**Job title: Care Worker**

|  |  |
| --- | --- |
| **Job title: Care Worker** | Care workers help vulnerable people to manage their daily activities and to live as independently as possible. |
| **Entry requirements:**  | You could take a college course, which may help when you look for work. Courses include:* Level 1 Certificate in Health and Social Care
* Level 2 Diploma in Care

Entry requirementsYou'll usually need:* 2 or fewer GCSEs at grades 3 to 1 (D to G) for a level 1 course
* 2 or more GCSEs at grades 9 to 3 (A\* to D) for a level 2 course

You could get into this job through an adult care worker intermediate apprenticeship or a lead adult care worker advanced apprenticeship.**Entry requirements**There are no set entry requirements but it may help you to get in if you have:* some GCSEs, usually including English and maths, for an intermediate apprenticeship
* 5 GCSEs at grades 9 to 4 (A\* to C), usually including English and maths, for an advanced apprenticeship
 |
| **Skills required:**  | You'll need:* sensitivity and understanding
* the ability to work well with others
* patience and the ability to remain calm in stressful situations
* the ability to accept criticism and work well under pressure
* to be thorough and pay attention to detail
* customer service skills
* a desire to help people
* excellent verbal communication skills
* to be able to carry out basic tasks on a computer or hand-held device
 |
| **What you'll do:**  | In this role you could be:* getting to know clients and their interests and needs
* helping with personal care like washing, using the toilet and dressing
* food preparation, feeding and giving out medication
* carrying out general tasks like housework, laundry and shopping
* helping clients manage their budget, pay bills and write letters
* going with clients to and from a residential home

You could also be:* supporting families with new caring responsibilities
* giving emotional and practical support to children and young people
* working with other health and social care professionals to provide individual care and development plans
* helping to organise leisure activities
 |
| **What you’ll earn:**  | * Starter: £12,500
* Experienced: £25,000

*These figures are a guide.* |
| **Working hours, patterns and environment:** | * You could work at an adult care home or at a client's home.
* Your working environment may be physically demanding.
* You may need to wear a uniform.
* You will work 35 to 40 hours on a shift rota including evenings and weekends
 |
| **Career path and progression:** | * You could progress to a more senior role, managing people or services.
* As your career develops, you can move on to higher level qualifications, such as a foundation degree, social work degree or Level 5 Diploma in Leadership and Management for Adult Care.
 |