



The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE



Lisa's Inspirational Quote

"Be nice to everyone, always smile, and appreciate things because it could all be gone tomorrow."

— Ed Sheeran

Meet Our Staff

Each week we will introduce you to a member of the Wandle Valley staff team.

Meet

Rita Andrews—it's her birthday!



What do you do at Wandle Valley?

I'm an LSA and the Careers Adviser

How long have you worked at Wandle Valley?

I've been at Wandle for 25 years! Previous to that I worked with Wandle for 3 years as the Work Experience Co-ordinator for LB Sutton.

What do you love about Wandle Valley?

Every day is a surprise, and I love waking up in the morning not knowing what the day will have in store for me.

Mathletics

TOP 3 THIS WEEK

1st - Jake P-R -1450

2nd - Logan T - 640

3rd - Fynley - 540

"Although a short week, so many great things crammed in. A letter from the Queen and such a great Wandle Goes Live day. Thank you all so much for your support".

Miss Harris





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Wandle Valley Poem by Justin

Wandle Valley is the school I go to
The P.E teacher even supports Man United
And even if I'm new
My confidence was boosted

Maths to English
Food tech to Science
They are all my langlish
The last even contains ions

This school is a lot of fun
Even some of the lessons
And though this poem is nearly done
I sometimes listen

The food is great
We do football (I'll mention Isaac but not his team)
I'm not saying it as it's rubbish not to be mean
You can find a mate

This is a school
But makes bearable
That has some rule
It is flexible

It's Wandle Valley Academy



Chris' Comedy Corner

Why do the seagulls fly over the sea?
Because if they flew over the bay they would be bagels.

06.05.2022



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Message from Her Majesty The Queen



WINDSOR CASTLE

3rd May 2022

Dear

The Queen wishes me to write and thank you for your letter about the whiskey bottle which has been discovered by your teacher.

Her Majesty appreciated your thoughtfulness in sending her a picture of you and the bottle and was pleased to know how much you have enjoyed finding out about this interesting item.

The Queen is most grateful for your letter and for your kind message on the occasion of Her Majesty's Platinum Jubilee, and I am to thank you again for writing as you did.

Yours sincerely,

Susan Hussey.

Lady-in-Waiting



BUCKINGHAM PALACE

Platinum Jubilee

1952 - 2022

I send you my grateful thanks for your kind message on the occasion of the Seventieth Anniversary of my Accession to the Throne

