



THE
BUSHCRAFT
company

STUDENT & PARENT PACK

**Walton Le Dale High School
2 Day Residential Bushcraft Adventure
YEAR 7, 4th – 5th July 2022**

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CASTLE HOWARD

CAMP LENGTH - 2 DAYS

Castle Howard, nestle your students beneath the Howardian Hills and get back to nature.

Home of large veteran chestnuts, as well as pine and spruce plantations Castle Howard's woodlands are the perfect setting for our Bushcraft Camps.

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YOUR RESIDENTIAL ADVENTURE

The Bushcraft Company offer residential adventures with a difference, taking students into the wild and giving them real back-to-nature experiences they will never forget. During your time on Camp, you will be living in the wild, sleeping under canvas and cooking over open fires. With a wide range of activities focused around Bushcraft, you will develop new practical skills and learn more about our woodland environment, all in a fun and engaging manner, as the Bushcraft team take you through an unforgettable journey of self-discovery.

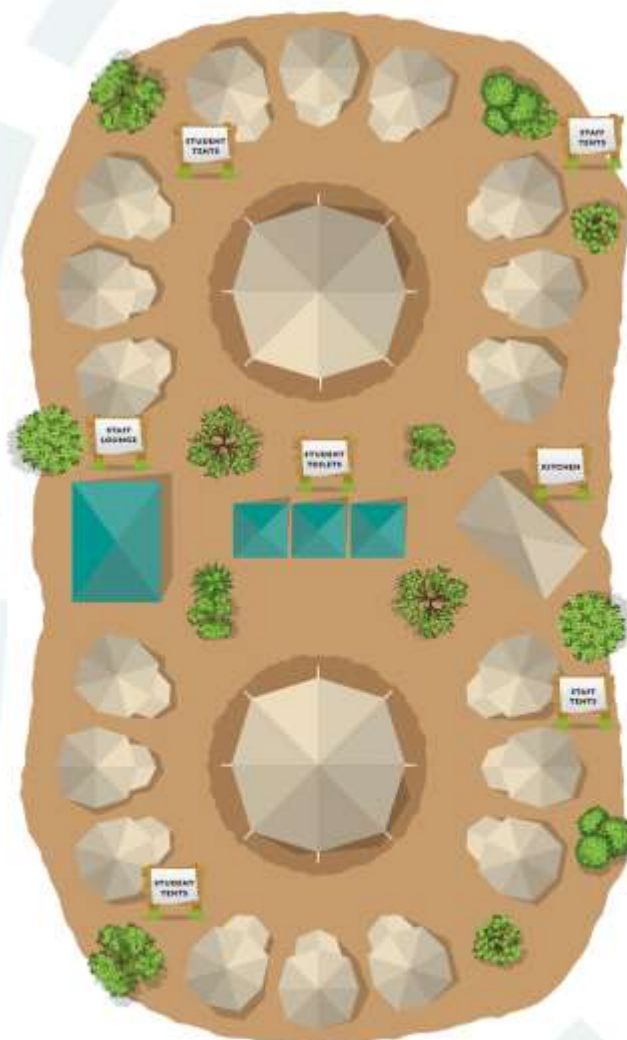
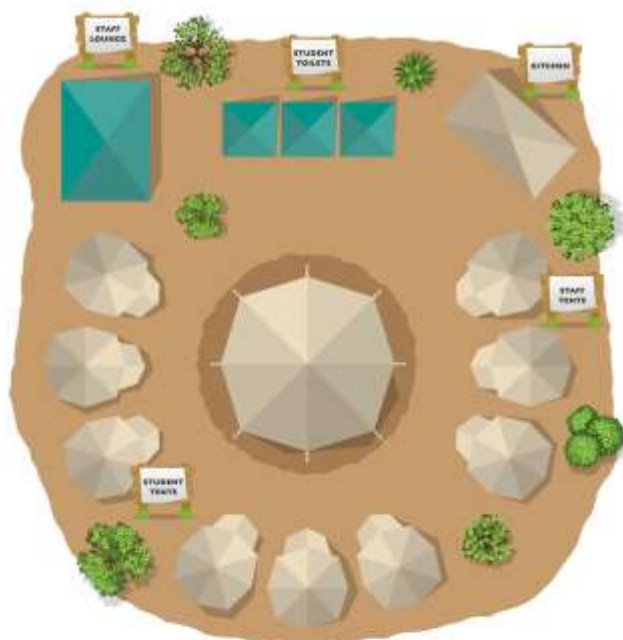
A TYPICAL DAY

Below is an idea of how the day unfolds. Please note timings may vary on delivery:

- 07:30** - Cooked Breakfast
- 08:30** - Activities, Morning Snack & Drink
- 12:30** - Cooked Lunch
- 14:00** - Activities, Afternoon Snack & Drink
- 18:30** - Cooked Supper and Pudding
- 20:00** - Evening Activities, Hot Chocolate & Marshmallows
- BED** - Exact timing to be confirmed with school

YOUR CAMP

This is the base for your adventure and will be exclusively for your group. On Camp you will find safari style bell tents (10-12 students per tent), a field kitchen, staff area and other large structures to keep you warm and dry.



