Waltham Gateway Academy PSHE LTP

	Autumn Term		Spring Term		Summer Term	
RSP	Years 1 and 2 PSHE curriculum					
EYFS	Jar of happiness	Barbara throws a wobbler	The new small person	Oliver's vegetables	RSHE (See separate plan)	Luna loves a library day
Years 1/2 Cycle A	Peace at last	Morris the mankiest monster	Look up	Angry Arthur	RSHE (See separate plan)	Mamma Car (New text)
Years 1/2 Cycle B	The girl at the front of the class. (friendships)	Ravi's roar (mental health and wellbeing)	Chicken clicking (staying safe-online)	Grandads' camper (families)	RSHE (See separate plan)	Staying safe at home and drug education PSHE association
Years 3/4 Cycle A	On a magical do-nothing day	Ruby's worry	It's a no money day	Faruq and the Wiri Wiri	RSHE (See separate plan)	Speak out Lenard (New text)
Years 3/4 Cycle B	The Grand Hotel of Feelings (mental health and wellbeing)	Penguin pig (online safety)	This Moose Belongs to Me (friendship)	The Proudest Blue (Diversity and bullying)	RSHE (See separate plan)	The Tunnel (family and peer pressure)
Years 5/6 Cycle A	The colour thief	The boy who grew flowers	Ritu weds Chandni	Ada's violin	RSHE (See separate plan)	Pizza face
Years 5/6 Cycle B	Friendships, stereotypes and bullying Belonging to a community: PSHE Association	Mental Health and Wellbeing: PSHE Association	Mary Earps (Careers, equality and exercise)	Sunny side up (Alcohol, drugs and consent)	RSHE (See separate plan)	Marcus Rashford (online safety and racism

RSHE plans for each year group

	Lesson one	Lesson two	Lesson three	Lesson four	Lesson five	Lesson six
Year 1	**Consent** Asking for permission	**NSPCC PANTS**		**RSHE Medway**	**RSHE Medway** Everybody's body	

Year 2		PANTS Power, More PANTS Power	**RSHE Medway – Changing and Growing Up** My special people	Growing up – the human life cycle		
Year 3	**Consent** Personal Boundaries	**NSPCC PANTS** Building Confidence	**RSHE Medway** What makes a good friend?	**RSHE Medway** Falling out with friends	**RSHE Medway** **Time to change** (Changes to external body parts)	**Belonging to a community** Belonging and community
Year 4			**RSHE Medway** **Time to Change** (Changes to external and internal body parts)	**RSHE Medway** Menstruation and wet dreams	**RSHE Medway** Personal hygiene	**RSHE Medway** Emotions and feelings
Year 5	**NSPCC PANTS** How can the PANTS rule help us?	**Consent** Giving and seeking permission	**RSHE Medway** **Time to Change** (Changes to external and internal body parts)	**RSHE Medway** Menstruation and wet dreams	**RSHE Medway** Personal hygiene	**RSHE Medway** Emotions and feelings
Year 6	**Personal Identity** Personal Identity	**Consent** Appropriate and inappropriate touch	**RSHE Medway** **Puberty** Puberty Recap	**RSHE Medway** Puberty, change and becoming independent	**RSHE Medway** Positive and healthy relationships	**RSHE Medway** How a baby is made