**Job title: Care Worker**

|  |  |
| --- | --- |
| **Job title: Care Worker** | Care workers help vulnerable people to manage their daily activities and to live as independently as possible. |
| **Entry requirements:** | You could take a college course, which may help when you look for work. Courses include:   * Level 1 Certificate in Health and Social Care * Level 2 Diploma in Care  Entry requirements You'll usually need:   * 2 or fewer GCSEs at grades 3 to 1 (D to G) for a level 1 course * 2 or more GCSEs at grades 9 to 3 (A\* to D) for a level 2 course   You could get into this job through an adult care worker intermediate apprenticeship or a lead adult care worker advanced apprenticeship.  **Entry requirements**  There are no set entry requirements but it may help you to get in if you have:   * some GCSEs, usually including English and maths, for an intermediate apprenticeship * 5 GCSEs at grades 9 to 4 (A\* to C), usually including English and maths, for an advanced apprenticeship |
| **Skills required:** | You'll need:   * sensitivity and understanding * the ability to work well with others * patience and the ability to remain calm in stressful situations * the ability to accept criticism and work well under pressure * to be thorough and pay attention to detail * customer service skills * a desire to help people * excellent verbal communication skills * to be able to carry out basic tasks on a computer or hand-held device |
| **What you'll do:** | In this role you could be:   * getting to know clients and their interests and needs * helping with personal care like washing, using the toilet and dressing * food preparation, feeding and giving out medication * carrying out general tasks like housework, laundry and shopping * helping clients manage their budget, pay bills and write letters * going with clients to and from a residential home   You could also be:   * supporting families with new caring responsibilities * giving emotional and practical support to children and young people * working with other health and social care professionals to provide individual care and development plans * helping to organise leisure activities |
| **What you’ll earn:** | * Starter: £12,500 * Experienced: £25,000   *These figures are a guide.* |
| **Working hours, patterns and environment:** | * You could work at an adult care home or at a client's home. * Your working environment may be physically demanding. * You may need to wear a uniform. * You will work 35 to 40 hours on a shift rota including evenings and weekends |
| **Career path and progression:** | * You could progress to a more senior role, managing people or services. * As your career develops, you can move on to higher level qualifications, such as a foundation degree, social work degree or Level 5 Diploma in Leadership and Management for Adult Care. |