**Subject: NCFE Level 2 in Sport, Exercise and Fitness Annual Year Planning 2020-21**

|  |  |  |  |
| --- | --- | --- | --- |
| **Group** | **Autumn Term** | **Spring Term** | **Summer Term** |
| **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| **Year 7** | **Introduce students to key concepts within the NCFE course, such as keywords related to the Units of work.** **Gather understanding of which students want to engage with the course in the future.** |
| **Year 8** |
| **Year 9** |
| **Year 10** | **Unit 1- Participation in Sport** | **Unit 2- Anatomy and Physiology for Exercise** | **Unit 2- Anatomy and Physiology for Exercise** | **Unit 3- Healthy Exercise and Nutrition** | **Unit 4- Optional Unit.** | **Unit 4- Optional Unit.** |
| **Year 11** | **Potential to work towards a Diploma, completing extra Units (3 units to earn a Diploma). The Diploma will be equivalent to 3 GCSE’s.** | **Review previous Units and complete any work required for each unit.** |