

For all families

Early Help with children under 18 Parenting Drop-in

Are they

anxious or

struggling with self-esteem?

We know that being a parent is not always easy and that families need extra support at some stage as children grow up.

Targeted Early Help Workers will be on hand to offer advice and support.

We can offer signposting to helpful services, organisations and community groups.

> Are you struggling with your child's behaviour?

Not sure what services there are available that can help to support you?

Poor school attendance?

Are they being excluded from school?

Come and join us for a cup of tea and a chat if you want any advice or information about parenting.

Drop-in sessions, 9.30am - 3.30pm

Farnworth King St Centre 16 Sept 7 Oct 28 Oct 18 Nov 9 Dec

Oxford Grove Children Centre 23 Sept 14 Oct 4 Nov 25 Nov

Tonge Children Centre 30 Sept 21 Oct 11 Nov 2 Dec



For more information please contact: Targeted Early Help **Tel:** 01204 336215 Email: earlyhelp@bolton.gov.uk





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