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| **PE Curriculum Overview – Cycle 1 (September 2024)** | | | | | | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Speed Agility 1 (Lessons 1 –4)  Gymnastics 1 (Lessons 1, 2,4) | Manipulation and Coordination 1  Dance 1 (Lesson 2 and 5) | Body Management 1 | Speed Agility 2 | Dance 2 | Cooperate and Solve Problems 2 |
| **Year 1/2** | Send and return Y1 U1  Dance Y1 U1 | Send and return Y2 U1  Dance Y2 U1 | Gymnastics Y1 U1  Attack, Defend, Shield Y1 U1 | Gymnastics Y2 U1  Attack, Defend, Shield Y2 U1 | Hit, catch, run Y1 U1  Hit, catch, run Y2 U1 | Run, jump, throw Y1 U1  Run, jump, throw Y2 U1 |
| **Year 3/4** | Netball Y3  Gymnastics Y3 U1 | Netball Y4  Gymnastics Y4 U1 | Football Y3  Dance Y3 U1 | Football Y4  Dance Y4 U1 | Athletics Y3  Rounders Y3 | Athletics Y4  Rounders Y4 |
| **Year 5** | Handball  Dance U1 | Hockey  Gymnastics U1 | Badminton  Gymnastics U2 | Tennis  Dance U2 | Cricket  OAA | Swimming  Athletics |
| **Year 6** | Netball  Gymnastics U1 | Tag Rugby  Dance U1 | Badminton  Gymnastics U2 | Hockey  Dance U2 | Tennis  Cricket | Rounders  Athletics |

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| **PE Curriculum Overview – Cycle 2 (September 2025)** | | | | | | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Speed Agility 1 (Lessons 1 –4)  Gymnastics 1 (Lessons 1, 2,4) | Manipulation and Coordination 1  Dance 1 (Lesson 2 and 5) | Body Management 1 | Speed Agility 2 | Dance 2 | Cooperate and Solve Problems 2 |
| **Year 1/2** | Send and return Y1 U2  Dance Y1 U2 | Send and return Y2 U2  Dance Y2 U2 | Attack, Defend, Shield Y1 U2  Gymnastics Y1 U2 | Attack, Defend, Shield Y1 U2  Gymnastics Y2 U2 | Hit, catch, run Y2 U2  Hit, catch, run Y1 U2 | Run, jump, throw Y1 U2  Run, jump, throw Y2 U2 |
| **Year 3/4** | Tag rugby Y3  Gymnastics Y3 U2 | Tag rugby Y4  Gymnastics Y4 U2 | Badminton Y3  Dance Y3 U2 | Badminton Y4  Dance Y4 U2 | Cricket Y3  Tennis Y3 | Cricket Y4  Tennis Y4 |
| **Year 5** | Handball  Dance U1 | Hockey  Gymnastics U1 | Badminton  Gymnastics U2 | Tennis  Dance U2 | Cricket  Swimming | Swimming  Athletics |
| **Year 6** | Netball  Gymnastics U1 | Tag Rugby  Dance U1 | Badminton  Gymnastics U2 | Hockey  Dance U2 | Tennis  Cricket | Rounders  Athletics |