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| **PE Curriculum Overview – Cycle 1 (September 2024)** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Speed Agility 1 (Lessons 1 –4)Gymnastics 1 (Lessons 1, 2,4) | Manipulation and Coordination 1 Dance 1 (Lesson 2 and 5) | Body Management 1 | Speed Agility 2 | Dance 2 | Cooperate and Solve Problems 2 |
| **Year 1/2** | Send and return Y1 U1Dance Y1 U1 | Send and return Y2 U1Dance Y2 U1 | Gymnastics Y1 U1Attack, Defend, Shield Y1 U1 | Gymnastics Y2 U1Attack, Defend, Shield Y2 U1 | Hit, catch, run Y1 U1Hit, catch, run Y2 U1 | Run, jump, throw Y1 U1Run, jump, throw Y2 U1 |
| **Year 3/4** | Netball Y3Gymnastics Y3 U1 | Netball Y4Gymnastics Y4 U1 | Football Y3Dance Y3 U1 | Football Y4Dance Y4 U1 | Athletics Y3Rounders Y3 | Athletics Y4Rounders Y4 |
| **Year 5** | HandballDance U1 | HockeyGymnastics U1 | BadmintonGymnastics U2 | TennisDance U2 | CricketOAA | SwimmingAthletics |
| **Year 6** | NetballGymnastics U1 | Tag RugbyDance U1 | BadmintonGymnastics U2 | HockeyDance U2 | TennisCricket | RoundersAthletics |

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| **PE Curriculum Overview – Cycle 2 (September 2025)** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Speed Agility 1 (Lessons 1 –4)Gymnastics 1 (Lessons 1, 2,4) | Manipulation and Coordination 1 Dance 1 (Lesson 2 and 5) | Body Management 1 | Speed Agility 2 | Dance 2 | Cooperate and Solve Problems 2 |
| **Year 1/2** | Send and return Y1 U2Dance Y1 U2 | Send and return Y2 U2Dance Y2 U2 | Attack, Defend, Shield Y1 U2Gymnastics Y1 U2 | Attack, Defend, Shield Y1 U2Gymnastics Y2 U2 | Hit, catch, run Y2 U2Hit, catch, run Y1 U2 | Run, jump, throw Y1 U2Run, jump, throw Y2 U2 |
| **Year 3/4** | Tag rugby Y3Gymnastics Y3 U2 | Tag rugby Y4Gymnastics Y4 U2 | Badminton Y3Dance Y3 U2 | Badminton Y4Dance Y4 U2 | Cricket Y3Tennis Y3 | Cricket Y4Tennis Y4 |
| **Year 5** | HandballDance U1 | HockeyGymnastics U1 | BadmintonGymnastics U2 | TennisDance U2 | CricketSwimming | SwimmingAthletics |
| **Year 6** | NetballGymnastics U1 | Tag RugbyDance U1 | BadmintonGymnastics U2 | HockeyDance U2 | TennisCricket | RoundersAthletics |