

### PE

Who wants to be like the Caped Crusader?  
Follow this work out to start your journey.

Train like Batman

<https://www.nerdfitness.com/blog/batman-bodyweight-workout/>

### MUSIC

Tune in to the following masterclasses on different areas of the music industry

1. Intro to Music Production – Monday 25th January 6 – 7 pm  
<https://UKSUTTON.speedadmin.dk/registration#/course/479>
2. The Music Business – Artist Management and A&R – Wednesday 27th January 6 – 7 pm  
<https://UKSUTTON.speedadmin.dk/registration#/course/480>

### ENGLISH

Visit the following address:

<https://www.rd.com/list/scotland-most-beautiful-country/>

Competition time.

1. Choose one picture. Copy & paste it and think of as many adjectives (describing words e.g. picturesque) as you can.

Bronze = 5 adjectives. Silver = 8 adjectives. GOLD = 10 adjectives

<https://www.rd.com/list/scotland-most-beautiful-country/>

2. Choose three of these adjectives and put them into sentences - relevant to this scene.

### MATHS

Learn how to spell the numbers one to twenty (1-20).

Alphabet Maths

If the letter A=1, B=2, C=3 and so on, find the value of your name!

Practise your 10, 11 & 12 times table

### KS4 HOME LEARNING TASKS - #3

#### SCIENCE



Learn about Gustav Eiffel

#### ICT

<https://csunplugged.org/en/at-home/binary-challenge>

Take a picture of your work and send it in.

### ART

Draw A Sound Creature



#### FOOD TECH

Record a food plan diary for the week, stating what you have to drink and eat this week. Please include all snacks and be honest. Please research how many calories you are supposed to have in a day. Do you think you went over or under the recommended amount?

#### PSHE

The 46<sup>th</sup> President of the United States of America was 'inaugurated' on Wednesday 20<sup>th</sup> Jan.

Find out 5 facts about the new President.

What changes does he hope to make in the USA? List 3. If you were an American voter, do you think you would have voted for Biden or Trump? Explain your reasoning.

Please send photos of any completed work to your tutor via email or message to 07784 225740 (WVA Mobile)