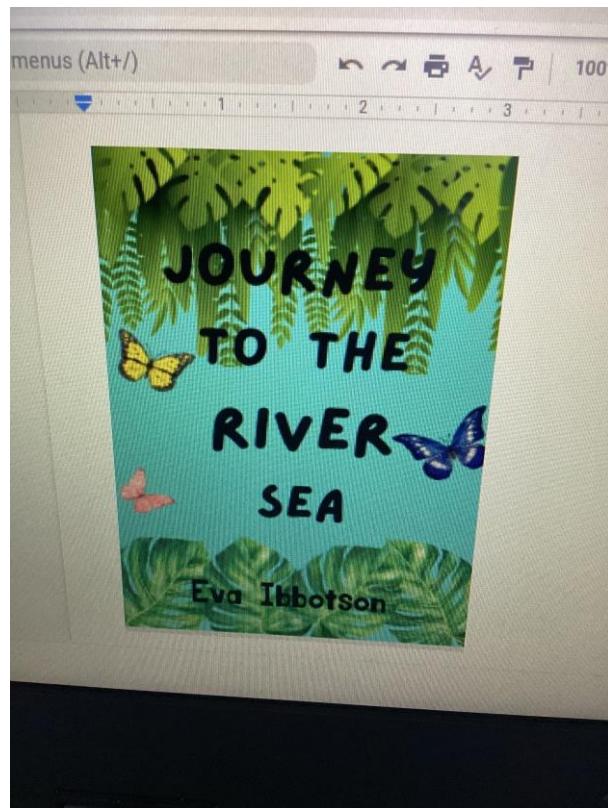


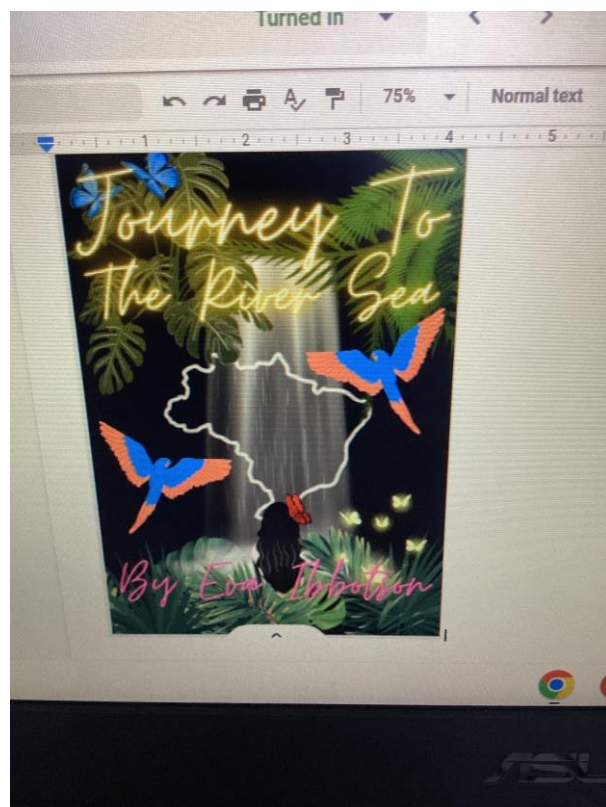
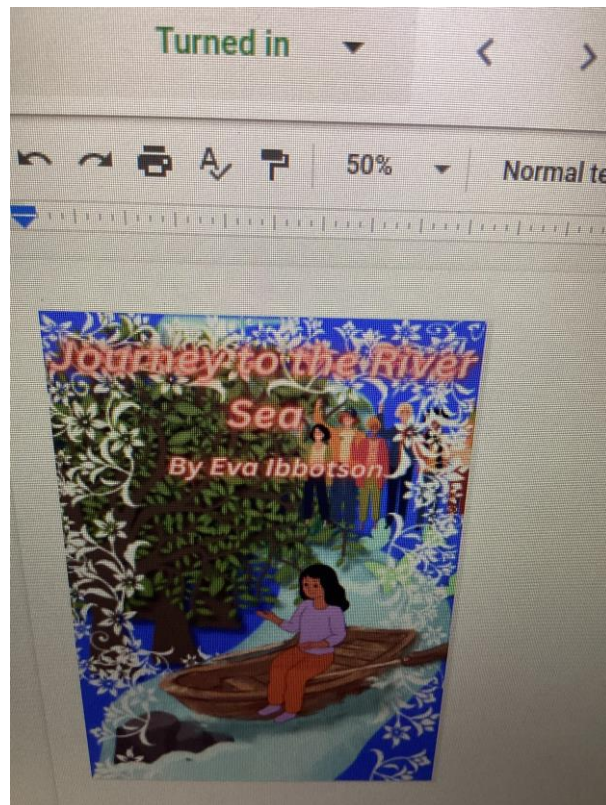










































