

Your weekly guide to careers information, advice and news from Walton le Dale High School

Welcome back to another packed edition of Career News. Lots more opportunities for students of all ages including:

- Some great events from Young Professionals work experience on offer in some of the top companies in the UK.
- Wildscreen Ark are showcasing their Youth Nature photo competition for any students aged 13-18. There are fantastic prizes on offer so don't delay - get outside and start snapping!
- May's 'Choices' magazine is available to download. There are some really useful articles and information about apprenticeships, T Levels and HTQs.
- InvestIn Education are hosting a free webinar explaining how to find and make the most of work experience. If you can't attend live, you can still register to receive the event recording.
- Don't forget to complete the Youth Voice census. Your support will help to shape policies and create real change in education, work opportunities and life experiences.
- Training 2000 have a number of local apprenticeship vacancies have a look at the website for more local vacancies.
- One for students already at college the Bright Stars scholarship scheme will support students interested in Optometry as a career. Run in conjunction with Specsavers, this is a really comprehensive support package.
- Work Experience booklets need to be returned to school as soon as possible in order for details to be checked and employers emailed. See Mr Turner if there is an issue or reason for not returning your booklet.
- If you have not yet applied to college, you can still do so. Some colleges will put you on a reserve list, but others are still accepting applications (Preston, Blackburn, Bolton, Wigan & Leigh). However, don't leave it too late as courses are rapidly filling up.





#### **Business, Accounting & Finance Work Experience with Grant Thornton**

**Apply Now - Spaces Are Filling Fast!** 

Will you be in Year 12 or Year 13 from September 2025?

If so, and you're interested in Business, Finance, or Professional Services, we have an incredible opportunity for you to get ahead this summer.

Grant Thornton's *Ignite Work Experience* programme is now open for applications - and this could be your first step towards a full-time apprenticeship offer.

#### **About the Programme:**

Ignite is a **one-week**, **in-person work experience programme** designed to give students valuable, hands-on insight into the world of professional services. You'll gain **real-world experience**, **network with professionals**, **and discover what a career** at Grant Thornton could look like.

Standout students on the Ignite programme may even be offered a place on the Grant Thornton apprenticeship scheme before applications officially open.

#### **Programme Dates:**

• England: 26–29 August 2025

• Scotland (Glasgow): 11–14 August 2025

#### Locations:

Birmingham, Manchester, Liverpool, London, Leeds, Gatwick, Glasgow, Oxford, Cambridge, Reading, Bristol, Milton Keynes

#### Who Can Apply?

Students who will be in Year 12 or Year 13 in September 2025 and are interested in exploring a career in accounting, finance, or business after school.

#### Why Apply?

- Get Ahead Early: Potential to secure your apprenticeship before finishing your studies.
- Hands-On Experience: Work on real tasks and explore life in a professional services firm.
- Make Connections: Meet experienced professionals and start building your network.
- Boost Your CV: Stand out when applying for future opportunities in the sector.

#### **Apply Now**

Applications are now open and places are filling fast!

Don't miss this fantastic opportunity to gain invaluable work experience this summer with one of the UK's leading professional services firms.

#### Find out more and apply here:

https://www.grantthornton.co.uk/careers/early-careers-job-search/

Wildscreen ARK

# YOUTH NATURE PHOTO COMPETITION

Aged 13-18?

Capture nature with your phone

Win fantastic prizes!



Competition open 22nd April to 20th June



Find out more at wildscreen.org/ark

# Individual Challenger Experience

The Individual Challenger Activities are an exciting way for students aged 11-16 to complete a short STEM project from home and gain an Industrial Cadets Challenger award. Each activity is designed by our educational experts and allows students to use their creativity and imagination to complete a project in their own way and at their own pace. Students are guided through the activity on our learning platform and will have access to support for any questions or queries along the way. All students will get individual feedback on their project.

### **Structure & Cost**

3 hour activities that can be completed flexibly in your own time and costs £25.

### **Activities**

#### **Carbon Capture - Eco Garden project**

This course is designed to help you create a garden that supports the environment and contributes positively to the fight against climate change. Together, we'll explore the basics of climate change, its impacts, and the importance of natural carbon stores.

By the end of this course, you'll have a clear plan for an eco garden tailored to your space and a deeper understanding of how small, thoughtful changes can make a big environmental difference.

#### **TinkerCAD Moon Base Project**

This course is designed to help you create a 3D design using a CADprogram. You will be able to investigate and learn how to create a 3D moonbase, fit for astronauts, whilst learning more about the best place to setup abase on the moon. Please keep in mind you will need an email address to log into TinkerCAD- this can be your own email or a parent/carer's email.

By the end of this course, you'll have a clear understanding of how to use a CAD program whilst deepening your understanding of space.

Once students have completed an Individual Industrial Cadets
Challenger activity, they will join our alumni network and receive priority information about future EDT and Industrial Cadets activities.



To sign up, please visit our webiste **here** or scan the **QR code**.







ACTOR TRAINING ACADEMY
at Preston College

JULES VERNE'S

IIN 80 DAYS

ADAPTED BY LAURA EASON

6:30PM 21ST - 23RD MAY 2025
PRESTON COLLEGE AMPHITHEATRE
TICKETS FROM £12
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# Taster Days | Residential Events | Workshops | Open Days



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What if your students could see where STEM could take them - beyond the classroom and into the real world?

Destination STEM is your students' one stop destination for all things science, technology, engineering, and maths. It's a website specifically engineered to help your students find out more about inspiring career stories, exciting pathways, and real-world opportunities.

From gaming and space exploration to saving lives with cutting-edge tech, it's all here ready to spark curiosity and ambition in your students. Plus, it's free to use!

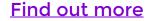
Take a look!

#### What can Destination STEM offer?



#### **Mentoring**

Our free mentoring programme gives your students the tools to explore life after school. By talking with a professional with experience in STEM careers, your students have an expert who can give advice on careers in STEM and answer any questions they might have about the next steps in their journey.





#### Careers

Are your students looking for career advice, inspiration, and insight into what employers are looking for? Find all the tools and resources they need to make informed decisions about your future over on our dedicated careers page.

#### Find out more



#### **Placements**

Help your students stand out from the crowd with a research placement! Our placements give your students the chance to gain real-life workplace experience in the STEM sector while developing their research skills and industry knowledge.

Find out more

Have a browse

"Destination STEM programmes have evidence of increasing GCSE and A level attainment by up to one grade"



### How can it help you?

Destination STEM has been proven to:

- Boost young people's confidence and enjoyment in STEM
- Raise and develop career aspirations
- Develop student's critical transferable skills, such as project management, leadership, communication, and budgeting

Easy to use. Free to explore. Made for students.



"Destination STEM is for 13-19-year-olds curious to explore exceptional opportunities, boost skills, and hear from industry experts"

**STEM Learning** 





# Finance & Wealth Management Work Experience with St James's Place A Virtual Opportunity - Thursday, 29th May

We have a fantastic virtual work experience day happening with the UK's biggest Wealth Management firm, St James's Place. Taking place on Thursday, 29th May, 10am - 3pm this is a fantastic opportunity for your students to get an insight to wealth management, financial services, investments and funds. St James's Place are a FTSE 100 company and the biggest provider of wealth management services in the UK.

Are you interested in learning more about careers in wealth management and financial services?

This is the opportunity you've been waiting for! Join St. James's Place, a FTSE 100 company, for an exclusive full-day virtual work experience – the most prestigious finance careers event of the year!

