

Your weekly guide to careers information, advice and news from Walton le Dale High School

Welcome to another packed edition of Career News.

Work Experience Week for Year 10 is now almost here. Make the most of this opportunity to experience the world of work: ask questions, find out more about an industry, use your time wisely and enjoy the experience. Make sure that you ring the school and your employer if you are going to be absent for any reason.



In other news:

- Last chance to apply for a place on the Leyland Playscheme training weekend don't miss out!
- GCSE Results Day drop-in session at Alliance Learning in Horwich for anyone considering an apprenticeship in engineering or business administration.
- Apprenticeship Open Event at Preston College on Monday 30 June register today.
- Festival of Making weekend in Blackburn, 5th and 6th July, for all ages. Go along and learn a new skill, or just have fun. There's loads to get involved with click the link inside to see more.
- Loads of apprenticeship vacancies, particularly in nurseries/child care, as well as the Tesco Stronger Starts and Progress Housing opportunities.
- It's not too late to apply to some of the colleges: Preston, Bolton and Blackburn in particular but not all the courses may be available at this late stage. However, you can be added to a reserve list, and may be offered a place if someone else doesn't enrol. Keep an eye on your emails, as colleges will send you invitations to new student days, or enrolment events and you don't want to miss them!
- There are lots of virtual work experience opportunities that you can do over the summer. This is something you can put on a CV, or talk about in future interviews, so well worth doing.



BUILD YOUR EMPLOYABILITY SKILLS

Just look at what you can evidence after a week volunteering with Playscheme whilst having the time of your life!

Leamwork.

Playscheme wouldn't work if everyone didn't pull together when its needed. You will be part of a number of teams on Playscheme.

undependence

have a great responsibility and with that comes a huge sense of independence, you are free to make decisions to ensure the children in your care have the best week of their lifes.

Resourcefulnes

Playscheme conquers all; you will develop the skills to be able to turn your hand at anything after Playscheme. You will be amazed at just how many things duct tape will

hold!

There's no getting away from it; Playscheme IS intense! You will have an amazing time, but you WILL be exhausted, physically, mentally and emotionally.

Eusiness-Acumen

Business Acumen is basically about seeing the bigger picture it is a really hard skill to develop but working in an intense environment where everyone matters and your actions affect others lets you see where you fit, how things work

organisation

it's Playscheme, you HAVE to be organised – and it becomes second nature after a week of organising others. After Playscheme the simple task of organising adults becomes a doddle.

Communication

Whether it be communicating across a tent with 1,000 children in it or getting down to the level of a child to hear exactly what it is they want to tell you; you will come away from Playscheme having the ability to communicate with anyone truly about anything!

And if you are looking to go into Teaching, Childcare, Social care, Coaching or similar professions it is expected that you show evidence that you have a genuine passion and interest in the career. Volunteering looking after children is ideal and it doesn't get much more hands-on than Playscheme.

LEYLAND PLAYSCHEME

For this year's dates and to get involved, just go to: www.playscheme.org/volunteer



Spring news from the Sixth Form Bolton. This digital only version has been designed for mobile, so best viewed using your mobile phone.

This newsletter celebrates staff and student success and highlights just a few of the many activities our students have engaged with this last term.

I hope you enjoy this brief insight into what makes The Sixth Form Bolton a wonderful place to learn.

Stuart Merrills Principal

SPRING EDITION - B6







Get professional careers advice for FREE!

Is your child ready for their next step? Sign up to our free virtual employability workshop events with QA EduQAte created to give them he essential workplace skills to succeed.

We're teaming up with QA and running FREE virtual workshops to help young people build the skills they need to feel confident about their next steps. These sessions offer practical tips, expert advice, and a live Q&A, ensuring that you leave feeling confident about their next steps. All sessions are run virtually giving you the flexibility to join at your convenience!

QA is the UK's largest tech training company and one of the fastest-growing in the US, offering flexible learning programmes tailored to their needs. QA's EduQAte workshops are designed for those at the beginning of their careers who want to excel.



How to Plan Your Career - Thursday 26 June | 4-6pm

Choosing a career path can feel overwhelming. This session will guide students through exploring their options, setting goals, and planning their future with confidence as well as giving them the chance to set their intentions and goals during the session.

Sign up now

Ace Your Job Interview - Thursday 3 July | 4-6pm

Interviews can be nerve-wracking - but with the right preparation, they don't have to be! This workshop will share practical strategies to help students interview successfully and land the opportunities they want.

Sign up now



So, why should you sign up?

- Learn from experienced career coaches and employers
 - Build real-world skills for future success
- Opportunity to ask questions and get personalised advice
 - Open to students at all stages of their journey!
- + attend both events and be entered into a draw to win a £25 Amazon Voucher!

We look forward to seeing you there



The future of engineering starts here, with top employers ready to inspire and invest in the next generation of leaders.







CLICK HERE

CLICK HERE

CLICK HERE

Click the links under the logos above to explore the latest opportunities from these industry leaders.

The engineering sector is bursting with exciting opportunities, and it's evolving faster than ever.

From mechanical and electrical to civil, software, and environmental roles, there's a wide range of career paths for young people who love to solve problems and think creatively.

An engineering apprenticeship could be the perfect fit for those who want to get hands-on from day one. They'll earn, learn, and build real-world skills, all without the cost of a university education.

Help them kickstart a brilliant career in engineering today; the future's wide open!

See Live Engineering Roles Available Right Now!



TQUK Endorsed Course

Level 2 Certified Learning Course in TEFL (120 Hours)

We know many of your students are thinking ahead - whether it's a gap year, university, or a future in education. Why not offer them a head start with a TEFL (Teaching English as a Foreign Language) certification?

At UK-TEFL, we offer a TQUK Endorsed online TEFL course that is ideal for 16–18-year-olds looking to:

- Travel the world after school
- Teach English online or abroad
- Earn while gaining valuable life experience
- Boost their university applications or CVs

Flexible. Affordable. Fully Accredited.

Our online courses are designed with young learners in mind -self-paced, interactive, and fully supported by TEFL advisors.

Let's open a world of opportunity for your students!

FIND OUT MORE

Cost and Duration

The course price is £90 per student. We do offer packages which include additional materials and certificates.

- Course & UK-TEFL E-Certificate: £90
- Course & TQUK Accredited Certificate (RRP £39) or Absolute TEFL Manual: £110
- Full package includes TQUK Certificate & Absolute TEFL Manual: £125

Students have **180 days** to complete the course. We recommend that they spend 120 hours on the course, including the time spent on the assessments. The course is self-paced, which means students can study when it suits them. They can access the learning platform on computers, laptops, tablets and the mobile app.

What's included?

The course is made up of 9 Core Content Modules, a TEFL Exam, and 2 Graded Assignments. Throughout the course, students study using lots of interactive learning elements including: presenter-led videos, narrator-led videos, matching and sorting activities, galleries, flipbooks, tasks, and concept checking quizzes.

On successful completion of the course, students will receive an electronic certificate (unless they have purchased a TQUK package).

All students receive dedicated support from our TEFL advisors with finding work.

FIND OUT MORE





NATIONAL FESTIVAL OF MAKING

Blackburn 5th - 6th July

Age group - all!

The National Festival of Making returns to Blackburn, Lancashire on Saturday 5th - Sunday 6th July.

With a weekend packed full of hands-on workshops and activities for all ages, exhibitions, performances, talks, markets and more, so dive in and start planning your visit.