Netball Match Report

Two netball matches took place this week with Southfield Park School. The first game was an absolute nail biter! Both teams playing at a fast pace. A great effort from WFJS kept the score even until Southfields crept ahead in the final quarter. Final score Wallace Fields Juniors 5 Southfield Park 7.

The second match was a real learning curve for our B team. Discovering how to find space and stick to players when marking. However, Southfields Park Primary proved to be the more experienced team. Overall a great experience for our netball players.

Thank you to all our players and supporters for coming along.



Football Match Report

Football fixture with Auriol School on Wednesday 1st March 2023 saw our team playing at its best. The lead bounced between both teams throughout the match. Wallace Fields Juniors put together many fantastic set up plays in the final third, however was unable to finish them off and we were pipped at the post. Final score was Wallace Fields Juniors 2, Auriol School 3. Thanks to all our players and supporters.

Please bring in Empty Jam Jars!

Please can Miss Day have any unwanted, empty jam jars by **Friday 17th March**. Any donations to be brought to the 3D classroom or dropped off at the office. Thank you.

YEAR 5

Headphones please for Thursday 9th and Friday 10th March

Please can Year 5 bring in headphones next week for our English lessons on Thursday and Friday. They will need them the following week too. They need to be headphones that have a 2.5mm jack.



Year 5 Musical Performance Assembly - Tuesday 14th March 2023

The Year 5 Music Assembly has been arranged for **Tuesday 14th March 2023 at 1.15pm**. Those children who wish to take part have already given their names and will be auditioning during their class lesson on Tuesday 7th March 2023. Pupils who have a piece ready to perform will be selected, and parents of these children will be invited to attend on the day. Any questions please email the Music Teacher Mrs Johnstone on JJohnstone@wallacefields-jun.surrey.sch.uk²

Year 5 Biscuits - Thursday 16th March 2023

Year 5 are going to be making biscuits in our next Design and Technology project! The project will start on Monday 13th March 2023 and will run throughout the week. Our main baking day will be **Thursday 16th March 2023**.

*Please note this is a **change of date** from Wednesday in the bulletin last week.*

On this day the children need to bring in:

- 1 plastic bowl
- 1 plastic/wooden spoon
- 1 large Tupperware / sealable box (to take biscuits home)
- Grease proof paper
- Scales
- Apron to cook with (this must be clean and different to the child's art apron)
- Additional healthy ingredient (children will decide this as part of their designing process but perhaps guide them e.g. dried fruit/honey/oats)

French Song Practice for Year 5

Loup y es-tu? In Year 5 pupils are learning a song which we will then be performing as a drama. It would be fantastic if pupils could practise the song at home! Click here³ for the link.



<https://youtu.be/e4fhqWofgDk>

Year 5 Isle of Wight Trip - Instalments Due

As a reminder the following instalments are due:

- 3rd Instalment of £145 was due on 17th February 2023 (OVERDUE)

²<mailto:JJohnstone@wallacefields-jun.surrey.sch.uk>

³<https://www.youtube.com/watch?v=e4fhqWofgDk>

- 4th Instalment of £145 is due on 17th April 2023

YEAR 3

Year 3 Design and Technology (D&T) Week – 20th March 2023

On the week of the 20th March, Year 3 will be making a fruit salad as part of their Design and Technology project. The children will be creating a decorative fruit salad with any fruits they like. The children need to bring in their selected fruits on the week of the 20th March 2023. No nuts allowed. The purpose is for the children to make a healthy snack whilst learning about preparing food, food hygiene and how to safely cut foods. Lots of information will be sent out before our project begins with specific equipment lists, ingredients and dates for the day we make our fruit salad.