#### **Event Details:**

• Date: Thursday, 29th May

• Time: 10:00am - 3:00pm

• Location: Virtual (link provided upon registration)

• Who Can Attend? Both school and university students

#### Gain Unrivalled Insight into Wealth Management:

St. James's Place is one of the UK's largest advice-led wealth management firms, managing over £190 billion in client assets. With more than twenty offices across the UK, they offer outstanding graduate, apprenticeship, and internship opportunities for future talent.

#### Why Attend?

- Prestigious Experience: Add a full-day virtual programme with a FTSE 100 company to your CV and future job applications - and receive a certificate of attendance to showcase your achievement.
- Learn from the Best: Gain valuable advice from a range of industry leaders and top financial professionals.
- Stand Out to Employers: Develop insights and skills that will set you apart when applying for apprenticeships, internships, or graduate roles.
- Explore Career Opportunities: Hear about exciting routes into St. James's Place through their highly regarded programmes.

During this transformative experience, you'll uncover how leading financial advisers shape the financial futures of their clients, step into the world of high-level investment management and strategic financial planning, and gain powerful insights from industry experts on how to build a standout career in the world of finance and wealth management.

This is the must-attend finance and investment work experience event of the year.

Register here:

## Investigating the rails

Imogen is an apprentice working on roads and rails, making sure the materials they are built of are still up to scratch.

#### Tell us about your job. What do you do?

I work for AECOM and work on railways and sometimes highways (roads). I'm involved in surveys and investigations into the quality and condition of both, so that any issues with existing setups can be maintained or replaced.



#### What does an average day look like for you?

No day is the same in my current team, Geophysics. As well as working in the office, I am often on different jobs from week to week. I work on site whether that's a night shift or day shift for several different disciplines. So, every day is generally quite different.

#### How did you first become interested in engineering?

Having studied Chemistry and Maths at A Level, problem solving had always been an interest of mine. Knowing what I knew about the engineering industry and the number of opportunities it can provide, I decided I was intrigued and wanted to challenge my capabilities and achieve great things.

# There are a number of different routes you can take into a career in engineering. What route did you take (and why)?

I knew quite a lot of people who went straight to university but the idea of it didn't interest me personally. I had a friend who chose to pursue the apprentice route. He told me a lot about the process, how you are cared for and the number of benefits that come with working for such a company. You are also guaranteed a great career as a result in most cases. So, I chose the apprentice route at AECOM. I'm relieved I chose to go into full-time work and part-time education as it enables me to earn a monthly salary whilst gaining a recognised qualification in Civil Engineering.

#### Which of the subjects you studied at school, college or university do you use in your job?

I consistently use maths within my job whether that be quick mental maths on site or more complicated calculations in the office. I studied mechanics during my maths A Level and that plays a big part especially in design engineering.

#### What are your aims as an engineer?

My aims are to work on well recognised projects that benefit the economy and environment. I hope to eventually gain my chartership, a well-recognised title that you can earn through gaining competencies in the engineering industry. I hope to work towards environmentally friendly projects and sustainability in the future.

#### What opportunities are there to progress in your role or be promoted?

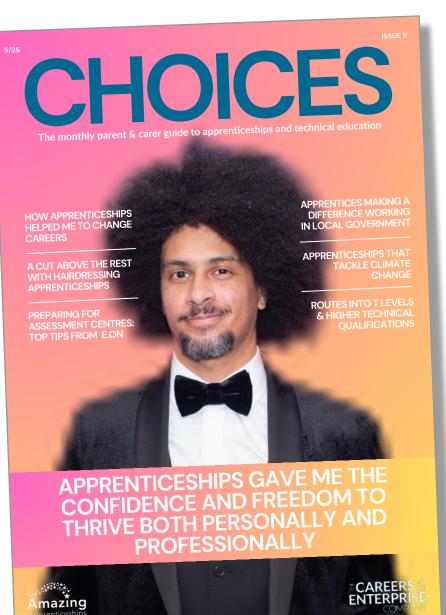
As an apprentice in my company, I can rotate through several disciplines and progress in a variety of teams. There are several ways you can progress in the company, such as, gaining your EngTech and eventually IEng Qualifcation which warrant a salary increase. We are reviewed every 6 months with our line manager and discuss progression and whether you achieved your goals, if you perform well, a potential salary increase is considered.

#### What skills and personal qualities are important for being an engineer?

To be an engineer you need to be able to think logically and mechanically as well as be a good problem solver. Confidence and good communication is also key as you may have to present in meetings and meet new people.

#### What advice would you give a young person who was considering engineering as a future career?

I would say, work hard at school so you can gain the right qualifications to get your foot in the door. Do some research into engineering and find out what you're interested in and if you want to go to college to study, make sure you choose the right subjects that will help you work towards a career in engineering.



# STAY INFORMED STAY UP TO DATE CHOICES CHOICES CHOICES CHOICES CHOICES

#### **CHOICES MAGAZINE -MAY EDITION**

In May's Choices edition, we hear first-hand experiences from two hairdressing apprentices, find out why it's not too late to secure a role this summer and explore local council apprenticeships. We also share a parent's view of supporting two very different apprentices, highlight the growth of green apprenticeships and bust some common myths about careers in logistics!

> Please click here for this month's edition.



apprenticeship?

When I came back to the UK after teaching abroad, I wanted to become a che but I was only looking for roles that were apprenticeships because that were apprenticeships because wanted to get qualifications rather than just work. It is strong believer in education and self-development and I wouldn't have done a role if there wasn't a learning opportunity alongside it.

#### apprenticeship with Lloyds Banking Group (LBG)?

When I came back to the UK after teaching abroad. I wanted to become a chef but I was only looking for ories that were apprenticeship accused wanted to get qualifications are sortly believen in education and self-development in education and se

### What was it like transitioning from one career to another?

working as a chef to a date empaymenticeship?

I was working in a hotel and I wanted to apply my creativity to solving my rustrations with food wastage, inefficient ordering processes, and remu planning. I presented a case for improving it all with one system to the hotel manager, who said they couldn't spare the time for me to do it with them, but they thought I had the mind of an analyst and that I should pursue that as a career.

What was it like transitioning one career to another?

Stepping into a coproate role from a student of left almost alien. I spent a dort of time questioning my place in the more like everyone else. It took some time to reliable that I didn't need to similate. I was there on my values that as a career.

Did you feel accepted in what are at LBG?

Definitely. I don't feel pressured to change my appearance or behaviour. I've been in jobs before where I cut my hair before geing in and I didn't feel like I had to do this at LBG. I'm areginal lead for a colleague network in the Midlands, Black Organisation for Leadership in Development (BOLD), as well as co-chair for the Transport Diversity and Inclusion Committee. I saw right from my interview experience that LBG actually cared and know the value of colleague networks in bringing out the highly commended Multicultural highly commended Multicultural appendix on the sale of colleague networks in bringing out the highly commended Multicultural appendix on the sale of colleague networks in bringing out the highly commended Multicultural appendix on the sale of the sale



APPRENTICE INSIGHT



'The apprenticeship didn't just help me learn the technical skills of the job - it gave me the confidence and freedom to thrive both personally and professionally."

What advice has been invaluable? One tagline I heard from a colleague is 'get comfortable with the uncomfortable.' Public speaking, for example, sin's something I enjoy, but I understand its value. If learning into that discomfort can inspire or give someone desemble, and someone desemble, someone desemble



#### Would you consider anoth

apprenticeship in the future?
Absolutely, 100% My initial plan when I joined LBG was to complete the Level 4 apprenticeship and then pursue a Level 6 Data Science apprenticeship. I was like a kid in a sweet shop when I saw the number and variety of opportunities available to colleagues at LBG I Leadernity apprenticeship are particularly apprenticeship. Both 2001. Beyond leadership, I'm also drawn to apprenticeships that develop technical skills.