Find out more here:

Events 2025 | Festival of Making





"Being a member of the YAG has made me feel like I'm truly making a difference. I always feel heard, and my opinions are genuinely valued. It's given me a safe and supportive space to grow, learn, and build confidence. I would highly recommend it to anyone considering getting involved."

- Ava, YAG Member

The Careers & Enterprise Company

Exciting news! We are looking to recruit a Youth Advisory Group (YAG) that reflects the diversity of young people across England.

Whether they are still in education, embarking on their career journey, have left education and are still deciding what to do, or whether they are now in employment - young people's voices matter, and we want to hear them.

YAG members work alongside CEC to inspire change - bringing more young voices into the conversation and helping to improve careers education for everyone in the system.

Here's the link to the application pack: https://bit.ly/43SG1uf

Closing date: Monday 7th July, 9:00am



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For Ages 15-18 ••• 1 or 2 week programmes ••• in London



Trade the London stock market in the finance district Participate in a live Mergers & Acquisitions deal



Explore a Boeing 747 with aerospace engineers

Design an aerofoil to test in a wind tunnel



Perform medical tasks in a London hospital Shadow doctors on a simulated ward round



Argue a human rights case in London's Supreme Court Represent your client in a live murder trial

FINAL PLACES
REMAINING
FOR 2025

Plus, gain a qualification & UCAS points in work experience to boost your university application!



Register Now



CPEN EN 2025



Open Evening - 5.00pm - 8.00pm

to include a 30-minute quiet session 5.00pm-5.30pm*

SATURDAY 22 NOVEMBER

Open Day - 10.00am - 1.30pm

to include a 30-minute quiet session 10.00am-10.30am*

*Reduced number session - places will be reserved for visitors with special educational needs and disabilities, including those with social or sensory challenges.



WE ARE A CENTRE OF
EXCELLENCE FOR
ACADEMIC AND VOCATIONAL
PROGRAMMES



BOOK HERE

Scan the QR code or visit: www.bolton-sfc.ac.uk











Rise Academy Summer School is Back!

After the great success of the last three years, The Rise Academy Summer School is back for 2025 and bookings are now open!

The Rise Academy Summer School will take place on **Monday 28 July** & **Tuesday 29 July** at **dock10 Studios in Salford** and on **Thursday 31 July** & **Friday 1 August** at **London Screen Academy**, **London**.

Availability for each of the days are limited so please don't delay in securing a place or places! Our summer school is completely FREE to attend however, as a registered charity we do rely on donations to make these experiences possible.





The Rise Academy Summer School offers young people the chance to get hands-on experience of working in media technology, and learn about all of the different steps that are needed to get great content onto your TV, tablet or phone, including:

- Building a TV studio and creating a TV show;
- Exploring an Outside Broadcast (OB) Truck;
- Creating eye catching graphics;
- Learning more about post production and getting hands-on editing video content;
- Finding out more about what virtual production is:
- Exploring cloud technology.



Drowning Prevention Week (DPW) is one of the largest summer water safety campaigns across the UK and Ireland.

Get involved: 14 - 21 June 2025.

Drowning Prevention Week (DPW) is our biggest campaign of the year, targeting families, carers, teachers and instructors of children aged five to fifteen years old with the aim of educating them about water safety.

No child should drown, and with the right water safety education – such as knowledge of the Water Safety Code – accidental drownings are preventable. Drowning Prevention Week is deliberately timed ahead of the school summer holidays when children spend more time outdoors and when vital water safety skills can help keep children safe.

Please help spread the word and encourage everyone to have the water safety conversation with children. DPW is critical in raising awareness and encouraging the public to enjoy water safely.

There are lots of leisure operators and swimming pools/schools getting involved in Drowning Prevention Week this year.

Find venues near you getting involved!

In Drowning Prevention Week 2024 we achieved:

- Our free resources were used to educate an estimated 1.25 million children about water safety
- Shares, likes and comments increased by over 80% across Facebook and Instagram compared to 2023
- Drowning Prevention Week was featured in 275 press articles and broadcasts, including BBC, Sky, ITV and the Sunday Express
- Our video "For Joe and Sunnah" had over 200k views, resonating with families across the UK and Ireland. Thank you to Stephanie Williams and Vanessa Abbess for bravely sharing their stories





Level 1 & Level 2
Study Programmes
for School Leavers
Starting this
September

Hands-on Learning

Train in real workshops with real tools - just like the pros.

Real-World Experience

Site visits, employer-led projects and hands-on work placements included

Big Career Goals? Big Earning Potential.

 Electrician - earn up to £45,000 per year!

With further study:

- Electrical Engineer earn up to £58,000 per year!
- Building Services
 Engineer earn up to £51,000 per year!

Apply now at www.boltoncollege. ac.uk/yp-construction/electrical or scan the QR code.







Find university events with UniTasterDays.com, including:

Taster Days | Residential Events | Workshops | Open Days



info@unitasterdays.com



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The Army is much more than just a job, it's a sense of belonging. We offer incredible opportunities for travel, sports, and personal growth.

Discover the World with Army Sports and Travel

Imagine skiing down pristine slopes, organising adventurous trips, and exploring diverse cultures around the globe. With the Army, these experiences are within your reach. The Defence STEM Undergraduate Sponsorship (DSUS) not only helps fund your university education but also provides financial support for Adventurous Training and travel opportunities.

REAL STORIES, REAL ADVENTURE.

Take it from one of our bursary recipients, who shared their journey:

"During my second year at the University of Nottingham, I applied for the DSUS bursary and was fortunate to be granted it. This bursary allowed me to set aside funds for Adventurous Training (AT) and travel. I achieved my Ski Foundation (SF1) qualification on my Unit's Ski trip and organised an AT trip to Scotland, gaining my Kayak Foundation (K2F qualification)." – 2Lt Beattie

Read 2Lt Beattie's Story

What is the DSUS Bursary?

The Army relies on STEM expertise to maintain a modern fighting force. Our Defence STEM Undergraduate Sponsorship (DUSU) Scheme offers an opportunity for STEM Undergraduates, worth up to £42,750. That comprises of an annual bursary of £5,000 and tuition fees up to £9,250 for each of your three years at university.

Download Army Bursary Information







Discover free courses you'll love

Want to upgrade your skills?

Whether you're learning for fun or looking to future-proof your skills, learning doesn't have to come at a cost.

Unlock your free world of learning and explore free online courses across teaching, finance, tech, marketing and more.

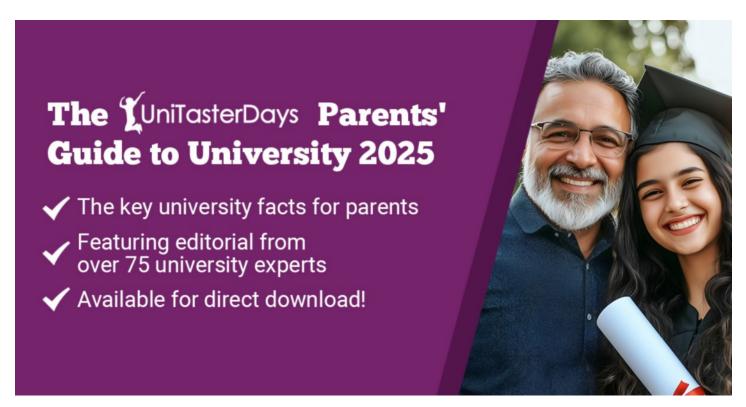
Explore free courses

Learn at no extra cost

Make online learning work for you with our collection of 100% free and flexible online courses.

