

# WALTON LEDALE HIGH SCHOOL



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Dear Parent/Carer

## **PSHE and HRSE**

You will be aware that, as a part of your child's educational experience at Walton-le-Dale High School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education. This will give our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

I am writing to let you know that from September 2020 the government has made Relationship and Sex Education and Health Education statutory for all students.

Students will have one lesson a week, all content will be sympathetically taught and age appropriate. The new PSHE programme will be taught throughout the school in every year group and will be monitored and reviewed regularly by the staff and governing body.

All teaching in PSHE will take place in a safe learning environment and will be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

We would like our PSHE curriculum to reflect the needs of our students. We therefore feel it is important that you have the opportunity to tell us about what matters to you. What are your concerns and priorities for your child in and outside of school? Maybe concerns you have within your community. This information will help us to inform our planning to ensure that the content we are teaching is relevant to your child's needs.

Given the current situation we find ourselves in, we will be putting quite a significant amount of emphasis on Health education, including:

- Mental wellbeing;
- Internet and safety harms;
- Physical Health and fitness;
- Healthy Eating;
- Drugs, alcohol and tobacco;
- Health and prevention;
- Basic First Aid;
- Changing Adolescent body.

Paying particular attention to Mental Health and Wellbeing

Ordinarily we would have had a parent consultation, however due to COVID-19, we are unable to host this at this time. Therefore, I would appreciate it if you could complete the survey using this link:

<https://forms.office.com/Pages/ResponsePage.aspx?id=qcTB4kTk3ka8O6mMgIJ9M0nN8PwrkW1JpcmzdHUctItUMVFSRkxYOUFSNTBOOU9DRDdDU1VWRkc3Ui4u>

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, please email me at [r.sweeney@waltonledale.lancs.sch.uk](mailto:r.sweeney@waltonledale.lancs.sch.uk)

Yours sincerely

*R Sweeney*

Mrs R Sweeney  
Subject Lead for PSHE