# What advice has been invaluable? One tagline I heard from a colleague is get contrable with the get contrable with

wants to change their career?

Apprenticeships are an incredibly safe and structured way to residl or pivot to a new career. At LBG. I've had the coportunity to receive a full salary and work as a full-time colleague from day one. The only difference is that work four days a week and dedicate one day to learning, while others work the full five days. My apprenticeships were so exciting—the opportunity to learn and have the freedom to add extra sellis, andread, and have the freedom to add extra sellis, andread perpenticeship strength of the confidence and freedom to three borsonally are premisers begreated as fills of the jobits were seen continued and freedom to three borsonally and research and freedom to three borsonally.

What did the off-the-inh learning.

# What did the off-the-job learning involve and how did it fit in with adjusting to your new role and workload?

wondoad?

I'm incredibly passionate about learning. My apprenticeship was structured so that I typically spent one day a week learning and the other four days working in my role. Because I was so keen, I often spent a lot more time than that, waking up wery early to throw myself into the noct assignment.

I wanted to complete my assignments early so that I could apply myself to my role, and become the best at that so quickly as possible. I was able to do that and before my apprenticeship finished, I got a promotion to a higher grade, twelve months in, My apprenticeship also included residentials, so every 3-4 months, we'd go away for a week to attend in-person sessions.

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Did anything surprise you about
being an apprentice?

When I first joined. Joften felt like I
needed to justify my position. I'd be in
a room with colleagues who had
a room with colleagues who had
and I think it was natural to feel
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apprentices are uncomfortable, it's
sometimes inevitable—so I encourage
and engage in reverse mentoring,
Mary colleagues are eager to learn
from apprentices as much as they
mentor them.

Find out more about apprenticeships at LBG:





#### **How To Find Work Experience**

#### Free Webinar for Students & Parents

Work experience is one of the best ways for students to build confidence, develop practical skills and explore future career options. However, many young people struggle to know where to start or how to secure meaningful opportunities.

To help with this, we're running a free webinar for students and parents on how to find and make the most of work experience. The session will explore what "counts" as work experience, what types of opportunities are out there, and how to perform and reflect on the experiences they gain, in order to boost future applications.

We'd love for you to invite students and parents at your school to join!

#### **TUESDAY 20TH MAY • 6-7 PM**

How to find and make the most of work experience

#### **REGISTER NOW**

As always, if you are unable to attend live please register to receive the recording and event resources!

#### Free webinars at InvestIN

We're really proud of the free events we offer and the positive impact they have on helping students navigate their future careers. This year alone, we've had over 10,000 students join a free webinar with us and the feedback has been fantastic!

"I found it really interesting and thought-provoking and liked the honesty of the speakers."

"Very knowledgeable speakers and guests who shared their highly relevant experience as assessors of UCAS personal statements. This was very useful 'insider' information."

"Thank you for all the amazing tips to be successful. This honestly opened my eyes on how I can develop necessary skills necessary for the future!"

**VIEW EVENTS** 





Work experience is an essential step towards building your confidence, developing practical skills and exploring potential career paths. However, finding meaningful opportunities can be challenging.

InvestIN are running a free webinar for students and parents on how to find and make the most of work experience. They'll be exploring different types of opportunities available and share practical ways to secure work experience that will actually make your university application and CV stand out.

If you can't attend live, you can still register to receive the event recording.

**REGISTER NOW!** 



# HAIRDRESSING: WHO, WHAT, WHY, HOW...

Lewis and Kaitlyn are both studying a Level 2 Hairdressing apprenticeship with Stoke-on-Trent College. We asked them some key questions about their experiences.





Lewis Laitlyn

WHY?

...hairdressing?

Kaitlyn: I was a dancer for 11 years, and when I got older, I was the friend always helping people with their hair at shows or lessons. It became something that I loved to do. When I stopped dancing, I already knew that hairdressing was the career for me.

Lewis: I started at a young age at the salon on a Saturday initially and realised I had a great passion for the industry.

WHY?

...an apprenticeship?

**Kaitlyn:** An apprenticeship is handson learning, which is so much better for me than just learning from a TV screen in a classroom.

Lewis: The apprenticeship route teaches you straight away to work as a team, how to communicate with clients and you get to observe the senior stylists, plus you are taken on as a proper member of staff.

**WHAT?** 

...is a typical day like?

**Kaitlyn:** A typical day is extremely busy. I sort out towels and my trolley, I see my clients, I do some cleaning, I observe other stylists, I practise on a doll head!

Lewis: There is no typical day at the salon. Every day is different from the last! My day mainly involves supporting the other stylists and keeping the sanitary standards high, whilst working on building my own clientele.

**WHAT?** 

...is your biggest achievement?

Lewis: One of my proudest achievements was passing my maths GSCE as I had so much doubt in my ability I thought I would fail. I didn't. My biggest achievement in life is finding my chosen family and being accepted in the family I was born in. As a gay man, it's hard to find a friendship group who understands and relates to the struggles queer people face.

**Kaitlyn:** My biggest achievement has been coming out of my shell and growing my confidence.



HOW?

...does your off-thejob learning work?

**Kaitlyn:** I'm at college one day a week and in the salon three days a week. I normally do theory work and revision on my days off.

Lewis: As well as a day a week at college, I have practical assessments with my tutor, Laura, so she can identify my strengths and weaknesses, which I really enjoy.



WHO?

...supports you?

Kaitlyn: My college tutor is really supportive and so is my boss, Charlie, my manager Rachel and the other stylist Hayley. We work really well as a team and support each other.

Lewis: As a group of apprentices at college, we really support each other and if anyone needs help, we are there for each other. My other main supports are my boss, tutor and the senior stylists at work - I trust, respect and learn from each of them in different ways.

# MYTHBUSTING LOGISTICS!





#### MYTH: LOGISTICS IS ONLY ABOUT DRIVERS AND WAREHOUSES

Logistics encompasses the whole supply chain. While drivers and warehousing are at the heart of what we do, behind the scenes there is procurement, project management, marketing and much more, all ensuring everything runs as efficiently as possible.

#### **MYTH: NOT MANY WOMEN WORK IN LOGISTICS**

There is a gender imbalance in the field, but changing it has become a real focus for many businesses. CEVA Logistics has launched a Women's Empowerment Network to support women within our business, educate the wider business, and bridge the gender gap.

In my current role I'm working across three teams - Project Management, Business Process Excellence, and Central Operations - Megan

#### **MYTH: THERE'S NO CAREER PROGRESSION**

Progression is common in the logistics industry. Many people in senior positions have started as drivers or warehouse operatives and worked their way up. There is an increased demand for logistical services, meaning new roles are always being created, ensuring new opportunities.

#### **MYTH: YOU SPEND ALL DAY AT A DESK**

This could not be further from the truth. While there will be an element of desk work involved, hands-on experience and being on the shop floor, engaging with colleagues, are the biggest tools you can have to truly excel in operations. You get the best picture of the operation and the most buy-in from the operatives driving your operation.

#### **MYTH: LOGISTICS ISN'T INTERESTING**

Supply Chain Management is an art. The work that goes on behind the scenes to get parcels from A to B is immense, and no two days are the same. From marketing for corporate events and planning expositions to installing robots and planning transport routes, no matter what you are interested in, there will be something for you in logistics.







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Preston £264.00 per week Business Admin

#### Southport Road Dental Practice

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#### **Dr Oetker UK Ltd**

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Leyland £283.00 per week Engineering

#### Morecheck

Apprentice Fabricator/ Welder

Preston £312.00 per week Engineering

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DEVELOPING TALENT THROUGH TRAINING















# Army Officer Insight Day at the Royal Military Academy Sandhurst

Join us at the Army Officer Insight Day, Sandhurst, which is filled with exciting activities and valuable information about life as an Army Officer. Get a glimpse into the world of the British Army and learn about the various roles and responsibilities.