Boost your employability with a FREE CV review

Get CV Review



Just released: The Parents' Guide to University 2025

The new UniTasterDays Parents' Guide to University 2025 is now available – packed with expert advice to help parents and carers support students with their university decisions.

Produced in collaboration with HELOA and supported by the CDI, Careers England and Action on Access, the guide includes insights from over 75 university experts, plus a must-read student finance section from Money Saving Expert Martin Lewis. It's completely free and requires no registration,

The guide covers every stage of the journey. From research and events, to applications, finance, and preparation. With new content this year focused on navigating university choices during the cost-of-living crisis.

"Written by experts from 75 universities, this year's UniTasterDays' Parents' Guide covers everything you need to know for your child to make their decisions about university - how to work out where and what courses they should apply to; how and when to apply; how to access any support - practical or financial; visiting university events in your area or at one of the chosen universities; and what will be the likely cost and the reasonable repayment terms. You will also find some invaluable information on specific courses and careers; as well as real-life information on what life at university is like.

Despite the messages we continually see in the news that university is too expensive, does not lead to jobs, is just not worth it - degrees do open all sorts of doors. The university experience leads to greater lifetime income, to rewarding careers, and to your child making lifelong friends and maturing into a rounded and informed adult. Studies show that parents are the key influence on their children making a successful transition into higher education. In this Parents' Guide, experts provide the facts and guidance that parents need in order to give the best advice to their children."

Andrew Rawson

Director, Action on Access; and Founder, Action on Access Information Hub and Email Briefing Service.

Download the Parents' Guide 2025





Summer Open Evening – Thursday, 26 June, 5:00pm - 8:00pm

This event is open to Year 10 students (and to any Year 11 students who may wish to visit the College one final time). The evening offers an excellent opportunity to explore our campus, meet our students and speak with teaching and support staff about our courses and enrichment opportunities. Visitors will also receive a welcome from the Principal. This event provides a valuable opportunity to experience the College in the summer and to end the academic year with a focus on the next steps ahead.

Saturday Open Day – Saturday, 27 September, 9:30am - 12:30pm

In response to feedback from schools and from parents and carers, we have introduced a new Saturday Open Day for the 2025/26 recruitment cycle. We hope this will allow more students and families to visit the College. As with the Summer Open Evening, there will be opportunities to tour our campus, meet our students and staff, and hear from the Principal about our curriculum and support provision.

To book a place at either event, please visit:

Winstanley College event tickets from <u>TicketSource</u>: <u>Winstanley College event tickets from TicketSource</u>.

Winstanley College Summer Open Evening

Winstanley College, Winstanley Road, WN5 7XF
Thursday 26th June 2025 5:00pm

Visit our Open Evening and have the opportunity to speak to our fantastic students, see our amazing facilities and become part of the Winstanley College community.

Open Evenings feature representation from every subject offered at Winstanley College with teaching staff and students available to speak to attendees alongside a range of resources from the courses. Other areas of the College including enrichment, transport and student support are also represented. The Principal delivers a talk in our theatre at various times throughout the evenings to ensure all attendees are able to access it. We will email visitors a full itinerary of what to expect at the event a few days prior.

We look forward to welcoming you to Winstanley and if you have any questions please contact admissions@winstanley.ac.uk (01695 628610)







COME SPEAK TO US AT OUR

A LEVEL RESULTS DAY - THURSDAY 14TH AUGUST 2025 GCSE RESULTS DAY - THURSDAY21ST AUGUST 2025 11AM - 2PM

BUSINESS ADMINISTRATION | ENGINEERING OPERATIVE | ENGINEERING FITTER ENGINEERING DESIGN TECHNICIAN | MECHATRONICS MAINTENANCE TECHNICIAN MACHINING TECHNICIAN | METAL FABRICATOR MAINTENANCE OPERATIONS ENGINEERING TECHNICIAN



FIND OUT EVERYTHING YOU NEED TO KNOW ABOUT APPRENTICESHIPS



HAVE A TOUR OF OUR SPECIALIST FACILITIES







DISCUSS YOUR CAREER OPTIONS WITH OUR TEAM

NO BOOKING REQUIRED ALLIANCE LEARNING, HORWICH BUSINESS PARK, CHORLEY NEW ROAD, HORWICH, BOLTON. BL6 5UE (BEHIND THE FIRE STATION)



















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Your Future Starts Here. Let's Build It Together.





Free Webinar for Year 11 & Year 12

Make This Summer Count: How to Stand Out Before You Apply to Uni

While summer provides a well-earned break, it's also a great time for students to get ahead before the busy school year begins.

We're running a free webinar for students in Years 11-12 (and their parents) on how to use the summer to strengthen future university applications. The session will offer practical ways to explore their school subjects beyond the classroom and how to showcase activities that really stand out to admissions tutors.

It's completely free to attend! It's taking place on Tuesday 17th June, 6-7pm.

If students can't join live, they can still register to receive the recording and resources by email.

REGISTER NOW

Your Ultimate Summer Checklist

Every student who registers for the webinar will receive an interactive checklist designed to help them make the most of their summer.

It's packed with recommended resources, prompts and practical tips to help students plan ahead, stay motivated and take meaningful steps towards their future goals.

REGISTER NOW





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SIGN UP

What can you do with...

MATHS

Air Traffic Control

Use incoming data to safely direct all kinds of aircraft (commercial and military)

Engineer

Use algebra, mechanics and trigonometry when designing buildings, structures and aircrafts!

Research Scientist

Investigate and solve the worlds biggest problems and scientific questions.

Video Game Designer

Using 2D and 3D shapes can help you build complex digital worlds!

What **SKILLS & TRAITS** could you need:

- analytical thinking
- problem solving
- logical reasoning
- communication
- decision making
- numeracy

SCAN ME

to build your skills and explore careers





youthemployment.org.uk/careers-hub/

QUESTION OF THE MONTH...

B B C BITESIZE CAREERS



HOW DO I HELP MY CHILD CHOOSE THE RIGHT CAREER ROUTE?

We've teamed up with BBC Bitesize Careers to find answers to the top questions that parents and carers have.

Discussing your child's career path can often be challenging. Mark Anderson from BBC Bitesize Careers shares 5 ways you can help them make informed decisions about their next steps.

1 Learn about their options

Find out as much as you can about the career options available – the more you know the better equipped you'll be to support your child. A great place to start is the BBC Bitesize Careers website.

2 Share your own career journey

While things have changed since you started your career, sharing your experiences, both the successes and challenges, can provide valuable lessons. This will help your child gain insight into their own journey.

3 Encourage exploration

Encourage your child to step outside their comfort zone. Trying new things, such as volunteering, hobbies or gaining work experience, can help them discover hidden strengths and skills.

4 Help them discover what they are good at

Parents often spot strengths in their children that they might not recognise. Take the time to highlight their talents, whether it's being organised, good with numbers, skilled in coding or great with people. This boosts their confidence and helps them make choices that align with their abilities. "Help! What am I good at?" is a video podcast hosted by BBC Radio 1's Katie Thistleton that you could watch or listen to together for tips and advice.

