

Walmsley C of E Primary School

PE

Curriculum Statement

**Date of Issue:** Jan 2025

**Next Review Date:** Jan 2028

**Curriculum Statement Cover Note**

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| Title of the Policy | PE Curriculum Statement |
| Summary/Reason for bringing to Governing Board for Approval | Review |
| Statutory Requirement | No |
| Decisions to be made / recommendation on options |  |
| Name of the author | Matt McGlashan |
| Date written | Jan 25 |
| Date for Review | Jan 28 |
| Policy/Procedure to be published on the school website | No |
| Amendments/Updates | No substantive changes |

**Vision**

***Growing as a family to flourish in God’s love.***

Guided by God, we will provide rich, memorable learning experiences which will build character in each individual child.

We will ensure that all children are able to flourish and experience God’s wonderful world in all its fullness.

Together as a family we aim to love, respect, aspire, trust, show compassion and be resilient.



 *Resilience Trust Aspiration Hope Respect Love*

**Statement of Intent**

It is our intent for the PE curriculum to inspire all pupils to enjoy, succeed and excel in competitive/ non-competitive sport and other physically-demanding activities. We will provide opportunities for pupils to become physically confident in a way, which supports their health, fitness and wellbeing. We will provide our children with opportunities to engage and compete in sport and other activities to embed core values such as fairness, respect and teamwork. We will strive to ensure that every child meets and even exceeds THEIR potential and the impact of our PE curriculum will allow our children to live a healthy and active lifestyle, which we hope they will take with them in to their secondary school life and beyond.

All children will develop fundamental skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. Our pupils will be given the opportunity to apply and develop a broad range of skills, learning how to use them in different ways and link them to make actions and sequences in movement. We will provide the children with plenty of opportunities to allow them to enjoy communicating, collaborating and competing during PE lessons. Throughout the year, the children will have the opportunity to take part in a variety of games, gymnastics and dance. Year 5 children will be taught to swim competently, confidently and proficiently.

**Aims**

At Walmsley C.E Primary school we aim to engage all children in physical activity within school. We aim to provide opportunities for children to explore a wide range of sporting opportunities in order to feel success or achievement within P.E. We aim to promote the importance of team work and sportsmanship in an environment where children feel safe and supported.

Teachers aim to provide children with opportunities within P.E to learn to tackle different challenges and problem solve by using a variety of games and sports. It is important that we offer a wide range of sporting opportunities and games to our children so they are able to better understand what form of physical activity they enjoy in the hope that they will continue to be physically active throughout their life. We aim to provide an environment that allows children to grow their skills and abilities and perform competitively in a safe and controlled environment. Children will learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness either individually or as a team.  We hope that the exposure to different sports, games and challenges allows each child to discover their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity. We aim to give our children exposure to commonly played British sports that they can if they so wish access easily out of school hours and continue to participate in when they leave us in year 6. We hope that this will help build on their cultural capital and British values. We also aim to ensure that our teaching of P.E has a positive effect on, and provides substantial support for, many areas of the curriculum.

**PE Curriculum Planning**

At Walmsley we are using ‘The PE Hub’ curriculum as the basis for our long term plan. We have selected a variety of units from it to provide all pupils with a broad and balanced experience throughout their time at Walmsley. Medium and short term plans are all provided by ‘The PE Hub’ and used by teachers to deliver the curriculum.

**Objectives**

**EYFS**

Our main focus for Early Years pupils is on the fundamental movement skills known as Gross Motor Skills, enriching our pupils with those vital skills needed for home, school and life. The fundamental movement skills are key movement patterns that involve various body parts and provide the basis of physical literacy. These skills are the foundation movements and precursor patterns to build on to develop more specialised and complex skills used to play games and specific sports.

Pupils should be taught to:

* Begin to show an awareness of balance and tension on large body parts. To begin to develop an awareness of space when moving within a defined area.
* Begin to show an efficient running style. To begin to develop an awareness of space and each other when moving within a defined area.
* Begin to explore jumping in different ways. To continue to develop an awareness of space and each other when moving within a defined area.
* Begin to explore sending objects. To send an object towards a given target. To play simple games using sliding and rolling skills.
* Begin to explore striking objects using hands and feet. To send an object towards a given target. To be able to trap an oncoming ball.
* Begin to develop an awareness of space when moving within a defined area. To perform different movements in space, including hopping, crawling walking and bouncing a ball.
* Understand and develop how to throw a ball using an underarm movement. To be introduced to the skill of overarm throwing. To use both these to develop target throwing.
* Develop the skills of throwing and catching our own objects.
* Develop kicking skills to introduce large/small balls.
* Develop the skill of trapping objects of different sizes and shapes by using our hands.

**Key stage 1**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

* Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
* Participate in team games, developing simple tactics for attacking and defending.
* Perform dances using simple movement patterns.

**Key stage 2**

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

 Pupils should be taught to:

* Use running, jumping, throwing and catching in isolation and in combination
* Play competitive games, modified where appropriate [for example, tennis, netball, cricket, hockey, rounders and athletics], and apply basic principles suitable for attacking and defending
* Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
* Perform dances using a range of movement patterns
* Take part in outdoor and adventurous activity challenges both individually and within a team
* Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**KS2 Swimming and Water Safety**

Pupils will be taught to:

* Swim competently, confidently and proficiently over a distance of at least 25 metres.
* Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].
* Perform safe self-rescue in different water-based situations.