

#### **TOGETHER EVERYONE ACHIEVES MORE**



## **Lisa's Inspirational Quote**

"If you've never been racially abused, you can't understand what it's like...you feel helpless." - *lan Wright* 

## **Lexia Leaders Top 3**

Lexia
CORE5
READING

**Tyrone** 

**Jacob** 

**Billy** 



Justin Kayden Freddie

## Mathletics

TOP 3 THIS WEEK 1st - Nicholas - 5679 2nd - Bailey - 1480

3rd - Jake - 1020

This week we had a visit from Sutton Local Authority and our PLT CEO and Executive Headteacher.

They spent a couple of hours with us and said that they were really impressed with what they could see. Some of our pupils were even brave enough to answer and ask questions.

Miss Harris





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Today Pupils and Staff participated in the Jerusalem dance. Click the link below to see the video.

https://twitter.com/WandleValleyA/ status/1578386307067383809? s=20&t=cXhtZiyg01p\_BpwOJhOY-g



## **Black History Month**

"One of the most prominent doctors of his time, Dr. Charles Drew created the first major blood banks, blood plasma programs and bloodmobiles."



## **Chris' Comedy Corner**

How does a penguin build its house? Igloos it together.



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### **GIRLS GROUP**



A Pupil with a bean that was picked from his bean plants , which he grew from seed. He is now going to eat them and collect a some of the seeds to grow next year

### **YEAR 8: PEER LEARNING IN MATHS**



## **CHECKERS**





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### **SWIMMING**







## **ASSEMBLY**













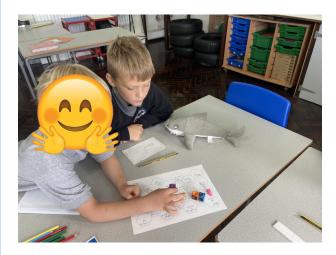


Pupils learning about punctuation in phonics class.



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#### **PRIMARIES**





Primary pupils created a fantastic zones of regulation 'Blockbuster' game that sparked lots of discussion about our emotions and how we react differently to each other when we encounter the same situation. Super engagement-you guys are amazing!! Well done!

### **LUNCH TIME**





Year 7 pupils playing 4 square beautifully together at lunch time!

## **CLIMBING**







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### A message from SaLT and OT

Dear parents/carers,

Congratulations on making it through the first month of the school year! Change can be difficult, so transitions between year groups can be hard to manage.

Smaller changes can feel scary too, especially for children and young people with emotional needs. This might be transitions between places (e.g. going from home to a sports club), between lessons, or even just between activities – especially finishing an activity they enjoy! Changes in routine can have a big impact, too.

If they aren't ready, these changes can cause children/young people to feel confused, upset, or angry. This might not show up straight away, making it look like the child has dealt with the change well. However, it could make their tolerance lower and give them a shorter fuse, meaning they might lose control later in the day.

The good news is, there are things we can do to prepare children/young people for changes and transitions. These include:

Provide children/young people with **visual timetables** of what they will be doing that day, *especially* if there is something different to usual

Run through the day's activities at the start of each day

Discuss changes with the child – ask what they are looking forward to and if there is anything they are worried about

Provide 'warnings' before transitions, e.g. "Five minutes until we need to go"
Count down to the end of activities, e.g. "one minute left", then count down from 10
If a big change is coming up, such as going to a new place for the first time, look at pictures of the new thing and talk about it with the child/young person

You can visit the Cognus Website to find out more about visual timetables, or look up "Cognus Therapies Graduated Response" on Google and go to the 'Social Interaction and Play' section <a href="https://www.cognus.org.uk/services-for-professionals/cognus-therapies/graduated-response-for-education-based-therapeutic-support/social-interaction-and-play/">https://www.cognus.org.uk/services-for-professionals/cognus-therapies/graduated-response-for-education-based-therapeutic-support/social-interaction-and-play/</a>

We hope that these strategies help change feel a little bit less scary! Warm wishes,

Jess, Rachel, and Chevonne (Speech and Language Therapists) Howard and Eric (Occupational Therapists)