

Warmley Park School and College

Aspire, Believe, Enhance, Achieve



Intimate Care Guidance

This guidance must be read alongside the Warmley Park Intimate Care Policy and Safe Working with Pupils including Lone Working Policy. Put yourself in their situation- how would you expect and want intimate care to be done to you?

Treat every pupil with **dignity and respect**, and ensure privacy consistent with the age of the pupil and the situation. Where appropriate the member of staff carrying out the personal care should be chosen by the pupil and **they must be known to the pupil**.

Involve the pupil as far as possible in their own intimate care- know what they can do for themselves, ask if they are comfortable, give them **time to respond**.

Be responsive to the **pupil's reactions**. If the pupils expresses hesitation or discomfort, pause and try to ascertain why they are reacting like this. Make sure intimate care practice is consistent. The procedures should be the same each time unless there is a reason to change them- following their care plan.

Never do something unless you know how to do it. You are putting the pupil and yourself at risk. Training and certifying as competent is essential prior to carrying out a process including hoisting.

Intimate care records must be kept for safeguarding purposes- recording each time that it is carried out. Report any concerns including how the pupil reacts physically or communicates during the intimate care process. This includes if you accidentally hurt them, they become aroused, their genitals are sore, they misunderstand something that you do, they are emotional during intimate care. Additionally record if you notice a difference directly before or after intimate care. If you have **any concerns- ask advice** from a Designated Safeguarding Lead.

Encourage the pupil to have a **positive image** of his or her own body. Confident, assertive pupils who feel that their body belongs to them are less vulnerable to abuse. Refer to the Warmley Park safeguarding vocabulary wherever possible.