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| Year 7  | **Topic lessons****Who I am/Identity**Exploring identity, personal qualities, beliefs, aspirations and what makes us individual.**Workshops and speakers** **The Big Q** (Anti-Extremism)**Feltham YOI** (Crime Diversion)**Breaking the Cycle** (Anger Management) **Speakers Trust** (Building Self-Confidence). **Visits****TFL and Sutton Community Transport** – independent travel, personal safety.**SMSC Themes**Organ Donation, Equality, Nurture, Protection, Brood, Identity, Bullying, Contribute.**Celebration Days**World Heart DayWorld Mental Health DayBreast Cancer Awareness | **Topic lessons****Healthy Lifestyles**All aspects of Health including physical, mental and social.**Workshops and speakers** **SWITCH** Life Choices workshops (Including Substance misuse and risk-taking behaviour)**Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying.**SMSC Themes**Communication, Confidence, Reliability, Peer Pressure, Managing Feelings.**Celebration Days**Numbers Day (NSPCC)Valentines DayInternational Women’s DayWorld Book DayNational Careers Week | **Topic lessons****Mental Health** Personal wellbeing, signs of mental illness, looking after others, professional help.**Workshops and speakers** **School Play Therapist/ Safeguarding Lead** - to discuss benefits of talking through emotional issues/seeking counselling.**School nurse** - To discuss personal hygiene and puberty.**SMSC Themes**Slavery, Exploitation, Fighting, Fairness, Frighten, Freedom.**Celebration Days**St Georges DayDiversity DayBelief WeekMen’s Health Week |
| Year 8  | **PSHE lessons****Crime and Law** Factors influencing criminal behaviour (Eg familial), Peer pressure, Mental Health, Victim Impact + types of ‘punishment’ inc. Restoration and Reform.**Workshops and speakers** **The Big Q** (Anti-Extremism)**Feltham YOI** (Crime Diversion) **Breaking the Cycle** (Anger Management) **Speakers Trust** (Building Self-Confidence).SMSC ThemesAs above | **PSHE lessons****RSE Education**Hormones, Puberty, Reproductive System, Sexual Intercourse, UK Laws, Sexuality and Morals/Consent, **Workshops and speakers** **SWITCH** Life Choices workshops (Including Substance misuse and risk-taking behaviour)**Canary and the Crow musicians** – Expressing feeling and emotions through music.**Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying. SMSC ThemesAs above | **PSHE lessons****RSE Education**Contraception/Sexual Health, STI’s, Reproduction, Abortion and Child Development.**Workshops and speakers****‘Check it out’** Sexual Health/Chlamydia testing**School Play Therapist/ Safeguarding Lead** - to discuss benefits of talking through emotional issues/seeking counselling.**Visits****Shotfield Clinic –** Wallington (Sexual Health Clinic) Discussion with Sexual Health Advisor.SMSC ThemesAs above |
| Year 9  | **PSHE lessons****Managing Money -** Effects of borrowing/Impact of Debt, Managing your finances, Poverty, Financial Independence.**Workshops and speakers** **The Big Q** (Anti-Extremism)**Feltham YOI** (Crime Diversion)**Breaking the Cycle** (Anger Management)**Speakers Trust** (Building Self-Confidence)**Dellaglio Rugby Works** **Programme** (Employability skills course delivered via Rugby, team-work)**Visits****Volunteering Opportunities** via Volunteer Centre Sutton (Sutton Community Farm/Eco Local)SMSC ThemesAs above | **Careers lessons****Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.**Workshops and speakers** **Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying. **SWITCH** Life Choices workshops (Including Substance misuse and risk-taking behaviour)**Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work)**Visits** **Volunteering Opportunities** via Volunteer Centre Sutton (Sutton Community Farm/Eco Local)SMSC ThemesAs above | **Careers lessons****Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.**Workshops and speakers** **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work)**‘Check it out’** Sexual Health/Chlamydia testing**Visits****Work Experience Placement** (5 days in May)Post **Work Experience placement interviews** with Careers Advisor + outside professionals eg Jim Wilson, Mears, Sutton and District.**Volunteering Opportunities** via Volunteer Centre Sutton (Sutton Community Farm/Eco Local)SMSC ThemesAs above |
| Year 10-11  | **Careers lessons** **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.**Workshops and speakers** **The Big Q** (Anti-Extremism)**Feltham YOI** (Crime Diversion)**Breaking the Cycle** (Anger Management)**Speakers Trust** (Building Self-Confidence)**Dellaglio Rugby Works** **Programme** (Employability skills course delivered via Rugby, team-work)**Visits****Taster Sessions** via Carshalton College/Way to Work, independence skills. **College Tours** encouraging maturity/ independence/team building**Volunteering Opportunities** via Sutton Community Farm/Sainsburys/NHS**SMSC Themes**As above | **Careers lessons** **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.**Workshops and speakers** **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work.)**Growing Against Violence** – Anti-violence, knife-crime, personal safety, cyber-bullying. **Visits****Post-16 interviews** and Learning Support interviews at colleges. **SMSC Themes**As above | **Careers lessons** **Employment skills** - Personal qualities/strengths, team-work skills, accountability, volunteering, public speaking skills, interview skills.**Workshops and speakers** **Dellaglio Rugby Works** **Programme** (Employability course delivered via Rugby, team-work)**‘Check it out’** Sexual Health/Chlamydia testing**Visits****Work Experience Placement** (5 days in May) Independence/team-workPost **Work Experience placement interviews** with Careers Advisor + outside professionals eg Jim Wilson, Mears, Sutton and District.**SMSC Themes**As above |