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| **KS3** | **Football** |
| **Overview of topic:**  Students will be taught the fundamentals of football. Working individually, in pairs, small groups and in teams. Students will reflect on their learning and others. | |
| **Core Skills, to include:**  Ball Control using:  • Using both feet  Passing: (dominant foot)  • Short  • Long – both lofted and along the ground  • Throw ins  Shooting: (dominant foot)  • Short and long range  Dribbling:  • Use of both feet and Close control  Heading  Tackling:  • Block tackle and Jockeying  Marking:  • Player with the ball | **Advanced skills, to include:**  Ball Control using:  • Using chest, thigh  Non dominant foot passing  Dominant foot shooting:  • Use of swerve  • Volleys  Non dominant foot shooting  Dribbling:  • Ability to beat opponents  Heading:  • Defensive or attacking  Marking:  • Player without the ball |
| **Key vocabulary:**  **Tier 2**  **Head, chest, thigh, foot, sole, arm, hand, inside, outside. Pass, shoot, control, run, defend, attack, rules, referee**  **Tier 3**  **Cardiovascular respiratory, Offside, Onside, Press, Man on, side foot pass, lofted pass, dribbling, L turn, Cruyff turn, Outside hook, Inside Hook, Step over, Volley, Half Volley, Header, Free kick, Goal Kick, Penalty. Cardiovascular Endurance, Agility, Muscular Endurance, Speed, Coordination, Reaction Time, Strength, Balance** | **Decision making and tactical awareness, to include:**  • When to pass/shoot/dribble/tackle  • Where to pass/shoot/dribble/tackle  • Which pass to make  • Awareness of team strategies/tactics in both attacking and defending situations e.g. set piece plays, corners  • Attacking positioning on the field  • Defensive positioning on the field  • Defensive ploys – man to man marking, zonal marking  • Awareness of strengths/weaknesses and actions of other players e.g. adopt a variety of roles in attack and defence in the game  • Awareness of the rules and regulations of the game and their application (including refereeing signals)  • |
| **Co-curricular opportunities:**  School practise  School teams  Links to local and district teams | **Key reading skills taught *(clarify, question, summarise, predict)* and key texts:**  Clarify and summarise |
| **How can I use this information at home?**   * Conversation starters with your children to discuss their learning * Support your child in carrying out independent research around the topic * Visit your local library (or BorrowBox), museums, or other locations to explore the topic * Promote books/other texts that explore this topic (see reading section) * Help your child to learn the key vocabulary | |