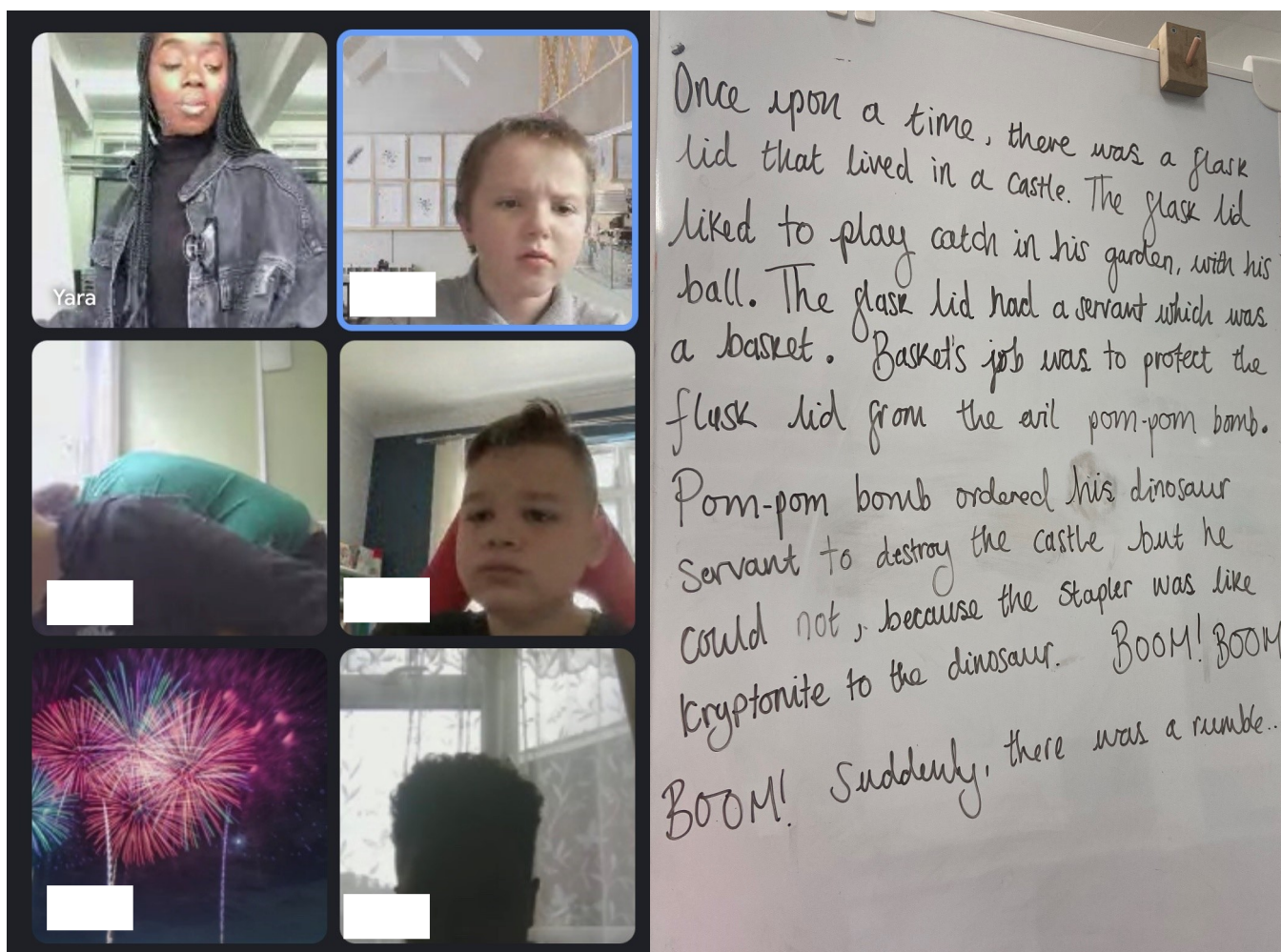
ELIZABETH R

2022

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Wandle Goes Live 2022



Some of the primary children came together to write the beginning of a story. They collected random objects from around their homes and created characters, settings and events. Each pupil contributed to the story and came up with creative and imaginative ideas! Great job guys-it was fun for us all!

06.05.2022



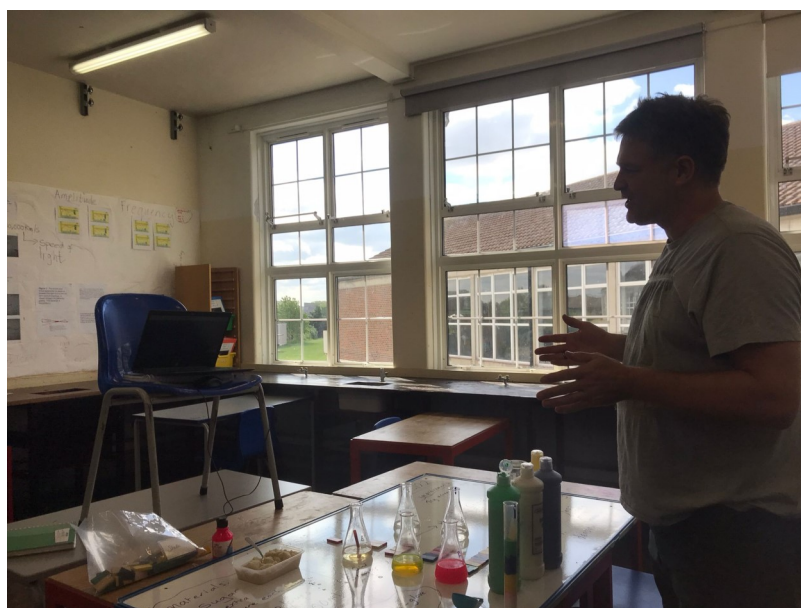
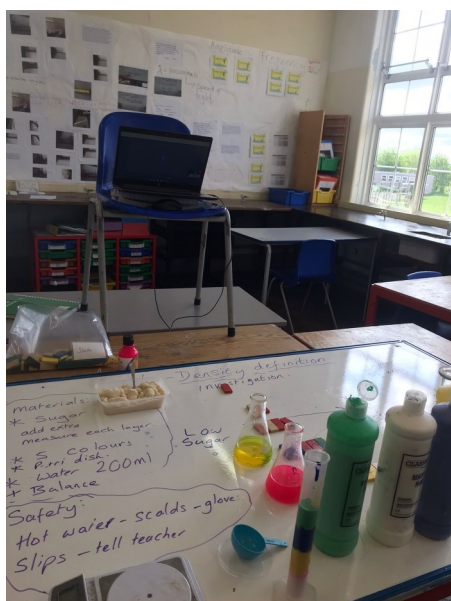
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Wandle Goes Live 2022