ABOUT YOUR ADVENTURE

On arrival, you will walk to camp and your main baggage will be transported for you by the Bushcraft Team. Please have a rucksack ready for your walk to camp with a water bottle and water-proofs.

You will work in tribes (up to 16 per tribe). Each tribe will work as a team through various activities, supported by a Tribe Leader, who will ensure everyone contributes to the team effort, achieving shared goals and leaving the woods with a great sense of achievement and a passion to learn more.

Please note this is an artistic impression of Camp

YOUR SAMPLE 2 DAY ITINERARY

DAY ONE

ARRIVE

Safety Brief & Welcome

Our instructors will discuss the key elements of Bushcraft and explain what the students can realistically achieve living in the wild. They will then have a safety briefing and familiarise themselves to their new surroundings.

Fire Lighting

The students will learn the basic principles of fire and the fire triangle. They will be shown a variety of ways fire has been made over years, and put this knowledge into practice, lighting fires in tribes using these methods.

LUNCH

Shelter Building

The students will learn why we need shelter when we are living outside and the types of shelter from different societies and nationalities across the ages. Tribes will build their own shelter, using natural woodland materials.

Cutting Tools

Students will learn about the different tools used in the field of Bushcraft, both primitive and modern, and reasons for their use. They will be taught safe handling techniques and will make their own tent peg.

SUPPER

Evening Games

The students will embark on a series of exciting night-time stalking exercises through the forest, challenging them to use the full range and scope of their senses and to work collaboratively in an unfamiliar setting.

Night-time Routine & Bed

The students will settle in to their safari-style camp and around the campfire exchange stories and songs. They will be provided with hot chocolate and marshmallows to roast over the open campfire.

Students sleep in bell tents or shelters.

DAY TWO

BREAKFAST

Trap Making

The students will be taught why it is important to find food in remote settings, and how this has been achieved over the ages. Our instructors will demonstrate trapping methods, before each tribe designs and builds their own trap.

Bushcraft Challenge

The teams will participate in a series of fun but challenging initiative exercise that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.

LUNCH

Strike Camp, Leave No Trace

It is always important to make sure you leave the woodland as you found it so we will introduce you to our Leave No Trace procedures before you make your way home.

DEPART CAMP

The planned activity programme may be subject to change due to weather or other extenuating circumstances

KIT LIST

Below you can find our recommended kit list for the students and staff. We stress that it is not necessary to go out and buy all new and expensive kit for a trip with us as you may be able to borrow some items from friends or family. Please remember to pack enough though for a fresh change of clothing each day.

ESSENTIAL ITEMS TO PACK

- Large rucksack or holdall
- Small rucksack to carry the essentials
- Warm sleeping bag (season 3 recommended)
- Roll mat
- Tracksuit or hardwearing trousers
- T-Shirts
- Jumper or fleece
- Waterproof jacket and trousers
- Socks and underwear
- 2 pairs footwear e.g. walking boots and old trainers
- Wash bag including toothbrush, toothpaste, soap and face wipes
- Towel(s)
- Medications (labelled with clear instructions on the application/use and dosage required)
- Suitable footwear & Swimwear (if planned)
- Water bottles or hydration system
- Alcohol hand gel
- Torch (with fresh batteries) - a head torch is ideal

OPTIONAL ITEMS TO PACK (items marked by (R) are recommended but not essential):

- Whistle (R)
- Insect repellent (R)
- Plastic bags for dirty/wet clothing/footwear (R)
- Sleeping bag liner
- Pillow and pillowcase
- Rucksack liner

WEATHER DEPENDENT ITEMS

- Wellington boots
- Warm hat and scarf
- Gloves
- Thermal layer
- Sun cream
- Sun hat

WHAT NOT TO BRING

Please don't bring food. To avoid the risk of expensive items being lost or damaged, please do not bring electrical equipment or other expensive technology with you.

The Bushcraft Company is not responsible for any items lost on camp. We will endeavour to locate any missing items however we are not liable if the item is not found. Lost items found on camp after your departure will be sent back to Head Office and kept for 3 months.

