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| **KS3** | **Football**  |
| **Overview of topic:**Students will be taught the fundamentals of football. Working individually, in pairs, small groups and in teams. Students will reflect on their learning and others. |
| **Core Skills, to include:** Ball Control using: • Using both feet Passing: (dominant foot) • Short • Long – both lofted and along the ground • Throw ins Shooting: (dominant foot) • Short and long range Dribbling: • Use of both feet and Close control Heading Tackling: • Block tackle and Jockeying Marking: • Player with the ball | **Advanced skills, to include:**Ball Control using:• Using chest, thighNon dominant foot passingDominant foot shooting:• Use of swerve• VolleysNon dominant foot shootingDribbling:• Ability to beat opponentsHeading:• Defensive or attackingMarking:• Player without the ball |
| **Key vocabulary:****Tier 2****Head, chest, thigh, foot, sole, arm, hand, inside, outside. Pass, shoot, control, run, defend, attack, rules, referee** **Tier 3****Cardiovascular respiratory, Offside, Onside, Press, Man on, side foot pass, lofted pass, dribbling, L turn, Cruyff turn, Outside hook, Inside Hook, Step over, Volley, Half Volley, Header, Free kick, Goal Kick, Penalty. Cardiovascular Endurance, Agility, Muscular Endurance, Speed, Coordination, Reaction Time, Strength, Balance** | **Decision making and tactical awareness, to include:** • When to pass/shoot/dribble/tackle • Where to pass/shoot/dribble/tackle • Which pass to make • Awareness of team strategies/tactics in both attacking and defending situations e.g. set piece plays, corners • Attacking positioning on the field • Defensive positioning on the field • Defensive ploys – man to man marking, zonal marking • Awareness of strengths/weaknesses and actions of other players e.g. adopt a variety of roles in attack and defence in the game • Awareness of the rules and regulations of the game and their application (including refereeing signals) •  |
| **Co-curricular opportunities:**School practise School teams Links to local and district teams | **Key reading skills taught *(clarify, question, summarise, predict)* and key texts:**Clarify and summarise  |
| **How can I use this information at home?*** Conversation starters with your children to discuss their learning
* Support your child in carrying out independent research around the topic
* Visit your local library (or BorrowBox), museums, or other locations to explore the topic
* Promote books/other texts that explore this topic (see reading section)
* Help your child to learn the key vocabulary
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