Year 8 students enjoy the ground breaking interactive science Lesson Board™ (SLB) developed by Mr Alan to learn about Chemical reaction evidence.



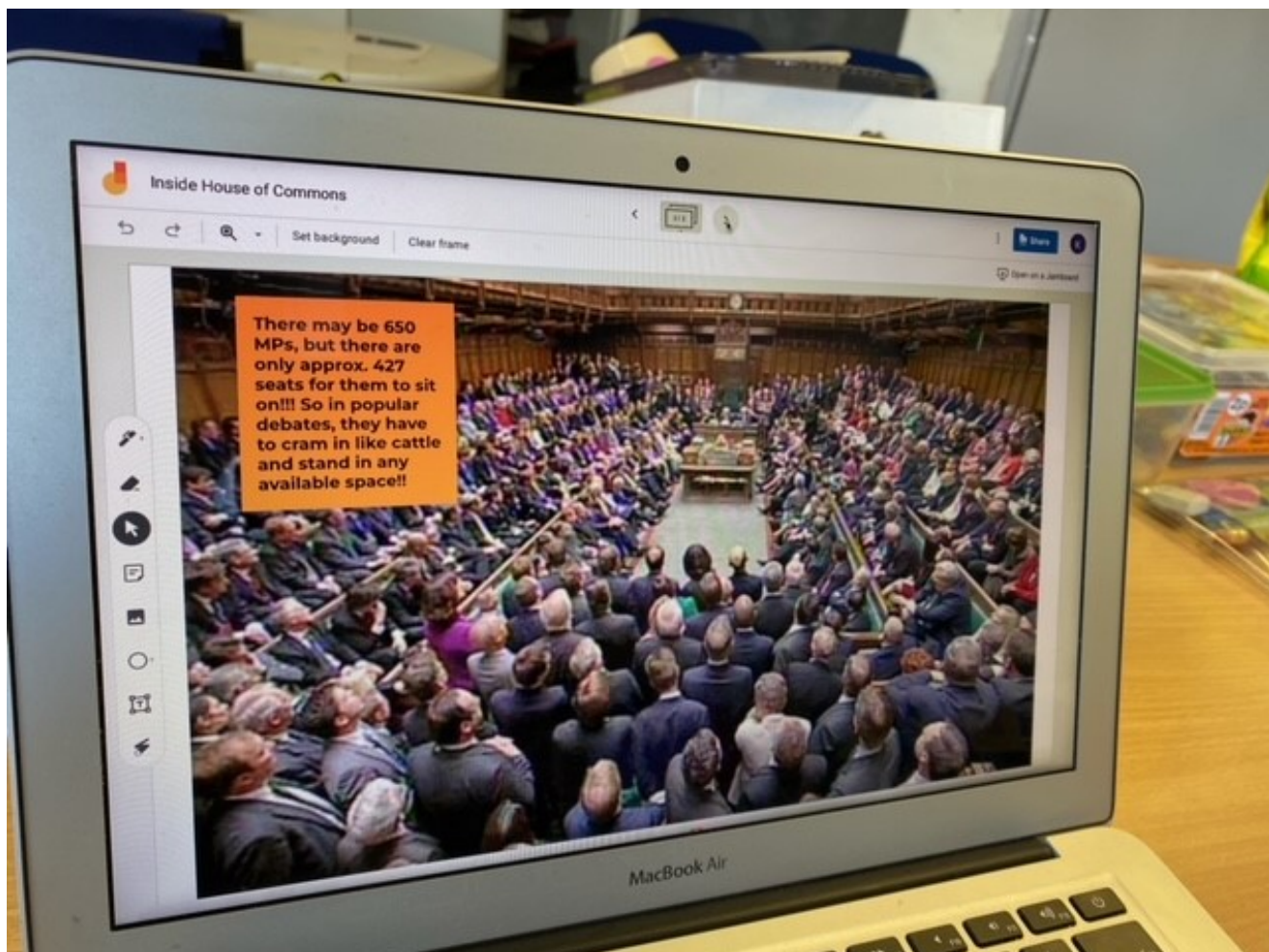
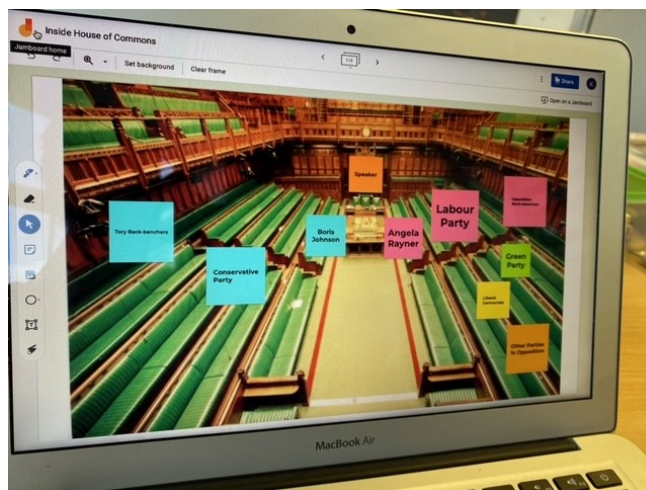
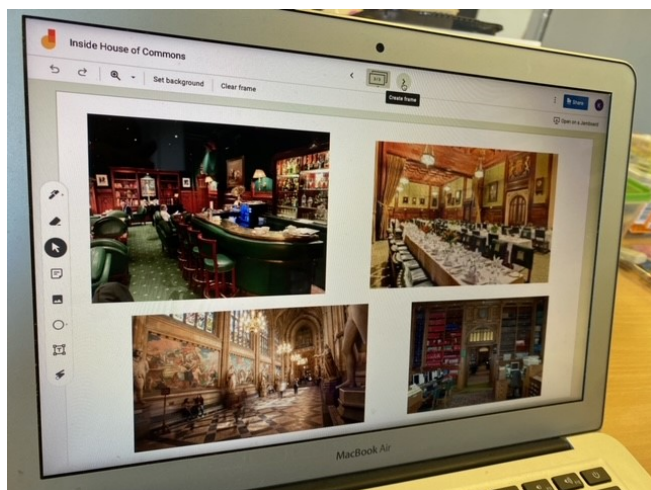
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Wandle Goes Live 2022