> Saturday 12 July 2025 09:00 - 16:00

Royal Military Academy Sandhurst London Road, Camberley GU15 4PQ

The Army Officer Insight Day gives candidates the opportunity to find out more about officer training and life at Sandhurst.

Come prepared to find out more about the application process, Army Officer Selection and the training at the Royal Military Academy Sandhurst, see what life is like and interact with, and ask questions of, current Army Officers across all the parts of the Army.

Whether you're considering a career in the Army or simply curious about what it takes to be an Army Officer, this event is perfect for you. Don't miss out on this opportunity to gain valuable insight and experience!



# ASK AN APPRENTICE COMMUNITY!

Student: Why Join?



#### Easy to use

Post your questions – apprentices respond!



#### Personalised

Ask the questions you want answered



#### Network

Our apprentice mentors are from top UK employers



#### Stand out

Gain insider knowledge and get ahead in applications



#### Ask anonymously

Ideal for questions you'd rather not ask your teacher!



#### Industry-specific

Get advice specific to the industry you're interested in applying to!

#### How it works:



 Post your questions about apprenticeships, careers, and more!

 Get answers and advice from experienced apprentices.

### Not sure what to ask? Things to ask about:

- Application tips
- Life as an apprentice
- Skills you'll need

Scan here to sign up



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Ask Questions and Win Prizes!

Apprenticeships
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What When Find

Find out more: www.successatschool.org/community

success at school



# We're here to help your students take the next step!

Let's make it happen!



## We can send them tailored opportunities based on their interests!

- In their profile, they can favourite 'Employers' and 'Career Zones' Then they will receive exclusive invites to events related to their interests.
- Then, on a Tuesday and Thursday, students will receive an email with opportunities, without having to spend hours searching for what they're interested in!



#### Access to 24/7 Mentoring, 365 days a year.

'Ask an Apprentice' isn't just for apprenticeship seekers!
 Our mentors have navigated school, exams, UCAS
 applications, and mental health challenges. Students
 can access them anytime, risk-free. Read our
 safeguarding policy here.



#### **Certificates and Prizes!**

Students who attend our webinars and register get a
 certificate to showcase their career commitment - perfect
 for LinkedIn! Plus, asking a question in Ask an
 Apprentice enters them into a prize draw to win Apple
 prizes like a MacBook Air!

#### **LOG IN NOW!**



CV stands for curriculum vitae. That's Latin for your 'course of life' and that's basically what the document does. It tells people who you are and what you've done up to the point of applying.

#### What should your CV include?

- Name
- Contact details
- Personal profile
- Key skills
- Education
- Work experience
- References
- Hobbies and interests/achievements

You DO NOT need to include your age, date of birth or nationality. Employers shouldn't consider those things when deciding to offer you an interview. You also don't need to include a photo.

#### What should your CV look like?

There's no need to try and stand out with jazzy fonts and fluorescent paper. Your CV should be clear and easy to read.

#### Your CV should:

- Be no longer than two pages.
- Use an easy-to-read font like Arial or Times New Roman. The font should be black and sized between 10-12.
- Use headings and bullet points. Keep the layout simple and make it easy to read.
- Use plain language.

CLICK HERE FOR MORE DETAILS





Do you know a STEM student who shows real potential? Kick start their career in Optometry.

For us, Optometry is more than just glasses. **It's the chance to change lives**. To work with cutting edge tech and diagnose diseases. It's a long-term career choice that can lead to you owning your own store and becoming a partner with us. **Sounds good right?** 

#### FIND OUT MORE!

We launched the Bright Stars scholarship last summer, and after a brilliant first year, we're excited to run the programme again. The scholarship is an exclusive opportunity for students interested in Optometry to get the support they need to go far, including:



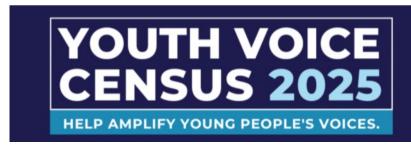
This is a one-of-a-kind scholarship, with only 40 places across the UK.

#### How can you help?

We need your help to find the brightest and the best STEM students - the ones with the potential to excel. And for each successful student that enrols on the Bright Stars Scholarship, we're offering £100 worth of vouchers for your school. It's our way of saying thank you.

Already have a student in mind? Intrigued to find out more? Head to our website!

#### **HEAD TO OUR WEBSITE!**





#### The Biggest Youth Voice Survey is Back!

The Youth Voice Census is back again for 2025. By getting involved, you'll help to amplify the voices of young people across the UK. Your support will shape policies and create real change in education, work opportunities, and life experiences.

#### **Key Dates**

31st March: The Youth Voice Census survey opens for responses

28th April - 2nd May: Your Say Day

6th June: The Youth Voice Census survey closes

September: We unveil the report and share the results with MPs, policymakers, employers, and you!

**Help Us Amplify Youth Voices!** 

The more youth voices we hear, the bigger the impact. Let's make sure every young person's voice is heard.

#### **Get to Know the Census**

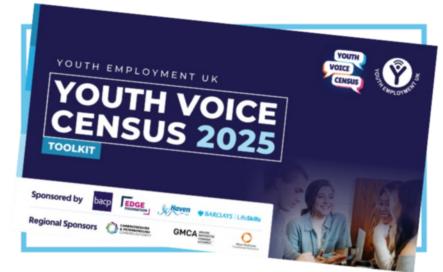
Aged 11- 30? The Youth Voice Census is your chance to share how you feel about school, work and life.

Don't worry - it's completely anonymous. Your answers will be used to help inform real-world change to make your experiences better.

Every year, thousands of people complete the survey, sharing their opinions to shape the future.

Depending on the answers you give, the survey can take between 10 and 45 minutes to complete. You can start and stop as many times as you like, saving your progress as you





TAKE THE SURVEY HERE

# YOUTH VOICE CENSUS 2025

What would help you find a job now or in the future?

**TELL US ABOUT IT** 

Complete the survey by

6 June 2025







# Training 2000 Interview tips...

## Top tips for a successful interview

#### Plan your journey

Allow extra time and plan to arrive at least 15 minutes early. If you are unfamiliar with the location, do a test run.

#### Research, research and research!

Be prepared for the interview - research the company and your role.

#### **Appearance**

Dress professionally for an interview.

#### **Behaviour**

Make sure that you use positive body language, such as a firm hand shake, sit up straight and make eye contact. Don't take your mobile phone into an interview with you.

#### **Sell yourself**

Take a record of achievement file with you including your GCSE certificates. You can take notes into your

Our guide to help you stand out from the crowd at your interview

### **Before your interview**

Practise answering interview questions with someone else. If you are at school or college, you may be able to arrange a mock interview.

Keep in mind the interviewer wants to find out about what you can offer them: the particular skills and qualities you can bring that set you apart from other applicants.

But it's not just about what the employer is looking for – try to think of some insightful questions you could ask, for example:

- Future opportunities for progression?
- Do you have a mentor scheme?
- What responsibilities would I start with if I was successful?
- How soon could I start?

### On the day - breathe!

#### **First impressions count!**

Make sure you dress appropriately and look the part. Avoid elaborate jewellery, body piercings, excessive make up and hairstyles, etc.

Offer a firm handshake and make appropriate eye contact with the interviewer.

It's OK to take a moment to think through your response, and better to have a considered reply rather than a rushed answer. If you need more time to think about your answer, ask the interviewer to repeat the question. Don't let your nerves take hold of you, channel them and use them to your advantage!

