

Stay at home

To protect others, do not go to places like, your GP, pharmacy or hospital if you have the symptoms below

Symptoms

1. A high temperature. You torso feel hot to touch.
2. Continuous cough. That is a new cough.
3. Loss or change of smell or taste.

Covid 19



Take care

Stay safe

Save lives

Stay home

Social distance

Wash your hands

Only go out if needed for example; food, medicine and any other essential travel

 Look after each other and the NHS