FREQUENTLY ASKED QUESTIONS

WHAT IS A BUSHCRAFT CAMP?

Our camps are located on private estates. Each camp typically accommodates up to 60 students and is the base for each adventure. Camps are exclusive to each school, so you will not share with another group and the camp contains the student's bell tents, toilets, school staff area, large structure and field kitchen. The camp is a large circle with a yurt top or parachute at the centre, where our staff will be based at night-time and ensure a central campfire is always bright.

ARE THE BUSHCRAFT INSTRUCTORS DBS CHECKED?

Yes, every member of our team has to pass through our Enhanced DBS procedure and will be checked for their suitability for a role with The Bushcraft Company.

WHAT QUALIFICATIONS/CERTIFICATIONS DO THE BUSHCRAFT INSTRUCTORS HAVE?

All our team have a great deal of experience running camps of this nature. Our instructors receive extensive in-house training prior to working on camps and additional qualifications from national governing bodies for specialised activities, including archery and swimming. All Camp Leaders are first-aid trained, and Field Cooks have food hygiene qualifications.

HOW MANY MEMBERS OF STAFF WILL BE ON THE CAMP WITH THE CHILDREN?

All our camps operate on a ratio of 10 children to 1 Bushcraft instructor – school staff will be in addition to this.

WHAT HAPPENS IF IT RAINS?

All our camps have large structures called a big hat, kungsornen or yurt. These can accommodate the group where activities can take place if we have inclement weather. The majority of the time, all activities continue whatever the weather, as the extensive tree canopy often shades us and takes the worst of poor weather.

WHAT KIND OF FOOD WILL WE EAT DURING CAMP?

You will be offered three hot meals a day, along with snacks and drinks, all cooked by the Camp Cook (with some help from students). Typical meals may include spaghetti bolognese, pannassed salmon, vegan wraps, pizza and Bushcraft BBQ's. We can cater for a range of allergies and dietary requirements as long as we have sufficient notice. Please do ensure you make the school aware of any requirements you may have at least 4 weeks before camp.

WHAT ARE THE TOILETS LIKE?

Our toilets are flushing porta-style toilets, similar to those you may find at a festival. Each camp has separate boys, girls and staff toilets and are regularly cleaned by the Bushcraft team throughout your adventure.

WILL THERE BE FEMALE MEMBERS OF STAFF AT CAMP?

Yes, there is always at least one female member of staff on camp, present at all times.

WHERE DO WE SLEEP?

The children sleep in single-sex groups of 10-12 students per bell tent/shelter. School and Bushcraft staff will be based on the same camp in their separate areas.

WILL THERE BE A MEMBER OF STAFF ON DUTY AT NIGHT?

Every night, there will always be at least one male and one female member of staff on duty and they will be based at the centre of the camp. The children are informed who those staff members are, and where they will be each evening should they require any help throughout the night.

ANY QUESTIONS? PLEASE SPEAK TO THE TRIP LEADER AT SCHOOL

OTHER HELPFUL INFORMATION

DIETARY AND MEDICAL INFORMATION

The Bushcraft Company aim to cater for a wide range of dietary and medical requirements. Before Camp, The Bushcraft Company will work with the school to ensure we have all the relevant information we require. This will include dietary and medical information for all students and staff attending.

Please ensure you communicate any specifics to the school in advance of the trip as we require at least 2 weeks notice to fulfil any particular dietary and medical requirements.

If dietary information isn't provided 4 weeks ahead of your trip, the school is liable for any additional food costs incurred on camp.

We kindly ask you do not bring snacks/supplies on to Camp as these will be provided. This also helps us ensure we have all allergies covered whilst the group are on Camp.

CONTACT DETAILS FOR THE BUSHCRAFT COMPANY

Website

www.thebushcraftcompany.com

Phone

03332 000612

Email

info@thebushcraftcompany.com

THE COUNTRYSIDE CODE

Respect other people

Please respect the local community and other people using the outdoors. Remember your actions can affect people's lives and livelihoods.

Protect the natural environment

We all have a responsibility to protect the countryside now and for future generations. Make sure you don't harm animals, birds, plants or trees and try to leave no trace of your visit.

Enjoy the outdoors and be prepared

For many, this may be the very first time camping out in the woods. We want you to enjoy the great outdoors and being aware of the countryside code and the woodlands will help with this. Please do feel free to look at some of the resources listed below for further information ahead of your adventure.

IF YOU HAVE ANY SPECIFIC QUESTIONS NOT ANSWERED IN THIS INFORMATION PACK, PLEASE SPEAK TO THE TRIP LEADER AT SCHOOL



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