French Song Practice for Year 3

If Year 3 would like to practise the French alphabet song, Click [here](#)⁴ for the link.



https://youtu.be/golDmUTCx_A

⁴https://www.youtube.com/watch?v=golDmUTCx_A

CLUBS



SCL ACTIVE NATURE
MON 3RD - FRI 14TH APRIL

THEMED HOLIDAY CLUBS | 4-12 YEAR OLDS
PACKED WITH OVER 30 THEMED ACTIVITIES
PRICES FROM £30 PER DAY

Wallace Fields Junior School
Dorling Drive, Epsom, KT17 3BH

BOOKINGS AND MORE INFO [SCLACTIVE.CO.UK](https://www.sclactive.co.uk) | 0345 644 5747

Wrap Around Care Provided by Junior Adventures Group Club (formerly Energy Kidz)

From Monday 20th February 2023, Energy Kidz club was rebranded to **Junior Adventures Group Club (JAG)**.

JAG provides excellent wraparound care at Wallace Fields Junior School. They run Breakfast Club from 7:30am until 8:45am and After School Club from 3:20pm until 6:00pm.



Dear school partner,

We are so excited to announce the launch of Junior Adventures Group UK to all of our families, schools & leisure partners, and children. We hope you've enjoyed seeing the first day in action.

To help you explore your new club further please see a selection of the key updates following your rebrand – where you can see all things new with your new Junior Adventures Group Club...



Our NEW Website is now LIVE!

We've developed a new and easier to use website delivering a first class digital experience for families. Whether it's **help booking children's spaces, finding their nearest venue, checking availability, discovering our new activities and Whole of Child programme or experiencing our new parent support portal** - we're so excited for you to experience JAG online yourselves! Head over to www.junioradventuresgroup.co.uk now!



Learn more about our Whole of Child Promise!

Our new multi-activity programming ensures every day is always different! With activities split across seven exciting categories: **Creative Inventors, Global Kids, Super Sports, Power Teams, Zen Masters, Brain Boosters & Splash Zone**. Whether they're, moving their feet, gardening, painting or on a scavenger hunt, JAG time is always children's favourite time.





Spread the word... JAG is here! Explore your NEW JAG partner toolkit...

As our partners in delivering amazing experiences for your families, we hope you share our excitement as your out-of-school hours club turns purple!

As promised, we are delighted to equip you with an up-to-date toolkit full of resources to update your website, communications to inform your family database of the change to JAG and updates to deliver via socials, newsletters or your preferred method of communication. Click the links below and download the content that matches your school service:

[Click here to access your JAG Toolkit](#)

- [E-Leaflets](#)
- [Posters](#)
- [Sample Timetables](#)
- [Social Media & Images](#)
- [Website Content](#)
- [Email out to parents](#)
- [Newsletter insert](#)



Late Collection Policy Update

Following on from our December communications as Energy Kidz & Fit For Sport regarding late bookings - we can confirm that our new late collection policy has taken effect. This means we can now not accommodate late bookings that are attempted to be made less than 60 minutes before a parent/guardian's desired session starts. As a reminder, we have informed all families registered with us in recent weeks.

We pride ourselves on being flexible for families, with adhoc bookings a popular feature for our families - however, to maintain high-quality care ensuring every child is safely welcomed to our clubs each day, our new late booking policy below will be effective immediately. We appreciate your support in this decision - please see the exact update below.

