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| Year 7 | **Topic lessons**  **Who I am/Identity**  Exploring identity, personal qualities, beliefs, aspirations and what makes us individual.  **Workshops and speakers**  **The Big Q** (Anti-Extremism)  **Feltham YOI** (Crime Diversion)  **Breaking the Cycle** (Anger Management)  **Speakers Trust** (Building Self-Confidence).  **Visits**  **TFL and Sutton Community Transport** – independent travel, personal safety.  **SMSC Themes**  Organ Donation, Equality, Nurture, Protection, Brood, Identity, Bullying, Contribute.  **Celebration Days**  World Heart Day  World Mental Health Day  Breast Cancer Awareness | **Topic lessons**  **Healthy Lifestyles**  All aspects of Health including physical, mental and social.  **Workshops and speakers**  **SWITCH** Life Choices workshops (Including Substance misuse and risk-taking behaviour)  **Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying.  **SMSC Themes**  Communication, Confidence, Reliability, Peer Pressure, Managing Feelings.  **Celebration Days**  Numbers Day (NSPCC)  Valentines Day  International Women’s Day  World Book Day  National Careers Week | **Topic lessons**  **Mental Health**  Personal wellbeing, signs of mental illness, looking after others, professional help.  **Workshops and speakers**  **School Play Therapist/ Safeguarding Lead** - to discuss benefits of talking through emotional issues/seeking counselling.  **School nurse** - To discuss personal hygiene and puberty.  **SMSC Themes**  Slavery, Exploitation, Fighting, Fairness, Frighten, Freedom.  **Celebration Days**  St Georges Day  Diversity Day  Belief Week  Men’s Health Week |
| Year 8 | **PSHE lessons**  **Crime and Law**  Factors influencing criminal behaviour (Eg familial), Peer pressure, Mental Health, Victim Impact + types of ‘punishment’ inc. Restoration and Reform.  **Workshops and speakers**  **The Big Q** (Anti-Extremism)  **Feltham YOI** (Crime Diversion)  **Breaking the Cycle** (Anger Management)  **Speakers Trust** (Building Self-Confidence).  SMSC Themes  As above | **PSHE lessons**  **RSE Education**  Hormones, Puberty, Reproductive System, Sexual Intercourse, UK Laws, Sexuality and Morals/Consent,  **Workshops and speakers**  **SWITCH** Life Choices workshops (Including Substance misuse and risk-taking behaviour)  **Canary and the Crow musicians** – Expressing feeling and emotions through music.  **Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying.  SMSC Themes  As above | **PSHE lessons**  **RSE Education**  Contraception/Sexual Health, STI’s, Reproduction, Abortion and Child Development.  **Workshops and speakers**  **‘Check it out’** Sexual Health/Chlamydia testing  **School Play Therapist/ Safeguarding Lead** - to discuss benefits of talking through emotional issues/seeking counselling.  **Visits**  **Shotfield Clinic –** Wallington (Sexual Health Clinic) Discussion with Sexual Health Advisor.  SMSC Themes  As above |
| Year 9 | **PSHE lessons**  **Managing Money -**  Effects of borrowing/Impact of Debt, Managing your finances, Poverty, Financial Independence.  **Workshops and speakers**  **The Big Q** (Anti-Extremism)  **Feltham YOI** (Crime Diversion)  **Breaking the Cycle** (Anger Management)  **Speakers Trust** (Building Self-Confidence)  **Dellaglio Rugby Works** **Programme** (Employability skills course delivered via Rugby, team-work)  **Visits**  **Volunteering Opportunities** via Volunteer Centre Sutton (Sutton Community Farm/Eco Local)  SMSC Themes  As above | **Careers lessons**  **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.  **Workshops and speakers**  **Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying.  **SWITCH** Life Choices workshops (Including Substance misuse and risk-taking behaviour)  **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work)  **Visits**  **Volunteering Opportunities** via Volunteer Centre Sutton (Sutton Community Farm/Eco Local)  SMSC Themes  As above | **Careers lessons**  **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.  **Workshops and speakers**  **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work)  **‘Check it out’** Sexual Health/Chlamydia testing  **Visits**  **Work Experience Placement** (5 days in May)  Post **Work Experience placement interviews** with Careers Advisor + outside professionals eg Jim Wilson, Mears, Sutton and District.  **Volunteering Opportunities** via Volunteer Centre Sutton (Sutton Community Farm/Eco Local)  SMSC Themes  As above |
| Year 10-11 | **Careers lessons**  **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.  **Workshops and speakers**  **The Big Q** (Anti-Extremism)  **Feltham YOI** (Crime Diversion)  **Breaking the Cycle** (Anger Management)  **Speakers Trust** (Building Self-Confidence)  **Dellaglio Rugby Works** **Programme** (Employability skills course delivered via Rugby, team-work)  **Visits**  **Taster Sessions** via Carshalton College/Way to Work, independence skills.  **College Tours** encouraging maturity/ independence/team building  **Volunteering Opportunities** via Sutton Community Farm/Sainsburys/NHS  **SMSC Themes**  As above | **Careers lessons**  **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.  **Workshops and speakers**  **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work.)  **Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying.  **Visits**  **Post-16 interviews** and Learning Support interviews at colleges.  **SMSC Themes**  As above | **Careers lessons**  **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.  **Workshops and speakers**  **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work)  **‘Check it out’** Sexual Health/Chlamydia testing  **Visits**  **Work Experience Placement** (5 days in May) Independence/team-work  Post **Work Experience placement interviews** with Careers Advisor + outside professionals eg Jim Wilson, Mears, Sutton and District.  **SMSC Themes**  As above |