

Here to help improve your **skills, employment prospects, and wellbeing**

Our dedicated advisors will work with you on a one-on-one basis to help you identify your aspirations and work with you in a person-centred way to remove any barriers you may have. By developing a personalised action plan, we will support you in moving towards and achieving your goals.

All the support we offer is designed to empower you, boost your confidence, improve your wellbeing, and increase your employment prospects.

So, if you are looking to improve your wellbeing and skills through training and education, have been made redundant and are unsure of your next steps, or are looking for some help to secure employment get in touch today!

**Call 03333 204555 or email
futures@progressgroup.org.uk**

We can help with:

- Careers advice, job applications, and CV development
- Interview preparation and support
- Budgeting, finance and benefits advice
- Sourcing locally funded career-related training and education
- Improving your confidence and overall wellbeing
- Digital and social inclusion
- We can even pay for childcare!

Subject to eligibility.

**Help and
advice**



We currently support people through **three projects** funded by **Progress Housing Group, the European Social Fund, and the National Lottery.**

MPT Steps -

through this project, we can support any unemployed person of working age in Lancashire who would like one-to-one help with sourcing education, training, or employment. We work with you to improve your employability prospects, skills, and wellbeing. Also, since COVID-19, we can now support people on zero-hour contracts to help them find more suitable employment.

No matter what your starting point, if you are seeking:

- New skills
- Education or training
- Employment
- Help having recently been made redundant
- Advice on a career change.

We can help you!

Contact us today to see how we can support you by calling

03333 204555 or emailing futures@progressgroup.org.uk

Building Better Opportunities -

through this project, we can support anyone over the age of 50 who is unemployed and looking for additional help with sourcing training, building confidence, seeking employment, or changing career. This is an excellent project if you feel you are digitally excluded as our team can take a flexible approach to guide you through digital job searching and interviews.



Progress Futures -

this project aims to support our Progress Housing Group tenants or anyone living in one of our properties. We can support any tenants who are aged 16 plus regardless of their employment status. So if you are a tenant, please get in touch.



**COMMUNITY
FUND**