



The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE



Lisa's Inspirational Quote

"We can't retract the decisions we've made. We can only affect the decisions we're going to make from here."

- Jamie Foxx (Law Abiding Citizen)



Film Club seems to, again, be a very popular choice for the pupils, with a range of ages from Y7-Y11.

This week we finished a Marvel film called

Thor Love of Thunder—

Thor's retirement is interrupted by a galactic killer known as Gorr the God Butcher, who seeks the extinction of the gods.



To combat the threat, Thor enlists help and together, they embark upon a harrowing cosmic adventure to uncover the mystery of the

God Butcher's vengeance and stop him before it's too late!

The children completed their reviews afterwards:



TOP MATHLETES



1st—Nicholas—20,360

2nd—Harry W—3,637

3rd—Alfie Gr—1,955

Primary Mathlete: Harry W

Wandle Valley Academy Values

Respect

Honesty

Determination

Resilience

Empathy

Together Everyone Achieves More

TEAM

Miss Harris





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Primaries—Pre Summer



Before the Summer break, Green Class had a really enjoyable session making play dough, lead by Oakley in Blue class!

The boys made really impressive play dough, followed instructions well and even cleared up all of their mess afterwards!



Well done Green class, and especially Oakley!



Some children in Yellow class engaged in a photography session today. Working out different ways to use the camera and create desired shots.

Super clear and respectful direction from the oldest member of the class with excellent listening and creative skills shown from the youngest

member! Fantastic team work boys!

Budding photographers in the making!





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Climbing & Fishing

Most off site activities resumed this week. Here are some photos from White Spider climbing today. The boys did really well!



And at Fishing, the boys had a bumper catch! They are really getting to grips with the skills of fishing and it is paying off.



All fish get returned.





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Curriculum Activities

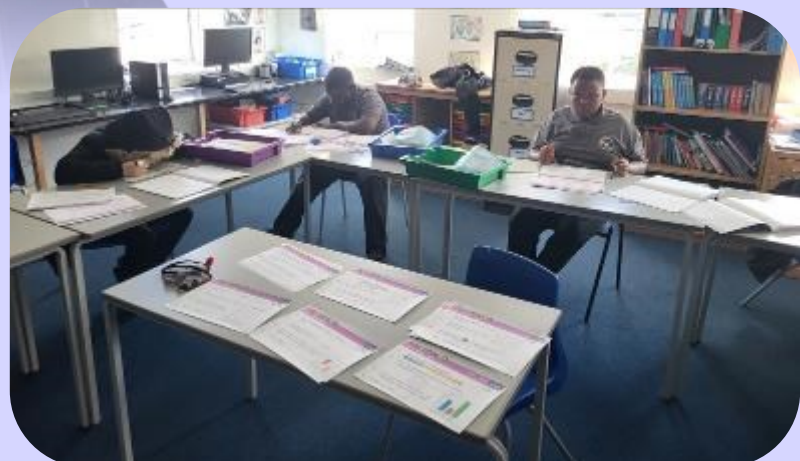
PE is an important part of the curriculum, and we try to keep it fresh and fair.



Here the Primaries are demonstrating a different kind of football!



Year 8NP working really hard on their baseline assessments





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Wellbeing Calendar

Self-Care September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					

ACTION FOR HAPPINESS

Happier · Kinder · Together

And our first Awards Ceremony of the year!

Handfuls of certificates were awarded to very deserving pupils across the school for demonstrating our school values:



- Honesty
- Empathy
- Resilience
- Respect
- Determination.



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JEANS FOR GENES

MON 16 - SUN 22 SEPT 2024

Calling #TeamDenim!
We need you!

Our Date is...

20-09-2024

Wandle Valley
Academy

Where..

Fine details...

£1 contribution given to charity.

No hoodies, hats, cropped tops, sliders/crocs or
ripped jeans will be allowed.

To find out more
about this year's
Jeans for Genes,
please visit
jeansforgenes.org



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