

Subject Yearly Overview 2023-2024

Subject: Yr11 OCR GCSE PE	TOPIC	COMPONENT	<i>Notes: Why are you delivering this topic at this time of year?</i>
Autumn 1	AEP- Coursework completion	Expand on the start of their own analysis of performance. Draw upon knowledge learnt from the course so far to complete a analysis and evaluation of their own sporting performance.	To complete the pupils AEP coursework in preparation for their final year.
Autumn 2	(2.1) Socio-cultural influences	Explore engagement patterns of different social groups in physical activities/ sports. Develop knowledge about commercialisation of sport/ physical activity. Develop knowledge about ethical and socio-cultural issues in sport/ physical activity.	Content is not as intense as previous topics, students are more likely to recall information during discussions.
Spring 1	(1.1) Applied Anatomy and physiology. Practical performance	Learn basic knowledge of structures and functions of body systems that are important to physical activities. Including short/ long term effects of exercise on these systems, including how they impact performance. Explore movement analysis and the impact on performance. Pupils to complete relevant practical performance requirements, for the course. Demonstrating skills within the sports chosen.	Support students recap challenging content prior to exam period/ revision. Complete/ Gather video evidence for practical performances for chosen sports. Completing self-evaluation sheets.
Spring 2	Unit specific revision/ Exam preparation Practical performance	Prepare for the exams, revising a range of topic/ areas/ content that students are finding difficult.	Support students prepare for exams. The coursework covers most of the topics and will allow interleaving of content during the coursework.

		Pupils to complete relevant practical performance requirements, for the course. Demonstrating skills within the sports chosen.	
Summer 1	Revision/ Exam preparation Practical Performance	Reflect on the course, and revise various pieces of content to provide appropriate information/ missing knowledge for students in preparation for the exam.	Prepare and support students for their exams.
Summer 2			