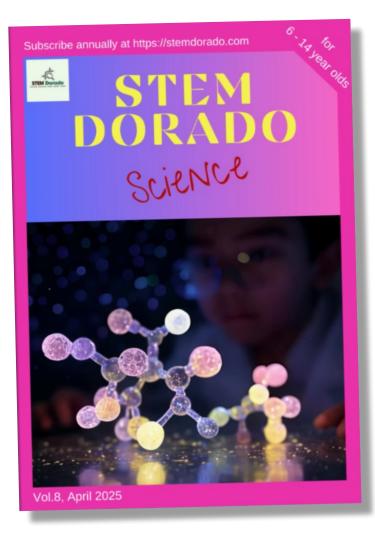
5 Ask thoughtful questions

Sometimes the big questions such as "What will you do with your life?" can be overwhelming, so instead, try asking questions that open up meaningful conversations without adding pressure, like:

- What would you do if you knew you couldn't fail?
- If all jobs paid the same, what would you choose?
- What cause or issue in the world do you care about enough to make a difference?

FOR MORE IDEAS, VISIT THE BBC BITESIZE CAREERS
WEBSITE BY SCANNING
THE CODE.





STEM Dorado Volume 8: Exploring the Tiny Wonders of Nanotechnology

We're pleased to share Volume 8 of STEM Dorado Science Magazine – and this one is particularly special.

Read the latest issue

A Closer Look at Nanotechnology

This issue takes readers into the world of nanotechnology – a field where incredibly small materials are having an enormous impact. From healthcare to environmental protection, energy, and everyday tech, this edition shines a light on how nanomaterials are shaping the future.

New Collaborations

Volume 8 also marks the beginning of some exciting collaborations with leading scientific institutions, including:

- The Institute of Physics (IOP)
- VaxHub University College London
- The Birmingham Institute of Forest Research (BiFoR)

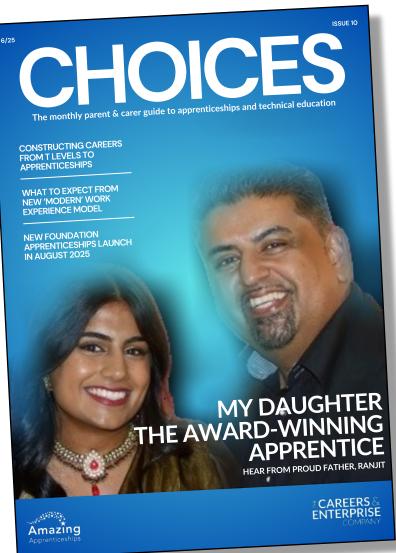
Each partner has contributed content and expertise to help us take the magazine to new levels. We're also looking ahead to the next issue, which will feature contributions from the Institute of Pandemic Science at the University of Oxford.

What's Inside?

Alongside the nanotech theme, this issue includes:

- A feature celebrating Earth Day
- A look back at the invention of computers
- An introduction to BiFoR's FACE experiment, which explores how trees respond to climate change
- A deep dive into cell-free synthesis, a key development in synthetic biology
- An accessible explanation of quantum mechanics for younger readers
- An interview with a real-world science communicator
- And plenty of experiments, puzzles and creative activities for children to get stuck into





CLICK HERE TO DOWNLOAD THE JUNE ISSUE

PARENT INSIGHT

MY DAUGHTER: THE AWARD-WINNING APPRENTICE!

Meet Ranjit, whose daughter Jainna is a multi-award winning Project Manager Degree Apprentice, as well as vice-chair of the Ethnicity Inclusion Network and co-founder of The Brown Girl

How did Jainna decide to do an eship?

apprenticeship?

Academically, Jainna was very strong-she got four A's at A-level, and she had offers from some of the biggest universities. But from an early stage of doing her research, she realised that maybe going to university, was not the right thing for her. She did weight up university life versus working, but she really varieted to work and didn't know what she wanted to study at university. When she heard about the project management apprenticeships, she was very excited.

Were you happy she was looking at apprenticeships? I had no doubts whatsoever about her doing an apprenticeship, I still think that there is, unfortunately, a stigma attached to apprenticeships,

where people think they are for people that are not academic and more of a practical person. That's definitely not the case. Financially it's billiant (I'we got four daughters!) - they're paying for her degree and she's spoing to come out with no deb. When you weight up £9.5% a year for university fees, plus other costs like living expenses, compared to the good salary she's earning and the company paying for her degree. It makes an apprenticeship a great ideal company paying for her degree. It makes an apprenticeship a great ideal to work experience while she's doing her degree. She's not going for come per of university and have to try and find a job.

"If I was thinking how I could future-proof my kids, an apprenticeship is

Did you support her to apply?

Did you support her to apply?
Absolutely, we supported her to research and explore different vacancies across different areas.
There weren't loads of vacancies in project management so she had to do a lot of research. I don't thinks endiginally envisioned working for an aerospace company in the STEM sector, but falligns very well with her skill set and she loves it.



How did you know an apprenticeship was right for her?

apprenticeship was right to me:
It's not whether I thought it was right
for her or whether the school thought
it was right for her. As adults, we can
provide guidance, but it's got to be
right for your child. That's the most
important thing.

They need to be able to decide themselves what is right for them. Two of my daughters went to university. Jainna is doing the degree apprenticeship and my youngest is yet to decide as she's just doing her GCSEs.

How has Jainna found working and learning?

Jainna has really excelled at balancing working and learning. She does four days a week at work and one day at university, which is mostly remote.

university, winch is mostly remote.

One thing I feel she might have missed out on a bit is university life and some of the skills you develop there too. But think the skills that she's learned on her apprenticeship have outweighed that - the ability to motivate herself to go into work every day, for example. She passed her driving test and within two months she was driving quite a long commute to work and back.



WHAT ARE FOUNDATION

APPRENTICESHIPS?

CAREERS INFORMATION

Launching in August 2025, new Foundation Apprenticeships are designed to support young people aged 16-21* to access apprenticeship programmes in priority sectors. 'Available up to the age of 24 for certain eligible young people.

6u ndation Apprenticeships are a brand-new programme, available from 1" August 2025, designed to support young people aged 16-21 to access paid employment through an annrenticeship. 6r eligible young people with an

Where can I find apprenticeship vacancies?

One of the best places to begin will be the government's F nd an Apprenticeship website. This platform provides an excellent starting point and lists thousands of live' apprenticeship vacancies from across England.

PARENT INSIGHT

"Don't just think about now, think about what they could become in four or five years' time. If I was thinking about how I could future proof my kids, then an apprenticeship is the way to go. "



offering them and why they're offering them, the growth that they can offer a person and what future prospects there are.

Don't just think about now, think about what they could become in four or five years' time. If I was thinking about how I could future proof my kids, then an apprenticeshi is the way to go. They're working, is the way to go. They're working as the way to go. They're working as individuals. And if I was not be other side, hiring someone, would I hire someone straight out of university, or would I hire someone straight out of university, or would in your part of the working for four years as an apprentice and learning on the job?



I find out more?

opportunities will be available

us of opportunities will be available? tion Apprenticeships are new es. It is going to take a bit of time for to start offering them. Many employers up to £2,000 from the government to em with the costs of creating these new less, so look out for vacancies becoming wer the coming year.

She does socialise with colleagues and it might not be the same as if she was at university, but I think this has prepared her better for life. She also does things outside of work - like co-founding the Brown Girl League for example, and she has got a very large network. Future Leaders UK, she's won numerous industry and apprenticeship awards...l could go on! What would your advice be to other parents and carers?
The first thing is to discuss it with your children. Have an open mind about the different options, whether that's university, whether that's work, whatever it is.

and so many opportunities - she sir Starmer last week, she's o the Houses of Parliament for meetings, she is an ambassador Association for Project ement and she works with

You've also got to look at all the options when it comes to apprenticeships and it's good to understand the companies that are



Great mathematicians wanted!

