# Warmley Park School and College Aspire, Believe, Enhance, Achieve



## **COVID-19 Update**

As you will be aware, in the last week we have had 2 confirmed cases of COVID at Warmley Park. From this we worked alongside the Public Health Outbreak Management Team, and South Gloucestershire Council to risk assess the situation which resulted in self-isolation for 2 groups of pupils and the closure of the college. A number of pupils and staff have also taken COVID tests which have come back as negative.

A polite reminder that we are asking parents and carers to contact us before sending their child to school if they have had Calpol. This is following the advice from Public Health England that Calpol can mask a fever which is a symptom of COVID. We are taking the temperatures of pupils twice a day, each day and this has been approved by Public Health. They have also stated that if any pupil goes for a test then they should self-isolate until it is confirmed that they have tested negative. There is information on what to do if you are required to self-isolate:

#### What is self-isolation?

Self-isolation is when you do not leave your home because you have or might have coronavirus (COVID-19). This helps stop the virus spreading to other people.

#### Self-isolation is different to:

- <u>social distancing</u> general advice for everyone to avoid close contact with other people
- <u>shielding</u> advice for people at high risk from coronavirus

It's a legal requirement to self-isolate if you test positive or are told to self-isolate by NHS Test and Trace. You could be fined if you do not self-isolate.

## Self-isolate immediately if:

- you have any <u>symptoms of coronavirus</u> (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste)
- you have any <u>symptoms of coronavirus</u> (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste)
- you've tested positive for coronavirus this means you have coronavirus
- you live with someone who has symptoms or tested positive
- someone in your support bubble has symptoms or tested positive
- you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app
- you arrive in the UK from a country with a high coronavirus risk see <u>GOV.UK: how to self-isolate</u> when you travel to the UK

## What is a support bubble?

If you think you've been in contact with someone who has coronavirus, but you do not have symptoms and have not been told to self-isolate, continue to follow social distancing advice.

## You must not leave your home if you're self-isolating.

- Do not go to work, school or public places work from home if you can
- Do not go on public transport or use taxis
- Do not go out to get food and medicine order it online or by phone, or ask someone to bring it to your home
- Do not have visitors in your home, including friends and family except for people providing essential care
- Do not go out to exercise exercise at home or in your garden, if you have one

#### When to get a test:

Get a test as soon as possible if you have any symptoms of coronavirus. The symptoms are:

- A high temperature
- A new, continuous cough
- A loss or change to your sense of smell or taste

The test needs to be done in the first 8 days of having symptoms. You do not need to get a test if you have no symptoms or if you have different symptoms

#### There is help available:

Help with everyday tasks from an NHS volunteer <u>NHS Volunteer Responders</u> can help with things like:

- Collecting shopping
- Collecting medicines and prescriptions
- Phone calls if you want to chat to someone

Call 0808 196 3646 (8am to 8pm, everyday) to arrange help from a volunteer.

If your child is required to isolate and they are eligible for free school meals, we will send you a gift card to cover this. Should you feel that there is anything else that school can do to support your child during a period of self-isolation please let us know and we will do our best to help.

There are some new test centres in the area and the NHS website will direct you to a centre that has appointments available:

https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-havecoronavirus/

We do have a small number of test kits in school to hand out for use at home, which can then be sent off in the post, please ask if your child has symptoms and you would like one of these. Due to the self-isolation and closure restrictions, we have already moved to remote education for some pupils. Your child's class teacher will have or will be contacting you to discuss this as we know that it could be the situation for any of our bubbles. If you have difficulty in accessing Seesaw or online learning at home for any reason please let us know and we will endeavour to support you so that your child can continue with their education. One of our concerns is that during the initial phase of lockdown pupils felt that school had closed without any forewarning. Now we know that there are potentially more closures, we want to reassure them and one way of doing this is to use Microsoft Teams to connect groups of pupils, for example through Teams assemblies.

> Lisa Parker Headteacher