Remember it's not enough to just say you're good at something - always try to provide examples.

It's fine to ask questions! Ask your prepared questions and anything that came up during the interview... Avoid JUST asking about your salary and benefits!

# Commonly asked interview questions

#### Background on you...

- Tell me a bit about yourself?
- What do you like to do in your spare time? (hobbies etc)
- What is your current situation? (i.e. school, college, employed)
- Have you been given any responsibilities? (i.e. prefect etc)

#### Why should they hire you...

- What made you apply for this position?
- What do you know about the company?
- What can you bring to the company?
- What skills do you have that will help you in this

### Can you give me an example of when...

- You worked as part of a team?
- You used your initiative?
- You worked under a pressure?
- You worked to a deadline?
- You multi-tasked successfully?

#### Self evaluation...

- What do you consider your strengths?
- What do you consider your weaknesses?
- What is your greatest achievement and why?

#### Future career plans...

- Where do you see yourself in five years time?
- Have you got a future career in mind?

# Did you know that you can book a mock interview with your Training 2000 recruitment advisor?

## **CV** tips

Use a positive tone throughout

Maintain a consistent font and use appropriate sizing

Keep it up to date with relevant information

Use a chronological order with work experience and qualifications (most recent first)

Keep it simple and clear

Spell check and use correct punctuation and grammar

#### **Key things to include:**

- Contact details
- Personal statement a short introduction to you
- Grades / education history
- Work experiences
- Work history (if it's not your first job)
- References
- Key skills

# What happens next...

#### If you are successful in the interview:

- We will call you and offer you the Apprenticeship position
- A member of Training 2000 will contact you to officially register you on the Apprenticeship programme
- A start date in company will be agreed and you START your employment
- You will be invited into Training 2000 to complete your on-boarding

## If you are unfortunately not successful in the interview:

- We will get feedback from the company and find out why
- We will contact you and explain what steps we can take to make the next interview successful (this may include a mock interview here at Training 2000)
- We will continue to pair you with companies and arrange interviews until you are successful in finding an Apprenticeship

# www.training2000.co.uk | 01254 54659

Part of the University of Central Lancashire



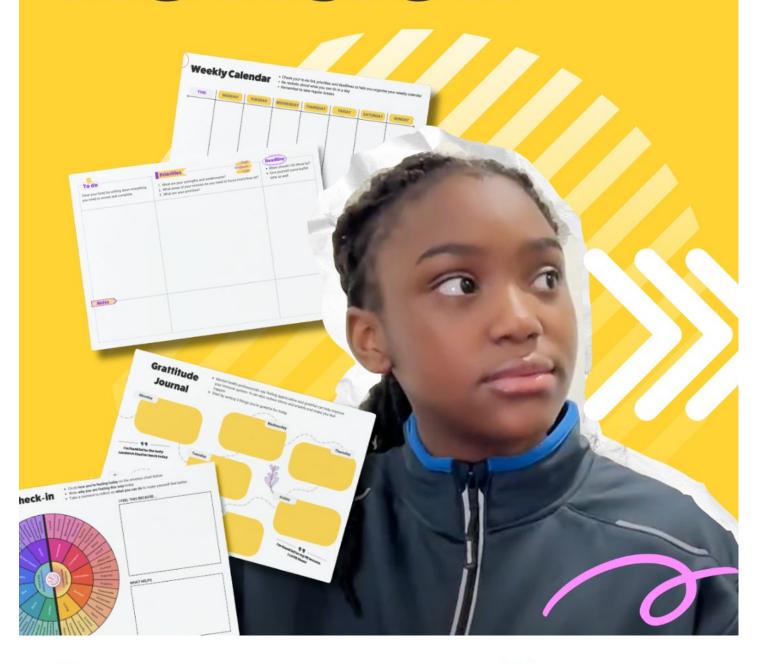








# Tech for Revision



innovate< kev>

#### **Tech for Revision**

We have created resources, including 3 digital tools and 4 downloadable resources to help you with your exam revision.

#### **Check them out**



We want you to know that we understand that exam time can be quite difficult, but with the right tools, you can completely change what's in your control.

We want to empower you with these tools and knowledge. Everyone learns differently, and you are unique, so your way of learning should be unique to you.

#### What's included

- Tips on staying focused and fresh
- Templates to prepare and plan for your revision
- Apps and websites recommendations
- What to do on the exam result day and next steps

#### **Check them out**





We are incredibly excited to invite you to the **Young Professionals Summer Conference** at The O2 Arena in London on **Tuesday 15th July**, 1:30pm - 5pm - our biggest event to date. This is your chance to step inside one of the world's most iconic venues and meet some of the most prestigious employers in business, banking, finance, law, engineering, and technology, all in one place.

There will be a big focus at this event on Business and Entrepreneurship, with a step by step guide on how to start a business, raise finance, scale and market brands on a global scale. Dan Miller our Founder and CEO will play a big part in this session and sharing his journey on how he founded the YP brand and made his first million by the age of 25! We will also have guest speakers from huge companies at global law firms, banks and accounting firms to share why their industries play a crucial role in supporting and growing companies.

All students that attend will get a professional LinkedIn headshot as well as a digital PDF link packed with CV templates, how to start a business, top tips on applying to corporate roles as well as lots of other useful content.

#### **Event Details**

Date: Tuesday 15th July

• Location: The O2 Arena, London

• Time: 1:30pm - 5:00pm

• Who can attend? All students at school / university

#### **Meet Global Employers Looking for Future Talent**

This year's event will feature representatives from some of the biggest names in business, banking, finance, law, engineering, and technology. Some of the employers attending include; **Goldman Sachs**, **BDO**, **Lloyds Banking Group**, **Rothschild & Co**, **Legal & General**, **Grant Thornton**, **UBS**, **Linklaters**, **Farrer & Co**, **Charles Russell Speechlys**, **Browne Jacobson** and many, many more still to be announced!

If you are serious about your future, this is the event you cannot afford to miss.

#### **Why You Should Attend**

- The format of the event will be 90-minutes of workshops, presentations and panels for all students followed by a further 90-minutes of networking.
- Exclusive networking with top employers Speak directly with recruiters and decision-makers from the biggest global firms actively hiring young professionals. Get work experience and secure either a grad role or apprenticeship
- Unmissable keynote speeches Hear from senior business leaders (to be announced soon) as they share insights, career advice, and industry trends.
- **Expand your professional network** Build valuable connections with industry experts, company representatives, and like-minded peers who share your career ambitions.
- Experience an event like no other This is not just another careers fair. This is a next-level experience that could open doors to life-changing opportunities.

This is the **largest event we have ever hosted**, and places are expected to fill up fast. If you want to connect with top employers, hear from industry leaders, and gain the tools to set yourself apart, **register today before all places are taken**. Please note that there is a booking fee of £26 to secure your place, this goes towards the venue hire, food and drink, goodie bags, downloadable resources for you to keep, as well as some of the incredible speakers we are booking for this event.

#### **Register Now:**

#### Support for students with special educational needs and disabilities

Starting university of South Wales

Starting university is an exciting new chapter
filled with opportunities and challenges. If you
have special educational needs or a disability
(SEND), you might feel uncertain about what to
expect. However, reat assured, UK universities
are dedicated to supporting you every step of
the way. This guide will introduce you to the
resources, adjustments, and services designed
to help you thrive and make the most of your
university experience.

Peclaring your disability

Your first step towards accessing support
is to declare your disability on your UCAS
application or directly to the university.
Many students worry this might affect their
application, but universities are legally
required under the Equality Act 2010 to treat
everyone fairly. Declaring your disability at

helps universities understand your needs and arrange reasonable adjustments to support your learning and university life from the very beginning.