As we approach the end of the school year, I would like to ask you if there are any great mathematicians in your Y11 who may not have heard of us, or may not have applied. It's not too late for them to get in touch with us. Any student with a grade 8 or above in Maths will be able to access our curriculum.

As we only opened in 2022, we know we are still getting the word out, and after our first year's fantastic results, we also have an Ofsted report to share. We were delighted with the outcome, and it was really important to us that there was recognition of the extra work and opportunities that LUSoM offers beyond the standard A-level curriculum. We pride ourselves on the innovative project work and strong links with the university which feeds the enthusiasm of our students and creates a culture of learning.

Link to Ofsted result

Results last year saw LUSoM amongst the top state sixth form providers in the whole of the north of England in both attainment and value added measures. A huge 85% of all grades were A*-B, with 65% A*/A and 30% A*, the average grade being A-. Students from the school went off to study at the top universities including Oxford and Cambridge, and others went on to prestigious degree apprenticeships with BAE and Dyson.

The opportunities for students who study mathematics are just incredible, and we urge anyone with the potential to come and visit us and see what we have to offer.

Peter Tiltman

Head of School, Lancaster University School of Mathematics



ASK AN APPRENTICE COMMUNITY!

Student: Why Join?



Easy to use

Post your questions – apprentices respond!



Personalised

Ask the questions you want answered



Network

Our apprentice mentors are from top UK employers



Stand out

Gain insider knowledge and get ahead in applications



Ask anonymously

Ideal for questions you'd rather not ask your teacher!



Industry-specific

Get advice specific to the industry you're interested in applying to!

How it works:



 Post your questions about apprenticeships, careers, and more!

 Get answers and advice from experienced apprentices.

Not sure what to ask? Things to ask about:

- Application tips
- Life as an apprentice
- Skills you'll need

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Find out more: www.successatschool.org/community

success at school



We're here to help your students take the next step!

Let's make it happen!



We can send them tailored opportunities based on their interests!

- In their profile, they can favourite 'Employers' and 'Career Zones' Then they will receive exclusive invites to events related to their interests.
- Then, on a Tuesday and Thursday, students will receive an email with opportunities, without having to spend hours searching for what they're interested in!



Access to 24/7 Mentoring, 365 days a year.

'Ask an Apprentice' isn't just for apprenticeship seekers!
 Our mentors have navigated school, exams, UCAS
 applications, and mental health challenges. Students
 can access them anytime, risk-free. Read our
 safeguarding policy here.



Certificates and Prizes!

Students who attend our webinars and register get a
 certificate to showcase their career commitment - perfect
 for LinkedIn! Plus, asking a question in Ask an
 Apprentice enters them into a prize draw to win Apple
 prizes like a MacBook Air!

LOG IN NOW!



Training 2000 Interview tips...

Top tips for a successful interview

Plan your journey

Allow extra time and plan to arrive at least 15 minutes early. If you are unfamiliar with the location, do a test run.

Research, research and research!

Be prepared for the interview - research the company and your role.

Appearance

Dress professionally for an interview.

Behaviour

Make sure that you use positive body language, such as a firm hand shake, sit up straight and make eye contact. Don't take your mobile phone into an interview with you.

Sell yourself

Take a record of achievement file with you including your GCSE certificates. You can take notes into your

Our guide to help you stand out from the crowd at your interview

Before your interview

Practise answering interview questions with someone else. If you are at school or college, you may be able to arrange a mock interview.

Keep in mind the interviewer wants to find out about what you can offer them: the particular skills and qualities you can bring that set you apart from other applicants.

But it's not just about what the employer is looking for – try to think of some insightful questions you could ask, for example:

- Future opportunities for progression?
- Do you have a mentor scheme?
- What responsibilities would I start with if I was successful?
- How soon could I start?

On the day - breathe!

First impressions count!

Make sure you dress appropriately and look the part. Avoid elaborate jewellery, body piercings, excessive make up and hairstyles, etc.

Offer a firm handshake and make appropriate eye contact with the interviewer.

It's OK to take a moment to think through your response, and better to have a considered reply rather than a rushed answer. If you need more time to think about your answer, ask the interviewer to repeat the question. Don't let your nerves take hold of you, channel them and use them to your advantage!

Remember it's not enough to just say you're good at something - always try to provide examples.

It's fine to ask questions! Ask your prepared questions and anything that came up during the interview... Avoid JUST asking about your salary and benefits!

Commonly asked interview questions

Background on you...

- Tell me a bit about yourself?
- What do you like to do in your spare time? (hobbies etc)
- What is your current situation? (i.e. school, college, employed)
- Have you been given any responsibilities? (i.e. prefect etc)

Why should they hire you...

- What made you apply for this position?
- What do you know about the company?
- What can you bring to the company?
- What skills do you have that will help you in this

Can you give me an example of when...

- You worked as part of a team?
- You used your initiative?
- You worked under a pressure?
- You worked to a deadline?
- You multi-tasked successfully?

Self evaluation...

- What do you consider your strengths?
- What do you consider your weaknesses?
- What is your greatest achievement and why?

Future career plans...

- Where do you see yourself in five years time?
- Have you got a future career in mind?

Did you know that you can book a mock interview with your Training 2000 recruitment advisor?

CV tips

Use a positive tone throughout

Maintain a consistent font and use appropriate sizing

Keep it up to date with relevant information

Use a chronological order with work experience and qualifications (most recent first)

Keep it simple and clear

Spell check and use correct punctuation and grammar

Key things to include:

- Contact details
- Personal statement a short introduction to you
- Grades / education history
- Work experiences
- Work history (if it's not your first job)
- References
- Key skills

What happens next...

If you are successful in the interview:

- We will call you and offer you the Apprenticeship position
- A member of Training 2000 will contact you to officially register you on the Apprenticeship programme
- A start date in company will be agreed and you START your employment
- You will be invited into Training 2000 to complete your on-boarding

If you are unfortunately not successful in the interview:

- We will get feedback from the company and find out why
- We will contact you and explain what steps we can take to make the next interview successful (this may include a mock interview here at Training 2000)
- We will continue to pair you with companies and arrange interviews until you are successful in finding an Apprenticeship

www.training2000.co.uk | 01254 54659

Part of the University of Central Lancashire











Vision Boards

Advice from Helen Tupper, Co-founder of Squiggly Careers and and CEO at Amazing If

You've come across mood boards - why not create your own vision board to visualise what you want, and what you want to be, in the future.

"I feel a bit lost without a vision to work towards and can find myself getting swayed by other people's priorities.

Doing a vision board at the start of the year helps reconnect with what matters most to me and to see what I can't always say".

My top tips for creating and using vision boards

- 1. **Collect images on instinct** I prefer to get images from magazines but you can also use Pinterest if that feels better. The important thing is not to search for the perfect image just save the ones that feel important to you. The same applies to words and quotes. You make sense of it all when it's put together.
- 2. **Pick a colour that connects** Colour creates a shortcut to a feeling. This year I've gone with red which I associate with passion, drive and courage. Use your colour throughout your board as a quick reference to a feeling you want to remember.
- 3. **Stick and commit!** Grab your glue and get to work. Don't worry too much about creating an amazing collage. Done is better than perfect and making progress is much more important than it looking pretty.
- 4. **If you want to be it, you need to see it** I keep the original on my desk and take a photo to use as my screen saver on all of my devices. It needs to be something you see almost daily to stay front of mind.
- 5. **Take a weekly action to activate** This can be a really small thing. The idea is to get closer and closer to the reality. This could just be making an enquiry, shadowing someone, writing a plan etc.... Day 1 won't mean it's done, but keep accumulating small actions and you'll make a lot of progress.
- 6. **Set up a regular review** I'd recommend doing this monthly to look at what has moved and what do you need to do more of. Even better if.... you buddy up with someone and every quarter you talk it through. This increases your accountability and improves the quality of your reflection.