Please see the updates below:

- All families can make a booking via their online account up to 60 minutes before the session - this applies to our Breakfast & After School Clubs. We recommend

0333 577 1533

5a Millars Brook Business Park, Molly Millars Ln, Wokingham RG41 2AD

junioradventuresgroup.co.uk

Building brighter futures together

Junior Adventures Group Ltd is registered in England with company number 07062407

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families book in advance and offer a range of flexible payment methods to support them on their booking journey.

- Any families looking to drop their children at sessions not booked before the above timings will, unfortunately, not be on our register and, therefore unable to attend due to safeguarding requirements. **

We want to thank you in advance for your support with this process - enabling us to maintain the safety of all children in our care.

** We will, of course do our utmost to accommodate children in the event of an emergency, where the child is already registered with us and where we have the relevant space (ratio, team members and capacity). **We respectfully request that the school contact friendly customer care teams on 0333 577 1533 if this is the case.**

Expand your School Offering with JAG!

Our passion for making a difference in your local school community means we always explore different avenues to maximise our school partnerships. Discover our range of additional bespoke services via our new 'for schools' page: <https://www.junioradventuresgroup.co.uk/for-schools/>

If you are interested in upgrading your school offering, please don't hesitate to reach out to your Regional Director or contact us at bd@junioradventuresgroup.co.uk.

Contact details!

We've updated our contact details! Our customer experience team are now available via:
Email: hello@junioradventuresgroup.co.uk Phone: 0333 577 1533

If you have any questions, please don't hesitate to contact your regional support team or reach out to our friendly team above.

Kind Regards,

Junior Adventures Group



0333 577 1533

5a Millars Brook Business Park, Molly Millars Ln, Wokingham RG41 2AD

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EVENTS COMING SOON

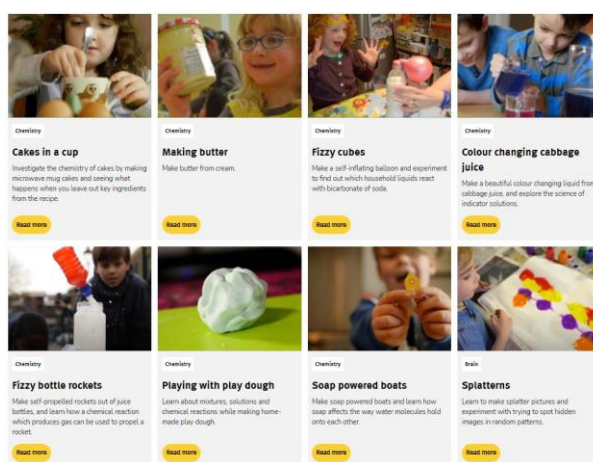
Science Week - Week Commencing 13th March

The school will be celebrating **British Science Week** on the week commencing 13th March 2023. Lots of activities have been planned including Year 6 science 'buskers' on the playground at breaktime and a whole school science photography competition (details can be found on the children's Google Classrooms on the w/c 13.3.23).

The week is also a great opportunity to **do something linked with science at home**, if you have the chance. Please refer to these quick and easy science experiments, supplied by the Royal Institution, for inspiration:

<https://www.rigb.org/learning/activities-and-resources?type=28>

Your child's class teachers would love to hear all about them!



Mother's /Special Person Day

Click here⁵ to make a payment of £3 per child for the gift.

⁵<https://www.pta-events.co.uk/wfjspta/?event=login¬LoggedIn=true&#.ZAIm13bP2Uk>



ON THURSDAY 16TH MARCH THE CHILDREN WILL BE
CELEBRATING MOTHER'S / SPECIAL PERSON DAY

ALL CHILDREN WILL BE GIVEN A SPECIAL GIFT TO
BRING HOME

PLEASE MAKE A PAYMENT OF £3 PER CHILD
IN ADVANCE TO

WWW.PTA-EVENTS.CO.UK/WFJSPTA

Comic Relief - Friday 17th March 2023

Friday 17th March is Comic Relief day and in school we will be holding a sponsored walk/run where we will donate 50% to Comic Relief and 50% to the WFJS PTA and all children should wear sports mufti. Please click here⁶ to pay sponsorship online.