The Disabled Students' Allowance
If you have additional needs due to a disability,
learning difficulty, or long-term health condition,
you can apply for the Disabled Students'
Allowance (DSA) (page 60). This non-repayable
grant can cover the cost of:

- non-medical helpers, such as a mentor or note-taker travel costs related to your disability specialist equipment, like a laptop with assistive software other resources tailored to your needs.

It's important to apply for the Disabled Students' Allowance (DSA) early, as the process can take some time. While it might seem overwhelming at first, universities are here to guide you through it. At the University of South Wales, for instance, you can connect with a Disablity Adviser during open days, taster assisting or through their dedicated email inbor, even before you enrol. These conversations ensure you have the support you need in place, ready for when you start your university journey.





# **UniTasterDays.com**

# Students' Guide to **University 2025**

The key higher education facts for students thinking about university

Produced in collaboration with HELOA

### **DOWNLOAD** NOW!

### How to choose the right university for you

By Charlotte Higgins, Marketing Officer at the University of Derby

Choosing a degree to study is a big decision, as is selecting the right university. At the University of Derby, we believe making your choice should take into consideration three key factors.

Choosing the right degree It is vital to select a degree that you are passionate about. You will study the subject for the next few years, so it must be an area that you will enjoy. Review courses on university websites and prospectuses that suit your interests.

There are also various types of degrees to be aware of, including a traditional three-year programme, foundation pathways to help you transition to university, integrated masters if you're looking for advanced learning, or sen a degree apprenticeship. Whatever you choose, check it suits your preferred learning and assessment style, such as writing assignments or practical assessments.

Sometimes it's easier to research your dream career, then work backwards to discover what you need to study. But don't worry if you are unsure. Career teams at college and university can help you find out. At the University of Derby, we offer tailored support no matter your chosen course or your previous experience. We provide access to services and programmes to help you reach your career goal.

Top tip: If you have a specific career in mind, find out if your degree needs to have any specific accreditations from an industry board.

Example: If you want to become a professional psychologist, you need to study a degree that is accredited by the British Psychological Society.

#### Choosing the right camp

Choosing the right campus

A university's campus is the heart of your
learning journey. You're likely to spend time
in a range of lectures, seminars, and other
learning activities, so make sure the campus has
everything you need to succeed. This includes
passionate teaching staff who are experts in
their field and excellent facilities available for
you to use.

What to expect at a university open day

Open days are the perfect way to experience first-hand what being a student at a particular university is ready like. You can gather lots of useful information online and in prospectuses but nothing being in the university environment and having the opportunity to expect to academics and current students. Open days a peacked with scheduled activities to help you get a feel for a university and see if somewhere you might want to study.

opportunity to about your cho

Top tip: You w library during the library at a is available.

Example: At dedicated te are ready to your source

Choosing

University

independe new friend

Universiti available our Stud-your app us. This support

Campus tours
Arquably the central event of the day, these
guided tours are typically led by current
students who show you around the campus.
You'll expired the university environment, see
commonal areas such as cafes and libraries,
and have correct. This gives you insights into your
day-to-day life as a student, and you might see
work and projects you could do yourself.

Course taxes

Throughout the day, there will be a range of informative talks offering information about the university, specific courses, and student support. Most universities host a welcome talk at the start of the day to highlight the unique aspects of that university.

Course-specific talks hosted by academic staff are also very valuable. These talks share detailed information about the courses you're

current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.

couppur taxes.

Finally, there are additional talks and session throughout the day to introduce you to other university departments and of You could find yourself in talk accommodation options, what is available, student experienc receive advice for applications

Accommodation tours

If you're looking to move away
to study at university, you'll wa
what accommodation options
to you. Similar to campus tour
be an opportunity to look arour
commodation sites with hely
accommodation sites with hely
students there to answer any or
students there to answer any
facilities offered in different ac
sites. Imaginize yourself living
student is just as important as
course you'll be studying.

#### Plan your day

Plan your day
Open days can be quite intense,
talks and sessions, but there's s
to gain from them. Universities to
to gain from them. Universities the
open day programme after y
for an open day. This contains ti
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cach talk and four, so you can m
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#### Scholarships: finding financial opportunities and standing out in applications

By Jon Hering, Head of Commercial at Blackbullion

We get it: studying is expensive.

Tuition fees are going up in September 2025, there is an ongoing cost-of-living crisis, and rising inflation affects how muci your maintenance loan can help. Heading to university can seem like a pricey way to kickstart your adult life.

To date, Blackbullion has released over £25 million in additional funding-grants, bursaries, hardship funds, and scholarships - through our Funding Hub. Our first corporate scholarship launched in April 2023. Since then, we've continued to work with brands like Amazon, Nationwide, and Accenture to help students cover the costs of university.

Even though there are more opportunities out there, the market for scholarships is still small and highly competitive. That's why this article is here to help you find the right opportunities. It will give you the tools to stand out and smash your applications, so you have the best chance to secure additional funding for your degree.

#### When to expect scholarships to launch

- National Scholarships Week 2025 -running 31 March to 4 April 2025, in partnership with Amazon. Last year, NSW 2024 launched over £800,000 worth of scholarship funding through corporate
- scholarship varbating in partners.
  April 2025 a key period when many scholarships open. Make sure to prepare applications in the spring.
  September 2025 another wave of scholarships launches in early autumn, giving you a second chance.

#### Scholarships as a gateway to care

Schotaranips as a gateway to careers Many scholarships provide more than financial aid. They offer internships, mentorship, and work experience. These estras can be pivotal in building your career. Try to seek scholarships aligned with your goals, as these opportunities will make you more appealing to future



Learn more about bursaries, scholarships, and free money on Episode 22 of The Uni Guide Podcast, featuring the author of this article, Jon Hering from Blackbullion.





#### Making that all-important decision

Making that all-important decision
Going to university helps you build a strong
foundation, academically and personally,
providing new and exciting opportunities. Making
an informed choice on your subject, location, and
potential future career gives you the greatest
opportunity to succeed, bust remember to make
a decision that is best for you and your future,
and will help you to thrive.

# PREPARING FOR ASSESSMENT CENTRES

Assessment centres are a common part of the apprenticeship application process, especially for degree apprenticeships. In this article, Naomi Furlonger, Early Talent Consultant at E.ON, shares her assessment centre dos and don'ts.





**Research the company** before the day and read the preparation information very carefully.

Know about the **role you are applying for -** find out what it means to do that role.

Know your **CV and application information** well.

Show that you are **passionate and motivated**, don't just say it!

Remember that you are being **assessed at all times** – even outside of specific sessions.

**Engage** with colleagues there on the day - make sure you think of some **questions to ask** to show you are interested.

Remember assessors aren't there to catch you out, they are hoping to find out if you are the right fit for the role AND if the role and company is right for you.

Dress smartly.



Rely on **Chat GPT or other Al tools** to write your presentation and interview answers.

Always shout the **loudest** in group activities - it isn't The Apprentice!

Make anything up about yourself as part of the application process - the truth will be uncovered during the assessment centre.

Compare yourself to other candidates - focus on your performance only.

Think that you **need to know everything** - you are applying for an apprenticeship to learn about the role, we just want to see passion and motivation.

Panic! You will be your true self if you relax and enjoy the experience, so try not to panic and be too nervous!

But most of all...be your 'best' self and enjoy it!