There's loads of ideas on the internet, plus videos talking you through how to create a vision board.

Why not have a go?



Support for students with special educational needs and disabilities

Starting university of South Wales

Starting university is an exciting new chapter
filled with opportunities and challenges. If you
have special educational needs or a disability
(SEND), you might feel uncertain about what to
expect. However, reat assured, UK universities
are dedicated to supporting you every step of
the way. This guide will introduce you to the
resources, adjustments, and services designed
to help you thrive and make the most of your
university experience.

Peclaring your disability

Your first step towards accessing support
is to declare your disability on your UCAS
application or directly to the university.
Many students worry this might affect their
application, but universities are legally
required under the Equality Act 2010 to treat
everyone fairly. Declaring your disability at

helps universities understand your needs and arrange reasonable adjustments to support your learning and university life from the very beginning.

The Disabled Students' Allowance
If you have additional needs due to a disability,
learning difficulty, or long-term health condition,
you can apply for the Disabled Students'
Allowance (DSA) (page 60). This non-repayable
grant can cover the cost of:

- non-medical helpers, such as a mentor or note-taker travel costs related to your disability specialist equipment, like a laptop with assistive software other resources tailored to your needs.

It's important to apply for the Disabled Students' Allowance (DSA) early, as the process can take some time. While it might seem overwhelming at first, universities are here to guide you through it. At the University of South Wales, for instance, you can connect with a Disablity Adviser during open days, taster assisting or through their dedicated email inbor, even before you enrol. These conversations ensure you have the support you need in place, ready for when you start your university journey.





UniTasterDays.com

Students' Guide to **University 2025**

The key higher education facts for students thinking about university

Produced in collaboration with HELOA

DOWNLOAD NOW!

How to choose the right university for you

By Charlotte Higgins, Marketing Officer at the University of Derby

Choosing a degree to study is a big decision, as is selecting the right university. At the University of Derby, we believe making your choice should take into consideration three key factors.

Choosing the right degree It is vital to select a degree that you are passionate about. You will study the subject for the next few years, so it must be an area that you will enjoy. Review courses on university websites and prospectuses that suit your interests.

There are also various types of degrees to be aware of, including a traditional three-year programme, foundation pathways to help you transition to university, integrated masters if you're looking for advanced learning, or sen a degree apprenticeship. Whatever you choose, check it suits your preferred learning and assessment style, such as writing assignments or practical assessments.

Sometimes it's easier to research your dream career, then work backwards to discover what you need to study. But don't worry if you are unsure. Career teams at college and university can help you find out. At the University of Derby, we offer tailored support no matter your chosen course or your previous experience. We provide access to services and programmes to help you reach your career goal.

Top tip: If you have a specific career in mind, find out if your degree needs to have any specific accreditations from an industry board.

Example: If you want to become a professional psychologist, you need to study a degree that is accredited by the British Psychological Society.

Choosing the right camp

Choosing the right campus

A university's campus is the heart of your
learning journey. You're likely to spend time
in a range of lectures, seminars, and other
learning activities, so make sure the campus has
everything you need to succeed. This includes
passionate teaching staff who are experts in
their field and excellent facilities available for
you to use.

What to expect at a university open day

Open days are the perfect way to experience first-hand what being a student at a particular university is ready like. You can gather lots of useful information online and in prospectuses but nothing being in the university environment and having the opportunity to expect to academics and current students. Open days a peacked with scheduled activities to help you get a feel for a university and see if somewhere you might want to study.

opportunity to about your cho

Top tip: You w library during the library at a is available.

Example: At dedicated te are ready to your source

Choosing

University

independe new friend

Universiti available our Stud-your app us. This support

Campus tours
Arquably the central event of the day, these
guided tours are typically led by current
students who show you around the campus.
You'll expired the university environment, see
commonal areas such as cafes and libraries,
and have correct. This gives you insights into your
day-to-day life as a student, and you might see
work and projects you could do yourself.

Course taxes

Throughout the day, there will be a range of informative talks offering information about the university, specific courses, and student support. Most universities host a welcome talk at the start of the day to highlight the unique aspects of that university.

Course-specific talks hosted by academic staff are also very valuable. These talks share detailed information about the courses you're

current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.

couppur taxes.

Finally, there are additional talks and session throughout the day to introduce you to other university departs and of You could find yourself in talk accommodation options, what is available, student experienc receive advice for applications

Accommodation tours

If you're looking to move away
to study at university, you'll wa
what accommodation options
to you. Similar to campus tour
be an opportunity to look arour
commodation sites with hely
accommodation sites with hely
students there to answer any or
success to the study of the students
an see the types of rooms ava
facilities offered in different ac
sites. Imagings ourself living
student is just as important as
course you'll be studying.

Plan your day

Plan your day
Open days can be quite intense,
talks and sessions, but there's s
to gain from them. Universities to
to gain from them. Universities the
open day programme after y
for an open day. This contains ti
for an open day. This contains ti
cach talk and four, so you can m
open day. Try to experience as n
open day. Try to e

Scholarships: finding financial opportunities and standing out in applications

By Jon Hering, Head of Commercial at Blackbullion

We get it: studying is expensive.

Tuition fees are going up in September 2025, there is an ongoing cost-of-living crisis, and rising inflation affects how muci your maintenance loan can help. Heading to university can seem like a pricey way to kickstart your adult life.

To date, Blackbullion has released over £25 million in additional funding-grants, bursaries, hardship funds, and scholarships - through our Funding Hub. Our first corporate scholarship launched in April 2023. Since then, we've continued to work with brands like Amazon, Nationwide, and Accenture to help students cover the costs of university.

Even though there are more opportunities out there, the market for scholarships is still small and highly competitive. That's why this article is here to help you find the right opportunities. It will give you the tools to stand out and smash your applications, so you have the best chance to secure additional funding for your degree.

When to expect scholarships to launch

- National Scholarships Week 2025 -running 31 March to 4 April 2025, in partnership with Amazon. Last year, NSW 2024 launched over £800,000 worth of scholarship funding through corporate
- scholarship varbating in partners.
 April 2025 a key period when many scholarships open. Make sure to prepare applications in the spring.
 September 2025 another wave of scholarships launches in early autumn, giving you a second chance.

Scholarships as a gateway to care

Schotaranips as a gateway to careers Many scholarships provide more than financial aid. They offer internships, mentorship, and work experience. These extras can be pivotal in building your career. Try to seek scholarships aligned with your goals, as these opportunities will make you more appealing to future



Learn more about bursaries, scholarships, and free money on Episode 22 of The Uni Guide Podcast, featuring the author of this article, Jon Hering from Blackbullion.





Making that all-important decision

Making that all-important decision
Going to university helps you build a strong
foundation, academically and personally,
providing new and exciting opportunities. Making
an informed choice on your subject, location, and
potential future career gives you the greatest
opportunity to succeed, bust remember to make
a decision that is best for you and your future,
and will help you to thrive.