Easter Egg Design Competition - 24th March 2023

Egg Design Competition. Children can use any medium that they would like to create an exciting Easter Egg. It can be 3D and they can use clay, they can sew (thereby including D and T skills that

⁶<https://cafdonate.cafonline.org/8007#!/DonationDetails>

they have learnt) etc.. **The cut-off date will be the 23rd March 2023 (not 24th March)** and the winner will be announced in assembly on the 27th March 2023. **PTA have kindly agreed to provide the prizes.**



Next Happy Bag Collection - 27th March 2023

How about doing a spring clean over half term and helping to raise PTA funds. We have the next Happy Bags collection due on 27th March 2023. Items can include: Reusable clean & dry clothes, clean paired shoes, fashion accessories, belts, jewellery, handbags/bags, scarves, hats, small ornaments, gift box sets and console games. Please save any good quality unwanted school uniform for Wallace Fields Juniors second hand sales. Your bags should be brought to school by 10am on the day. Thank you for your support! For more information go to www.happyschoolbag.co.uk⁷

Parent / Teacher Meetings - 27th and 28th March 2023

Parents Meetings **Monday 27th March 3.45pm - 6.15pm** face to face in the school hall.

Tuesday 28th March 3.45pm - 6.30pm virtual (online) .

Please pencil the dates in your calendar. You will be able to book slots on our online booking system when the booking system opens few weeks before.

Epsom and Ewell Schools' Music Festival – Epsom Playhouse

Parents/carers of children taking part in the Epsom & Ewell Schools' Music Festival have been sent further details about the afternoon rehearsal on **Monday 27th March 2023** and the performances during the evenings of **Tuesday 28th March and Wednesday 29th March 2023**.

⁷<https://www.happyschoolbag.co.uk>

Tickets are now available directly from the playhouse today and often sell out so I would recommend booking them soon by clicking here⁸.

The following children are taking part: Isla 4J, Heidi 4G, Alexis 5H, Amelia 5H, Alexandra 4J, Stanley 5S, Ela 4J, Amelia 4J, Chloe 5S, Lucy 5S, Cara 4J, Julia 5S, Maya 4J, Betty 4G, Sophie 4J, Amalie 5H, Naomi 4G, and Maia 4G.

If you have any further questions, please don't hesitate to contact Mrs Johnstone, Music Teacher on JJohnstone@wallacefields-jun.surrey.sch.uk⁹

WELLBEING

Does your child seem worried or anxious? Would you like some tips on how to spot anxiety and support your child with worries?

Come and meet with our Primary Mental Health Worker Rowan in school on **22nd March, 09:30-10:30am** for an introductory workshop/coffee morning; The workshop aims to;-

- Build on your understanding of anxiety
- Consider physical aspects of anxiety
- Learn about signs of anxiety in children and common worries
- Provide some helpful suggestions and strategies for adults to support their children
- Know where and how to access further support if needed
- Opportunity for Q and A

Anyone is welcome but please sign up on the google form by clicking here¹⁰.

Wellbeing - 15 Minute Mile

At Wallace Fields Juniors we are committed to the idea that physical and mental health are intrinsically linked. Every week, each year group complete a 15-minute mile to help them get ready for the day's learning. It is an opportunity to wake up, get the blood pumping and take notice of the world around them.



⁸<https://www.epsomplayhouse.co.uk/whats-on/day/2023-03-28?page=0>

⁹<mailto:JJohnstone@wallacefields-jun.surrey.sch.uk>

¹⁰<https://forms.gle/tEQFGqtrbvvdMK7E7>

ONLINE SAFETY

Online Safety - Spring 2 Theme

There is a new Online Safety theme in the school this half term - **Managing Online Information**. Children have been learning about what online information is. **Year 3** have learnt about the difference between a fact and an opinion. **Year 4** are learning about fake news whilst **Year 5 and Year 6** have been discussing 'misinformation' and 'disinformation'. Please talk to your children about their learning and continue to have conversations about their online activity.