Find out more about assessment centres and hear from Naomi and one of E.ON's apprentices, Lucia, by catching up on this webinar: <a href="mailto:amapps.uk/webinar-assessmentcentres">amapps.uk/webinar-assessmentcentres</a>

# IS IT TOO LATE TO FIND AN APPRENTICESHIP?

Many individuals will be searching for apprenticeships in the summer term, and often worry that they've left it too late. In this article we explore what to expect and where to find vacancies that are still available.

#### When is the best time of year to look?

Apprenticeships are real jobs, and employers will decide when they advertise their apprenticeship opportunities. We typically see an increase in apprenticeship vacancies in the autumn (around September / October time) and again in the spring (January / E bruary time) but there will be a steady flow of new vacancies throughout the year too.

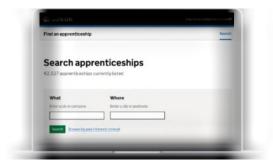
# Is it too late to find an apprenticeship at this point in the year?

Not at all. Although many employers, particularly those with larger intakes of apprenticeships, will have already advertised and filled their positions, there will be many other employers who will still be recruiting. We see new apprenticeship vacancies created throughout the year, including the summer term.

#### Where can I find apprenticeship vacancies?

One of the best places to begin will be the government's F nd an Apprenticeship website. This platform provides an excellent starting point and lists thousands of 'live' apprenticeship vacancies from across England.

findapprenticeship.service.gov.uk



You can also search for apprenticeships in lots of different ways, including:

- Social media lots of employers will advertise their opportunities on sites like Facebook, Instagram and LinkedIn.
- Local jobs sites many Careers Hubs have websites that help to advertise local opportunities.
- Directly with the employer if you have an employer in mind, you can search on their website to see if they are recruiting.
- Recruitment fairs there may be local recruitment or careers fairs taking place and these are a great opportunity to meet local employers with vacancies.

#### What types of opportunities will be available?

At this time of year, there will still be a variety of apprenticeships available, covering lots of different job roles and at different levels. You may find that some of these positions are with smaller, more local companies. Please don't overlook these - there are many really fantastic apprenticeship opportunities with smaller companies too.

#### Where can I find out more?

Check out our previous webinars on searching and applying for webinars, and sign up for future webinars here: <a href="mailto:amapps.uk/webinars">amapps.uk/webinars</a>

Sign up to receive our monthly vacancy mailing

here: amapps.uk/vacancies



# Real students. Real employers. Real advice.

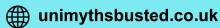
Research and real stories to bust common myths about uni, helping you feel confident in your decisions.













In collaboration with:

University



Supported by:







### **Youth Futures Team**



# Next Steps

# **Leaving School? What Next?**



- A Levels
- Vocational Courses
- T Levels
- Entry Level Courses



- Work Based Training
- 4 days work, 1 day college/training
- Apprenticeship Salary
- Qualification on completion

# **Employment**

- Full Time / Part Time Work
- Hourly / Salary Paid
- CV Needed
- Interview Preparation

**Training** 

- Support Your Employability Skills
- Build Your Confidence
- Vary From 4 12 weeks!

# **Want Support?**

#### Please contact the Youth Futures team on

youthfutures@lancashire.gov.uk Alison (East): 07729 081094 Anna (North): 07354 167290 Steph (Central): 07917 534459





# NEW

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# PODCAST

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# How are YOU building your skills for life and work?







Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Dentistry: https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- Comprehensive Insights: The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- Flexible Participation: Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- Recognised Certification: Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

The new speciality on General Practice or Public Health & Oral Pathology is available now.

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: https://airtable.com/appgXnyzN5ZD9lwk6/shrGJUAtigzZzDwTN

Aspiring Dentists: https://airtable.com/appgXnyzN5ZD9lwk6/shr1YAbWctfkXarfQ

Previously successful Medical students:

https://medicmentor.org/successful-student-journeys-reviews/

Previously successful Dental students:

https://dental-mentor.org/successful-student-journeys-reviews/

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <a href="https://medicmentor.org/become-a-medic-mentor-student-2/">https://medicmentor.org/become-a-medic-mentor-student-2/</a>



The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

#### https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

#### Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- Why not sign up today?







Scan to register!

# Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you stepby-step through your application to medical school.

#### This includes:

- · Application Timelines
  - · Interview Training
- · Personal Statements
  - · CV Building
  - UCAT Exams
  - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!



When applying to dental or medical school and the new UCAT changes, students should aim for a minimum UCAT score of 2000 Band 2, which is within the top 20% of UCAT results. It's my goal to ensure that your students are equipped with the best resources, support and guidance through their UCAT preparation to help achieve the best score possible.

One of the best ways you can help provide this support is by inviting aspiring medics and dentists to our upcoming Get Into Conferences. These events, led by experienced Chief Mentors and guest speakers who scored within the top 10% of the UCAT exam, are designed to guide students throughout not only the entire UCAS application process, but also how to tackle the UCAT with confidence.

Register for the Get Into Medicine Conference on: Sunday 11th May from 9:30am - 3:30pm

https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO

Register for the Get Into Dentistry Conference on: Saturday 17th May from 9:30am - 3:30pm

https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBAcC19kE

At one of our previous conferences, we heard from Carolyn, a medical student who shared some valuable, in-depth insights into the UCAT exam:

"To help with your working and your speed for decision making, using algebra and abbreviations is really helpful. Try not to write down all your workings out and keep it minimal so you're not wasting too much time. I know that the UCAT can seem quite intimidating, but there is a huge network of support you have access to through Medic Mentor. Remember, if someone was able to do this before you, there's a good chance that you're going to be able to do this as well, it just takes the right bit of practice."

Attending these conferences provides your students with valuable insights and strategies for tackling the UCAT, as well as giving them an opportunity to connect with other like-minded individuals who share their passion for medicine and/or dentistry.

During these sessions, we will cover:

- UCAT and UCATSEN overview and resources
- Tactically choosing universities
- Medical and Dental school interview skills
- Medical and Dental Awards and Leadership Programmes
- Extracurricular activities
- Work experience
- Building a medical/dental CV
- Applying for scholarships to study medicine or dentistry

Your students will not only leave with enhanced test-taking abilities but also invaluable connections and resources to support their dream of a career in healthcare.

Students and parents can register for free at this link:

Medicine: https://medicmentor.org/get-into-medicine-university-conference/

Dentistry: https://dental-mentor.org/get-into-dentistry-university-conference/

Previously successful Medical students: https://medicmentor.org/successful-student-journeys-reviews/

Previously successful Dental students:

#### https://dental-mentor.org/successful-student-journeys-reviews/

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: https://medicmentor.org/become-a-medic-mentor-student-2/

#### Getting medical work experience

If you are a student planning to apply to medical school or a doctor who is about to take on a student for work experience, our guidance will help you to get the most out of work experience placements.

Work experience in a caring or service role is now an essential step when getting into medical school. Medical schools will be looking for students who have gained a broad range of healthcare experience. Both students and doctors should use the advice and resources below to guide them through the process.

#### **Advice for students**

All UK medical schools now require applicants to have experience in a caring or service role, either paid or voluntarily, in health or related field, as well as direct observation healthcare.

You can get a placement in a range of healthcare settings, such as a GP practice, hospital or even internationally.

Keep in mind that it will take some time. You may need to apply to many places before you get a positive response.

#### How to get a placement

Get in touch with GP practices. Contact practice managers and GPs to explain who you are and ask for their help. Many will ask you to complete an application form.

Make the most of any contacts you have, such as relatives, neighbours or friends who work in healthcare or in a hospital.

If you can't shadow a doctor, look at shadowing another healthcare professional like a pharmacist or physiotherapist.