Youth Futures Team



Next Steps

Leaving School? What Next?



- A Levels
- Vocational Courses
- T Levels
- Entry Level Courses



- Work Based Training
- 4 days work, 1 day college/training
- Apprenticeship Salary
- Qualification on completion

Employment

- Full Time / Part Time Work
- Hourly / Salary Paid
- CV Needed
- Interview Preparation

Training

- Support Your Employability Skills
- Build Your Confidence
- Vary From 4 12 weeks!

Want Support?

Please contact the Youth Futures team on

youthfutures@lancashire.gov.uk Alison (East): 07729 081094 Anna (North): 07354 167290 Steph (Central): 07917 534459





Launch your future with an apprenticeship at Progress Housing Group



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Plumbers

Leaving school this year? Not sure college is right for you?

Choose an apprenticeship at Progress Housing Group and you'll:

- Learn on the job
- Gain industry-recognised qualifications
- Earn while you learn
- Get hands-on experience in real roles
- Receive supportive mentoring and ongoing career development.

You'll need:

passion, a positive attitude, and a willingness to learn!

Applications open now:



www.progressgroup.org.uk/work-for-us



recruitment@progressgroup.org.uk

Your Future Starts Here. Let's Build It Together.





Interested in apprenticeships?

Tesco's Stronger Starts Retail Apprenticeship may be the perfect next step for you.

- Minimum starting salary of £22,501.44
- No qualifications or experience required
- Support from dedicated coach, colleagues and The King's Trust
- Exciting progression opportunities
- Vacancies available nationally
- Part time options available on pro rata salary





Stronger Starts

Meet Zoe

Level 2 Retail Apprentice

Finishing your GCSEs and looking for your next step?

Kick-start your career with our Stronger Starts Retail Apprenticeship

Watch Zoe's story

amapps.uk/tesco







Stronger Starts

Where could it take you?



Hub Operator

Interested in a career in security?
A Hub Operator position may be perfect for you. Identifying risks and creating reports will be a big part of your day to day!

Project Manager

Project Managers are present across Tesco stores, playing a crucial role in maintaining store safety and ensuring staff satisfaction.

Area Manager

An Area Manager's goal is to create an excellent shopper experience. They understand the business inside and out and strive to create a supportive and compliant work environment.

Shift Leader

The Shift Leader oversees shifts and coordinates the team to maintain a safe and efficient store environment. They are always looking for ways to improve customer service.

Store Manager Convenience

Store Managers plan and manage work streams, with a focus on continuously improving Tesco's service to customers, communities and the environment each day.

Centre Manager

This position will place you at the core of Tesco's various centers, where you will be responsible for inspiring a large team and ensuring that all staff members provide exceptional service.

Your future





Stronger Starts





What skills do you gain?

It's not just stacking shelves.

Retail

Learn about all areas of retail and how a store works across all areas.

Customer Service

Develop customer service and communication skills in a wide range of scenarios.

Technology

Become proficient at using a range of different technologies.

Stock

Learn to manage stock availability using systems and procedures.

Teamwork

Build your people and teamwork skills by working with a wide variety of colleagues.

Problem-solving

There will be lots of opportunities to develop your problem-solving skills in retail.

Business

Develop an understanding of how a business works - on a store and national level.

Social Media

Gain knowledge of the impact social media has on brand reputation.

Finance

Handle money and using financial operations in real-life situations.

Product Placement

Develop an understanding of product placement promotional activities.

Time Management

Progress your time management skills and learn how to prioritise tasks.

Community

Gain knowledge of supporting local communities.







NEW

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PODCAST

COLLEGE COMPASS



UNLOCK THE SECRETS TO A SUCCESSFUL CAREER

GUEST SPEAKERS
ADVICE & GUIDANCE
INDUSTRY KNOWLEDGE

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Work Experience in Competitive Careers

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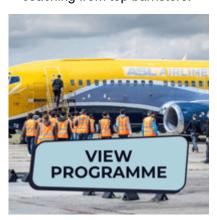
Getting work experience is hard, but getting meaningful experience that truly reflects what a job is like is even harder. That's why our programmes go beyond traditional work experience. Through hands-on activities, site visits and time with professionals from different specialities, students explore the field from multiple angles and gain a clear sense of where it could take them.

We still have a few places left for our 28th July and 18th August intakes. You can explore the highlights and site visits from our four most popular programmes below!

VIEW PROGRAMMES



Young Lawyer Summer Experience
Top Highlight: Argue a human rights case,
receiving expert advocacy and public speaking
coaching from top barristers.



Young Investment Banker Summer Experience Top Highlight: Enter the trading floor and trade the London stock market live with experienced bankers.



Young Engineer Summer Experience
Top Highlight: Collaborate with a Rolls-Royce
engineer to enhance 3D-printed aerofoils and
test them in a wind tunnel.



Young Doctor Summer Experience
Top Highlight: Examine patients in a simulated ward round, taking medical histories and consultation notes.











FIND A RECRUITMENT CENTRE >







Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Dentistry: https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- Comprehensive Insights: The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- Flexible Participation: Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- Recognised Certification: Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

The new speciality on General Practice or Public Health & Oral Pathology is available now.

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: https://airtable.com/appgXnyzN5ZD9lwk6/shrGJUAtigzZzDwTN

Aspiring Dentists: https://airtable.com/appgXnyzN5ZD9lwk6/shr1YAbWctfkXarfQ

Previously successful Medical students:

https://medicmentor.org/successful-student-journeys-reviews/

Previously successful Dental students:

https://dental-mentor.org/successful-student-journeys-reviews/

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: https://medicmentor.org/become-a-medic-mentor-student-2/



The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- Why not sign up today?







Scan to register!

Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you stepby-step through your application to medical school.

This includes:

- · Application Timelines
 - · Interview Training
- · Personal Statements
 - · CV Building
 - UCAT Exams
 - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!



When guiding your students through the process of choosing the right university, it's essential to delve into various factors. Entry requirements, acceptance rates, proximity to support systems, and teaching approaches all play a crucial role. Do your students lean towards a more traditional learning environment, or do they thrive in a clinical-based setting?

Drawing from my experience in medical school administration, I've witnessed firsthand the impact of selecting the right university and what sets successful applicants apart. I understand the pivotal elements that can elevate your students' chances of gaining acceptance into medical or dental school, which is why I'd highly recommend students attend the upcoming final Free Virtual Get Into conferences of this academic year.

Register for the Free Virtual Get Into Medicine Conference on: Sunday 22nd June from 9:30am - 3:30pm

https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO

At this conference, Dr Kennedy, Dr Safiyyah and I will explore the intricacies of choosing the correct universities, creating a standout personal statement that reflects unique journeys and aspirations, along with the other crucial aspects of the UCAS application, like the UCAT entrance exam, Work Experience and more, including:

- Tactically choosing universities
- Entrance Exams: UCAT
- Medical/Dental school interview skills
- Medical Leadership Programmes
- Medical/Dental Awards Programmes
- Extracurricular activities
- Work experience
- Applying for scholarships to study medicine/dentistry

Our aim is to equip aspiring medical and dental students with the tools to sidestep common mistakes and pitfalls and ace their application to university. Students aged 14 - 18 are invited to attend with a parent or guardian, equipped with a working camera and microphone.