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A Message from SaLT

Dear Parents and Carers,

Summer is approaching!

With the weather is improving, now is a great time to get out and experience the green spaces that Sutton and its surroundings have to offer. Outdoor exercise can improve wellbeing in so many ways aside from just fitness. Whether your child prefers walking alone or playing team sports, here are some reasons to step outside this weekend.

Grounding

Noticing the sights, sounds, smells, and sensations found in nature helps us to feel safe in our environments and in our bodies. In other words, taking time to *notice* the things around us on a walk can bring down our anxiety levels and help us feel clear-headed.

Calming movement

Rhythmic movement is very calming for our nervous systems. This could look like walking, jogging, dancing, or even swinging on a playground swing. Next time you or your child feels stressed or anxious, try doing a lap of the block (or more if you're up for it) and see how you feel.

Brain breaks

Sometimes all we need to help us calm down and concentrate is a brain break. Going outside offers a change of scene and a bit of a reset. Plus, moving around can help us to get rid of nervous energy so that we feel ready to focus afterwards, whether that is on work or just having a conversation.

Social skills

Team sports and group exercise can provide a fun, low-pressure way to socialise. This can be a nice way for pupils who struggle with social communication to interact with their peers, without the pressures of conversation. It can also help with skills like teamwork, problem-solving, and emotional awareness.

I hope this has inspired you to explore your local area this weekend. Sometimes, it's the simplest things that can bring us the most happiness!

Warm wishes,

The SaLT team (Jess, Chevonne, Terri, and Rachel)