If you would like to find out more about Online Information. National Online Safety provide an explainer video. This is free to access. If you do not have a free, National Online Safety account, please sign up here:

<https://nationalonlinesafety.com/enrol/wallace-fields-junior-school>

VOLUNTEER AND HELP

Spotlight on Reading Volunteer Brian Leedham

In this section of the bulletin, we will be introducing and celebrating some of our incredible volunteers who give their time to the school and to our children. This week we are introducing the fantastic Mr Leedham.





What is it you do at WFJS?:

I listen to children read. (Mr Leedham also helps with vocabulary, helps children choose books and every child who reads with him has said they feel their reading is becoming more confident).

How long have you been volunteering here?

3 Months.

What is it that you like about volunteering at WFJS?

The children and the teachers are nice and friendly.

What was your favourite book as a child and why?

‘The Wind in the Willows’ because it helped me to imagine.

What would you say to anyone that who considering volunteering in our school?

Don’t hesitate- just do it!

What is the best part about volunteering in our school?

Talking to the children.

Interview by Grace in 3T

Volunteer Librarian Needed!

Would you have a couple of hours every other week to help in our school library? This would entail tidying the library, issuing books to children visiting the library, returning books to shelves and using the school library database system. Mrs Bruen, our librarian, will provide training. We are ideally looking for someone to come in on alternate Wednesdays from 10.30am to 12.10pm. If you are

interested in finding out more, please contact Mrs Bruen by emailing DBruen@wallacefields-jun.surrey.sch.uk¹¹

General Reminders and News

Glasses in Lost Property

Please contact the School Office if you know the owner of either of these glasses.



Stationery Reminder

Please can we remind our parents to check if their child needs any equipment for their pencil cases. Children may purchase replacement whiteboard pens, glue sticks, pens and pencils at our stationery shop run by Year 6 prefects on Tuesday and Thursday breaktimes (at the 4J window). Parents may provide their child with a little cash so that they can buy replacement stationery as necessary.

¹¹<mailto:DBruen@wallacefields-jun.surrey.sch.uk>



Stationery Shop
*Open to all children - Tuesday and Thursday playtimes in the playground.
 Shop run by Year 6 Prefects.*

Purple pen.....	15p
Pencil	15p
Staedtler Pen	60p
Classmate Ruler	30p
Pritt Stick	£1.25
Berol Pen	30p
Barrel Sharpeners	90p
Whiteboard Pen.....	70p
Erasers	40p

S:\Office\Everyone\Admin - Non Curriculum\Forms, Flyers, Notices, Headed paper, Logos & Signs\Stationery Shop price list

Urgent Messages - Contact the Office!

For urgent messages, absences, pick up arrangements and general enquiries please email the School Office on Office1@wallacefields-jun.surrey.sch.uk¹² or by calling **020 8393 0350**. Please include in the subject matter the child's name and class.

¹²<mailto:Office1@wallacefields-jun.surrey.sch.uk>

Community News

**WORKING TOGETHER
FOR BETTER LIVES**
for children with disabilities or additional needs

family
voice
surrey



Are you the parent of a child or young person with an additional need?*




If so, scan here to find out
why Family Voice Surrey
is of interest to you.

 01372 705708

* an additional need is anything that means your child or young person needs more help or support in education and or health than others of a similar age. Not exclusively but including: Dyslexia, Autism, ADHD, Downs Syndrome, genetic and hereditary conditions, mental health concerns, anxiety, Dyspraxia, development delay and Cerebral Palsy.
www.familyvoicesurrey.org

Bourne Hall Museum Kids Club

Wednesday 12 April
11am to 12.30pm and 2pm to 3.30pm



G L A D I A T O R

Enlist into our Gladiator School and discover the role of a gladiator within Roman society. Learn about the different types of fighting and weaponry. Witness the resident Gladiators demonstrate their skills. Will it be thumbs up or thumbs down?

Are you brave enough to survive the arena? Come and learn how to be a gladiator and put your new-found skills into practice. Will you be a Murmillo, Secutor or perhaps a Provocator?

Was it really history's most deadly sport?