Register for the Get Into Medicine Conference on Sunday 22nd June from 9:30am - 3:30pm

https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO

Previously successful Medical students: https://medicmentor.org/successful-student-journeys-reviews/

Previously successful Dental students: https://dental-mentor.org/successful-student-journeys-reviews/

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: https://medicmentor.org/become-a-medic-mentor-student-2/





Scan to register!



Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you stepby-step through your application to dental school. This includes:

- Application Timelines
 - Interview Training
- Personal Statements
 - CV Building
- · Entrance Exam: UCAT
 - Extracurriculars
- · Accessing Medical Leadership Programmes,
- · Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!



After the success of our recent NHS National AHP Work Experience session, I am thrilled to extend an invitation to your students in years 10-11 for our upcoming sessions.

June: Paediatric Pathway

- We will be following our patient Samantha, from her birth, to her diagnosis of mild cerebral palsy at 2 and then to her early teens where our team work with her to help her keep her independence through treatments, medication and support equipment.
- With teaching on paediatric medicine, medical conditions, diagnostic tools our team use on a daily basis and the skills our Allied Healthcare Team need to help make a difference and give the best care they possibly can to their patients.

Register here: https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/

The NHS Virtual Allied Healthcare Work Experience offers a unique opportunity for aspiring healthcare professionals. It's a rare occasion for students to hear from our exceptional guest speakers.

Students will gain an intimate look at the healthcare industry in the LIVE virtual work experience, delving into diverse roles within allied healthcare and taking a closer look at patient care by following the journeys of two patients from incident through to treatment.

The NHS Allied Healthcare Work Experience is the largest programme for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year - many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Registration Link: https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/

Once registered, students will receive access to their virtual work experience portals. Better yet, every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme, there's a Highly Commended Reference - a golden ticket for their apprenticeship and UCAS applications.

Registration will start at 8:30am then the live work experience session starts at 10am, with an end at 5pm. Plenty of breaks are scheduled throughout.

Students can register at any time throughout the 6-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months:

https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/



Take your first steps into the world of healthcare careers in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and what they do day to day, you will dive into live work experience sessions from the safety of your home.

Witness the journey of two patients from injury to recovery over 6 months, and experience how many different healthcare professionals are involved in a patient's care, from hospital all the way throught to a community team.



APPRENTICESHIPS LINKED TO PHYSICAL EDUCATION

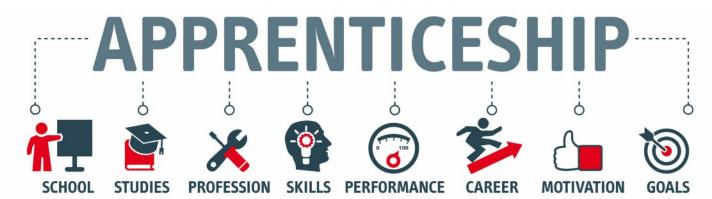
- COMMUNITY ACTIVATOR COACH
- COMMUNITY SPORT & HEALTH OFFICER
- GOLF GREENKEEPER
- LEISURE TEAM MEMBER
- OUTDOOR LEARNING SPECIALIST
- PERSONAL TRAINER
- SPORTS COACH
- SPORTS TURF OPERATIVE
- TEACHER
- YOUTH WORKER
 AND MANY MORE!

SCAN ME

Interested in apprenticeships, but not sure what to do next? Take a look at the employers offering apprenticeships that link to the subject you love.

amazingapprenticeships.com





Level 2 Nursery Apprentice Doodles Nursery Ltd., Chorley	VAC1000320660
Level 2 Early Years Apprentice Little Explorers Nursery & Pre-School, Chorley	VAC1000325812
Level 2 Early Years Apprentice Gelston Manor Day Nursery, Chorley	VAC1000325815
Level 2 Removals Operative Apprentice PSS International Removals, Wigan	VAC1000325036
Level 2 Assistant Accountant Apprentice BRJF Accountants, Euxton	VAC1000326558
Level 3 Apprentice Machine Tool Maintenance & Service Engineer Machine Tool Technologies Ltd., Chorley	VAC1000325287
Level 3 Nursery Apprentice Nature Trail Nursery Ltd., Chorley	VAC1000325809
Level 3 Business Admin Apprentice - Delivery Services ESG Global (Energy) Ltd., Euxton	VAC1000325394
Level 3 Apprentice Dental Nurse My Dentist, Chorley	VAC1000325991
Level 3 Apprentice Teaching Assistant Brinscall St John's CE Primary School	VAC1000324364
Level 3 Sales & Estimating Apprentice	

See elsewhere in this issue for details of the Progress Housing and Tesco apprenticeships.

To search for an apprenticeship anywhere in England, have a look at the national apprenticeship website, create an account and apply for any of the vacancies.

VAC1000326280

Inscape Interiors Ltd., Chorley

Click here



Lots of vacancies available at **Alliance Learning** in Horwich: Fabricator/Welder, Craft/Manufacturing, Business Admin, Electro-Mechanical Engineer, Property & Marketing and at **Training 2000** in Blackburn: Engineering, Customer Service, Fabrication and Welding, Dental Hygiene, Optical and much more.



Sport and exercise psychologist

Sport and exercise psychologists use their psychological skills, knowledge and expertise to support the behaviours, mental processes and wellbeing of individuals, teams and organisations involved in sport and exercise.

If you choose to specialise in sport psychology, you'll help athletes and teams involved in sport, from amateur to elite professional level, deal psychologically with the demands of the sport. You'll also help them improve their personal development and enhance their performance and motivation in order to reach their full potential.

As an exercise psychologist, you'll work with the general public to increase motivation and participation in exercise, encouraging a healthy lifestyle and advising on the psychosocial benefits that exercise can offer.

You'll usually specialise in either sport or exercise psychology, although it is possible to work in both.

Responsibilities

As a sport and exercise psychologist, you'll need to:

- assess your clients' needs and abilities
- design, implement and evaluate strategies to help clients overcome difficulties, improve performance or realise potential
- monitor sporting performance and behaviour
- work with a multidisciplinary team including other psychologists, nutritionists, GPs, coaches and physiologists
- deliver counselling and/or workshops covering issues such as goal setting, visualisation and relaxation
- keep up-to-date records of your work with individuals
- conduct and apply research in sport or exercise psychology

If you work in sport psychology, you'll need to:

- work with a range of clients including individual athletes, teams, coaches and referees, from amateur to elite professional level, across a range of sporting disciplines
- design, deliver and evaluate a performance curriculum, providing psychological skills training
- develop tailored interventions to assist individuals in preparation for competitions, matches and other sporting events and to deal with the psychological demands of the sport
- provide clients with strategies to help them handle issues such as nerves, self-confidence and motivation
- set up activities to help improve both individual and team performances
- work with other staff to embed performance psychology across all areas of training
- equip individuals and teams with mental strategies to cope with and overcome setbacks or injuries
- advise coaches how to improve squad cohesion or communication
- deliver group workshops on areas such as self-analysis of performance or techniques to develop mental skills within the sport

If you work in exercise psychology, you'll need to:

- counsel clients who are ill or in poor physical or mental health, and who may benefit from participation in more regular exercise
- advise individuals about the benefits, both physical and psychological, that can be derived from exercise
- work with individuals and groups in a variety of settings including GP surgeries, employers' premises, the client's home, clinical settings and local fitness centres
- devise, implement and evaluate exercise programmes based on the needs of the client
- provide counselling and consultations to a cross-section of the public including people who are depressed, GP referrals, people in prison or groups of employees as part of a workplace-exercise programme









For more information click here