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| **KS3** | **Handball** |
| **Overview of topic:**Students will be taught the fundamentals of handball. Working individually, in pairs, small groups and in teams. Students will reflect on their learning and others. |
| **Core Skills, to include:** Catching: (two handed) • At a variety of heights • Stationary • On the move • From the bounce • Jumping Catching/shot stopping: (two handed, goalkeeper only) • At a variety of heights • Stationary • On the move • Body in correct position in relation to shooter Positions for catching the ball: • Frontal • Sidewards Dribbling with dominant hand Passing: • Standing • Running Shooting: • Shot in place • Shot in movement Offensive and defensive movement: • Feinting with the body • Feinting a shot • Feinting a pass | **Advanced skills, to include:**Catching: (one handed assisted on both sides)• At a variety of heights• Stationary• On the move• From the bounce• JumpingCatching/shot stopping: (one handed assisted on both sides, goalkeeper only)• At a variety of heights• Stationary• On the move• Body in correct position in relation to shooterDribbling with either/both hand(s)Passing:• Jump passShooting: (as appropriate to your position):• Vertical jump shot• Striding/jump shot• Shot whilst fallingOffensive and defensive movement:• Stealing the ball• Screening an opponent without the ball• Screening an opponent with the ball• Tackling |
| **Key vocabulary:****Tier 2****Block , Bounced Shot, Dribble, Foul, Free Throw, Goal Area, Handling, Holding the Opponent, Interception of the Ball, Jump Shot, Long Ball, Man Marking, Out of Play, Overarm Shot, Passing, Passive Play, Penalty Throw, Shooting, Sideline, Tactics, Time-out, Throw-in, Timekeeper and Scorekeeper, Unsportsmanlike Conduct, Warning, Zone Defence Systems****Tier 3****Goalie (goalkeeper), Centre Back (CB), Left Back (LB), Left Wing (LW), Right Back (RB), Right Wing (RW), Substitution, Suspension, Seven Meter Line, Seven Meter Shot Penalty throw, Spin Shot, Stealing the Ball, Three Steps, Underarm Shot** | **Decision making and tactical awareness, to include:** • When to pass/shoot/dribble • Where to pass/shoot/dribble • Which pass to make • Awareness of team strategies/tactics in both attacking and defending situations e.g. set piece plays • Attacking positioning on the field • Defensive positioning on the field • Defensive ploys – man to man marking, zonal marking • Awareness of strengths/weaknesses and actions of other players e.g. adopt a variety of roles in attack and defence in the game • Awareness of the rules and regulations of the game and their application (including refereeing signals) • Positioning and organisation at defensive set pieces, communication |
| **Co-curricular opportunities:**Limited atm. | **Key reading skills taught *(clarify, question, summarise, predict)* and key texts:**Clarify and summarise  |
| **How can I use this information at home?*** Conversation starters with your children to discuss their learning
* Support your child in carrying out independent research around the topic
* Visit your local library (or BorrowBox), museums, or other locations to explore the topic
* Promote books/other texts that explore this topic (see reading section)
* Help your child to learn the key vocabulary
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