

Subject Yearly Overview 2025-2026

Subject: Careers Y11	TOPIC	COMPONENT	<i>Notes: Why are you delivering this topic at this time of year?</i>
Autumn 1	SUSTAINABILITY	1.1 State what is meant by environmental sustainability 1.2 Describe at least two initiatives that aim to protect the environment 1.3 Give examples of ways you could support environmental sustainability 2.1 State what is meant by “global citizenship” 2.2 Describe at least two initiatives which encourage global citizenship 3.1 State what is meant by “economic sustainability” 3.2 Describe at least two /initiatives which promote economic sustainability 3.3 Give examples of ways you could support economic sustainability 4.1 Take part in an initiative which supports environmental global citizenship or economic sustainability 4.2 Outline ways you will continue to promote sustainability in the future	Following on from the Enterprise unit, pupils have had some experience of considering trade/charitable organisations. This feeds well into the Sustainability unit, that explores mainly environmental issues, but also consider ‘economic sustainability globally’.
Autumn 2	PHYSICAL ACTIVITY	1.1 State how physical activity can contribute to a healthy lifestyle 1.2 Explain how lack of physical activity can affect the human body 1.3 Outline recommended levels of physical activity 2.1 Identify resources and facilities which can support physical activity 2.2 Describe risks that may occur when taking part in physical activities 2.3 Explain how you could reduce the risks identified 3.1 Provide evidence of own participation in physical activities 3.2 Describe how you ensured you reduced risks when participating in physical activities 4.1 Describe what you enjoyed about taking part in physical activities 4.2 Describe how you could make own life more physically active	To ensure the curriculum remains stimulating at this stage in Year 11, this unit moves away from ‘external considerations’ and returns the pupils’ thoughts to their own health and physical wellbeing. This unit provides an opportunity to

Spring 1	EXPERIENCING THE WORLD OF WORK	1.1 Describe where you will be going on work experience 1.2 Describe skills you hope to gain on your work experience 1.3 Plan own journey to ensure you arrive on time at your work experience 1.4 Outline the dress code required for your work experience 2.1 Complete a daily log about your work experience, covering tasks undertaken 2.2 Give examples of how you worked co-operatively with others 2.3 Give examples of how you adhered to health and safety in the workplace 2.4 Obtain feedback on your placement e.g. reliability, attitude to work, and communication skills 3.1 Describe what you enjoyed about your work experience 3.2 Give examples of aspects of your work experience that you found difficult/challenging 3.3 Explain ways the work experience could have been improved 3.4 Describe skills developed on your work experience 3.5 Describe how this work experience will help you in the future	It is intended that by this point in Year 11, pupils will have had an opportunity to either attend a vocational course or complete a work experience placement. This unit provides them with the opportunity to reflect on what they have learnt during the process.
Spring 2	PLANNING FOR PERSONAL DEVELOPMENT	3.1 Outline what you have achieved whilst working on your personal development plan 3.2 Obtain feedback from at least one other person on your progress 4.1 Give examples of future targets for personal development 4.2 Explain how personal development can build resilience	At this later stage of Year 11, pupils have the chance to review their targets set in Year 9 and reflect on how they have changed.
Summer 1	UNIT COMPLETION/ RE-DRAFTING	Completion of unit tasks as required. Skills and Knowledge will vary per pupil.	Pupil are all at different stages of the units by this point and may need to return to missed sections or re-draft marked booklets.
Summer 2	STUDY LEAVE		Pupils may be called in during this time to sign/amend some of their coursework, once moderated.