

## What makes someone hspirational?



## In the news this week

45-year-old Mar Galcerán from Spain has become the country's first elected parliamentarian with Down's syndrome. Maria del Mar Galcerán Gadea is thought to be the first person with the genetic disorder to join a European regional or national parliament. She has been involved with politics since she was 18, when she joined Spain's conservative People's Party. Speaking to the media, Mar Galcerán said she wants to be seen as a person, and not for her disability.

## Things to talk about at home ...

- Make a list of people you find inspirational. What about them inspires you?
- Think about some of the places you find leaders (e.g., schools, councils, clubs). For each place, how are the leaders chosen? Share how important you think it is for leaders to be from a diverse range of backgrounds and with different experiences.

## Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others



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