## SPRI G/SUMMER MENU 2024

## Week 2

## HONDAY

Home-made large slice (V) sweetcorn and pepper

## pizza

served with baked beans
Cooks choice jacket potato with seasonal vegetables and fresh salad

Wholemeal tuna sandwich served with vegetable sticks and fresh seasonal salad and vegetable selection

Baked beans and unlimited seasonal salad and vegetable selection

Fresh fruit platter
Fruit cordial, fresh juice or water

## WEDNESDAY

Home made lightly spicy chicken biryani/Quorn

## biryan

served with fresh seasonal salad and vegetable selection

Vegan sausage roll (V) with gravy served with salad
potatoes and sweetcorn
Wholemeal egg thin (V) with vegetable sticks served with fresh seasonal salad and vegetable selection

Sweetcorn
and unlimited seasonal salad and vegetable selection

Home-made chocolate shortbread with fruit wedge or fruit yoghurt or fresh fruit

Water

## THURSDAY

## BBQ chicken fillet on a

 brioche bunserved with oven baked wedges and fresh seasonal salad and vegetable selection

## Plant based meatballs in

gravy $\begin{gathered}\text { served with rice and } \\ \text { garden peas }\end{gathered}$ garden peas

Wholemeal ham sandwich with vegetable sticks served with fresh seasonal salad and vegetable selection

Oven baked potato wedges
Garden peas and unlimited salad and vegetable selection

Decorated jelly or fruit yoghurt or fresh fruit

Fruit cordial, juice or water


## FRIDAY

## MSC Battered fish fillet

 served with chips, baked beans and tomato ketchupPlant based chicken and sweetcorn wrap
served with chips and fresh seasonal salad or vegetable selection

Cheese sandwich (V)
with vegetable sticks
served with fresh seasonal
salad and vegetable selection
Tomato ketchup
Chipped potatoes
Baked beans and unlimited salad and vegetable selection

Apple muffin or fruit yoghurt or fresh fruit

Water

Eat seasonal foods

