

# Walmsley CE Primary School

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**Headteacher: Mrs Joanna Atherton**

11th October 2024

Dear Parents/Carers,

## Healthy Relationships Schools Project

After half term, we have two Educational Assistants visiting school from Fortalice to deliver Healthy Relationships Workshops to our year 6 children on the following days:

- Tuesday, 5th November
- Tuesday, 12th November
- Tuesday, 19th November
- Tuesday, 26th November

The Healthy Relationships Workshops are an education programme that has been delivered by Fortalice to Schools throughout Bolton for over 8 years. This programme is aimed primarily at year 5 and 6 pupils and is delivered over a period of four weeks.

The four sessions are built around:

- Exploring the emotions in healthy and unhealthy relationships.
- Taking responsibility for actions and recognising consequences.
- Discussing different types of bullying.
- Talking about domestic abuse and violence.
- Challenging inappropriate behaviour and gender stereo types.
- Exploring the importance of rules and laws.

During the sessions a great deal of importance is placed on a child identifying a trusted adult and this is revisited throughout the programme.

The activities are designed to stimulate group and whole class discussions in an interactive, fun way where the pupils can identify with positive behaviours throughout.

I can confirm your child's class teacher will be present throughout these sessions.

Following the sessions, your child may come home and discuss this with you. If you do have any concerns, please do not hesitate to contact school.

Many thanks,

Mrs Jo Atherton  
Headteacher



**Resilience**



**Trust**



**Aspiration**



**Hope**



**Respect**



**Love**

*'Growing as a family to flourish in God's Love'*