



The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE



Lisa's Inspirational Quote

"We are all different, but there's something kind of fantastic about that—isn't there?"

- Roald Dahl

*This Week:
Comedy*

**FILM
CLUB**

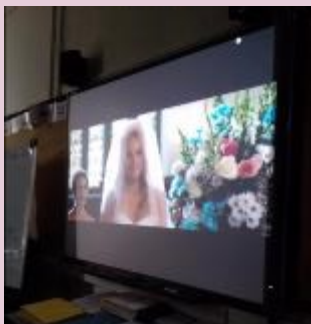
Ted, a living Teddy Bear, decides to have a baby with his human wife, Tami-Lynn.



However, their plan hits a road-block when the court

declares Ted to be 'property' and not a person.

Ted 2 was chosen by all this week for Film Club's Comedy genre. It's a really funny film and we cannot wait to see the reviews next week.



TOP 3 THIS TERM:

Mathletics

1st—Pijus—1362

2nd—Harry W—1106

3rd—Damien I—1080

Primary Mathlete: Pijus

*Wandle Valley Academy
Invites you to our
annual Summer Fair*

Time: 11-12.30pm

Date: Friday 19th July 2024

*Bouncy castle - arts and crafts - bake sale
- food stalls - beat the goalie & more!*

I can't believe we only have two weeks to go till the end of this academic year.

This week we have the Year 11 Leavers Evening. This is an opportunity to say a formal goodbye to the pupils and most importantly celebrate their achievements.

I hope that the weather will once again get better and it will be great for these last two weeks.

We look forward to seeing you all on the 19th

At the Fair.

Thank you for your continued support.

Miss Harris





The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE

Primaries Activities

The Primary Horse Riding activity can offer more than just learning to ride. Here is one of our pupils who has been learning basic horse care, and has progressed to being able to carry out certain duties without constant supervision—
Well done!



During Primary's trampolining lesson, in Wellbeing on Monday, the pupils were able to create their own game of 'defend your bucket' where they would take it in turns aiming for each others buckets to try and get someone out. Lots of positive competitive language was used whilst they kept themselves appropriately occupied whilst waiting for their turn on the trampoline!



Yellow class experimenting with flowing water and temperature.

Lots of use of investigation vocabulary.

Beautiful display of teamwork!





The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE

Pride Month

Group C worked well together to produce a piece of art showing awareness of what Pride means to them.



Wellbeing Calendar—July 2024

Jump Back Up July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	7 Shift your mood by doing something you really enjoy
8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation	14 Get outside and move to help clear your head
15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself	21 Identify what helped you get through a tough time in your life
22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)	28 Think about what you can learn from a recent problem
29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human				



ACTION FOR HAPPINESS

Happier · Kinder · Together



The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE

*Wandle Valley Academy
Invites you to our annual Summer Fair*



Time: 11-12.30pm

Date: Friday 19th July 2024

Location: Wandle Valley



On the day...

*Bouncy castle - arts and crafts - bake sale -
food stalls - beat the goalie & more.*



Please note: Tokens will be used in place of money. On the day of the fair, you and/or your child can bring in money which will be exchanged for tokens.



The Wandle Weekly

TOGETHER EVERYONE ACHIEVES MORE

School Educational Activities: Fishing



Yet another successful Fishing Trip. It is so encouraging to see the boys being so patient and attentive during these trips.

It also helps them appreciate that they can achieve results if they work at it.



Well done boys!