Entry £5 per child, 20 children per session you have to book!

Further information available from
David Brooks, Bourne Hall Museum, Spring
Street, Ewell, Surrey, KT17 1UF. Tel 020 8394

Bourne Hall Museum
Kids Club
bringing history alive

Ewell History Walks, April 5 10am to 12pm
April 6 2pm to 4pm and 7.30pm to 9.30pm



Peel back time and discover Ewell's hidden past and unseen history with a guided walk around the village. A settlement since pre-historic times, Ewell has a rich history concealed beneath the modern village.

Visit Bourne Hall's sacred lake where Bronze, Iron Age and Roman folk made offerings to ancient gods. Tread in the footsteps of the Romans on Stane Street and discover their sacred shafts. Discover the village's Saxon cemetery and its long-lost church.

Discover Ewell's dark past and the tales that some would rather forget. Learn about exploding gunpowder mills. Tread in the footsteps of the body-snatchers and see where they piled their grisly trade. Hear stories of witches, tragic coach crashes and folk who won't stay dead!

Price £5 per person. Places limited to 20 and must be pre-booked with

David Brooks. dbrooks@epsom-ewell.gov.uk 020 83941734

Please meet at the main entrance to Bourne Hall



Rome needs you! Join the Roman Army
Saturday 11 March 2023 1pm to 2.30pm



The Legions of Rome march into Ewell, enforcing the rule of the Empire. Discover what it was like to be a Roman soldier, having to serve for 25 years before receiving your generous pension — if you survived! But you would get the best medical attention. Discover what the army's doctors could do and the skills of the engineers building bridges and roads.

Learn about the weapons and tactics that made the Legions so effective and so feared. Enjoy listening to tales from a legionary of how he trained and fought, and see all his armour and equipment.

Cost £5 per child. Further information is available from David Brooks,

Bourne Hall Museum, Spring Street, Ewell, Surrey, KT17 1UF.

Tel 0208 394 1734, Email dbrooks@epsom-ewell.gov.uk

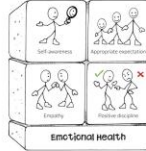
What is the Parenting Puzzle?

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging.

The Parenting Puzzle Workshops help deal with those challenges so that you can have a calmer, happier life.

A tried and tested programme, it helps us think about what we do, why we do it, and how it makes us feel.

The Building Blocks of the Parenting Puzzle



The Four workshops

Workshop 1: Understanding Children's Behaviour, Listening and Communicating, Praise and Encouragement.

Workshop 2: Praise and Guidance vs. Criticism, Challenged Day, and Positive Moments.

Workshop 3: Boundaries and Parenting Styles, Time to Calm Down, Dealing with Stress and Conflict.

Workshop 4: Choices and Consequences, Behaviour to Ignore, Putting the Puzzle Together, Looking after Ourselves.

Practical information

There are four 2-hour sessions with a tea and coffee break.

10-20 parents are invited and there are two Family Links trained group leaders.

Partners are welcome and it's also fine to come on your own or with another relative or friend.

Some groups provide a crèche check with group leaders beforehand.

You need to come to all four workshops; they fit together like a puzzle.

You will be provided with a copy of The Parenting Puzzle book to accompany the workshops.



How Parenting Puzzle workshops have helped other parents

"So helpful to have ways of dealing with situations that happen on a daily basis"

"Wonderful! Could do this every day!"

"Better than expected, made me think differently about toddler behaviour"

"It was a completely new experience for me but after the first week I was completely relaxed"



check out familylinks.org.uk

The Nurturing Programme Parenting Puzzle workshops

Where:
Home Start Epsom, Ewell and Banstead
128 Great Tattenhams, Epsom KT18 5SE

When:
2nd March to 23rd March 2023
from 9.45 to 11.45 a.m.

contact details:
lesley.lane@haseeb.org.uk

FAMILY LINKS
The Centre for Emotional Health
familylinks.org.uk

FAMILY LINKS
The Centre for Emotional Health

Parenting Puzzle workshops

Information for parents and carers