#### Organisations that can help

There are a number of organisations that can help you to get a voluntary placement in a caring role, some of these include:

- Volunteering England
- Kissing it Better
- St John Ambulance
- Royal College of General Practitioners

The BMA does not encourage healthcare professionals to charge students for placements, although there may be instances where you could be asked to cover costs such as administration. Don't be afraid to ask what, if any, costs you may be asked to pay before starting your placement.

#### Top tips when on a placement

- Dress smartly as you would for a job interview.
- Be aware that some patients may wish to be seen without a student present. Don't take this personally.
- Remember that patient confidentiality is important. You must not, under any circumstances, discuss patient
  issues outside of the department or practice you are based in. Be aware that you may be asked to sign a
  confidentiality agreement.
- It would be inappropriate for you to see a patient that is known to you socially, whether it be a family member or friend. If this happens you should tell the person who is supervising you and leave the room.
- Make sure you tell your placement what you expect to get out of it and let them know if there is anything that you would like to do or learn whilst you're there.
- Keep a log/ daily diary of what you did and saw. This can help solidify what you learn, but is also an important reference tool when you are writing a personal statement and preparing for your medical school interviews.
- Try to speak to a diverse range of staff. Time with other healthcare workers can offer a great insight into the multi-disciplinary approach to healthcare.
- Ask questions and show enthusiasm. Ask the doctors about what they think are the qualities of a good doctor, ask them about their work patterns, lifestyle or whether they would choose medicine again as a career.
- Talk to patients remember to be polite and introduce yourself as a medical school applicant on work experience.
- Be proactive and offer a pair of helping hands at every opportunity.





Scan to register!



# Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you stepby-step through your application to dental school. This includes:

- Application Timelines
  - Interview Training
- Personal Statements
  - CV Building
- · Entrance Exam: UCAT
  - Extracurriculars
- · Accessing Medical Leadership Programmes,
- · Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!



After the success of our recent NHS National AHP Work Experience session, I am thrilled to extend an invitation to your students in years 10-11 for our upcoming sessions in June:

#### 1st June: Paediatric Pathway

- We will be following our patient Samantha, from her birth, to her diagnosis of mild cerebral palsy at 2 and then to her early teens where our team work with her to help her keep her independence through treatments, medication and support equipment.
- With teaching on paediatric medicine, medical conditions, diagnostic tools our team use on a daily basis and the skills our Allied Healthcare Team need to help make a difference and give the best care they possibly can to their patients.

Register here: https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/

The NHS Virtual Allied Healthcare Work Experience offers a unique opportunity for aspiring healthcare professionals. It's a rare occasion for students to hear from our exceptional guest speakers.

Students will gain an intimate look at the healthcare industry in the LIVE virtual work experience, delving into diverse roles within allied healthcare and taking a closer look at patient care by following the journeys of two patients from incident through to treatment.

The NHS Allied Healthcare Work Experience is the largest programme for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year - many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Registration Link: https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/

Once registered, students will receive access to their virtual work experience portals. Better yet, every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme, there's a Highly Commended Reference - a golden ticket for their apprenticeship and UCAS applications.

Registration will start at 8:30am then the live work experience session starts at 10am, with an end at 5pm. Plenty of breaks are scheduled throughout.

Students can register at any time throughout the 6-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months:

https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/



Take your first steps into the world of healthcare careers in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and what they do day to day, you will dive into live work experience sessions from the safety of your home.

Witness the journey of two patients from injury to recovery over 6 months, and experience how many different healthcare professionals are involved in a patient's care, from hospital all the way throught to a community team.



# APPRENTICESHIPS LINKED TO MODERN FOREIGN LANGUAGES

Amazing
Apprenticeships

- AIR TRAFFIC CONTROLLER
- AVIATION OPERATIONS MANAGER
- CABIN CREW
- INTELLIGENCE ANALYST
- INTERNATIONAL FREIGHT FORWARDING SPECIALIST
- JOURNALIST
- MARINE PILOT
- TEACHER
- TRANSPORT PLANNER
- TRAVEL CONSULTANT AND MANY MORE!



Interested in apprenticeships, but not sure what to do next? Take a look at the employers offering apprenticeships that link to the subject you love.

amazingapprenticeships.com





Level 2 Accounting Apprentice Gow and Partners Limited, Darwen	VAC1000315586
Level 2 Apprentice Painter and Decorator Choices Decorators Limited, Darwen	VAC1000318000
Level 2 Apprentice Furniture Maker KRD Cabinets Limited, Wigan	VAC1000315683
Level 2 Landscape Operative Apprentice Inspired Gardens, Leyland	VAC1000318459
Level 2 Apprentice Furniture Manufacturer Matthew Marsden Furniture Ltd., Chorley	VAC1000318903
Level 3 Apprentice Business Administrator Waddington and Son Solicitors Limited, Preston	VAC1000318013
	VAC1000318013 VAC1000316755
Waddington and Son Solicitors Limited, Preston  Level 3 Accounts Apprentice	
Waddington and Son Solicitors Limited, Preston  Level 3 Accounts Apprentice Flourish Finance Limited, Chorley  Level 3 Content Creator Apprentice	VAC1000316755
Waddington and Son Solicitors Limited, Preston  Level 3 Accounts Apprentice Flourish Finance Limited, Chorley  Level 3 Content Creator Apprentice Principle Signs & Graphics Ltd., Chorley  Level 3 Business Administration Apprentice	VAC1000316755 VAC1000317935

<sup>\*</sup> There are 15 vacancies on offer with WEC Group. WEC have an in-house training academy and is one of only a few certified welder training centres in the North West.

Check out the website here: <a href="https://www.wec-group.com/wecacademy.html">https://www.wec-group.com/wecacademy.html</a>

To search for an apprenticeship anywhere in England, have a look at the national apprenticeship website, create an account and apply for any of the vacancies.

**Click here** 



# CAREER of the WEEK

### Air cabin crew

Air cabin crew is an important role on all flights, with the aim of making the flying experience pleasant and safe for passengers.

As a cabin crew member, you'll provide excellent customer care to passengers while ensuring their comfort and safety throughout the flight. You'll serve refreshments and meals and will also sell gifts and duty-free items to passengers.

As part of your role, you'll be trained to deal with security and emergency situations, which can include administering first aid to passengers.

It's also your responsibility to ensure that all emergency equipment is in working order prior to take-off and that there are enough supplies on board. You'll then take part in a safety demonstration to make sure passengers know how to use the equipment and what the safety procedures are.

#### Responsibilities

As an air cabin crew member, you'll need to:

- be professional, punctual and courteous at all times
- attend a pre-flight briefing, during which you'll be assigned your working positions for the upcoming flight. Crew are informed of flight details, the schedule, the number of infants on board and if there are passengers with any special requirements, such as diabetic passengers or passengers in wheelchairs
- carry out pre-flight duties, including checking the safety equipment and doing security checks, ensuring the aircraft is clean and tidy and that information in the seat pockets is up to date and all meals, drinks and stock are on board
- welcome passengers on board, check documents and direct them to their seats
- inform passengers about safety procedures and ensure that all hand luggage is securely stored away
- check all seat belts and galleys are secure prior to take-off
- make announcements on behalf of the pilot and answer questions during the flight
- serve meals and refreshments
- sell duty-free goods (which can count towards personal targets for commission) and advise passengers of any allowance restrictions in force at their destination
- reassure passengers and ensure they follow safety procedures correctly in emergency situations
- deal with any difficult or inebriated passengers (who may be acting in a rude or anti-social way) politely but firmly, to ensure the safety and comfort of everyone on the flight
- give first aid where necessary
- ensure passengers disembark safely at the end of a flight and check that there is no luggage left in the overhead lockers and no stowaways or suspicious items on board
- complete paperwork, including writing a flight report and totalling duty-free sales









For more information click here